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News Release

Contact: Kristen Schulte, ISU Extension Farm and Ag Business Management Field Specialist, kschulte@iastate.edu

Changes in the Estate Law Tax May Impact Your Future
Concerned about probate costs, power of attorney, or use of trusts? Estate planning involves a lot more than just federal estate taxes. There are many aspects to estate planning to properly transfer assets and plan for the future.

ISU Extension and Outreach in Fayette County will offer a program on estate planning on Thursday, November 7 from 9:00 a.m. to 11:30 a.m. at the Fayette County Extension Office located at 201 East Clark, Fayette.

In today’s economy, an individual or family business, both agriculture and urban based, have extensive values of assets on hand that represent a lifetime of memories, commitment, and hard work. A clear understanding of estate planning can help resolve issues surrounding transition of assets to other individuals.

Everyone who hasn’t reviewed their estate plan in the last six months should take the time to learn and review current options. Kelvin Leibold and Kristen Schulte, Farm Management Field Specialists, will present the latest changes in estate planning information. The topics will include: property ownership, wills, federal estate tax, Iowa inheritance tax, gifting, trusts, and gift taxes.

“This is a program that applies to everyone, not just farmers,” emphasizes Leibold. “Often thousands of dollars in taxes can be avoided by good planning” states Leibold. This program will provide background information to assist participants to work more effectively with their professional and legal advisors.
The cost of the program is $15 per person or $25 per couple for pre-registration before November 5. Late registration will be $20 per person or $30 per couple. To register or for more information, call the Fayette County Extension Office at (563) 425-3331.

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News Release

Contact: Cindy Baumgartner, Nutrition and Health Specialist, ISU Extension and Outreach; (563) 927-4201, cbaum@iastate.edu

ServSafe® Training Offered in Decorah

Food service professionals have the opportunity to attend a day-long food safety training and complete an exam to become a certified food safety professional for the next five years.

ServSafe® is a food safety program of the National Restaurant Association Educational Foundation. Classes are coordinated by Iowa State University Extension and Outreach specialists, in cooperation with the Iowa Restaurant Association.

ServSafe® teaches participants how to create and manage a desirable, safe foodservice operation throughout the entire flow of food. Participants also learn about food allergens, regulatory requirements, and employee training.

A class will be offered in Decorah on November 14 from 8:00 am until 5:30 pm. Location will be in the meeting room at Country Inn and Suites Hotel (1202 Hwy 9 West) in Decorah.

For more information or to register, contact Cindy Baumgartner at cbaum@iastate.edu or visit www.extension.iastate.edu/winneshiek for an online registration form. Class size is limited.

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News Release

Contact: Teresa Wiemerslage, program coordinator, wiemer@iastate.edu, 563-794-0599

2014 Nutrition Calendars Available

Plan complete meals, figure total meal calories and follow nutritious, taste-tested recipes with the Healthy & Homemade Meals: 2014 Nutrition and Fitness Calendar.

ISU Extension and Outreach creates the calendar and partners with 54 universities and organizations to make it available across the United States. The full-color calendar is available in English and Spanish.

“You need only low-cost, readily available ingredients and basic equipment and appliances to create these delicious meals,” said the calendar’s author, Peggy Martin. “You’ll also find food safety suggestions, and you can track your daily fitness activities on the calendar grid.”

The Northeast Iowa Food & Fitness Initiative (FFI) is proud to be a sponsor of the 2014 Nutrition Calendar in Allamakee, Clayton, Chickasaw, Howard, Fayette and Winneshiek.
counties. Contact the county Iowa State University Extension office in those counties for your free copy.

The FFI is working to create community environments that support access to fresh, locally grown, healthy, affordable food and safe environments for physical activity and play.

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