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ISU EXTENSION & OUTREACH TAMA COUNTY

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 M-F 8:00 AM - 4:30 PM
<http://www.extension.iastate.edu/tama>

4-H FAMILY NEWSLETTER

December 2021

Greetings Tama County 4-H Families!!

Welcome December! As the weather continues to grow colder, may your hearts be warmed with peace, joy, and love.



We are so close to the end of 2021 and with that, means that if you are not enrolled and paid by December 31, 2021, you will be removed from the newsletter mailings. So make sure to get enrolled and paid to continue to receive important information! Fee for 4-12th graders is \$30.00.

As we approach weigh-ins, make sure that you are enrolled in the animal project areas. That is the only way that we will send you letters about the weigh-ins. If you cannot add a project area, just contact the Extension Office and we will add you!

Enjoy your time off of school. Set some goals! It's a great time to start thinking about projects and exhibits!

The Extension Office will be closed December 23, 24, 27 and 31. Happy Holidays!



Jenny Hulme
 TAMA COUNTY EXTENSION
 County Youth Coordinator
jhulme@iastate.edu
 641-484-2703

Find us on Facebook!
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IOWA STATE UNIVERSITY
 Extension and Outreach

WINTER ACTIVITIES REMINDER



Is your club planning to go skiing, snowboarding, sledding, ice skating or do another outdoor recreation activity this winter? Most winter activities involve some risk, so Iowa 4-H requires a special Waiver of Liability. This must be obtained from the Extension Office, read carefully and signed by each participant and the parent or legal guardian (if the participant is under age 18). These forms must be returned to the Extension Office before the planned activity.

Call the Tama County Extension Office at 641-484-2703 or jhulme@iastate.edu.

Clothing and Sewing Projects

Iowa 4-H Enthusiasts: Clothing and Sewing Projects is designed for 9-12th grade 4-H youth. To enroll in this opportunity, youth should have basic sewing experience, or participated in the project area for at least one year. Youth must also be enrolled in a county 4-H club or hold independent membership with a county program. This is an opportunity for youth to gain project area skills in addition to being an active member of your 4-H club. Youth registration must be completed by January 3, 2022. To register, 4-H members log into their 4-H Online profile and visit the 4-H Events tab on 4-H Online. There is no cost to register to participate and some project materials will be provided to enthusiasts. Questions? Please contact the Iowa 4-H Enthusiasts: Clothing and Sewing Projects team by emailing Bonnie Dalager at bdalager@iastate.edu.

Officer Training

Each year as new officers are elected, we encourage them to attend a training.

Trainings help officers to learn their role, which also helps the club to run smoother and follow procedure.

Trainings will only be 45 minutes so we will be holding the sessions virtually through zoom.

All officers will be sent an email link the day before the training. Please plan on attending to learn more about your position.

Thurs, Dec 2nd at 7:30 pm for Presidents and Vice Presidents

Thurs, Dec 9 at 7:30 pm for Secretary and Treasurer

Thurs, Dec 16 at 7:30 pm for Secretary and Treasurer

Leaders

Thank you to all the leaders that attended our yearly training on November 9th. If you did not attend, information will be sent to you in January to complete this online.

New leaders—check out these dates for the required training. In addition to this training, there are a series of trainings to complete through 4honline.

Check out the dates and Register online at <https://www.extension.iastate.edu/4h/volunteertraining>

Gift Making at Traer Public Library OR Take and Make

For Kindergarten—5th graders! December 15th (3:00-4:30 pm) at the Traer Public Library Or Reserve your Kit to Take and Make at Home!

Cost is \$10.00 (for supplies and snack)

We will be creating 3 gifts, complete with gift wrapping. Deadline to register is December 10th.

Can't attend this workshop but would like to make the gifts! Order a Take and Make Gift Making Kit! Same price and same registration deadline. Kits will be available for pick up on December 15th or make arrangements with Jenny.



COMING UP THIS WINTER

YQCA

Youth for the Quality Care of Animals

All 4-H (no Clover Kids) livestock exhibitors are required to be YQCA certified for county and State Fair exhibition for the following:

* Beef * Dairy Cattle/Dairy Goat * Meat Goat
* Poultry * Rabbit * Sheep * Swine

****THIS MUST BE COMPLETED BY JUNE 15, 2022 in order to exhibit at the Tama County Fair.**

Training can be completed online (cost \$12)
<https://yqca.learn-grow.io/Account/Login>

Or can be completed at an in person training (cost \$3). Must pre-register online (see website above). Coupon code for the in person training available by contacting the Extension Office.

There are NO coupons for the online training.

Mark your calendars for these in person trainings

Wed. Dec 29th at 1-2:30 pm (Peace Church, Gladbrook)

Sat. Jan 15th at 9-10:30 a.m. (Tama County Extension Office)

Tues. Feb. 22 at 7-8:30 pm (Traer Public Library)

Sat. Mar. 19 at 9 –10:30 a.m. (Tama County Extension Office)



BEEF WEIGH-IN



Thursday, December 23

8:30 to 11:00 am

Tama County Livestock Auction

1908 E 5th St, Tama

Snow date, December 24

A letter will be mailed to all beef exhibitors on December 1 with more information. Make sure that you have indicated an interest in the beef project in 4honline. If you do not receive a letter, contact the Tama County Extension Office.

This weigh-in is for all market beef.

Breeding beef are required to have a tattoo and one of these IDS: 4-H tag, calfhood vaccination tag or registration number. If you need a tattoo and/or 4-H tag, come to the weigh-in.

If you cannot attend this weigh-in, contact the Tama County Extension Office to make other arrangements. DO NOT call other Extension Offices.

Upcoming

Service Idea!

We are assembling chili kits for the food pantry! If you would like to help contribute to this project, we are using the following ingredients and enclosing a recipe card from "Spend Smart. Eat Smart" with directions to make this easy meal. Please bring canned whole kernel corn, canned chili beans in sauce, diced tomatoes, or saltine crackers to our office by Dec 15. We will then put together a kit containing the ingredients, the recipe, and a sleeve of crackers to eat with it. See the recipe here. Note, we are subbing chili beans for the black beans. <https://spendsmart.extension.iastate.edu/.../three-can.../>



Swine Royalty

Interested in becoming
Tama County Pork Producers ROYALTY?



Age Guidelines:

| | |
|---|--------------------------------|
| Tama County Pork Queen | 16 to 18 year old girls |
| Tama County Pork Princess | 13 to 15 year old girls |
| Tama County Pork Ambassador | 13 to 18 year old boys & girls |
| <small>*age as of annual Tama County Pork Banquet</small> | |

Requirements:

Be a willing spokesperson and representative of the pork industry.
For more information, please contact Samantha DeWitt, 515-297-0500

Applications are due December 15th and can be found on our 4-H website in the upcoming events box.



Save the Date—Pork Producer Banquet

If you participated in the 2021 Tama County Pork Producer Program, mark your calendars for January 15, 2022 for their yearly banquet. More information to come.

Winter Break 4-H Night with the Waterloo Blackhawks!

Discounted tickets for 4-H members and their families while everyone enjoys the holidays!



Tuesday, December 28th vs Sioux City
Puck drops at 7:05 pm

Tickets are just \$10.00!

We would love to have a group of Tama County 4-H attend together! Want to go? Contact Jenny by 4:30 pm December 21. Tickets will be ordered and make payment to the Extension Office! Let's show the Waterloo Blackhawks some support and have fun together as Tama County 4-H!

STATE 4-H NEWS

SENIOR SCHOLARSHIPS

Are you an Iowa 4-H'er planning to attend college? The Iowa 4-H Foundation knows it's not easy to finance a college education, and we know that many Iowa 4-H'ers can use help achieving their educational goals. Consider applying for an Iowa 4-H Scholarship, funded by donors through the Iowa 4-H Foundation.

2022 College Scholarships

NOW OPEN

Apply Today

www.iowa4hfoundation.org/scholarships

Designed to encourage Iowa 4-H members to continue their education beyond high school, our current scholarship program offers over **90** scholarships worth more than **\$100,000**. Scholarships range in value from \$500 to \$10,000. Thank you to the donors who make these scholarships possible! Read about the scholarships available at <https://www.iowa4hfoundation.org/>

Interested in making a contribution toward a scholarship? Contact Emily Saveraid at 515-294-1552 or via email



NATIONAL 4-H AGRI-SCIENCE YOUTH SUMMIT

MARCH 10-13, 2022
WASHINGTON D.C.

Participants connect with youth and experts from across the country developing the skills and knowledge needed for challenges facing agriculture, food, security, and sustainability.



WWW.EXTENSION.IASTATE.EDU/4H/NATIONAL-YOUTH-SUMMITS

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JUDGES TRAINING

VIRTUAL JUDGES TRAINING OFFERED

Ever wonder what it takes to be a 4-H judge at county fair? Do you have an interest or expertise in a certain project area? Attend a virtual judges training!



REGISTER

FOR **JUDGES TRAINING**

Individuals interested in becoming a 4-H exhibit judge and current judges who would like a refresher or expand their areas of judging, should attend a free judges training.

To judge 4-H exhibits at any county fair or state fair event, training is required and available for free. The training content applies to all static judges and all categories.

Upcoming Judges' Training Opportunities:

Iowa 4-H Judges FCS Content Area Training
January 4, 2022, 7pm-8pm | [Register Here](#)

Iowa 4-H Judges Communications Training for Static Judges
January 6, 2022, 7pm-8pm | [Register Here](#)

Iowa 4-H Judges Photography Training
January 11, 2022, 7pm-8pm | [Register Here](#)

Iowa 4-H Judges Personal Development Training for Static Judges
January 13, 2022, 7pm-8pm | [Register Here](#)

More dates and information for upcoming judges trainings and online resources can be found at: <https://www.extension.iastate.edu/4h/iowa-4-h-judges>

DID YOU KNOW?

Project Areas

Each month we will highlight project areas that you might be interested in but didn't know much about!



Use the consumer management project to get more bang for your buck! Find out how to use your money to get the things you want and need.

Ideas for this project: Identify needs and wants and how you spend your money on each. Compare return policies of

different vendors stores and online. Compare warranty policies on different brands and stores for similar items. Study the costs of fraud. Design a poster comparing similar products. Organize a fundraiser for a cause that you believe in. Do a presentation on different internet shopping sites and the value or concerns with those.



From treating bug bites to finding safe playgrounds to starting a kids walk to school program, the 4-H health project area helps you explore health and wellness in your personal life as well as your home, club, community, country and world.

Ideas for this project: Learn how to take care of your own physical, emotional, social, financial, and environmental wellbeing. Learn about environmental issues as they affect health. Develop a family safety plan. Learn about careers in the healthy field. Teach your club a new game to raise their heart rates. Organize a project to assemble first aid kits. Demonstrate how to make a nutritious snack.

For more information on this project and others, check out this website:

<https://store.extension.iastate.edu/product/15266>

Clothing

Do you like to go shopping for clothes? Do you like to sew? This is the project for you! The 4-H Clothing Event is for 4-H members who are interested in showcasing apparel design and production knowledge.

- **Fashion Revue Class:** Members model an outfit of one to three pieces that they have constructed, hand-knitted, machine-knitted, or crocheted during the current 4-H year.
- **\$15 Challenge Class:** Members model an outfit purchased for \$15 or less from resale venues (garage sales, consignment or thrift stores, etc) that represents an intended use for the selected outfit. A receipt is required.

Clothing Selection Class: Members select or purchase outfits that represent the 4-Her's goal or intended use, based on individual or group experiences in choosing shopping alternatives, evaluating fit, quality and construction features, price and cost comparison.



County Upcoming Events

Mark Your Calendars

Dec 15 Traer Library Gift Making (3-4:30 pm) OR Purchase a kit at the Extension Office

Dec 23 Market Beef Weigh-in (Snow date of Dec 24)

Dec 31 Deadline for 4-H Enrollment to continue receiving newsletters

Feb 2, 16 and March 2—Early Out at GMG—Mindful Teen Program for 7-9th graders

More information to come

Feb 25-26 Lock-In

4-8th graders mark your calendars for a lock-in at the Marshalltown Y!

We will start at 9:30 pm on Feb 25th and end at 6 am on Feb 26th. Swimming, lots of games, gym time, board games, community building, service project, food and more! Info for registration to come

March 19 Family Fun Night at Traer Memorial Building— Mark your calendar!

March 23 Legislative Trip

This day trip for 7-9th graders will have us exploring the Capitol, Judicial Center and more.

March 26 Swine Weigh-in

April 30 Sheep and Goat Weigh-in

May 15 ALL Animal ID's due in
4-H Online

June 15 Tama County Fair Entries Due

June 26 Clothing and
Communications Event

July 6 Garden Judging

July 9 Fair Clean Up

July 11-17 Tama County Fair

Aug 11-21 Iowa State Fair



Fair Information

Dates for Tama County Fair are July 11-17, 2022

All 4-H members and Clover Kids must have attended at least three business meetings of their primary 4-H club by June 1, 2022 in order to exhibit at the 2022 Tama County Fair.

Tama County Entries are due June 15, 2022.

Communications—In order to be selected to the Iowa State Fair—you must have given your presentation at your club prior to the fair.

**Tama County Fairboard premium checks were distributed at the October club meetings. If you did not receive your check, contact your club leader.

****CASH YOUR CHECKS IMMEDIATELY!!**

Tama County Livestock and Fair Association
December meeting is December 13 at 7 pm.



TAMA COUNTY EXTENSION &

OUTREACH OFFICE

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COVID-19 Statement: We are prioritizing the health and safety of Iowans and are following the most current federal, state, local, and university COVID-19 guidelines. Visit <https://www.extension.iastate.edu/vp/open-iowa> to learn our protocols to keep Iowans healthy and safe.

Event cost refund policy: Full refunds will be issued if an event is cancelled. NO refund will be given for participants who cancel less than 48 hours in advance or don't show up. Please see event registration pages for more event-specific restrictions.

Fees Statement: The fees for services will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program.

Justice Statement: This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.