



# Tama County 4-H May Newsletter

Tama County Fair July 12-18, 2021

Quest To Be Your Best



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ISU Extension and Out-  
reach/4-H Tama County

**Iowa 4-H continues to  
care about everyone's  
health.**

**Please follow your  
leader's instructions on  
face coverings at all  
events.**

If you do not feel well,  
please do not attend your  
meeting/event. Let your  
leader know.

**We take serving Iowans  
seriously, which is why  
we are prioritizing the  
health and safety of our  
community and staff.**

**Is someone you care about  
having a hard time and you  
don't know what to say?**

Try saying something like:

It seems like something  
is up. Wanna talk?

I know you are going  
through some stuff.  
I just want you to know  
I'm here for you.

Are you alright?  
You don't seem  
like yourself.

Hey, it's been  
awhile since  
we've talked.  
What's been  
going on?

When you're  
ready to talk,  
I'm  
ready  
to  
listen.

You haven't  
wanted to  
hang out  
lately.  
Is there  
anything  
you want  
to talk  
about?

I know this might sound weird,  
but are you doing okay?

You've been kind of quiet  
lately. How are you doing?



Project STOMP is being supported by a Rural Opioid Technical Assistance grant [no. 1H79TI081893-01] from the Substance Abuse and Mental Health Services Administration.

As if life wasn't hard enough sometimes, we had to have a pandemic thrown at us. We know that the pandemic has had an effect on people's wellbeing and mental health. It has impacted all ages. Here are some helpful things you can say to someone you care about that is having a hard time.

**Reach out to them! If you need help, reach out!**

May is  
Mental  
Health  
Aware-  
ness  
Month

Iowa  
Concern  
Line  
800-447-  
1985



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"The fees for service will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program."

# Livestock News



## May 15 is the deadline to identify ALL Clover Kid and 4-H animals in 4honline

Only animals identified in 4honline will be allowed on the Tama County Fairgrounds. (Animals attended a weigh-in? New this year-the member is required to put the information into 4honline.)

- ➔ Make sure to complete all required questions and to click the submit button!
- ➔ Pictures are NOT required this year. (Except for horses exhibiting at State Fair)
- ➔ If you are both a 4-H and FFA member and are identifying animals FFA—DO NOT put your animals in 4honline! Contact your FFA advisor for a paper form.

<https://v2.4honline.com>

A step by step help sheet can be found here <https://www.extension.iastate.edu/tama/content/weigh-info>

### Breeding Heifers

Breeding heifers **MUST HAVE** a tattoo **AND** one other form of ID:

\*a registration number \* calfhood vaccination number \* 4-H tag.

If you are in need of a 4-H tag, you can pick one up at the Extension Office. Cost is \$1.25.



**Required for 4-H and FFA members who will be exhibiting at the Tama County Fair and State Fair.**

Swine, Beef, Dairy, Sheep, Goat, poultry, rabbit (includes all 4-H bottle animals)

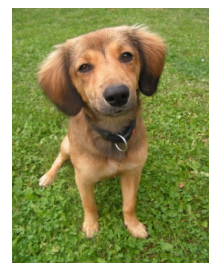
This training must be completed by **June 15, 2021.**

**Online** (cost is \$12) Complete on your own time and in the comfort of your home and own device. Or you can contact the Extension Office to use one of their devices.

**<https://yqca.learn-grow.io/Account/Login>**

### Dog Training

If you are interested in participating in the dog training, contact Sara at [saras@iastate.edu](mailto:saras@iastate.edu) by May 5th to set up a time.



# Congratulations Graduates



## Congratulations Graduates!!

This month of May, Tama County 4-H would like to congratulate the 4-H members who graduate this month. We appreciate their leadership and dedication to the 4-H program and wish them all the best in the path ahead of them.

From Buckingham Boosters: Dylan Hosek, Michael Frisbie

From Clutier Cowboys and Cowgirls: Ellie Behrens, Cecilia Jergens

From Garwin Roughriders: Frances Jackson, Stephenie Claussen, Jace Hlas, Angel Schewe

From Toledo Techs: Hope Werner

From Wolfcreek Whirlwinds: Conner Murty, Layne Murty, Ross Murty

From Young Guns: Tyler Caraccio, Rachel Silhanek, Daniel Steinmeyer



**A Special Thank you to the following who were committed in the Tama County 4-H Council during their high school years. These senior members showed great leadership in planning and leading activities for the county and will continue to do so this year at the fair.**

**Dylan Hosek, Frances Jackson, Stephenie Claussen, Jace Hlas, Hope Werner, Conner Murty, Layne Murty, Ross Murty, and Rachel Silhanek**

# Respect your Leaders



As we quickly approach fair, please reach out to your leaders with your questions. They all have much experience with 4-H and fair. They will be asking for parent and member help at the fair with club booth, trash clean up, clean up before and after the fair, hosting the building.

\*\*\*Please also remember to respect their time and space. 4-H leaders are also parents and they deserve the time to help their own children prepare for fair. They are not responsible to do all the above jobs at the fair, so please step up and help them out so that they can spend time watching their children's shows at the fair.

**Your leaders do so much all year long!**

**Let's all step up and help each other out during the 2021 Tama County Fair!**

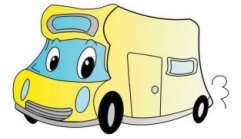


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Extension and Outreach

# Tama County Livestock and Fair Association

## Camping Registration/Money

The 2021 Tama County Fair Camping registration form and payment must be completed by May 15. You can mail or drop off the registration/money to the Tama County Extension Office.



\*\*Please note: The campground is organized by the Tama County Livestock and Fair Association. Checks are to be made payable to the Association.

Any questions, please email [tamacofair@gmail.com](mailto:tamacofair@gmail.com). The Tama County Extension Office does not have any additional information about the campground.

## Fair Queen

Applications are available for the 2021 Tama County Fair Queen. Judging is based on personality, attitude, leadership, citizenship, contribution to community, overall appearance, charm and pose. The Tama County Fair Queen will represent Tama County at the Iowa State Fair queen competition. **Applications due June 1.**

Application can be found on our website at <https://www.extension.iastate.edu/tama/4h> in the fair information box or contact Deb Kupka at 319-231-3124.

*The Fair Queen Competition is sponsored by the Tama County Livestock and Fair Association.*



**Katelyn Kucera**

**2019 Tama County Fair**



## Scholarship

The Tama County Livestock and Fair Association "Tama County Fair Scholarship" was established to recognize outstanding high school students who participate in the Tama County Fair through either 4-H or FFA programs.

Two \$500 scholarships will be awarded annually provided minimal requirements\* are met.

Application can be found on our website at <https://www.extension.iastate.edu/tama/4h> in the fair information box.

Mail applications to: Codi Groth, Tama County Fair Secretary, PO Box 243, Toledo, IA 52342.

**Applications must be postmarked June 15 to be considered.**

## Fair Challenge "Recycle, Rescue, Restore or Reuse"

Team up and work as a group or club, work all by yourself, or invite someone in your communities to get involved. All 4-H Clubs and FFA Chapters are encouraged to create a club/chapter entry. Take any old item and create something new! All challenge entries will be auctioned off at the Tama County Fair Opening on Tuesday (July 13th). All proceeds will go to the Tama County Fair Association Scholarship Fund! Email the Tama County Livestock and Fair Association for more information [tamacofair@gmail.com](mailto:tamacofair@gmail.com)



# Deadlines and Upcoming Dates!!

May 15 Fair Camping forms & payment due

**May 15 —ALL Animals ID in 4honline (Clover Kid and 4-H)**

June 1 Tama County Fair Queen Contest Application Due

**June 15—Tama County Fair Entries due by 4:30 p.m.**

June 15 YQCA Completed

June 15 Tamco Breeding Heifer Forms Due

June 15 Tama County Fair and Livestock Association Scholarship Due

June 27 Clothing & Communications Event

**July 1 State Fair Entries Due**

July 7 Garden Tour and Herd Builder Contest

July 10 Fair Clean Up

**July 12-18 Tama County Fair**

August 12-22 Iowa State Fair



**Don't forget!!!**

Clover Kids and 4-H members must attend at least 3 of their club's business meetings in order to exhibit at the Tama County Fair. This must be completed by June 1. Contact the Extension Office if you need to make other arrangements.

**Tama County  
4-H Website**

[https://  
www.extension.iastate.edu/  
tama/4h](https://www.extension.iastate.edu/tama/4h)

Look in the Fair Information box for lots of fair info!!!

YQCA info too! Upcoming events.

Clothing/Communications/Garden will be updated soon.

## Helpful 4-H resources

Join 4-H	Upcoming 4-H Events	
Clothing & Communications Day	Fair Information	Non 4-H Member Medical Release Forms
Monthly Newsletters	Recordkeeping & Project Awards	Scholarship & State Recognition
Project Help Sheets	Animal Identification Process Due June 1	Senior Spotlight form
Officer information	Feeder Pen	Weigh-In
Tama County 4-H Clubs	Garden Tour	YQCA

# Fair Books and Entries

Fair books have been printed and will be handed out at your May Club meetings.



## Fair Entry Forms

Included in the fair book is the fair entry form. Every member (Clover Kids and 4-H) must complete this form to make your fair entries. (If you are in 4-H and FFA—you must complete a form for 4-H entries and another for FFA entries).

Fee is \$1.00 per entry. (Clover Kids—there is no fee).

\*\*\*Remember: Every entry must be written down and paid for (example—you are going to bring 4 photos—you must write that down 4 times and pay \$4.00)

Where it says Fair Book Number—that means the class number.

The Entry Form is also on our website.

Make sure to double check you have a class for each animal you plan to bring to the fair. If there is not a class listed, that animal will not be allowed to enter the fair.

## All Fair Entries are due June 15, 2021

### Ways to Turn in your Entry Forms.....

**1) Mail your entry forms to:** Tama County Extension Office, 203 West High Street, PO Box 308, Toledo, Iowa

**2) Drop off your entry forms at the office.** Extension Office is open Monday thru Friday, 8 am to 4:30 pm. **NEW THIS YEAR—During May and June, the Extension Office will be open until 6 pm on Wednesday.** Great time to get questions answered and help with your entries, fair write ups, sign up for camps, and more!

**3) Drop off your entry forms at the office after hours in the drop box.** USE CAUTION: If you use the drop box and rain is in the forecast, put your forms in a plastic bag. The drop box does get wet.

Make your checks payable to: Tama County Livestock & Fair Association

No late entries will be allowed.



# State News



## IOWA 4-H YOUTH CONFERENCE

June 29-July 1, 2021

**Tama County attends June 30**

### "Quest to Be Your Best"

Youth participants will get to attend workshops throughout campus, hear from a keynote speaker, participate in team building activities, network with others from around the state, participate in service-learning opportunities, and more!

#### NEW for 2021

- 1-day event held 3 times, each event taking place at Iowa State University in Ames
- Open to Iowa 4-H youth in 8-12th grades
- Animal Science Round Up will be a part of this event
- Registration will open in April

[www.extension.iastate.edu/4h/iowa4hyouthconference](http://www.extension.iastate.edu/4h/iowa4hyouthconference)



<https://www.extension.iastate.edu/4h/iowa4hyouthconference>

## Pop Tabs for Jacy 2021



The 2020-2021 State 4-H Council wants to carry on Jacy McAlexander's legacy of service through its annual pop tab collection initiative.

Jacy was a 2017-18 State Council member who passed away in 2018 following his courageous battle with Ewing's Sarcoma.

The goal is 2,021 pop tabs, as Jacy would turn 21 in September 2021.

**\*\*Tell family and friends to start collecting their pop tabs.\*\***

Donations can be brought to the Tama County Extension Office by June 28. All tabs collected will be taken to Ames to join the other donations from across the state.

**Collect your Pop Tabs for Jacy!**

## Citizenship Washington Focus (CWF)

9-12th grade 4-H members—register now for this virtual opportunity to participate in National 4-H Council's premier leadership and citizenship program for high school age students. While it typically takes place in Washington, DC, this year it will be held in a virtual format.

Elevating youth voice and strategies for being effective change agents are the focus of the entire five-week virtual CWF experience. Sessions will take place once a week, for 5 weeks, beginning Sunday, June 20, 2021, for a few hours each of those days.

The fee to participate is \$250 per delegate which will include a swag bag and participant materials. Youth are encouraged to apply for financial assistance through the Iowa 4-H Foundation.

Registration is open in 4honline with a deadline of June 1.

### 2021 CWF VIRTUAL PROGRAM

Elevating youth voice and strategies for being effective change agents are the focus of the entire five-week virtual Citizenship Washington Focus experience. Sessions will take place once a week, for 5 weeks, beginning Sunday, June 20, 2021. Open to 9-12th graders.

Each week will explore new topics in these areas:

- Week 1: June 20 - 6-9 PM ET – Empathy, Active Listening & Civil Discourse**
- Week 2: June 27 - 6-9 PM ET – Exploring National Topics**
- Week 3: June 5 - 6-9 PM ET – A Local Focus**
- Week 4: July 11 - 6-9 PM ET – Change Making Strategies**
- Week 5: July 18 - 6-9 PM ET – Action Plan Symposium**

<https://www.extension.iastate.edu/4h/cwf>



Tama County Extension and  
Outreach Office  
203 W. High Street  
P. O. Box 308  
Toledo, IA 52342-0308

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## IOWA CONCERN *hotline*

Stress counseling, legal  
education, financial concerns



**800-447-1985**

**ANSWER  
LINE**

*Information and resources  
for consumers with home  
and family questions*



[www.extension.iastate.edu/answerline](http://www.extension.iastate.edu/answerline)

1-800-262-3804 | Local: (515) 296-5883 | [answer@iastate.edu](mailto:answer@iastate.edu)

**COVID-19 Statement:** We are prioritizing the health and safety of Iowans and are following the most current federal, state, local, and university COVID-19 guidelines. Visit <https://www.extension.iastate.edu/vp/open-iowa> to learn our protocols to keep Iowans healthy and safe. Participants are strongly encouraged to wear a cloth face covering when in the presence of others and unable to maintain a six-foot physical distance.

**Event cost refund policy:** Full refunds will be issued if an event is cancelled. NO refund will be given for participants who cancel less than 48 hours in advance or don't show up. Please see event registration pages for more event-specific restrictions.

**Fees Statement:** The fees for services will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program.

**Justice Statement:** This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext).