

Wapello County 4-H News

OCTOBER 2024

4-H FAMILY UPDATE & NEWS



2024-2025
Wapello County
4-H Enrollment is
NOW open!





Log in today to
enroll or re-enroll
for the new
2024-2025 4-H Year!
Membership Fee for
4th—12th grade
club members is
only \$25 through
December 31st.

(January 1st the fee will be \$45)



Support our program and we will receive matching funds on
Giving Day—October 8-9 Noon to Noon!



Scan here to support
Wapello County 4-H!

Support us and give back on October 8-9, 2024 | Noon – Noon

IOWA4HGIVINGDAY.ORG



Cindy Emery
County Youth Coordinator
cemery@iastate.edu



Lisa Duff
Clover Kids Coordinator
lrduff@iastate.edu

ISU Extension and Outreach
Wapello County

13011 120th Ave
Ottumwa, IA 52501
641-682-5491

www.extension.iastate.edu/wapello

f @ISU4HWapello



IOWA STATE UNIVERSITY
Extension and Outreach

County Council Meeting

Tuesday
October 8
6:00 PM



Wednesday,
March 12, 2025
5:30 PM

4-H Foundation Meeting

Expo Board Meeting

Thursday,
October 17
6:30 PM



Monday,
October 28
6:30 PM

Extension Council Meeting

4-H

MEMBER'S

COMMUNITY SERVICE



Thank you to EVERYONE that came out to help with the Rotary Chicken dinner that was held on Tuesday, Oct 1st. Rotary has generously given back to our Wapello County 4-H program each year thanking us for our volunteerism. Thank you!

4-H

AWARDS BANQUET



SAVE THE DATE

Wapello County awards ceremony
is scheduled for
Sunday, November 3rd @ 2 PM
MORE DETAILS TO COME!!

4-H

LEADER TRAINING



SAVE THE DATE

Wapello County 4-H Leader Mandatory yearly
training will be held on Thursday,
January 9th, 6:00 to 8:30 pm
At the Jefferson County Extension Office.
More INFO to come!

OKTOBERFEST PARADE

Wapello County 4-H will be participating in the Oktoberfest parade on Saturday, October 5th. We will be decorating floats on Wednesday, October 3rd at 5:45 pm in the green/white barn at the expo grounds. Please let us know if you are available to help by calling 641-682-5491

Clover kids—if you plan to ride on the float please call or text Mrs. Duff at 641-777-5135



IOWA STATE UNIVERSITY
Extension and Outreach



SAVE THE DATES—2025!

Wapello County 4-H Expo—July 12 to 19
Iowa State Fair—August 7 to 17

SAVE THE DATES—2025 Animal Weigh-Ins!

Beef Weigh-In—Saturday, December 21, 9:00 to 11:00 am
Swine Weigh-In—Saturday, March 29, 9:00 to 11:00 am
Sheep / Goat Weigh-In—Saturday, April 26, 8:00 to 10:00 am
Barnyard Palooza / YQCA Testing—Saturday, April 26, 1:00pm



When referring to 4-H in writing form, please remember that 4-H must always have the hyphen in between the 4 and the H. Also, another great tip is 4-H must be on the same line, not the 4- on one line and the H on another. 4-H is © copyright and it must be used in this manner.

Pop Tabs for Jacy

Thank you to those that have donated—Wapello County has collected 4 1/2 pounds already—let's see how many more pounds we can get!!

Jacy McAlexander was a State 4-H Council member with a big heart who was passionate about helping others. He lost his battle with cancer, but you can help others during their fight. Pull your tabs and help the 2022-23 State 4-H Council collect as many tabs as they can. The tabs will help the Ronald McDonald House serve families in need. If you have pop tabs, please bring Them to the Wapello County Extension Office - Let's help make a difference!



Mayhem—SAVE THE DATES

October 12th Lighted walk thru w/trunk or treat after STEAMfest

October 18/19, 25/26, & Nov 1/2

Anyone interested in helping with Mayhem—Please contact Eric Heisdorffer at wapellocountymayhem@gmail.com or 641-799-1002
Or register at <https://forms.gle/14RkFn3AMQKae4PUA>.

“AN ENCHANTED FOREST” SAVE THE DATE: November 22,23

Enchanted Forest committee is currently looking for donations of decorated small trees (4ft and smaller) and wreaths. If you have any you would like to donate, please contact Heather Burgess or Cindy Emery



We are looking for 4-H Clubs, families, youth to volunteer and/or provide a game or activity for this fun event!
Please contact Cindy or your club leader to sign up or for more information .

Fall STEAMfest



Science, Technology, Engineering, Art, & Math

WHEN: Saturday, October 12, 2024
from 3:00pm to 5:30pm

13011 120th Ave, Ottumwa, IA



A Festival of Learning

Fun for the WHOLE family!

STEAM Activities Fall & Pumpkin Fun

- STEM Activities
- Crafts & Games
- Craft Vendors
- Caramel Apple Sundae
- Pumpkin Painting
- Chili Cook-Off (3:00 pm)
(Cook off is open to the public—
call 641-682-5491 to register)

*****Check in at the registration table
to receive your FREE pumpkin
(1 Free pumpkin per youth— for first 100)**

Trunk or Treat at 6:00 PM

Interested in joining 4-H?
Sign up TODAY!!!



IOWA STATE UNIVERSITY
Extension and Outreach

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, color, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran, or other protected classes. (Not all prohibited bases apply to all programs.) Inquiries regarding non-discrimination policies may be directed to the Diversity Advisor, 2150 Beardshear Hall, 515 Morrill Road, Ames, Iowa 50011, 515-294-1482, extdiversity@iastate.edu. All other inquiries may be directed to 800-262-3804.

NATIONAL 4-H WEEK

National 4-H Week begins October 6th! See the challenge calendar included in this newsletter along with a coloring sheet and more! Watch our Facebook Page for more daily challenges to be entered into the prize drawing!

Wapello County National 4-H Week Challenges

Join us in celebrating National 4-H Week!
Here's how:

- 1) Complete each daily challenge below
- 2) Take a photo to document your completion of each challenge
- 3) Submit your photos to be entered in our prize drawing (one entry for each challenge completed). To submit, email your photos to cmervy@iastate.edu with subject 4-H Challenge!
- 4) Check our Facebook page on October 15 to see winners



SPOTLIGHT SUNDAY October 6	MAKE-IT MONDAY October 7	TRY-IT TUESDAY October 8	WEAR-IT WEDNESDAY October 9	THANK-YOU THURSDAY October 10	FLASHBACK FRIDAY October 11	SERVICE SATURDAY October 12
 Spotlight and take a photo with someone or something that is important to you.  TODAY: Earn an extra drawing entry by helping at Fall STEAMfest!	Make a 4-H poster and hang on a door or your locker using the I♥4-H Theme. 	Get someone new to come to your 4-H Meeting 	Wear your favorite 4-H clothes and share a photo. 	Thank someone who has been important in your 4-H journey. 	Share with us one of your favorite 4-H memories. 	Share one of your talents by putting your hands to larger service. 

** Get someone to support Wapello 4-H on giving day and receive 2 prize entries!

Have a fantastic 2024 National 4-H Week!



IOWA STATE UNIVERSITY
Extension and Outreach

4-H PLEDGE
I pledge my **HEAD** to clearer thinking
my **HEART** to greater loyalty
my **HANDS** to larger service
and my **HEALTH** to better living
for my club, my community,
my country and my world.

www.extension.iastate.edu/wapello/4h

641-682-5491

4-H/Casey's Pizza New Partnership

October is National Pizza Month, and Casey's is partnering with 4-H to raise funds for clubs nation-wide! From October 2 through November 5, for every whole pizza purchased, [Casey's will donate \\$1](#) (up to \$100K) to support 4-H programs in Casey's Communities. Customers will also have the option to donate to 4-H with online orders during this timeframe. Questions? Contact [Sydney Peterson](#).

Camera Corps - Spooky Season - Photography Challenge

This challenge will be helpful in the practice and mastery of creating mood in a photograph. Creating photographs that can portray different emotions and feelings to the viewers is an important skill to learn as you continue to widen your photography knowledge. Go out and create a photo to fit the mood of Spooky Season and the fall festivities around you. Check out the [Iowa 4-H Camera Corps Website](#) for technical tips, examples, and submission information. The deadline is October 31.

EXPLORE EXPO

A fall New Member Night has been scheduled for Thursday, November 14th from 6:00-7:00PM at the Wapello County Extension Office. This event will give an overview of the 4-H year and explain important events and deadlines that occur throughout the 4-H year. This is a great event for 1st year 4-H members, interested 4-H members, or families looking to get more involved in the 4-H program. There will be time for questions at this event. Registrations will be collected until 4:30PM on November 7th. Please call 641-682-5491 or email Cindy at cemery@iastate.edu to register.

STATE SCIENCE & TECHNOLOGY FAIR OF IOWA

Save the date for the 2025 Iowa 4-H Youth Development's State Science & Technology Fair of Iowa, March 27th and 28th, 2025. This opportunity is open to 6th-12th grade youth. Student researchers have the chance to meet with professional researchers and communicate their findings and understanding of the research project. New for 2025 the Junior State Science and Technology Fair of Iowa. This opportunity is available for 3rd-5th graders. For more information visit: <https://sstfi.org/>



OCTOBER BIRTHDAYS



Happy Birthday to the following 4-H members and volunteers for the month of October!

4-H Members:

Secilia Lopez—10/2
Kumatume Tolcha—10/3
Amelia Hazelwood—10/4
Ziza Schulz—10/4
River Moode—10/4
Titus O'Dell—10/5
Penelope Jones—10/5
Dawson Berry—10/6
Berkley Smith—10/7
Maddison McIntyre—10/9

Mina Saylor—10/14
Mandie Roberts—10/15
Cesar Botello Jr—10/15
Marshall LaPoint—10/16
Penelope Lamos—10/16
Levi Lindberg—10/17
Landon Witt—10/20
Mackenzie Clubb—10/20
Alyxandra Smith—10/22
Wyatt Cox—10/22
Skylar Adams—10/22

McKinley Reece—10/26
Emerson Alexander—10/29
Chaning Tucker—10/30

LEADERS/VOLUNTEERS:

Kaitlyn Emery—10/11
Colton Emery—10/25
Heather Burgess—10/26

Join 4-H Youth Council

Have you heard about County Youth Council and are wondering what it is all about? Are you ready to meet new friends— develop leadership skills and most of all ... have LOTS of fun! Join us on Sunday, October 13th from 4:00 to 7:00 pm to have some fun and learn about the amazing opportunities that 4-H Youth Council has to offer. Register by contacting Cindy at 641-682-5491 or by email cemery@iastate.edu by Thursday, October 10th.



Fall

COUNTY YOUTH COUNCIL RETREAT

*Join us for a fantastic evening of fun.
Davis, Jefferson, Wapello, & Van Buren County
Youth grades 7th - 12th*

Hayride, Bonfire, Smores, & More!



October 13, 2024
4:00 - 7:00 pm



13011 120th Ave
Ottumwa, IA 52501

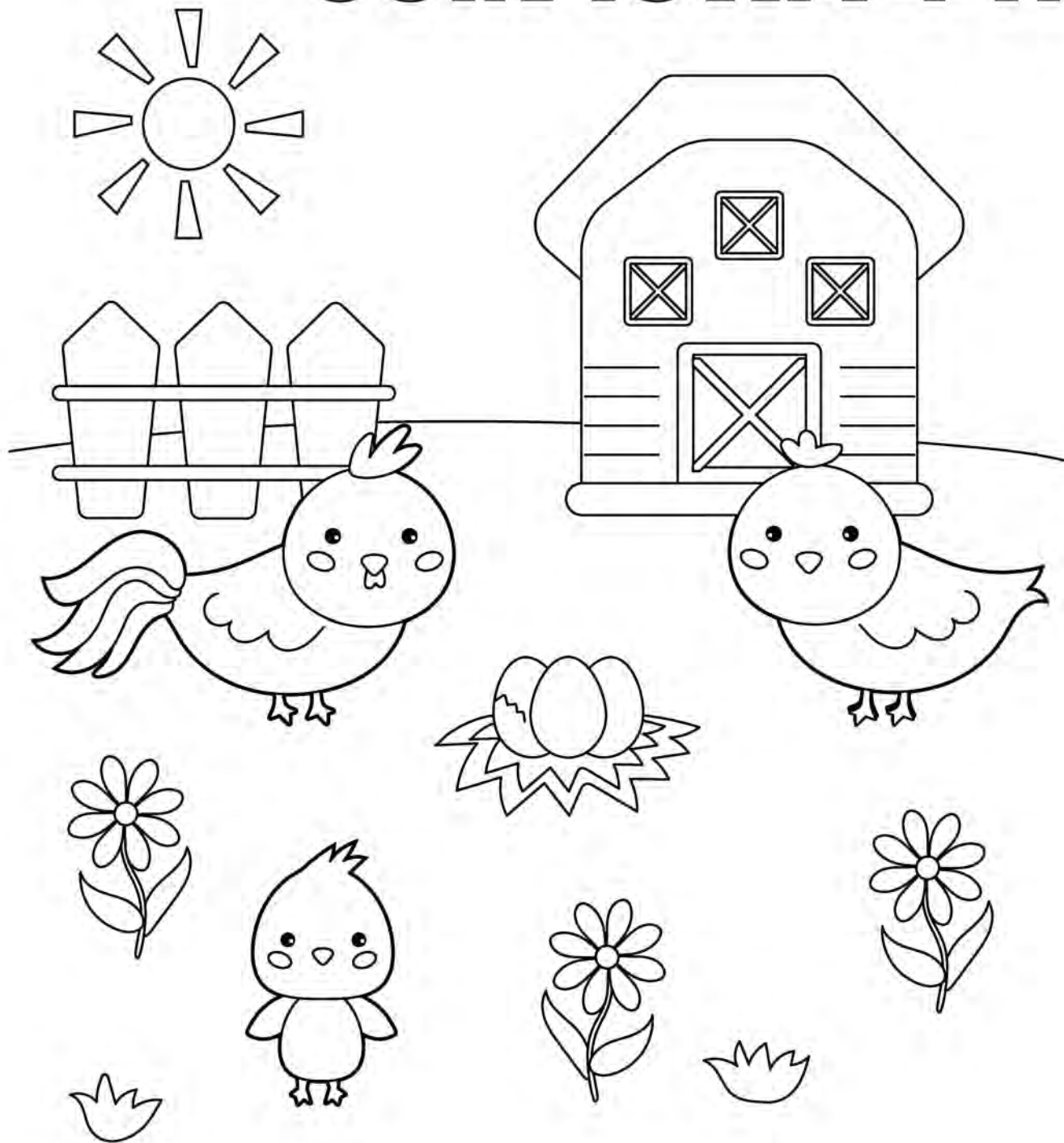
**Register by contacting your County Youth Coordinator
DEADLINE: Thursday, October 10th**



This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.

**Color me for a chance to win! Turn into the Extension office by 4:30 pm. Thursday, October 17th.
Please put your name and contact number on the Back side.**

JOIN IOWA 4-H



IOWA STATE UNIVERSITY
Extension and Outreach

Wapello County Extension & Outreach
www.extension.iastate.edu/wapello/4h
Cindy Emery and Lisa Duff

**Color me for a chance to win! Turn into the Extension office by 4:30 pm. Thursday, October 17th.
Please put your name and contact number on the Back side.**

JOIN 4-H

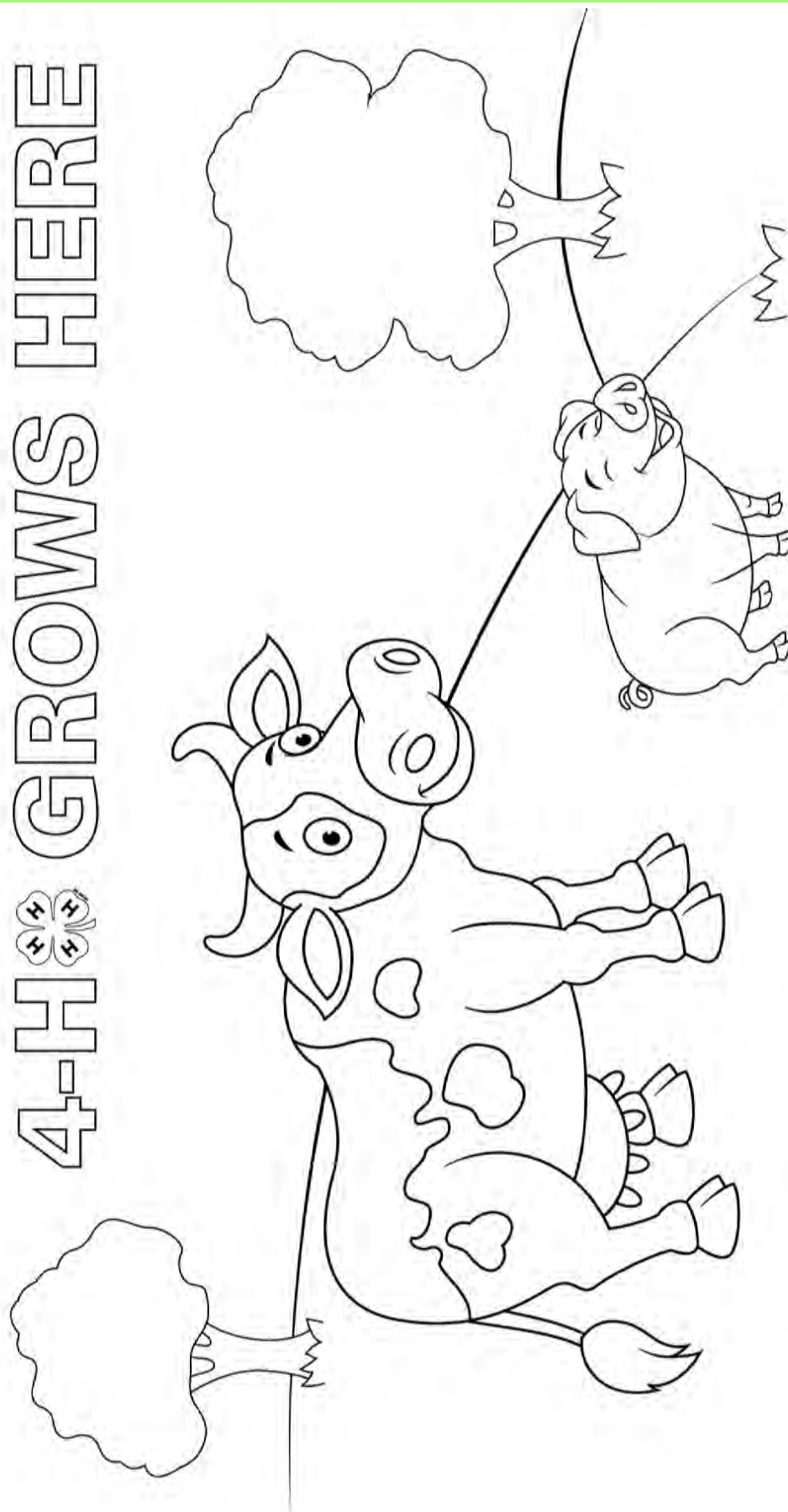


IOWA STATE UNIVERSITY
Extension and Outreach

Wapello County Extension & Outreach
13011 120th Ave, Ottumwa
641-682-5491
www.extension.iastate.edu/wapello/4h

Color me for a chance to win! Turn into the Extension office by 4:30 pm. Thursday, October 17th.
Please put your name and contact number on the Back side.

4-H  GROWS HERE



IOWA STATE UNIVERSITY
Extension and Outreach

Wapello County Extension and Outreach
13011 120th Ave, Ottumwa, IA 641-682-5491
www.extension.iastate.edu/wapello/4h

National 4-H Week - Photo Bingo

New: Take a picture of the objects on the Bingo Card to complete a BINGO.

Submit all four images by email to xwapello@iastate.edu.

Open to youth K-12 grade. Please include name and grade with your submission.

Deadline is 4:30 pm on October 24.

For each BINGO entered, your name will be entered into a drawing for a fabulous 4-H prize.

Head	A farm animal	Agriculture equipment	4-H Emblem
A trophy or ribbon	Heart	Something green	A field
Pumpkin	Tree	Hands	Boots
Flower	A Barn	Something white	Health



**Beyond
Ready**

Wapello County 4-H Clover Corner



Hello Clover Kids!

2023-2024
Clover Kids
Sign -Up
Spots still open at
some schools.
Cost is **ONLY \$50**

**National 4-H
Week is
October 6-12**
Please
participate in our
challenges
throughout the
week!



Clover Kids
starts in October...

Tuesday, October 1 Cardinal Group 1
Wednesday, October 2 Cardinal Group 2
Thursday, October 3 Pickwick
Monday, October 7 Seton
Tuesday, October 8 Fahrney
Wednesday, October 9 Eisenhower Group 1
Thursday, October 10 Eisenhower Group 2
Monday, October 14 Douma Group 1
Tuesday, October 15 Douma Group 2
Thursday, October 17 Ottumwa Christian
Monday, October 21 Eisenhower Group 3
Tuesday, October 22 Horace Mann Group 1
Wednesday, October 23 Horace Mann Group 2

Feel free to contact
Mrs. Duff with any
questions!

lrduff@iastate.edu

641-777-5135



**Thank you to
For the Love of
the Farm for
donating Pump-
kins to Clover
Kids this month
for our Lesson!
See attached
flyer..**

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



We will be saying the 4-H Pledge at the Beginning of each Clover Kids Meeting – Starting in November if your child has it memorized they will receive a 4-H prize!



IOWA STATE UNIVERSITY
Extension and Outreach

For the Love of the Farm

Hey Ya'll! Thanks for stopping by!
My name is Sarah McElderry and
this is my first year of growing
pumpkins! My husband and I met
back in high school but then
reunited over our love for farming.
We now farm in Southeast Iowa
with our two children Cohen and
Edith. On our farm we grow row
crops, livestock and now
pumpkins! I have always had a
dream to have a pumpkin patch
and this year my dream has
become a reality! I couldn't have
done it without my amazing and
supportive husband, A.J.



Use the code to stay
up-to-date
with what's going on
at the farm!

Clover Corner Continued...

This month Clover Kids are learning about Pumpkins are their life cycle. We read books on pumpkins, made a recipe using canned pumpkin, tried pumpkin seeds, played games with pumpkins and even created pumpkin slime! I would love it if you could print off this newsletter for your child to look at. We will be adding information to each newsletter along with other fun things that go with our lesson! If you make either the recipe that is in the newsletter or the one that was on the parent newsletter send Mrs. Duff a picture! I would love to see it!

Enchanted Forest Committee will be selling Ashby's cookies for our event soon. The top 10 cookie sales will win a Family Fun Pizza Party and Nerf fight night! Clover Kids will be bringing home their cookie forms in October. ALL money raised from this fundraiser helps improve & support our Expo.



Like and Follow our
Wapello County 4-
H Facebook Page!



IOWA STATE UNIVERSITY
Extension and Outreach

SPEND SMART. EAT SMART.®



Pumpkin Pudding

Serves Cost/Serving

👤 8 💰 \$0.44

Serving Size: 1/2 cup

INGREDIENTS

- 1 can (15 ounces) pumpkin
- 1/2 teaspoon cinnamon or pumpkin pie spice
- 1 1/2 cups nonfat milk
- 1 package (1 ounce) instant sugar free vanilla pudding

INSTRUCTIONS

- 1 Wash hands.
- 2 Mix pumpkin and cinnamon together with a wooden spoon in a large mixing bowl.
- 3 Slowly stir in milk and mix well.
- 4 Add instant pudding mix and stir slowly for about 1 minute until it thickens.
- 5 Refrigerate until serving time.

TIPS

Great as a snack or for dessert!



Print Recipe

Share



Nutrition Facts	
8 Servings Per Container	
Serving Size: 1/2 cup	
Amount Per Serving	
Calories	45
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrates 8g	3%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 1mcg	6%
Calcium 71mg	6%
Iron 1mg	6%
Potassium 181mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
NA* - We are currently in the process of integrating the new FDA Nutrition Standards. Added Sugar information is not currently available for the recipe. We will be updating the information shortly.	