

4-H GROWS WINNESHIEK COUNTY

OUR OFFICE IS OPEN!

The Winneshiek County Extension and Outreach Office is OPEN! We take serving Iowans seriously, and we are prioritizing the health and safety of our community and staff. Please enter our office through the front door, and if there are others in line, please exit through our back door. Updated information can always be found on  @WinneshiekCounty4H our website.

Iowa 4-H: <https://www.extension.iastate.edu/4h/>

Follow us: <https://www.facebook.com/Winneshiek4H/> and <https://www.facebook.com/winncoext/>

Call us: 563-382-2949 or Email: winneshiek4h@iastate.edu

2020-2021 4-H ENROLLMENT



A NEW YEAR brings new members! Recruitment for 4-H can begin at any time. If you know of a family that has expressed interest in joining 4-H, ask them to come to a club meeting and find out more! Or send them our way for more information on enrollment. If you are a new family, please contact the Extension Office or your club leader.

We will be using the newly updated 4HOnline 2.0 system for re-enrollment into the Winneshiek County 4-H program for the 2020-21 4-H Year.

More information on how to get registered can be found here: <https://tinyurl.com/y4uodlzq>

You will use the same family login and password as in the past. Please bookmark this new page!

If you need assistance with the process, a computer, or internet access, please call or stop by the Extension Office.

Pick-a-project: <https://www.extension.iastate.edu/4h/projects-list>. Explore a new project area!

ADOPT-A-FAMILY PROGRAM

Several of our 4-H clubs have participated in the Adopt-A-Family program through NEICAC. NEICAC will continue with the Christmas Adoption Program this year, also known as Adopt-a-Family. This year, more than ever, families will be in need of additional support. If your 4-H groups would like to participate again this year, please contact your club leaders to include this in your next club meeting. A final response is due to your club leader before **Tuesday, October 13th.**



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek



NATIONAL 4-H WEEK

OCTOBER 4-10, 2020

BEEF WEIGH-IN

Mark your calendars for **December 19th from 7:30 to 11:00 AM** at the Decorah Sales Barn. 4-H Best Practices will be in place so please wear a mask and socially distance. In case of inclement weather, the weigh-in will be shifted to Wednesday, December 30th from 3:30 to 6:30 PM.

LIVESTOCK AUCTION

Congratulations to all the online auction and CFC day participants! Please remember to pick up and cash your auction and premium checks within 90 days of issue, (before November 13, 2020).



Thank you for all your hard work during this challenging year!

New this year: those who received a check of \$600.00 or more in auction and premium proceeds will be issued a 1099-MISC. If this applies to you, you may also receive a W-9 Request for Taxpayer ID Number and Certification at the time you pick up your check and thank you card. If this applies to you, please be prepared to have your Social Security number with you when you come to the Extension Office. **This is an IRS requirement that the office and 4-H'ers must abide to.**

PREMIUMS

Annually, the Winneshiek County Fair Board gives \$7,500.00 in premiums to livestock and non-livestock exhibitors. Premiums are based on points. Exhibitors with auction proceeds will need to pick-up their checks at the Extension Office. Those only with premiums will be mailed their check.

*Please remember to **write a thank you** to the Winneshiek County Fair Board for sponsorship of premiums, and the work and dedication they put into making this year's fair possible.*

Winneshiek County Fair Board, P.O. Box 201, Decorah, IA 52101

NON-LIVESTOCK EXHIBITS PHOTOS

Static, clothing, and communications exhibit photos can be found on our Facebook page in an album, or at <https://tinyurl.com/2020static>



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

SHOOTING SPORTS

The next two scheduled meetings are October 4th and November 1st, at Chase the Adventure at 3:00 PM. Dress appropriately for outdoor adventures.



GROUND BREAKERS 4-H GARDEN CLUB

Will reconvene this fall in partnership with the Master Gardeners of Winneshiek County. County Extension Staff will contact prior members. If you are interested in joining or learning more about this club please contact the office.



FOODS FOR IOWA 4-H FAIRS: CANNING UPDATES FOR FAIR 2021

Please see an updated version of the “Foods for Iowa 4-H Fairs—Quick Reference Guide.” Approved recipes for exhibiting canned goods at county fairs has changed. Download a free version today: <https://store.extension.iastate.edu/product/6434>. If you are planning to bring any canned produce to the 2021 fair you **MUST** follow these guidelines.

CELEBRATE NATIONAL 4-H WEEK

National 4-H week is celebrated across the U.S. on October 4-10, 2020. Celebrate the fun and inspirational program we are part of. This is also a great week for 4-H member recruitment!

What is your club planning to do to celebrate? Here are a few fun ideas:

Decorate local business windows.
Invite a friend to a club meeting.

Make a school announcement.
Do a presentation in your classroom.

Wear your 4-H t-shirt on Wednesday, October 7th and celebrate all week long!



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

ATTENTION

Records of attendance for club meetings and activities **must** be kept. Please submit to the Winneshiek County Extension and Outreach Office until club members have re-enrolled into 4-HOnline 2.0 for insurance purposes.

Thank you.

LEADERS CORNER

If you are interested in holding a virtual meeting and need assistance, please reach our K-12 Program Coordinator at the Extension Office, Isiepker@iastate.edu. Please arrange meetings no later than 4 business days out.

Please also see 4-H Club Best Practices to transition to face-to-face meetings reminder email on 8/18/2020 or email Kendra Crooks, 4-H Youth Program Specialist at kcrooks@iastate.edu.

IDEAS FOR CLUB ACTIVITIES DURING COVID-19

Club compliance report form and club program due by Jan. 1—we will take them sooner!
Does your club have a treasure, if so don't forget to create a budget for the new year and complete your fundraiser requests for approval as needed throughout the year.

We have received request for ideas for club activities, while still staying safe from COVID-19. Social Distancing and masks continue to be extremely important, both at in person meetings and activities. Here are some ideas:

- Guest speakers.
- Make things, etc. as long as supplies are not shared between participants. No games/activities where participants would have to be close together or touching each other.
- Ice breakers/name games, which can even be done virtually.
- Scavenger hunts.
- Virtual field trips.
- Service projects, which can be divided up by family or each do own part of the work (or use masks).
- Volunteering at a local food pantry.
- Virtual presentations, group activities, online Kahoot game, etc.

Other ideas can be found here: <https://www.extension.iastate.edu/4h/volunteerresources>

Think about outdoor locations, large sheds, garages, basements and meeting rooms where your club could still gather during this time and meet social distancing requirements.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

Turkey Valley Clovers 4-H Club

Christmas Wreath & Roping Fundraiser

- * We are selling a 24-inch wreath made of fresh greens, a red bow, and pine cone decorations.
- * Price = \$17.00
- * NEW THIS YEAR! We are also selling balsam fir roping.
- * Price = 25 feet for \$25.00
- * Please pay in advance.
- * Checks payable to: Turkey Valley Clovers
- * Delivery will be over the Thanksgiving weekend
- * Sales run October 4 – November 10, 2020
- * Please contact any member to place your order today.

Thank you for supporting our 4-H club!



Members include: Nicholas Bernhard, Presleigh Eich, Ashley Fischer, Kendric and Jadrienne Langreck, Keira Myers, Tessa Phillips, Kaitlyn Schroeder, Savannah Solheim, Ruby and William Timp.

Questions or to Order: contact Jackie Langreck at 563-534-7092 or the Extension office.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

CREATING SAFE ENVIRONMENTS FOR IN-PERSON CLUB MEETINGS

Winneshiek County 4-H Club Leaders,

As we begin a new 4-H year, Winneshiek County 4-H wants your club to be set up for success to create a safe and educational environment for young people.



[Helpful resources to consider and use as 2020-2021 Club Meetings begin to occur:](#)

- The [4-H Best Practices document](#) includes information for planning for upcoming club meetings. Please use this document as you make plans moving forward - https://www.extension.iastate.edu/4h/files/page/files/iowa_4-h_guidance_and_expectation_addendum_081320_0.pdf

- Iowa 4-H Volunteer Resources - <https://www.extension.iastate.edu/4h/volunteerresources>
 - Connecting Virtually with Youth - https://www.extension.iastate.edu/4h/files/page/files/connecting_virtually_with_youth.pdf
 - Best Practices When Connecting with Youth - https://www.extension.iastate.edu/4h/files/page/files/connecting_virtually_with_youth_best_practices.pdf

- YouTube resources for connecting with youth:
 - Connecting Virtually with Iowa 4-H Youth (7m) - <https://www.youtube.com/watch?v=aHG54zcCBcs&t=2s>
 - Preparing for Online Club Meetings and Learning (4m) - <https://www.youtube.com/watch?v=8bwPmUcQypl&t=5s>
 - Virtual Icebreakers and Activities (4m) - <https://www.youtube.com/watch?v=Z84JTCbvrp0>
 - Working with Youth Virtually Best Practices (7m) - <https://www.youtube.com/watch?v=j9B29OLfgv4>

AG INNOVATORS (AIE) 2020 CHALLENGE

National 4-H Council's 2020 Ag Innovators (AIE) Challenge is the Water Connects Us All Challenge that was developed at Iowa State University Extension and Outreach. Resources are available until **November 13th, 2020.**



To request resources for your school, please complete this form: <https://forms.gle/RnTb3MSVoZbi8Bye9>

Audience: Grades 3-12th



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

RECOMMENDED SUPPLIES TO CREATE SAFE ENVIRONMENTS

Supplies:

- Disinfecting wipes OR disinfecting spray with paper towels
- Disposable face masks
- Hand sanitizer
- Pens or pencils (at least one per youth)
- Cups or baskets (2) marked “clean” and “dirty” for pens/pencils
- Disposable nitrile gloves
- Face coverings
- Garbage bags (3-4)
- Supplies to indicate 6’ of distance:
 - Measuring tape
 - Sidewalk chalk
 - Painter’s tape
 - Poly spots
- Printed Documents:**
 - ⇒ Sign-in sheet with emergency contact included (for contact tracing or emergency situations)
 - ⇒ Signage from Advancement encouraging best practices (i.e., stay six feet apart; wear mask), laminated (and tape to hang)
 - ⇒ Printed copies of Best Practices documents from Iowa 4-H and Iowa State University Extension and Outreach, laminated.
 - ⇒ Copies of ice breakers or team building activities that work in a physically-distanced environment.



If you have questions, suggestions, or are in need of supplies for in-person club meetings, please contact us. Thank you for your service to the Winneshiek County 4-H program and youth in Winneshiek County.

PRUDENTIAL SPIRIT OF COMMUNITY AWARDS

Now through November 10th, middle and high school students who volunteer can apply for 2021 Prudential Spirit of Community Awards.

The program honors students in grades 5-12 who make meaningful contributions to their communities through volunteer service. Top honorees earn cash prizes and an invitation to the programs national recognition events. County 4-H programs are an eligible certifying organization!

Learn [more](https://spirit.prudential.com/) about applying and certifying applications/selecting local honorees: <https://spirit.prudential.com/>



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

IOWA 4-H STEM 2020-2021



Monthly STEM Opportunities

InventSTEM: Take part in a STEM maker challenge and work to solve a problem.

Robotics: Learn more about robotics and coding.

Bookmark STEM: Read a great STEM book and do a STEM Challenge.

Astro Camp: Join us for a special NASA STEAM challenge.

STEM Special Guests: Learn about different STEM jobs and groups around the state.

All programs are aligned with the Next Generation Science Standards.



STEM Special Events

September: STEM Kick-off!

October: National 4-H STEM Challenge

November: National 4-H STEM Summit

March: State Science and Technology Fair of Iowa

June/July: County Fair InventSTEM Challenges

August: State Fair InventSTEM Challenges

STEM Resources

Virtual Learning Cue Cards

Checkout STEM



To learn more and sign up for our STEM newsletter visit www.extension.iastate.edu/4h/stem

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek



Challenges for 2020-2021

Join us for a fabulous year of InventSTEM! This year we are focusing on how to incorporate *art* with STEM! Here is an overview of the monthly challenges offered by Iowa 4-H. The challenges can be done online (with a kit and educator support) or in-person with a team. To access the monthly challenges please visit:

<https://www.extension.iastate.edu/4h/inventstem>

Standard materials needed each month per person or small group: InventSTEM monthly Maker Kit (more information coming soon), tape, cardboard, scissors, paper, markers/crayons, craft supplies

Month	Theme	Challenge (Design, build, explore, create...)	Real-world Connection
October	Energy	Reverse engineer it! Using garden solar lights, let's explore how solar power works.	Solar energy
November	Geometry	Can you make curves with lines? Let's find out with parabolas!	Felix Candela
December	Circuits	Create electrifying holidays cards with paper circuits!	Electricity
January	Waves	Dance Challenge: <i>How Do You Dance</i> book Did you know that sound and light are made of waves?	Music and Rhythm
February	Magnetism	Is it magic or science? Learn how to levitate a pencil with magnets.	Maglev Train
March	Chemistry	Do you ever wonder how crystals are made? We can understand how by making eggshell geodes!	Geodes in nature
April	Structure	How high can you go? Using toothpicks and glue, can you build a structure that's tall yet stable?	Eiffel Tower
May	Environment	We've got vacancy! Help the bees and the environment by making bee hotels!	Climate change

InventSTEM is presented in partnership with Alliant Energy. We thank them for their support of Iowa 4-H!

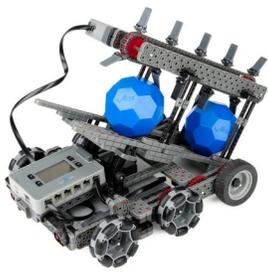


This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek



Iowa 4-H Robotics Overview for 2020-2021

Join us for a fabulous year of Iowa 4-H robotics! Here is an overview of the monthly challenges offered by Iowa 4-H. The challenges can be done online (with a kit and educator support) or in-person with a team. To access the monthly challenges please visit: <https://www.extension.iastate.edu/4h/projects/robotics>

Standard materials needed each month per person or small group: Computer with internet access, LEGO Mindstorms EV3 or Hummingbird Bit Premium Kit, glue gun, masking tape, cardboard, scissors, construction paper, markers/crayons, tubes, disposable cups, popsicle sticks, craft foam sheets, additional craft supplies

Month	Theme	Challenge (Design, build, program, test, and share a robot that...)	Real-world Connection	Extra Materials
October	Navigation, Space	can autonomously explore an environment	Self-driving cars, space rovers	
November	Food	can cook a meal	Robot burger shop in San Francisco makes dining cheaper	
December	Transportation	will locate and transport the things you need	Warehouse Kiva robots, timely because of holiday shipping	
January	Music & Dance	can play music and/or dance	marimba-playing robot and robotic assistive tech for a drummer	
February	Drawing	can make a piece of visual art	Scribit robot	
March	Agriculture	can take care of a farm, plant a seed	Agricultural robotics	Egg carton, seeds, soil
April	Manufacturing	can make custom products	Manufacturing, entrepreneurship	
May	Animals	mimics an animal	Animals inspire some robotic designs	

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

2020 FALL AWARDS BANQUET



4-H members, families, and community members, please join us for our Annual 4-H Awards Program!

Plans are underway. Stay tuned for more information in the November newsletter!

2020 –2021 COUNTY COUNCIL

Introducing your County Council members:

Abby Moen, Alex Zweibohmer, Anya Lovstuen, Chase Adam, Chace Adam, Morgan Moen, Holy Schmitt, Tyler Irwin, Koryn Bakken, Kalissa Schmelzer, Anna Holthaus, and Karter Einck.

Advisor: Michelle Schwartzhoff

welcome

ANNUAL VOLUNTEER TRAINING & NEW VOLUNTEER TRAINING

VOLUNTEER



Annual volunteer training is scheduled for Thursday,

November 19th, at 6:30 PM at the Danan Lansing Building on the fairgrounds.

NEW volunteer training is scheduled for Saturday,

November 14th, from 9:30-12:30 at the NE IA Dairy Center, Room 115, in Calmar.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

COVID-19 RESOURCES

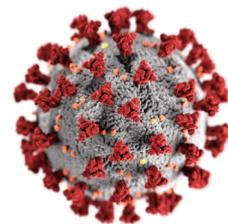
As Iowans deal with disruptions to their families and communities, these resources provide information to help you cope with concerns about healthy eating, relationships, mental health and well-being, personal finance, food safety, and nutrition and wellness.

Here are resources for you and those you support:

<https://www.extension.iastate.edu/professionaldevelopment/finding-answers-now>

Iowa Concern: 1-800-447-1985. Dial 711 for TTY/TDD.

AnswerLine: 1-800-262-3804 (in Iowa). 1-800-735-2942 (for deaf and hard-of-hearing individuals)



UPCOMING EVENTS...



- ◇ Beef weigh-in at the Decorah Sales Barn is scheduled for **December 19th** with a fall back snow day of Wednesday, December 30th. 4-H Best Practices will be in place during the event so please wear a mask and socially distance. Stay tuned for more information.

- ◇ **July 13th—17th, 2021** is the Winneshiek County Fair! Stay tuned for confirmation of Static Judging Day!



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek

CALENDAR OF EVENTS 2020-21—WINNESHIEK COUNTY

Date	Event	Time	Location
October			
Oct. 1	Award Application and Nominations due: Volunteer, Club Officer, Alumni, Honorary, Meritorious Service.		Extension Office
Oct. 4	Shooting Sports	3:00 PM	Chase the Adventure, Decorah
Oct. 4-10	National 4-H Week	All week!	In your community, online and more!
November			
Nov. TBD	Fall Awards	TBD	TBD
Nov. 19	Annual Volunteer Training	6:30— 8:30 PM	Danan Lansing Building, Fairgrounds
December			
Dec. 19	Beef Weigh-in	7:30 — 11:00 AM	Decorah Sales Barn
January			
February			
March			
April			
May			
June			
July			
13 - 17th	Winneshiek County Fair	All week!	Winneshiek County Fairgrounds
August			
September			

*Dates, times & locations are subject to change.



IOWA STATE UNIVERSITY
Extension and Outreach

325 Washington St., Suite B,
Decorah, IA 52101
Phone: 563-382-2949 Fax: 563-382-2940
www.extension.iastate.edu/winneshiek



CALENDAR

Want to know what you can do through 4-H this year? This calendar outlines the typical 4-H year for Winneshiek County. The calendar is not all-inclusive, but does list most of our important events and deadlines. We also host project workshops throughout the year on various topics. Being a part of a club will bring even more activities! Ask us to learn more!

Month	County	Regional	State
SEPTEMBER	<ul style="list-style-type: none"> 4-H Re-Enrollment Opens Record Books due by 15th! Award Nominations 		<ul style="list-style-type: none"> AgOvation
OCTOBER	<ul style="list-style-type: none"> National 4-H Week Afterschool Clover Kids Starts Award nominations due by the 1st! Awards Program 		
NOVEMBER	<ul style="list-style-type: none"> Club Officer Training Youth Committee Positions Posted Deadline for 4-H Enrollment! 	<ul style="list-style-type: none"> Youth Summit 	<ul style="list-style-type: none"> State Project Award & Opportunities Open National 4-H Congress
DECEMBER	<ul style="list-style-type: none"> Beef Weigh-In Project Workshops 4-H Re-Enrollment due by the 1st! 		
JANUARY	<ul style="list-style-type: none"> Roller Skating Party Time for project goals! Due by the 1st! 		<ul style="list-style-type: none"> Agri-Science Summit Pioneer Grants Due
FEBRUARY	<ul style="list-style-type: none"> Clothing/Communication Workshop 4-H Foundation Scholarships Due Project Workshops 		<ul style="list-style-type: none"> National Photography Summit State Project Award & Opportunities due! National HL Summit
MARCH	<ul style="list-style-type: none"> Swine Weigh-In Omelet Breakfast Fundraiser YQCA Certification Training 	<ul style="list-style-type: none"> Citizenship Trip 	<ul style="list-style-type: none"> National 4-H Conference Equine Extravaganza
APRIL	<ul style="list-style-type: none"> State Fair Swine Weigh-Ins Dog Obedience Meetings start Horse Meetings start Begin Project Goal Sheets 	<ul style="list-style-type: none"> Dairy Story 	<ul style="list-style-type: none"> Recognition Day
MAY	<ul style="list-style-type: none"> Sheep/ Meat Goat Weigh-In Livestock ID's due by 15th! 	<ul style="list-style-type: none"> Dairy Story 	
JUNE	<ul style="list-style-type: none"> Summer Day Camps CFC Event Annual Volunteer Training deadline YQCA Training due! Fair Entries due by 30th! 	<ul style="list-style-type: none"> Jr. Camp Int. Bus Trip 	<ul style="list-style-type: none"> Youth & 4-H Conference Animal Science Round-up Citizenship Washington Focus State Fair livestock and horticulture entries due
JULY	<ul style="list-style-type: none"> County Council Applications Due Summer Day Camps Winneshiek County Fair 	<ul style="list-style-type: none"> Jr. Camp 	<ul style="list-style-type: none"> State Fair Livestock due by 1st!
AUGUST	<ul style="list-style-type: none"> Record Book Workshop Complete Record Books Summer Day Camps 	<ul style="list-style-type: none"> County Council Retreat 	<ul style="list-style-type: none"> Iowa State Fair