



NORTH CENTRAL REGIONAL VOLUNTEER E-FORUM 2013-14

YOUR LEADERSHIP FLIGHT PLAN

All 4-H volunteers in Region 5 are invited to attend the
**North Central Regional Volunteer e-Forum:
Your Leadership Flight Plan.**

All leaders are **required** to attend at least one of the four "flights" (webinars);
each county will be hosting "flights" in the e-Forum.

You may attend a "flight" in any of the counties in Region 5.

Please call the "destination" county 24 hours in advance of the "flight" to ensure
that a snack/meal will be available for you. If you will not be eating the pre-flight meal
at your "destination" county, please arrive by 6:45 p.m. Flights will last until 8:30 p.m.

Monona County: 712/423-2175, 119 Iowa Avenue, Onawa

Plymouth County: 712/546-7835, 251 12th Street SE, Le Mars

Woodbury County: 712/276-2157, 4301 Sergeant Road, #209, Sioux City

The e-Forum has been developed and provided by the 12 states of the North Central region.

OMG! You've Got 4-H Parents! Now What??

November 18 & 19, 2013

An Ohio State study of parents, 4-H volunteers advisors and sports coaches showed that 4-H
members' enjoyment is positively correlated with support from parents and volunteer advisors.

Flights Scheduled:

Monday, Nov. 18 at Plymouth County Extension "taking-off" at **6:30 p.m.**

Tuesday, Nov. 19 at Woodbury County Extension "taking-off" at **6:30 p.m.**

Engaging Teens and Older Youth

December 3, 2013

The 2011 Wisconsin 4-H Youth Development leadership study found that participation in
leadership activities strengthens youth skills like public speaking and communication,
teamwork, and conflict resolution that are increasingly important to employers.

Flights Scheduled:

Tuesday, Dec. 3 at Monona County Extension "taking-off" at **6:15 p.m.**

Tuesday, Dec. 3 at Woodbury County Extension "taking-off" at **6:30 p.m.**

Using Technology to Enhance Your 4-H Experience

January 14, 2014

Research from the University of Minnesota found that youth in 4-H have a higher level of comfort in using social media than adult 4-H volunteers. Social media can be a compelling method to communicate with 4-H members, but volunteers need the skills to use it effectively.

Flights Scheduled:

Tuesday, Jan. 14 at Woodbury County Extension "taking-off" at 6:30 p.m.

Exploring the Science of 4-H Projects

February 3, 2014

National 4-H research shows that youth who have positive experiences with STEM-related projects are more likely to pursue education and careers in math, science, and engineering.

Flights Scheduled:

Monday, Feb. 3 at Plymouth County Extension "taking-off" at 6:30 p.m.

Monday, Feb. 3 at Woodbury County Extension "taking-off" at 6:30 p.m.

Positive 4-H Youth Development Training

November 5, 2013 &
April 1, 2014

Volunteers with 3 years or less of 4-H volunteer experience are invited to the Region 5 **Positive 4-H Youth Development Training** on Tuesday, Nov. 5, 2013, and Tuesday, April 1, 2014. This training will give you the foundational pieces of what makes 4-H special plus the tools needed to make your 4-H and Clover Kids program a success.

Flights Scheduled:

Tuesday, Nov. 5 at the Midtown Family Community Center (corner of 14th and Nebraska, Sioux City) "taking-off" at 5:00 p.m. and "landing" at 8:00 p.m. (A meal is provided.)

Tuesday, April 1 at Woodbury County Extension "taking-off" at 5:00 p.m. and "landing" at 8:00 p.m. (A meal is provided.)

For this training, register at: <http://www.extension.iastate.edu/4h/volunteertraining> and click on the link under "Trainings" in the bottom right red box.



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Extension and Outreach

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