



GROWS HERE

4-H FAMILY NEWSLETTER

January 2023

Happy New Year!

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YQCA

To celebrate the holidays, the Extension Office will be closed January 2nd. Happy New Years!

As we begin a new year, there are many goals set and dreams wished! I wish for all of you to have a very healthy and happy 2023!

As we set goals in 4-H, it's also a time to dream of projects that we could participate in 2023.

Did you know that there are guides for each project area in 4-H? That also suggests....

*Exhibits,
Communication topics,
Leadership ideas and
Service projects !!*

Check out this website that shares with you all these project ideas!

<https://store.extension.iastate.edu/product/15266>

Choose a new one in 2023! And share with us at the 2023 Tama County Fair!

ISU EXTENSION & OUTREACH TAMA COUNTY

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PO Box 308, Toledo, IA 52342
Phone 641-484-2703
FAX: 641-484-6178
OFFICE HOURS:
M-F 8:00 AM - 4:30 PM
<http://www.extension.iastate.edu/tama>

Jenny Hulme
TAMA COUNTY EXTENSION
County Youth Coordinator
jhulme@iastate.edu
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Find us on Facebook!

[ISU Extension and Outreach/4-H Tama County](#)

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IOWA STATE UNIVERSITY
Extension and Outreach

Animal News

BEEF WEIGH-IN ID's DUE FEBRUARY 1st



All Beef ID's need to be entered by members online at: <http://v2.4honline.com>

Save the Date—Tama County Cattlemen Banquet

February 25th with location to be determined

Tama County Pork Producer Banquet

January 14, Gladbrook

Don't forget to complete your YQCA training by June 15, 2023!!

More information on last page of the newsletter!

2023 NORTH CENTRAL IOWA YOUTH BEEF CONFERENCE

Saturday, January 28, 2023

Ellsworth Community College, Iowa Falls

All Youth Grades 4th-12th

“Conception-Parturition-Pre-Condition”

This educational program sponsored by Iowa State University Extension & Outreach and Ellsworth Community College for North Central Iowa is for youth who want to learn more about beef production. It will be held **Saturday, January 28**, at the Ellsworth Community College Ag & Renewable Energy Center, Iowa Falls, Iowa. The check-in begins at 8:30 AM and the program ends at 3:00 PM. **Youth must pre-register in [4hOnline](#) events, “2023 North Central Iowa Youth Beef Conference”.** Non-4-H members may register as a participant.

A variety of interactive workshops and sessions are planned that take a closer look at “Conception”: reproductive tracts, methods of breeding, and stages of pregnancy; “Parturition”: stages of birthing and calving problems; and “Pre-Condition”: weaning, processing, and feeding calves. **Participants can get YQCA certification at this event. To do that youth MUST also register for the North Central Iowa Youth Beef Conference 2023 at: <https://yqca.learn-grow.io/Account/Login>**

Cost is \$10.00, payable at check-in. Please **register by January 23** in [4hOnline](#).



For more information, please contact: Jackie Dohlman, Franklin County Youth Coordinator,

Club Volunteer NEWS



VOLUNTEER LUNCH AND LEARN WEBINAR SERIES

Iowa 4-H Youth Development is offering a Volunteer Lunch & Learn series! This consists of four brief 15-20 minute Zoom sessions that will dive into topics that you can apply into your role as an Iowa 4-H volunteer with your clubs or programs.

Zoom link: <https://go.iastate.edu/TOS64C>

January 6, Noon-12:20 PM | Incorporating Project Area Guides into Club Meetings

February 3, Noon-12:20 PM | 4-H Club Budgets & Fundraising

March 3, Noon-12:20 PM | Youth Mental Health & Wellbeing Resources

April 7, Noon-12:20 PM | Preparing Youth for the Fair

“DO ALL THE GOOD YOU CAN” CLUB CHALLENGE

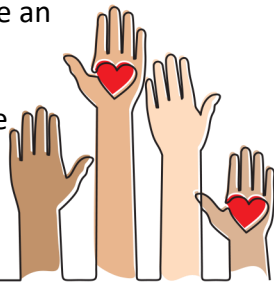
COMMUNITY SERVICE CHALLENGE

We are excited to announce the State 4-H Council newest service initiative, Do All the Good You Can. Sign up with the link below to receive bi-monthly service challenges to give back to your community! Your club or group will log hours or things donated. The counties with the most hours by Youth

Conference in June will receive an award. We look forward to hearing all of the good you are able to do this year!

Registration Link: [https://](https://form.jotform.com/)

form.jotform.com/



ANNUAL Leader's Training

The state required leader's training will take place on **Thursday, January 26 at 6-8 pm at the Tama County Extension Office.**

Please mark your calendars now! This is a required state training. In addition, we will cover county information.

This is for all leaders and shooting sports instructors.

NEW VOLUNTEER TRAINING

March 2, 2023, 6PM—9PM, Gladbrook

Or there are virtual trainings

New Volunteer Training is **required** within the first 12 months for new 4-H volunteers committing to a long term experience working with 4-H youth as club, project, Clover Kid leaders, and assistants.

Sign up for a training today:

<https://www.extension.iastate.edu/4h/>



PIONEER SEED CLUB GRANT

NOW OPEN FOR 2023

4-H clubs can apply for “seed money” from Pioneer in the form of grants of up to \$500. These grants are to be used by 4-H clubs for community improvement projects in their community.



Applications are **due to the county office by January 16th, 2023.** Awards announced mid-April. For application materials, tips, and more info check out the website here: www.extension.iastate.edu/4h/pioneergrants

Coming up!



4th-8th grade **LOCK-IN**

4th-8th GRADE LOCK IN

FEBRUARY 24-25, 2023 | 9:30PM-6:00AM

Marshalltown YMCA-YWCA

Open to ALL youth grades 4th-8th grade, Marshall, Hardin, Tama, and Grundy County—so bring a friend along! Adult Chaperones also needed.

EXPLORE... New games, meet new friends, find new adventures! Swimming, racket ball, basketball, board/card games—all waiting for you!

LEAD... Take part in team building activities with other youth!



IMPACT... Your community by taking part in a community service project during the Lock-In!!

Send your RSVP to the Tama Extension Office by February 17th. Cost: \$25.00

All non 4-H members must complete a health form before the day of the event.



ATTENTION SENIORS:



SCHOLARSHIP APPLICATIONS DUE MARCH 1ST

Are you an Iowa 4-H'er planning to attend college? The Iowa 4-H Foundation knows it's not easy to finance a college education, and we know that many Iowa 4-H'ers can use help achieving their educational goals. Consider applying for an Iowa 4-H Scholarship, funded by donors through the Iowa 4-H Foundation.

Designed to encourage Iowa 4-H members to continue their education beyond high school, our current scholarship program offers over **90** scholarships worth more than **\$100,000**. Scholarships range in value from \$250 to \$5,000. Thank you to the donors who make these scholarships possible! Read about the scholarships available at https://www.iowa4hfoundation.org/en/funding_for_4hers/scholarships/



Applications are available on-line and are **due before or on March 1, 2023**. Only one application form is needed for all Iowa 4-H scholarships. Eligible Iowa 4-H youth may apply for more than one scholarship, however, only one scholarship per individual will be awarded per academic year.



STATE 4-H NEWS

STATE 4-H RECOGNITION OPPORTUNITIES

State 4-H Recognition is the process in which senior 4-H members in **grades 9-12** can apply to be selected for special statewide opportunities such as awards and trips. The purpose of this event is to provide an avenue for youth recognition and to provide young people with an **opportunity to practice and grow leadership, communications, and college and career readiness skills** through application and interview activities.

The application deadline every year is **11:59 PM on February 1.**

For more information and to view all opportunities visit:

<https://www.extension.iastate.edu/4h/recognition-opportunities>

RECOGNITION PREPARATION STATEWIDE WEBINARS

Register through zoom by clicking on the links on this website:

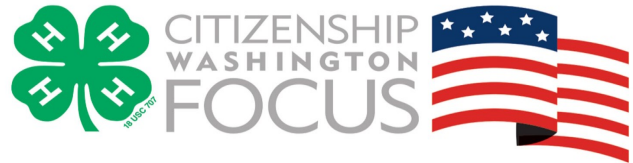
<https://www.extension.iastate.edu/4h/recognition-opportunities>

- **Writing a Recognition Day Cover Letter**
January 4, 5:30-6:30PM
- **Writing a Recognition Day Resume**
January 10, 5:30-6:30PM
- **Recognition Day Interview Preparation**
March 1, 5:30-6:30PM



CITIZENSHIP WASHINGTON FOCUS (CWF)

Deadline to Register is January 20, 2023



4-H Members in 9th-12th grades

CWF is a national 4-H high impact leadership and civic engagement program for high school youth (completed grades 9-12 at time of trip). Every summer teens from across the country gather in Washington, D.C., to learn what it means to be a strong leader in their community, country, and world. The Iowa delegation will travel to Washington D.C. by charter bus from **June 17-June 24, 2023.**

Registration Deadline: January 20, 2023

Trip Cost: \$2,300

This includes lodging, travel, tours, and many meals. The CWF [website](#) has information on possible sources of financial assistance.

For more information visit: www.extension.iastate.edu/4h/cwf

IOWA 4-H ENTHUSIASTS: CLOTHING AND SEWING PROJECTS!

9-12th grade youth are invited to expand their learning in the clothing and sewing project areas by joining Iowa 4-H Enthusiasts!

Partner with Iowa 4-H professionals and volunteers to advance your knowledge and skills in the project area while completing technical skill building challenges. Virtual meetings will be held on the fourth Monday of every month from 6:30-7:30PM Jan-Aug.

TO REGISTER: Log into your 4-H Online profile and visit the 4-H Events tab on 4-H Online. Questions? Please Contact the Iowa 4-H Enthusiasts

Team by emailing Bonnie Dalager at bdalager@iastate.edu.



Scholarships and Beef Queen

Tama County Cattlemen's Beef Queen

Applications are now being accepted for any young women interested in running for the 2023 Tama County Cattlemen's Beef Queen. The Beef Queen's duties include promoting beef, helping with grilling events and riding in parades around Tama County. If you would like an application please email Tyler at tbeenken@gmail.com. Applications are due Feb. 15th. Applicants are asked to attend the 2023 Tama County Cattlemen's Banquet, that will be held Feb 25th, location is still to be determined. Here an interview will take place and the winner will be crowned.

Tama County Cattlemen's Scholarship

High school seniors interested in applying for the 2023 Tama County Cattlemen's Scholarship please email Tyler at tbeenken@gmail.com for an application. To be eligible, family of applicant must be a paid Iowa Cattlemen's Association member. Applications are due April 1st.

Tama County Pork Producer Scholarship

The Tama County Pork Producers are offering two (2) \$1000.00 scholarships to Tama County Seniors.

Candidate must be a resident of Tama County. Candidates or parents must be members of the Tama Co. Pork Producers the current year. Membership dues are \$25.

Completed application and letter of reference **must be post-marked by February 18, 2023** and mailed to Sheryl Jesina.

More scholarship rules and application can be found at the Tama County Extension Office, ask your FFA advisors or school counselors or on the Tama County 4-H Website.

Great things happened in December

Toledo Techs, Clutier Cowboys and Cowgirls and Garwin Roughriders through a grant from the Deb & Jeff Hansen Foundation and Iowa Select Farms each distributed 24 bags of food (\$500 worth) and pork loins to GMG, North Tama and South Tama. Guidance counselors identified families that needed extra help! Great way to give!



What are 4-H Clubs and Clover Kids doing in January?

4-H clubs are going to learn "What's that you say?" Learning about how to protect our hearing and some basic sign language.

Clover Kids will be learning "Never to let a dinosaur scribble!"

For some clubs, they will be completing service projects or healthy living by going roller skating.



Gladbrook Clover Kids shared the Christmas spirit by having a Christmas Coloring Party at Westbrook Acres! Great job!

Calendar of Events

Mark Your Calendars

JANUARY 2023 All enrolled AND paid members will continue to receive the 2023 newsletter

January 15 9-12th grade County Council meeting at 2 pm (Extension Office)

February 1—Market beef must be entered by the member into 4honline

February 21 YQCA at Traer Library (6:30 pm)

February 24-25 (4-8th grade) Lock-In at the Marshalltown YMCA—YWCA

March 18 YQCA at Extension Office (9:00 am)

March 25 Swine Weigh-In

May 6 Sheep and Goat weigh-in

June 25 Clothing and Communications Event

June 27-29 Iowa 4-H Conference and Animal Science Roundup

July 5 Garden Judging

July 8 Fair Clean Up

July 10-16 Tama County Fair

Aug 10-20 Iowa State Fair



Fair Reminders

Fair 2023 is July 10-16, 2023

Theme to be announced later in year.

All 4-H members and Clover Kids must have attended at least three business meetings of their primary 4-H club by June 1, 2023 in order to exhibit at the 2023 Tama County Fair.

ALL animals must be identified in 4honline by May 15, 2023.

Tama County Entries are due June 15, 2023.

YQCA must be completed by June 15, 2023.

Communications—In order to be selected to the Iowa State Fair—you must have given your presentation at your club prior to the fair.

Horse Exhibitors - Are required to attend a pre-fair workshop. Workshop date will be announced.

Tama County Livestock and Fair Association meeting is January 23 at 7 pm at the Tama County Extension Office.

YQCA

Those 4-12th grade members exhibiting beef, swine, sheep, goats, dairy cattle, rabbit and poultry must be YQCA certified by June 15, 2023 in order to exhibit at the Tama County Fair. Can be completed online or at an in person training . **Coupons are available for the in person training by contacting the Extension Office (\$3 value)

<https://yqcaprogram.org/>

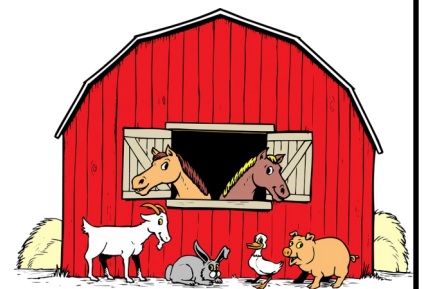
Dates for Tama County in person training are:

Tues. February 21—6:30-7:30 pm Traer Library

Sat. March 18—9:00-10:00 am Extension Office

April 5th will be a Bus Trip to Ames More information on the bus trip and how to sign up for training will be in future newsletters.

Put the dates on your calendar so you don't miss the deadline and aren't able to exhibit!





**TAMA COUNTY EXTENSION &
OUTREACH OFFICE**
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for consumers with home
and family questions*



www.extension.iastate.edu/answerline

1-800-262-3804 | Local: (515) 296-5883 | answer@iastate.edu

COVID-19 Statement: We are prioritizing the health and safety of Iowans and are following the most current federal, state, local, and university COVID-19 guidelines. Visit <https://www.extension.iastate.edu/vp/open-iowa> to learn our protocols to keep Iowans healthy and safe.

Event cost refund policy: Full refunds will be issued if an event is cancelled. NO refund will be given for participants who cancel less than 48 hours in advance or don't show up. Please see event registration pages for more event-specific restrictions.

Fees Statement: The fees for services will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program.

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