

"It has given me insight into the lives of young people, and every time I work with these young people, I'm inspired by what they can accomplish. They renew my spirit!"

"My volunteer experience has helped me both professionally and with my family. I seem to look at kids in a different light and try to encourage all to be the best that they can be."

"I volunteer because I want to make a difference. I believe in the 4-H program and am passionate about the value it offers to youth."



For more information contact:

**Washington County Extension
& Outreach**

2223 250th St.

Washington, IA 52353

Phone: 319-653-4811

Fax: 319-653-6712

[www.extension.iastate.edu/
washington](http://www.extension.iastate.edu/washington)

Office Hours: M-F 8:00-4:30



... and justice for all

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at 202-720-2600 (voice and TDD). To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410, or call 800-795-3272 (voice) or 202-720-6382 (TDD). USDA is an equal opportunity provider and employer.

**4-H
Volunteers
MAKE A DIFFERENCE!**

*Volunteer
with* **Washington
County**



IOWA STATE UNIVERSITY
Extension and Outreach

In 4-H, youth learn through opportunities in which they master life challenges, cultivate independence with guidance from caring adults, gain a sense of belonging within a positive group, and share a spirit of generosity with others. 4-H volunteers are essential in providing and helping youth make the most of these learning opportunities.

4-H empowers youth to reach their full potential working and learning in partnerships with caring adults.

4-H offers research-based learning-by-doing experiences to learn: communication skills, citizenship skills, leadership skills, personal life management and increase knowledge.

4-H offers youth a variety of activities from animals, science, technology, food & nutrition, photography, welding, woodworking, quilting, arts, music, theatre, shooting sports & so much more.

Why become a 4-H Volunteer?

- * Share your talents & skills with youth
- * Serve as a mentor to youth
- * Build leadership skills
- * Give back to your community
- * Support youth as they develop leadership, citizenships, communication & life skills.
- * Have an impact on a young person life
- * Fun, rewarding experience!



How can you be a volunteer of Washington County 4-H?

As a volunteer you can devote as much or as little time as you want. Volunteering can fit all schedules. Volunteers come with all different interests, talents, abilities, ideas & ways of inspiring youth. Some ways you might volunteer are:

- * Become a 4-H Club Leader
- * Share your talents through workshops
- * Chaperone on fun, exciting trips in & out of state.
- * Become a committee member to develop, plan & implement ideas.
- * Assist office staff with clerical duties
- * Assist at day camps, workshops, & other youth events/activities.
- * Donate



Inspire the Next Generation...

Become a 4-H Volunteer!

If you are interested in volunteering with Washington County 4-H please fill out information below and return to Washington County Extension Office or contact the office at 319-653-4811. Email responses can be sent to Amy Green, amygreen@iastate.edu.

Name: _____

Address: _____

City: _____ Zip: _____

Phone Number: _____

E-mail: _____

Interest areas:

I'd like to volunteer with:

Please return to:

Washington County Extension
2223 250th St.
Washington, Iowa 52353