



# BUILDING A #STRONGIOWA

## 2019 IN WARREN COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State research and resources. We listen, learn, and work with the people of Warren County for a #STRONGIOWA.

### Warren County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Economic Development
- Food and the Environment
- Ag Outreach and Programming
- K12 Youth Outreach



### Economic Development

In May 2019, Warren County Extension and Outreach purchased their own building located on Hwy 92 in Indianola. With the purchase of this building programs have been expanded. Examples of new programs offered include Jam and Salsa Making 101, Boots in the Barn, Youth Jam Making, Kids in the Kitchen, Slow Cooking 101, Cook Now—Enjoy Later, and more.



### Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

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| <b>Amy Tlach</b><br><i>Extension Council Chair</i>      | <b>Kate Patterson</b><br><i>Secretary</i>       | <b>Mark Davitt</b><br><i>Council Member</i> |
| <b>Jerry Chizek</b><br><i>Interim Regional Director</i> | <b>DeanAnn Netley</b><br><i>Council Member</i>  | <b>Jenny Young</b><br><i>Council Member</i> |
| <b>Mark Matlage</b><br><i>Vice Chair</i>                | <b>Steve Heaberlin</b><br><i>Council Member</i> |   |
| <b>Terry Pauling</b><br><i>Treasurer</i>                | <b>Stacy Henson</b><br><i>Council Member</i>    |   |

## Ag Outreach & Programming

The Boots in the Barn program consisted of four weekly meetings during the fall of 2019 with nearly 10 participants in attendance at each session. This program was led by Chris Clark, ISUEO Beef Specialist and Beth Reynolds, Iowa Beef Center Program Specialist. Participants learned about pasture management, nutrition, managing parturition, and animal selection. The most engaging portion of the class was that participants had the opportunity to use a life-sized dystocia model to practice assisting cows with the birthing process. Dystocia is defined as an abnormal or difficult birth. Participants were able to learn when and how to assist a cow during birth depending on the position of the calf.



A Farm Bill informational meeting was held on November 21, 2019 with 56 farmers, landowners, and agribusiness professionals in attendance. Discussion on the commodity crop program featured Kevin McClure, Iowa USDA FSA Deputy Chief, and Steve Johnson, Extension Farm Management Specialist. The program also included a discussion on farm stress and helping each other through a difficult time led by Cheryl Clark, Extension Family Life Specialist.

## County Extension Staff

**Cortney Garrington**  
Executive Director

**Kristine Labertew**  
Office Assistant

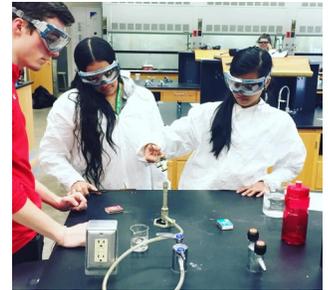
**Logan Kinyon**  
County Youth Coordinator

## Food and Environment

In 2019, Mary Krisco, ISU Extension Human Sciences Specialist in Nutrition and Wellness, reached 93 Warren County learners, through 39 hours of teaching. Krisco enabled 27 professionals to maintain their licenses by helping them to achieve certification standards which included a childcare nutrition workshop in September as well as two ServSafe courses taught in February and August. Mary was also able to teach food safety to 20 youth who participated in BBQ School in June.

## K-12 Youth Outreach

On March 5th, 2019 over 70 youth and school staff from area middle and high schools participated in the Iowa 4-H RISE Conference held at Simpson College. The main focus of the conference aimed at introducing 4-H to underrepresented youth and showing them how 4-H can lead to college and careers. The day-long event allowed students to participate in a variety of breakout sessions and workshops centered on leadership, team-building, and post-secondary options.



## ISU Extension and Outreach Warren County

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