Youth and 4-H
4-H Project Record for grades 4th – 8th
Year: __________

Name: ____________________________________ Club: ________________________
Age: ___________________ Grade: ___________ Years in 4-H: ________________

Project area: __________________________________________________________

Years enrolled in this project, including this year: ____________________________

(A project continues all year. It includes what you do and learn in the project in which you enrolled; an exhibit is only one part of all you do in a project.)

Tell us about you
Write and tell us about you and your 4-H experiences

Write project goals to include:

- **Action**—how you are going to do it ................ Example:
  - I want to take photos
- **Result**—what you will do................................. by using the rule of thirds
- **Timetable**—when you plan to have it done .... before the March meeting.

Goals
State your project goals.

Learning
Here’s what I did and learned as I worked toward my goal(s) in this project:
<table>
<thead>
<tr>
<th>Citizenship</th>
<th>Write and explain your participation in citizenship.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leadership</td>
<td>Write and explain about leadership that you did in your club.</td>
</tr>
<tr>
<td>Communications</td>
<td>List communications activities:</td>
</tr>
<tr>
<td>Club &amp; County</td>
<td>List your club and county activities that you participated in:</td>
</tr>
<tr>
<td>Evaluation</td>
<td>Here’s how I felt about my project experience:</td>
</tr>
<tr>
<td>Application</td>
<td>Your application can be up to 4 pages of the requirements with an additional two pages of support, which can include a resume and/or photos.</td>
</tr>
</tbody>
</table>

Information on this form may be adapted or modified for use with computer, video tape, or audio tape.

---

**IOWA STATE UNIVERSITY**

*Extension and Outreach*

**Healthy People, Environments, Economies. and justice for all . . .**

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Many materials can be made available in alternative formats for ADA clients. To file a complaint of discrimination, write USDA, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call 202-720-5964. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Stanley R. Johnson, Director, Cooperative Extension Service, Iowa State University of Science and Technology, Ames, Iowa.