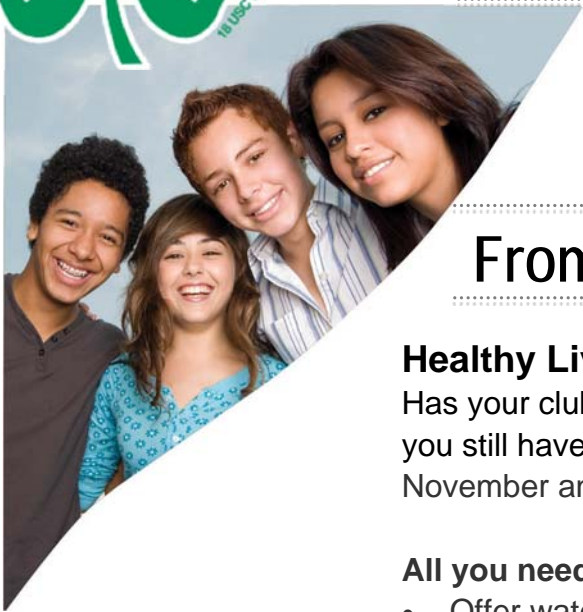




DECEMBER 2017 4-H SCENE



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From the desk of Lujean Faber...

Healthy Living Club Challenge

Has your club signed up for the Healthy Living Club Challenge? If not, you still have plenty of time to “race across” Iowa! The race started in November and will end in June.

All you need to do each month

- Offer water as the main beverage
- Have fruits or vegetables as a snack option
- Have a physical activity as part of the meeting
- There will also be bonus challenges to help your club reach the end of the race!

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As part of the challenge for Woodbury, your club may be able to make a smoothie on a bike that we have at the extension office.

To register your 4-H Club go to:

<https://www.extension.iastate.edu/4h/healthy-living-club-challenge>

A map of Iowa will be at the extension office with your club listed and the miles they have completed!

Lujean Faber



IOWA STATE UNIVERSITY
Extension and Outreach



Deadline is January 15, 2017 for Enrollments and Fee

4-H'ers who were in 4-H last year need to be enrolled in 4-H and the \$10 enrollment fee paid by January 15. That means the enrollment fee MUST be in the Office before January 15. It only takes a few minutes to enroll in 4-H Online. After January 15, the fee goes up to \$35 for 4-H members who were in 4-H last year. Brand new 4-H'ers have until May 1 to enroll in 4-H for the \$10 fee. After May 1 the enrollment fee goes up to \$35 for new youth joining. Clover Kids need to pay a \$5 enrollment fee. All 4-H'ers and Clovers Kids must be enrolled by May 15 to exhibit at the county fair.

If you plan to exhibit market beef, 4-H'ers must be enrolled by December 15. The reason for this is that 4-H'ers need to verify their animals in 4-H Online by the end of the year. All 4-H leaders and volunteers will also need to enroll in 4-H Online.

The Website is: <https://iowa.4honline.com>

If your family is new to 4-H, our office will set up a profile in 4-H Online before you will be able to enroll. Please send the following information to: faber@iastate.edu:

Family Name (first & last name)

Address and/or P.O. Box

Town, State and Zip Code

Phone Number

Family Email

Paper forms are only needed from families who don't have Internet access. You are also welcome to come into the Extension office and use one of our computers; please call to arrange a time.

Beef Weigh In| December 16, 8:00 - 11:00 a.m. at the Fairgrounds

The 2017 Beef Weigh-in will be held on December 16, 2017 from 8:00 a.m. - 11:00 a.m. at the Woodbury County Fairgrounds, in the Red Barn. This weigh-in is for market steers and market heifers that are going to be exhibited at the Woodbury County Fair, Iowa State Fair, AK-SAR-BEN and Clay County Fair or other 4-H events that the animals must be weighed and identified. For County the cost of the tags are \$1.25. For 4-H'ers wanting to nominate for Ak-Sar-Ben and State fair the total cost is \$5. Ak-Sar-Ben is now accepting retinal images.

4-H'ers/FFA members in the same family must decide before the animals are weighed which animal each youth plans to exhibit. After the animal is identified and weighed, no switching is allowed. 4-H members may weigh ten market animals. Animals must be identified as either 4-H or FFA. **4-H members weighing beef animals must be enrolled in 4-H online by December 15.** Each 4-H member will need to verify that the information on their animal(s) is correct.

All Woodbury County 4-H'ers MUST attend this weigh-in. If there is another conflict on that date it must be approved by the Woodbury County office. No cattle will be weighed in at another county unless approved by our office first.

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL THROUGH YOUTH-ADULT PARTNERSHIPS AND RESEARCH-BASED EXPERIENCES.



Lucky 13th Workshop! | January 13, 1:00 p.m. - 3:00 p.m.

The 4-H Recognition Team will help 4-H'ers with county awards and state opportunities. You will learn how to fill out an application, learn about the different state award opportunities and have your questions answered.

The 4-H Recognition Team is having an open house on Saturday, January 13. The open house will be held from 1:00 p.m. – 3:00 p.m. at the Woodbury County Extension Office at 4728 Southern Hills Drive. It's a come and go and we will have hot chocolate and snacks!

Citizenship Washington Focus Trip | June 15 – 23

4-H members in 9th-12th grade are eligible to attend the trip to Washington D.C. that will be held June 15-23, 2018.

The chartered bus trip highlights include the Flight 93 Museum, Gettysburg Battlefield, Capitol Hill, Smithsonian Museum, Mount Vernon and the Holocaust Museum. Youth will also meet with the Iowa Congressional and Senate delegations to discuss legislative issues. Youth will room at the National 4-H Center. There will be a bus stop in Sioux City.

Cost of the trip is \$1,700. This includes lodging, transportation, tour site admissions and most meals. Registration and a \$600 deposit will be required to secure a spot. Woodbury County 4-H members will receive a scholarship of approximately \$150 that will be given right before they leave for Washington D.C. Space is limited. Registration deadline is January 10, 2018. To learn more about the trip along with the schedule, dress code, handbook, packing list and to get registration information visit: www.extension.iastate.edu/4h/cwf. Coordinators of the trip are also looking for adult chaperones.

2018 4-H Scholarships | Due February 1

More than 80 scholarships will be awarded to Iowa 4-H'ers. One new scholarship is for 4-H'ers in northwest Iowa. 4-H members interested in 4-H Scholarships will need to complete an application and include a current transcript and two letters of recommendation. All materials must be submitted no later than February 1 using the online application process.

For information go to: <https://www.iowa4hfoundation.org/> select "Funding Opportunities" on the dashboard and then select scholarships. Other scholarships with different due dates are also listed. Applications will be due by 11:59 p.m. on February 1, 2018. Be sure to start before February 1!

OUR VISION

A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSITIVE CHANGE



Grants for Community Improvement Projects

The Iowa 4-H Foundation would like 4-H clubs to apply for DuPont Pioneer Seed Grants for 2017/2018. Applications should be turned into County Extension Offices by January 16, 2018.

Information for these grants are on the Iowa 4-H website located at: <https://www.iowa4hfoundation.org/> - select "Funding Opportunities" on the dashboard and then grants listed on the side bar.

Grants will be awarded for \$50 to \$500 but typically will not exceed half of the cost of the total project as groups are encouraged to work at obtaining local support as a match. Successful projects are those that enlist partnerships with other community entities, demonstrate engagement by the full 4-H club, and make a positive impact on the community. Woodbury County Anthon Advancers 4-H club was a recent grant recipient with their park bench project.

4-H Leaders Training | Required for volunteers who work with 4-H Youth

If you were not able to attend the training on November 30, the make-up session for the annual required training for 4-H leaders and volunteers who work with youth, is planned for January 15. Volunteers include club leaders, project leaders, Clover Kids volunteers, Shooting Sports and other volunteers who have special interest clubs.

Make-up Sessions for Annual Training

Monday, January 15, 5:30 - 8:00 p.m. at the Woodbury County Extension office. Also includes supper. The snow date is Monday, January 29.

Tuesday, January 23, 6:30 p.m. Ida County has also invited Woodbury Volunteers to their training at the Ida County Extension Office in Ida Grove (snow date January 30).

Please email Lujean at faber@iastate.edu (or call 712-276-2157 ext. 12).

Brand-New Leaders Training or leaders who have been volunteering for 1-3 years (who haven't yet attended new leaders training) are also required to attend a New Leader Training. Woodbury is fortunate to be one of the meeting sites. A training will be held on Monday, February 5, 6:00 - 9:00 p.m. Volunteers **MUST** be enrolled in 4-H Online; as part of the training will be done on-line. To register for the new leader training please go to: http://www.extension.iastate.edu/4h/volunteer_training (snow date set for Feb. 19).

Volunteers may also attend the New Leaders training on Thursday, December 7 from 10 - Noon at the Midtown Family center. To attend that training, please call or email Lujean.

4-H Shooting Sports Beginning Archery Classes

Beginner's archery classes start Sunday, December 3, from 3:00 - 5:00 p.m. at the Midtown Family Center, 14th & Nebraska in Sioux City. The next two classes will be held on December 10 & 17. The cost is \$10 and includes the 4-H membership. If youth are already enrolled in 4-H the classes are free. All youth must be enrolled in 4-H to attend the classes.

You may call 712-224-3363 to register.

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



State Awards | Due February 1

State 4-H Awards:

- State Project Awards (for 4-H'ers in grades 9-12)
- National 4-H Congress (for 4-H'ers in grades 10-11)
- National 4-H Conference (for 4-H'ers in grades 9-11)
- State 4-H Council (for 4-H'ers in grades 10-11)
- State 4-H Shooting Sports Ambassador (for 4-H'ers in grades 9-11)

Lucky 13th Workshop!
January 13, 1:00 p.m. - 3:00 p.m. @
Woodbury County Extension office
County Awards and State Opportunities

State Award applications are done online and will be due February 1 to the State 4-H office. Interviews will be held Saturday, March 24, 2018 in Ames, Iowa.

Information is available at the state 4-H website located at:

<https://www.extension.iastate.edu/4h/recognition-opportunities>

On this site are videos to help 4-H'ers prepare for the awards, interviewing tips, and organizing and designing your application(s). The questions you need to answer are also located at that site.

County 4-H Awards | Due March 27

County 4-H Awards: The 4-H Recognition Team would like to offer 4-H'ers the opportunity to consider 4-H project awards. The award application is 1 to 4 pages of information about a specific project. It isn't only about an exhibit you took to the fair, but would include: goals, what you have learned, citizenship, leadership and communication you have done. An additional 1 to 2 pages could include what else you have done in 4-H, school, church or other organizations. Information is posted on the website located at: <http://www.extension.iastate.edu/woodbury/4h>. 4-H'ers will be recognized on Sunday, June 3, at the 4-H Recognition Event.

Forms include:

- Guidelines for 4th – 8th graders
- Guidelines for 9th – 12th graders
- 4-H Award Rubric for both 4th – 8th graders and 9th – 12th graders
- 4-H Cover Form for your award application(s)
- Special County Project Awards
- 4-H Project Record Template – 4-H'ers can use as a guideline or type in their information.

Lucky 13th Workshop! County Awards and State Opportunities open house on Saturday, January 13 at the Woodbury County Extension Office from 1:00 p.m. - 3:00 p.m.

4-H IS BASED ON RESEARCH



Sunday Workshop Club

Join us on Sunday afternoons for a fun way to be in 4-H. This can be your main club or a secondary club for you. Members of this club have the opportunity to be creative. Previously, club members have made a foosball table, duct tape art, learned to sew, and taken beginning archery. The club meets for 4 Sundays in one month for an hour and then meets monthly for 2 months.

In January, the Sunday workshop club(s) will have the following options:

- Healthy Living (cooking) Meets Sundays January 7, 14, 21, 28, Feb. 11, Mar. 11 at 1:00-2:00 p.m.
- Sewing/Creative Arts Meets Sunday January 7, 14, 21, 28, Feb. 11, Mar. 11 at 2:00-3:00 p.m.

Members can choose to be part of one or both activities. Call 712-224-3363 to register to be a part of this fun and flexible 4-H club. Clubs meet at Midtown located at 14th and Nebraska (park and enter behind the building).

Sock Drive

The Rising Generations 4-H Club at West High is holding a "sock" drive as a service project this winter. The drive is being held from November 30 through December 15. If you or your club would like to support this project you can drop off socks (for all ages) at either the Woodbury County office at 4728 Southern Hills Drive or the Midtown Center at 14th and Nebraska in Sioux City.



The socks will be given out in December as part of the Christmas project put on by Extension and Trinity Lutheran Church for families in need.

Snow Tubing at Great Bear in Sioux Falls, SD

Join us on your day off from school for a tubing trip to Great Bear in Sioux Falls, SD on Friday, January 12, 2018. Cost is \$22 per youth, includes admission, dinner & bus.

The bus will be at the Bomgaars on Gordon Drive at 1 pm and return to the same location at 9 p.m. \$22 gets you bus fair, admission and dinner! This is for all middle school and high school 4-H youth in Woodbury County. Only 45 youth can attend, call (712) 224-3363 today to reserve your spot!

Dress warm! Coat, snow pants (if you have them), boots, hats, gloves and scarf. Dinner is included, but you should bring snacks for the bus!

Call to register: (712) 224-3363

4-H PLEDGE

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AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.

4-H CALENDAR



December 2017

- December 16** Beef Weigh-In | 8-11 a.m. Woodbury County Fairgrounds
December 27 4-H County Council meeting and holiday party, 5:00 p.m. at the extension office.

January 2018

- January 11** 4-H & Fair Committee Meeting, 7:00 p.m. at the Fair Office in Merville, IA.
January 12 Snow Tubing at Great Bear in Sioux Falls, Cost is \$22 for middle and high school 4-H'ers.
January 13 Lucky 13th Workshop! County Awards and State Opportunities open house. 1– 3 p.m. at the Woodbury county extension office, 4728 Southern Hills Drive in Sioux City.
January 15 Annual Leader Training: Heart of Community, 5:30 p.m. Supper with training from 6:00 p.m. – 8:00 p.m. @ Extension Office. This is a required training for volunteers who work one on one with youth. (Snow date is January 28).
January 15 **Deadline:** 4-H members from last year must be enrolled in 4-H Online and the \$10 enrollment fee paid by January 15. On January 16 the fee will be \$35. All “new” 4-H'ers enrolling will only need to pay the \$10 fee by May 1 (after May 1 the fee will go up to \$35). The fee for Clover Kids will remain at \$5. All 4-H'ers must be enrolled by May 15 to be eligible to exhibit at the county fair.

February 2018

- February 1** Applications for State 4-H Recognition due to the Iowa 4-H Office.
February 1 The 2018 Iowa 4-H Foundation scholarship applications are due Feb. 1 and available online at www.iowa4hfoundation.org/scholarships.
February 5 New Leader Training, 6:00 - 9:00 p.m. at the Woodbury County Extension Office
February 11 4-H Holiday “Valentine” Party @ Extension Office, 2:00 - 4:00 p.m.
February 28 4-H Legislative Day in Des Moines - submit a letter on why you would like to attend.

Future Dates

- March 26** 4-H County Awards due to the Woodbury County Extension office.
May 15 All animals and livestock must be identified in 4-H Online for county, state and other fairs requiring livestock identification.
June 3 4-H Recognition Event at the Varied Industry Building at the Fairgrounds in Merville, IA.

Food Safety Quality Assurance Workshops (FSQA) for youth in 4th—6th grades who show Livestock

- **Saturday, March 3**, 9:00 a.m. - 11:00 a.m. at the Woodbury County Extension Office
- **Tuesday April 17**, 6:00 p.m. - 8:00 p.m. at the Woodbury County Extension Office

Monona County has invited Woodbury 4-H'ers to their FSQA workshops on April 24 and May 5. Buena Vista County in Storm Lake has also invited 4-H'ers to their workshop on Monday, February 19, 4:00 p.m. - 6:00 p.m.

The 2018 Woodbury County Fair will be August 1-5!

4-H Building Exhibit Judging will be held July 30 and Livestock Entry July 31.

The 2018 Iowa State Fair will be held August 9-19 (state fair livestock, dog, and Horticulture exhibits due July 1).

Thank you to Rex Towns, and his crew of Master Gardeners, for their help this past year for putting the 4-H Scene together each month!

Woodbury County Master Gardener Tip of the Month: Fill bird feeders, keep your live Christmas tree watered, and prune oak trees in winter.