

Babysitting Program Checklist:

_____ Review Student Guide and complete modified worksheets

_____ View videos about first aid, hands only CPR, and choking emergencies. The videos help provide a basic understanding of steps to take in related health or emergency situations. Never practice these skills on a person. Only implement if needed during an emergency. Note, these videos do not provide first aid and cpr certification. First Aid and CPR certification requires additional time for training through a program of your choice.

_____ Review Ages & Stages resources and complete the related worksheet

_____ View the parent/infant videos for infant care information

After completing the above items:

_____ Email Mary Wilkins, Youth Outreach Coordinator, at mwilkins@iastate.edu to participate in one WebEx Babysitting Session. These will be offered on Thursdays at 3 pm and last no longer than one hour.

_____ Complete the online Babysitting Quiz. This will be emailed to you after completing the WebEx session.

_____ Babysitting certificate will be emailed to you upon completion of the above steps.

Thank you for participating and having Story County ISU Extension and Outreach be

#partofyourStory

Additional Extension resources are available at www.extension.iastate.edu/story