



# NOVEMBER 2015 4-H SCENE



**Lujean Faber**  
WOODBURY COUNTY EXTENSION  
Youth Development Educator  
faber@iastate.edu  
(712) 276-2157

## From the desk of Lujean Faber...

Thank you to all the 4-H clubs who celebrated and had events for National 4-H Week! We had several clubs show their 4-H pride in their communities. Some of the great examples of 4-H pride were: decorating business windows, wearing 4-H t-shirts to school, talking to classrooms about 4-H, working on service project ideas, and celebrating the week at their club meetings. The winner of the 4-H Pride contest is Arlington Future Farmers. Congratulations!

### WHAT'S INSIDE:

4-H Online Registration	2
4-H Events & Opportunities	3-8
Calendar	9

This last year Woodbury County 4-H was second in the state for 4-H enrollment with 451 youth (these are the 4-H'ers that paid the enrollment fee). Thank you to leaders and 4-H families who helped with this increase in youth to our program. Please keep recruiting kids to join 4-H. If you know of adults who like working with young people, please pass those names on to us.

The Woodbury County Extension Office will be MOVING into our new building the first week of November! Moving day is scheduled for November 5th and on November 6th we will be unpacking. Our office will be closed those two days. Our new address is 4728 Southern Hills Drive, Sioux City, IA 51106.

*Lujean Faber*

**4-H**  
GROWING TOGETHER

IOWA STATE UNIVERSITY  
Extension and Outreach



---

## Enrolling in 4-H!

Be sure to take some time to enroll in 4-H. 4-H members who were in 4-H last year have until December 15 to enroll in 4-H Online and the enrollment fee will be \$20, after December 15 the enrollment fee goes up to \$30 per 4-H member.

### 4-H'ers and Volunteers enrolled in 4-H Last Year

4-H families and 4-H volunteers who are already in 4-H Online, please follow the instructions below.

- Go to: <https://iowa.4honline.com>
- Select I have a profile.
- Enter your family email (if you want to use a different email, let the office know and they can change it before you go online).
- Then put in your password...if you forgot your password, select "I forgot my password" and a password will be sent to you via email...shouldn't take very long.
- When you get to the "Family Screen", select the edit button next to the person's name.
- Then put that information in and continue to fill out the online form. Or if you want to add a 4-H'er to your family, use the pull down menu
- You will fill out or update the personal information, the code of conduct and the medical information.
- When done, select "Submit Enrollment."

### New Families and New Volunteers

New 4-H families and 4-H volunteers (adults that do not already have a profile) will need to provide the following information:

- Family Name (First and Last Name):
- Address and/or post office address
- Town, State and Zip Code
- Phone Number
- Family Email – If a family does not have an email, you will be sent paperwork to fill out.

Lujean will set up a profile and send the new family information on how to enroll in 4-H Online. 4-H leaders or new families may email Lujean at [faber@iastate.edu](mailto:faber@iastate.edu).

---

## Beef Weigh In: NEW Date & NEW Rules

The 2015 Beef Weigh In will held on December 12th, 2015 from 9:00 a.m. —11:00 a.m. at the Woodbury County Fairgrounds, south of the Red Barn. This weigh in is for market steers and market heifers that are going to be exhibited at the Woodbury County Fair, Iowa State Fair, AK-SAR-BEN and Clay County Fair or other 4-H events that the animals must be weighed and identified.

4-H'ers/FFA members in the same family must decide before the animals are weighed which animal each youth plans to exhibit. After the animal is identified and weighed, no switching is allowed. 4-H members may weigh ten market animals. Animals must be identified as either 4-H or FFA.

**New Rule:** All Woodbury County 4-H'ers MUST attend this weigh in. If there is another conflict on that date it must be approved by the Woodbury County Office by December 7th. No cattle will be weighed in at another county unless approved by our office first.

## MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL THROUGH YOUTH-ADULT PARTNERSHIPS AND RESEARCH-BASED EXPERIENCES.



---

## 4-H Shooting Sports Air Rifle Class

Air Rifle Classes will be held in November and December at the Midtown Family Center, 525 14th St. in Sioux City.

If you are already enrolled in 4-H, there is a \$10 fee (\$5 will be rewarded back if you attend all 6 sessions). Dates will be November 5, 12, 19 and December 3, 10 and 17 all classes are from 6:00 p.m. – 7:30 p.m. Class size is limited. For more information please contact Maureen at 712-224-3363, Rich at 712-301-6083 or Jeff at 712-281-2377.

---

## Youth Beef Team

Do you want to learn more about cattle and the beef industry? Why not join the Woodbury County Beef Team? The beef team meets at the Farm Bureau office in Merville. Each meeting we discuss current topics in the industry such as COOL, weaning strategies, feed rations, etc. Last year the team helped raise funds for the wash rack at the fairgrounds. This year we have plans to tour feed lots, cow calf operations, a dairy and a locker. Team members are also planning a beef field day for area youth this spring. To learn more about the beef team call or text Melissa Nelson at 402-669-5126.

---

## 4-H Recognition Team

The 4-H Recognition team consists of both adults and youth who help plan recognition, workshops and fun activities for 4-H families. It is a fun and energetic group. Each 4-H club can have a representative on the 4-H Recognition Team – either a youth and/or an adult (the representatives can be a parent/child or 4-H Leader and 4-H'er). It is up to each club on how they select a member to be on the 4-H Recognition Team. Whoever is chosen MUST attend meetings. We will be serving pizza at the meeting.

### **At the October meeting 4-H Officers were elected.**

Youth President: Grace McGowan  
Youth Vice-President: Bethany Widman  
Youth Secretary: Makenna Smith  
Adult President: Mary McGowan  
Adult Vice-President: Cheryl Zobel  
Adult Secretary: Elizabeth Widman

The Recognition Team is in the planning stages for an open house event for Saturday, January 9, to help 9th – 12th graders with their resumes, interview skills and applying for recognition. The open house event will be held at the new extension building on 4728 Southern Hills Drive.

The date of the 4-H Recognition Event will be Sunday, June 5 at the Fairgrounds in Merville.

Next Meeting: Wednesday, December 10, 6:30 – 8:30 p.m. at the new Extension office, 4728 Southern Hills Drive, Sioux City. Pizza will be served!

If you are interested in becoming a member, you may e-mail Lujean at [faber@iastate.edu](mailto:faber@iastate.edu), call 712-276-2157 or come to the meeting on December 10.

## OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE



---

## Citizenship Washington Focus Trip

Looking for an experience of a lifetime? Look no further than the Citizenship Washington Focus trip where you as a 9th-12th grader can travel by charter bus to visit Washington D.C. and the National 4-H Center. Experience leadership and citizenship on a higher level with this epic opportunity on June 10-18, 2016.

Trip highlights include the Flight 93 Museum, Gettysburg Battlefield, Capitol Hill, Smithsonian Museum, Mount Vernon and the Holocaust Museum. Youth will also meet with the Iowa Congressional and Senate delegations to discuss legislative issues. Besides tours and workshops, 4-H'ers will have time for socializing and meeting new friends!

Cost of the trip is \$1,570. This includes lodging, transportation, tour site admissions and most meals. Registration and a \$510 deposit will be required to secure a spot. Woodbury County 4-H members will receive a scholarship of approximately \$150 that will be given right before they leave for Washington D.C. Space is limited. Registration deadline is January 4, 2016. To learn more about the trip and to get registration information visit: <http://www.extension.iastate.edu/4h/cwf>

Adults are also needed to chaperone the trip. Chaperones' registration fee is \$75. The chaperones cost is \$785.00 which will be split into two payments of \$392.50. Payments will be due February 15, and April 1, 2016. If a Woodbury County adult is selected for the trip, they will receive a \$200 scholarship. For more information on chaperones, see the same above website.

---

## 4-H Fair Superintendent Positions Open

The 4-H personnel committee will be selecting 4-H fair superintendents in December. If you are interested and would like to be considered, please contact Lujean at the Woodbury County Extension. There are openings in livestock and the 4-H building.

**The following superintendent's positions are open:**

**4-H Building:** General Building, Assistant Building, Ag & Natural Resources, Clothing & Sewing, Clothing Events, Communications, Food & Nutrition, Home Improvement, Horticulture, Personal Development, Pie Contest, Science & Engineering and Visual Arts

**Livestock/Small Animal:** General Livestock, Assistant Livestock, Cats/Small Pets, Cattle, Dairy Cattle, Dog, Goats/Llamas, Herdsmanship, Horse, Poultry, Rabbit, Horse, Sheep and Swine.

4-H fair superintendents are responsible for reviewing 4-H fair rules and guidelines, attending a couple of meetings throughout the year, setting up livestock weigh-in, plan workshops/training and be able to attend the Woodbury County Fair. Term limit is three years.

The Woodbury County Fair will be held August 3 – August 7, 2016 (4-H building judging is August 1, livestock entry is August 2).

## 4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,  
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



---

## Thank You 4-H Fair Superintendents

Jen Ankerstjerne	Robert Knaack	Kathy Petersen	Vickie Sieger
Michael Beavers	Vernon Knaack	Lonnie Ploeger	Brianne Streck
Mike Beavers	Tabitha Lewis	Michele Pucelik	Jill Tentinger
Laura Benson	Teresa Lewis	Alan Ralston	Jim Thomas
Kari Blevins	Maggie Locke	Diane Ralston	Sam Thomas
Tammy Brady	Sherry Mastbergen	Janet Ralston	Terri Treft
Kelly Conover	Dee McKenna	Wayne Ralston	Roxie Ullrich
Rachael Gardner	Polly Meissner	Bill Redenius	Brittany Weber
Julie Goodin	Denyse Meister	Carolyn Rippke	Jen Weber
Kevin Grieme	Ron Meister	Dennis Rumohr	Leona Weber
Molli Griffin	Cody Meyers	Kelley Locke	Kalli Weber
Barb Hansen	Kris Mrla	Schoenfelder	Deb Wilcox
Dirk Hansen	Carol Nelson	Jared Schramm	Dan Witten
Donna Hinrickson	Melissa Nelson	Kim Scheer	Pat Wright
Jamie Johnson	Keith Parker	Matt Scheer	Penny Yaremko
Scott Klaschen	Jane Parkhill	Marsha Scholl	
Denise Knaack	Holly Petersen	Amanda Seuntjens	

---

## 4-H Weekly News

4-H Weekly News is posted each Thursday afternoon by the Iowa 4-H office at Iowa State University. You can check it out each week to keep up-to-date on events, grants, forms, fair information and fun! Even job postings are listed.

Visit and bookmark this site: <http://www.extension.iastate.edu/4h/explore/news>

Last week's information included: Latino Family Visit Day, DuPont Pioneer Seed grants for community projects, 4-H & Text, Talk, Act, Program Fee Assistance and other information.

---

## 4-H County Council Meeting | Sunday, November 8

The next 4-H County Council meeting is Sunday, November 8, 3:00 p.m. at the new Extension Building, 4728 Southern Hills Drive. 4-H'ers in 7<sup>th</sup> – 12<sup>th</sup> grades are welcomed to attend the meeting.

Business will be planning for the 4-H Holiday in February, 4-H County Council T-Shirts, and evaluating the Halloween Party.

4-H County Council members have assigned themselves to 4-H clubs. If you would like to have them visit your club meeting or event, please contact Lujean at the Extension office. You can reach her at 712-276-2157 or email: [faber@iastate.edu](mailto:faber@iastate.edu).

Thank you to the 4-H County Council for planning the 4-H Halloween Party! There were 29 ghosts and goblins who attended the party and entered the haunted stable and house. Thank you to Connie and Virgil Bremer who helped at the party. Thanks to Carol Nelson for donating the apples. Also thank you to the parents that stayed.

**4-H IS BASED ON RESEARCH**



---

## Planning a skating party, sledding event or other winter type recreation? This is important information!

When planning any event it is always important to think about any potential risks and how adults can make an area or event safer for 4-H members. Even though we don't have snow yet, 4-H clubs may be planning sledding parties, ice-skating parties or other outdoor winter activities. With winter activities, extra precautions need to be taken and the proper paperwork completed. It's really not that hard to get the extra medical insurance coverage.

Here is what you will need to do while your club members are in the planning stages of your event:

- Contact Lujean Faber at the Extension office, email [faber@iastate.edu](mailto:faber@iastate.edu) or call 712-276-2157 with the date and address of the event.
- Lujean will need to know the approximate number of members so that special insurance can be obtained. It is 30 cents per member or \$8 minimum per event (the club will need to pay this fee).
- All the medical forms need to be filled out in 4-H Online. 4-H leaders need to have copies of the medical forms. If you cannot get them in 4-H Online, let the office know and we can help you with that.
- Lujean will send the leader waiver forms that will be specific to your event.
- Each 4-H'er and parent will need to sign the waiver (s) for each child **before** the event.
- The leader will give those signed waiver forms to the Extension office to be filed once the event is done.
- After the event, Lujean will need the exact number of participants who attended. This number is given to the insurance company. The insurance company will email the leader a bill for the extra insurance costs of the event. The club will then need to submit the check directly to the insurance company.

Please plan ahead – Lujean is not always in the office to help leaders with the details.

### If there is an accident:

The leader needs to fill out an Iowa 4-H Program Incident/Injury Report (you should have these forms on file, if you don't, contact Lujean). Contact the Extension office, ask for Lujean or if Lujean is not available ask for Molly Hewitt and let us know about the incident/injury. Lujean will send a claims report that will need to be filled out by the 4-H leader. It's very important that all this gets done. It's not hard to do.

4-H leaders need to contact Lujean whenever the club has a special event planned. Not all events will need the extra insurance, but you will need an OK from Lujean; email Lujean at: [faber@iastate.edu](mailto:faber@iastate.edu). If you don't hear back from Lujean contact the Woodbury County Extension office at (712) 276-2157.

## 4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,  
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.





---

## 4-H Recognition for State and County Awards

It's not too early to start thinking about State and County Recognition. Check out the Iowa 4-H website on what opportunities are available for awards and recognition.

### State 4-H Awards:

State Project Awards (for 4-H'ers in grades 9-12)

National 4-H Congress (for 4-H'ers in grades 10-11)

National 4-H Conference (for 4-H'ers in grades 9-11)

State 4-H Council (for 4-H'ers in grades 10-11)

National Dairy Conference (for 4-H'ers in grades 9-12, application is due in July)

State 4-H Shooting Sports Ambassador (for 4-H'ers in grades 9-11)

Applications are done online and will be due February 1 to the State 4-H office. Interviews will be held sometime in March/early April, in Ames, Iowa.

Information is available at the state 4-H website located at:

**<http://www.extension.iastate.edu/4h/page/recognition-opportunities>**

On this site are videos to help 4-H'ers prepare for the awards.

**County 4-H Awards:** The 4-H Recognition Team would like 4-H'ers to take advantage of 4-H project awards. The award application is 1 to 4 pages of information about a specific project. It isn't only about an exhibit you took to the fair, but would include: goals, what you learned, citizenship, leadership and communication you have done. An additional 1 to 2 pages could include what else you have done in 4-H, school, church or other organizations. Information is posted on the website located at: <http://www.extension.iastate.edu/woodbury/4h>

### Forms include:

Guidelines for 4th – 8th graders

Guidelines for 9th – 12th graders

4-H Award Rubric for both 4th – 8th graders and 9th – 12th graders

4-H Cover Form for your award application (s)

Special County Project Awards (this form is currently being revised to make it easier to understand)

4-H Project Record Template – 4-H'ers can use as a guideline or type in their information.

---

## DuPont Pioneer Seed Grants for Community Improvement Projects

The Iowa 4-H Foundation is happy to report that the DuPont Pioneer Seed Grants are back for 2015/2016. Applications should be turned into County Extension Offices by December. 15.

You can find information, tips for applicants, and applications for these grants on the Iowa 4-H website at: [www.extension.iastate.edu/4h/pioneergrants](http://www.extension.iastate.edu/4h/pioneergrants). Grants will be awarded for anywhere from \$50 to \$500 but typically will not exceed half of the cost of the total project as groups are encouraged to work at obtaining local support as a match. Successful projects are those that enlist partnerships with other community entities, demonstrate engagement by the full 4-H club, and make a positive impact on the community.

Early this year, Woodbury County 4-H Clubs, Bronson 4-H Rustlers and Lucky Lassies and Lads, received grant money to help their community.

**4-H IS BASED ON RESEARCH**



---

## Iowa Cattleman's Beef Extravaganza | Reg. Deadline Nov. 1

The 21st Annual Beef Scholarship Extravaganza will be held Friday, December 4, 2015 at the Hansen Learning Center in Ames, Iowa. More than \$7600 in scholarships will be awarded to the teams finishing in the first four places. Deadline for entries is November 1, 2015. It is one of the most challenging and rewarding youth cattle competitions in the nation. Young people who participate in this event reap the benefits of their preparation long after the competition is over.

Information and registration form can be found at: <http://www.extension.iastate.edu/4h/projects/beef>  
The contest is open to high school juniors and seniors who will test their knowledge on the beef industry and beef cattle management issues. Stations cover the following topics: Handling and Health; Nutrition; Marketing (beef cut evaluation); Seedstock Merchandising; Job Interview; Keep-Cull Replacement Heifers; Reproduction; Beef Management Challenge; Credit and Finance; Beef Industry Issues (beef advocacy).

---

## Youth Poultry Workshop | Nov 21, 2015 Hamilton Co Fairgrounds, Webster City

The ISU Block & Bridle Club will host a variety of educational workshops at the fairgrounds on Saturday, November 21, from 10 a.m. to 2 p.m. Workshops include:

- Poultry Showmanship
- Avian Influenza: Effects on exhibiting and on the industry by USDA officials
- Opportunity to talk with breeders and get sources of show quality birds

This educational opportunity is open to all members of 4-H and FFA who desire to learn more about the poultry industry. Members may also have the chance to discuss show experiences with Master Exhibitors as time allows.

Registration will be \$10 per person (including lunch and workshop fees) and are due by November 2, 2015 to Bart Pals, 146 Brook Terrace, Mason City IA 50401. For information, please go to the following website: <http://www.extension.iastate.edu/4hfiles/>

---

## 4-H Program Fee Assistance

The Iowa 4-H program want families to know that 4-H program fee assistance is available for all youth who want to join 4-H. For information and an application please go the following website [https://www.iowa4hfoundation.org/en/funding\\_opportunities/iowa\\_4h\\_program\\_fee\\_assistance/](https://www.iowa4hfoundation.org/en/funding_opportunities/iowa_4h_program_fee_assistance/)  
The enrollment fee to join 4-H in Woodbury County is \$20.

## 4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,  
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



# 4-H CALENDAR



## November

- November 2** New 4-H Leaders training Part 1, 5:00 – 8:00 p.m. @ Midtown Community Center -Sioux City
- November 5 & 6** Move to new Extension Building – Office is closed
- November 8** 4-H County Council Meeting, 3:00 p.m. at new Extension Office

## December

- December 7** 4-H Youth Committee meeting, 5:30 p.m. at the Woodbury County Extension Office
- December 7** 4-H'ers who cannot attend the Woodbury County Beef Weigh In must have it approved by the Woodbury County Staff.
- December 10** 4-H Recognition Team meeting, 6:30 – 8:30 p.m. at the Extension Office, 4728 Southern Hills Drive in Sioux City
- December 12** Beef Weigh-In | 9-11 a.m. Woodbury County Fairgrounds
- December 15** 4-H members from last year must be enrolled in 4-H Online for the \$20 enrollment fee, after that date the fee will be \$30. All new 4-H'ers enrolling will only need to pay the \$20 fee. There is no fee for Clover Kids. All 4-H'ers must be enrolled by May 15 to be eligible to exhibit at the county fair.

## January 2016

- January 7** 4-H & Fair Committee Meeting, 7:00 p.m. at the Fair Office in Merville, IA
- January 9** Open House to help high school 4-H members with their resumes, interview practice and for award recognition. Noon – 4 p.m. at the Woodbury county Extension office, 4728 Southern Hills Drive in Sioux City (more details will be coming!)
- January 12** Leader Training: Heart of Community, 6:00 p.m. – 8:00 @ Extension Office includes supper. This is a required training for volunteers who work one on one with youth. Leaders may instead attend the training on January 14.
- January 14** Required Leader Training: Engaging the Heart of Leadership, 6:00 p.m. – 8:00 p.m. @ Extension Office includes supper. Leaders may attend the training on January 12.

## February 2016

- February 1** Applications for State 4-H Recognition due to the Iowa 4-H Office

## Future Dates

- June 5** 4-H Recognition Event at the Varied Industry Building at the Fairgrounds in Merville, IA

**The 2016 Woodbury County Fair will be August 3-7!**

Exhibit Judging held August 1 and Livestock Entry August 2.

**The 2016 Iowa State Fair will be held August 11-21 (state fair livestock, dog and Horticulture exhibits due July 1).**

---

***Woodbury County Master Gardener Tip of the Month: Remove leaves and other debris from gutters, and clean and store your garden tools for the winter months.***