Name Email
(First) (Middle Initial) (Last)
Check the best number to use. \square Home \square Cell \square
Please share who referred you to this county Extension office or how did you learn about volunteer opportunities?
Have you ever been a 4-H volunteer? Yes No If yes, when?
Where?
Indicate the grade/age group you prefer to work with:
K-3 (Ages 5-9) 4-6 (Ages 10-12) 7-12 (Ages 13-19) Adults No Preference
What is the length of time commitment that you initially desire?
Short term 3-6 months 6-12 months Ongoing
What types of volunteer opportunities are of interest to you?
Committee member Middle manager volunteer Specify:
Committee chair Community/project club volunteer School volunteer Short-term project coordinator
4-H club/group leader 4-H club assistant leader Other
4-H club/group helper Event coordinator Driver Clover Kids
Special interest group volunteer Name your area of special interest.
Is there a specific 4-H club/group you are interested in volunteering with? Yes No If yes:
Name of club/group?
City
Please complete the interest checklist on the back of this sheet. By checking the boxes on the back to indicate
your interests and skills, you will help us match your volunteer interest to our volunteer needs.
IOWA STATE UNIVERSITY Date Submitted:
Extension and Outreach

Volunteer Opportunity Checklist (X boxes)

Your Interests and skills related to 4-H in general	Interest in	Experience with	Can teach		Interest in	Experience with	Can teach
Speaking to groups:				Teach youth ages 5-8			
about 4-H				Teach youth ages 3-8 Teach youth ages 9-12			
about Y11about your hobbies				Teach youth ages 13-19			
Organize programs/events				Teach adults			
Lead a discussion				Teach any age			
Chair/facilitate meetings/events				4-H fair work			
Planning specific events				Serve as chaperone for:		-	
Serve on Committees for:		1		 club activities 			
club activities	-	-		• county activities			
• county activities				area activities		-	
area activities Appear on radio/TV				 state activities out-of-state activities			
Write news articles/newsletters				Be a curriculum coordinator			
Fund raising				Develop display/posters			
Work with other volunteers				Market 4-H			
Keep records/file				Typing/Computer Entry			
Contact people by phone				Provide transportation			
Others:							
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Your interests and skills related to 4-H projects and educational opportunities	Interest in	Experience with	Can teach		Interest in	Experience with	Can teach
related to 4-H projects and educational opportunities Aerospace	Interest in	Experience v	Can teach	Leadership	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy	Interest in	Experience v	Can teach	Meat Goat	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef	Interest in	Experience v	Can teach	Meat Goat Mechanics	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development	Interest in	Experience v	Can teach	Meat Goat Mechanics Music	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management Dairy Cattle Dairy Goat Digital Storytelling	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management Dairy Cattle Dairy Goat Digital Storytelling Dogs	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management Dairy Cattle Dairy Goat Digital Storytelling Dogs Entomology	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep Shooting Sports	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer Management Dairy Cattle Dairy Goat Digital Storytelling Dogs Entomology Environment & Sustainability	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep Shooting Sports Swine	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer Management Dairy Cattle Dairy Goat Digital Storytelling Dogs Entomology Environment & Sustainability Food and Nutrition	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep Shooting Sports Swine Tractor	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management Dairy Cattle Dairy Goat Digital Storytelling Dogs Entomology Environment & Sustainability Food and Nutrition Health	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep Shooting Sports Swine Tractor Veterinary Science	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management Dairy Cattle Dairy Goat Digital Storytelling Dogs Entomology Environment & Sustainability Food and Nutrition Health Home Improvement	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep Shooting Sports Swine Tractor Veterinary Science Visual Arts	Interest in	Experience w	Can teach
related to 4-H projects and educational opportunities Aerospace Agronomy Beef Child Development Civic Engagement Clothing Communication Computer Science Consumer Management Consumer and Management Dairy Cattle Dairy Goat Digital Storytelling Dogs Entomology Environment & Sustainability Food and Nutrition Health	Interest in	Experience v	Can teach	Meat Goat Mechanics Music Outdoor Adventure Pets Photography Poultry Rabbit Robotics Science, Engineering, Science, Math Self-Determined Sewing Sheep Shooting Sports Swine Tractor Veterinary Science	Interest in	Experience w	Can teach