About Story County Extension........

**VISION** ISU Extension and Outreach will advance land-grant values by engaging all Iowans in solving today’s problems and preparing for a thriving future.

**MISSION** ISU Extension and Outreach builds a strong Iowa by engaging all Iowans in research, education, and extension experiences to address current and emerging real-life challenges.

**CORE VALUES** The Extension Professional’s Creed embodies ISU Extension and Outreach’s core values for building a Strong Iowa in partnership with all Iowans.

**CONTACT STORY COUNTY EXTENSION:**

- **515-337-1601**
- **xstory@iastate.edu**
- **www.extension.iastate.edu/story**

Meet our Staff..

Front Row, Left to Right:
Stefanie Daniels, *Nutrition Program Coordinator*
Michaela Van De Berg
*Ag & Natural Resources Program Coordinator*
Eugenia Hartsook, *Regional Director*

Back Row, Left to Right:
Mary Wilkins, *Youth Outreach Coordinator*
Amber Wengert, Marketing and Office Coordinator
Jess Soderstrom, 4-H Youth Outreach Coordinator
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**COMMERCIAL MANURE APPLICATOR TRAINING**

**6 | 9:00 AM-12:00 PM or 1:00-4:00 PM**

The Manure Applicator Certification Program (MAC) is a mandatory program based on state law that requires all commercial manure applicators and confinement site manure applicators with more than 500 in confinement to attend annual training. This training is to handle, transport, or land-apply manure. ISU Extension and Outreach works in cooperation with the Iowa Department of Natural Resources to provide the required training. Pre-registration is required.

Pre-Register for either of the in-person sessions held at the Story County Extension Office with Michaela Van De Berg at 515.337.1601 or mvandb@iastate.edu

**12 PLAN, SHOP, SAVE, COOK**

Four Week Series

January 12-February 2 | 6-7:00 PM

Join us for a FREE series at the Story County Extension office where we will learn to plan meals ahead, save money at the grocery store, understand food labels, cook healthy meals and snacks and much more!

Childcare with educational activities will be provided.

To enroll contact Stefanie Daniels, Nutrition Educator, at 515.337.1601 or stefdan@iastate.edu

*Participants must meet income requirements*
1 HOUSEPLANT PROPAGATION WORKSHOP
Story County Extension | 6:00-7:00 PM
Growing houseplants is a popular hobby and growing plants indoors creates, calm, welcoming, and beautiful spaces. When houseplants get large or more plants are desired, many can be easily propagated. Learn how to propagate your own houseplants utilizing techniques like cuttings, division, and layering. This interactive presentation will have you creating more plants to give to friends or create your own jungle.

This workshop will have a small fee to cover supplies. Please pre-register with Michaela Van De Berg at 515.337.1601 or mvandb@iastate.edu.

COMMERICAL AG PESTICIDE APPLICATOR TRAINING
9 | 9:00 AM-11:30 AM or 1:00-3:30 PM
11 | 9:00 AM-11:30 AM or 1:00-3:30 PM
18 | 9:00 AM-11:30 AM or 1:00-3:30 PM
For applicators needing yearly certification for categories 1A, 1B, & 1C.
Fee: $35 pre-registered; $45 late registration
Pre-registration is required by February 2nd. To register contact Michalea Van De Berg at 515.337.1601 or mvandb@iastate.edu.

All sessions will be held at the Story County Extension Office.

SEED TREATMENT PESTICIDE APPLICATOR TRAINING
16 | 9:00 AM-11:30 AM or 1:00-3:30 PM
25 | 9:00 AM-11:30 AM or 1:00-3:30 PM
For applicators needing yearly certification for category 4.
Fee: $35 pre-registered; $45 late registration
Pre-registration is required by February 9th. To register contact Michalea Van De Berg at 515.337.1601 or mvandb@iastate.edu.

INTERACT PROGRAM
For Adults and Children (3rd-6th Grade) Virtual Series Jan 31-March 9
During the six week program, your family will focus on living a life that follows your values, setting goals to reach new highs, learning new tools to connect with each other, how to overcome difficult thoughts and feelings, and much more!

Adults complete one self-paced session each week whenever they choose and attend one hour-long Zoom session each week to put what they’ve learned into practice and have discussions with peers. Foster parents earn one credit for attending the one-hour class and six credits for completing the six-week program.

Children attend one hour-long Zoom session each week where they learn helpful life skills, connect with peers, and reflect on their personal values and behaviors. Children must be in 3rd - 6th grade to participate.

For questions or interest in participating in the program, please contact cyfar@iastate.edu.
**16** ADVANCED SEED STARTING LIVE STREAM

Story County Extension | 6:00-7:00 PM

Join us in person to watch this Live and interact with other garden enthusiasts. We will discuss the germination of temperate or tricky species.

There is no charge for this session. Please pre-register to Michaela Van De Berg at 515-337-1601 or mvandb@iastate.edu.

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1 PRIVATE PESTICIDE APPLICATOR TRAINING

ISU Economic Development Core Facility
Ames | 9:30 AM-12:00 PM

For private pesticide applicators needing yearly training.

The fee per applicator is $20, pre-register with Michaela Van De Berg at 515.337.1601 or mvandb@iastate.edu.

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**2** ORNAMENTAL & TURFGRASS CONTINUING INSTRUCTION COURSE

| 9:00 AM-11:30 AM

For applicators needing yearly certification for categories 3O, 3T, 3OT.

Fee: $35 pre-registered; $45 late registration. Pre-registration is required by February 25th. To register contact Michaela Van De Berg at 515.337.1601 or mvandb@iastate.edu.

All sessions will be held at the Story County Extension Office.

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**3** THE SCIENCE OF PARENTING: POSITIVE DISCIPLINE

Online | 7:00-8:00 PM

Guidance and discipline is often voiced by parents as their number one concern. If you are an adult caregiver of children ages 0-18 years, this workshop will help you see positive discipline as an opportunity to build positive parent-child relationships. You will learn about the difference between discipline and punishment as well as how to increase strong parent-child relationships. Three strategies for positive discipline and the use of Stop. Breathe. Talk will also be introduced.

For more information and registration please visit the website: [https://bit.ly/3eirCx2](https://bit.ly/3eirCx2)
8  STARTING A CUTTING GARDEN
LIVE STREAM
Story County Extension | 7:00-8:00 PM
Join us in person to watch this Live and interact with other garden enthusiasts. In this session you will learn about designing, starting seeds, planting, spacing, maintaining, and harvesting different species suitable for cutting.

There is no charge for this session. Please pre-register to Michaela Van De Berg at 515-337-1601 or mvandb@iastate.edu.

10  SERVSAFE® FOOD SAFETY
TRAINING
Story County Extension Office
8:30 AM-5:00 PM
ISU Extension and Outreach partners with the Iowa Restaurant Association to provide the ServSafe® program. Whether you are a food service manager or an employee, using current best practices in safe food handling is essential to keep your food establishment in compliance and protect the health of both customers and staff. You’ll have the opportunity to take an exam to be certified as a Food Protection Manager.

Fee: $160 ($110 if a member of the Iowa Restaurant Association) There is also a $60 option for exam only.

Register by February 17th: https://www.extension.iastate.edu/humansciences/servsafe

22  PLAN, SHOP, SAVE, COOK
Four Week Series
March 22-April 19 | 1:00-2:00 PM
Bethesda Lutheran Church, Ames
Join us for a FREE four week series where you will learn to plan meals ahead, save money at the grocery store, understand food labels, cook healthy meals and snacks and much more!

To enroll contact Stefanie Daniels, Nutrition Educator, at 515.337.1601 or stefdan@iastate.edu *Participants must meet income requirements*
ADULT PROGRAMMING

April

6 A JOURNEY THROUGH PARKINSONS DISEASE
Three Week Series
April 6th-20th |10:00-11:00 AM
Ames Public Library
If you’re struggling with Parkinson’s disease or know someone who is, it’s helpful to know where to find support on the journey. Learn about the causes and symptoms of Parkinson’s disease, and how treatments work, as well as therapeutic activities to do at home.

Register for these 1-hour workshops by visiting the website: https://bit.ly/33Sondx

MASTER CONSERVATIONISTS

Thursdays, April 21- June 2 |5:30-8:30 PM

The Master Conservationists program is working to “plant the seeds of conservation” in Iowa through an intensive educational curriculum that blends online conservation leaders and passionate citizens.

Fee: $75 per participant

To register contact Michaela Van De Berg, at 515.337.1601 or mvandb@iastate.edu

May

MENTAL HEALTH FIRST AID

Online |9:00 AM-3:00 PM

This 2-hour self-study course plus 6-hour virtual instructor-led certification training will teach you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

To register for this training please visit the website: https://bit.ly/3sGwKUa

Agribusiness professionals, advocates, and commodity groups can use the code AGPRO to register at no cost.
Year Round Adult Programming

Iowa State University Extension and Outreach offers a variety of year round adult programming that will fit any schedule. Highlighted below are a few of our program offerings. To see all of our offerings visit: https://bit.ly/StoryCountyCalendar

BUY.EAT.LIVE.HEALTHY

Meet with our Nutrition Educator individually or in a small group and learn how to make healthy habits easier.

We can help you:

- **Save Money** - shop and waste less food
- **Save Time** - at the store and in the kitchen
- **Help Picky Eaters** - try new foods
- **Learn to make easy and low cost meals**
- **Strengthen family relationships**

There is no charge for this program but income guidelines do apply. To learn more and register contact Stefanie Daniels at 515.337.1601 or stefdan@iastate.edu

HOMEBUYER EDUCATION:
A PLACE OF YOUR OWN

Purchasing a home is probably the biggest purchase you’ll ever make. It’s an exciting experience and not a simple task. Lessons focus on preparing for home ownership, shopping for a home, securing a mortgage, closing the loan, and being a homeowner.

This is a self-paced online course. The fee for the course is $45. To get started visit the website: https://www.extension.iastate.edu/humansciences/homebuyer

POWERFUL TOOLS FOR CAREGIVERS

Feeling stretched in your role as a caregiver? Care-giving can be stressful—physically, emotionally. Whether you care for a loved one at home or in a care facility, nearby or far away, your role is important. You will learn ways to take care of yourself, reduce stress, improve your caregiving confidence, and establish balance in your life as you care for others.

Powerful Tools for Caregivers is offered in an online format with six 90 minute to 2.5 hour workshops.

To register for the next session or find out more information visit the website: https://www.extension.iastate.edu/humansciences/ptc
January

**14 EXPERIENCE SCIENCE**
Story County Extension | 8:00 AM-3:00 PM
Youth in K-6 grades are invited to explore science through activities and what changes happen through experiments.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

**15 PICK A BETTER SNACK SERIES**
Reiman Gardens | Third Saturday of Every Month | 10:30-11:30 AM
Discover fresh ideas for snack time that are tasty AND good for you through fun interactive lessons in our new Pick a Better Snack program in partnership with Reiman Gardens! Each class will include an extension activity tied to the Gardens, hands-on gardening activities, crafts, and a taste test of our featured fruit or vegetable of the month. Please come dressed for the weather, as we will be spending some of our time outdoors (weather permitting).

Great for youth K-3rd grade to participate accompanied by an adult. Preregistration with prepayment is required by the Thursday before each session. Register Here: https://www.reimangardens.com/events/

Fee:
- $2 Member, ISU Student Youth
- $2 Member, ISU Student Adult
- $8 General Public Youth
- $13 General Public Adult

**19 & 26 YOUNG EXPLORERS**
Story County Extension | Wednesdays | 10:00-10:45 AM
Join us on Wednesday mornings to explore, make, create, and more through activities and stories!

Recommended ages 2-4!

These events are FREE, we do ask you pre-register with Mary at mwilkins@iastate.edu or 515.337.1601

**17 MAKER MONDAY**
Story County Extension | 6:30-7:30 PM
Third Monday of Every Month | January- May
You never know what you can create till you try! All School Aged Youth are invited to join us for our next Maker Monday! We will use our ideas to design, create, and make things as they relate to science, energy, physics, art, and more!

Maker Mondays are FREE but please pre-register as space is limited! Email Mary at mwilkins@iastate.edu or call 515-337-1601.
February

2, 9, 16, & 23
YOUNG EXPLORERS
Story County Extension
Wednesdays | 10:00-10:45 AM
Join us on Wednesday mornings to explore, make, create, and more through activities and stories!

Recommended ages 2-4!

These events are FREE, we do ask you pre-register with Mary at mwilkins@iastate.edu or 515.337.1601

7
JUST FOR TEENS: CAREER PATHWAYS
Ames Public Library | 1:00-4:00 PM
Teens in 6th-9th grade are invited to explore how their interests may lead to a career pathway of choices! Learn ways to gain experience as a teen and begin building a resume, recognize guidelines for working teens, and practice interview tips.

Career Pathways is FREE but please pre-register as space is limited. Email Mary at mwilkins@iastate.edu or call 515-337-1601.

THE MINDFUL TEEN SERIES:
FROM SURVIVING TO THRIVING
Story County Extension | 5:30-7:00 PM
Thursdays, January 27-March 3
Youth in 7th-12th grade are invited to join this 6 week series made just for teens! The workshop series will provide teens with ways to gain experience as a teen and begin building a resume, recognize guidelines for working teens, and practice interview tips.

Career Pathways is FREE but please pre-register as space is limited. Email Mary at mwilkins@iastate.edu or call 515-337-1601.

15 RICOCHET SERIES:
LEADERSHIP ADVENTURE
February 15-March 8 | 4:00-8:00 PM
City Church, Ames
You are a leader! Youth in 5th-8th grade will develop their leadership skills through activities related to leadership attitudes, communication, decision making, and stress management. Youth will visit with community leaders and have the opportunity to implement their leadership skills by developing a plan to implement in support of a local need.

Fee: $45 per participant; $30 per 4-H member; $15 per additional sibling. A light meal will be provided each week. Participants will also receive a Ricochet t-shirt.

To register contact Mary Wilkins at mwilkins@iastate.edu or 515-337-1601.

THE MINDFUL TEEN SERIES:
FROM SURVIVING TO THRIVING
Story County Extension | 5:30-7:00 PM
Thursdays, January 27-March 3
Youth in 7th-12th grade are invited to join this 6 week series made just for teens! The workshop series will provide teens with SUDFWLFDOVWUDWHIJLVVWRPDQDJHVUWHVVELXOWHF ways to gain experience as a teen and begin building a resume, recognize guidelines for working teens, and practice interview tips.

This workshop series is FREE, please pre-register no later than January 21st by contacting Jess Soderstrom at jlsoder@iastate.edu or 515-337-1601.
YOUTH PROGRAMMING

EXPERIENCE SCIENCE

18 Fairview Lodge, Story City
21 Gilbert Lutheran Church

8:00 AM-3:00 PM for both locations

Youth in K-6 grades are invited to explore science through activities and what changes happen through experiments.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

19 PICK A BETTER SNACK SERIES
Reiman Gardens | Third Saturday of Every Month
10:30-11:30 AM

Discover fresh ideas for snack time that are tasty AND good for you through fun interactive lessons in our new Pick a Better Snack program in partnership with Reiman Gardens! Each class will include an extension activity tied to the Gardens, hands-on gardening activities, crafts, and a taste test of our featured fruit or vegetable of the month. Please come dressed for the weather, as we will be spending some of our time outdoors (weather permitting).

Great for youth K-3rd grade to participate accompanied by an adult. Preregistration with prepayment is required by the Thursday before each session. Register Here: https://www.reimangardens.com/events/

Fee:
$2 Member, ISU Student Youth
$2 Member, ISU Student Adult
$8 General Public Youth
$13 General Public Adult

21 MAKER MONDAY
Story County Extension | 6:30-7:30 PM
Third Monday of Every Month | January- May

You never know what you can create till you try! All School Aged Youth are invited to join us for our next Maker Monday! We will use our ideas to design, create, and make things as they relate to science, energy, physics, art, and more!

Maker Mondays are FREE but please pre-register as space is limited! Email Mary at mwilkins@iastate.edu or call 515-337-1601.
**2. SMALL TALK SERIES**

Online [Thursdays] 1:00-2:00 PM
March 3- May 5
If your baby is 30 months or younger, Small Talk can help you learn to help your baby be happier, smarter, school ready, and have fun! You will attend ten, sixty minute virtual sessions with a small group of other parents. Together you will learn how to improve your children’s early language and in between sessions you measure progress using the digital LENA System™.

The Lena System technology records speech at home for a day after each class. Then you get reports on how much you’re talking, when you could talk more, and how much you are growing with your baby. The LENA system does not track what words were said or the meaning of words and no one can listen to what was said.

The Small Talk series is FREE, for questions contact Mary Wilkins at mwilkins@iastate.edu. To register email yststaff@amespubliclibrary.org

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**11. BABYSITTING BASICS**

Story County Extension |8:00 AM-3:00 PM
For youth in 5th grade and up, to explore the business of babysitting and ways to get started. Begin to recognize ages and stages of youth, explore safety and learn what to do in an emergency. Build knowledge and confidence in your future babysitting experiences.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

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**14. 4-HERS IN TRAINING**

Story County Extension |8:00 AM-3:00 PM
Open to all youth in grades K-6! Explore the 4-H’s (Head, Heart, Hands, Health) through activities related to STEM, Healthy Living, Communication and the Arts, and Civic Engagement. A great day to learn about 4-H!

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

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**15. ARTFUL DAY**

Fairview Lodge, Story City
8:00 AM-3:00 PM
Explore elements and principles of art through activities. Examine colors, art materials and more. Leave with a completed art creation!

Recommended for youth in K-6 grade.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu
16 **FULL STEAM AHEAD INTO SPRING**
Story County Extension | 8:00 AM-3:00 PM
Explore spring ideas through exciting activities by using science tools, designing plans and make models, and enjoying stories and art throughout the day! Recommended for youth in K-6 grade.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

17 **ENERGY CAMP**
ISU Innovation Center | 8:00 AM-3:00 PM
What makes an energy source renewable or non-renewable? Discover how to identify these sources through activities. Observe energy transformations through experiments and more. Recommended for grades 7-12.

This program includes an additional energy-based lab experience that will be held on the ISU campus on Friday March 18th from 9:00 AM-11:00 AM.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

18 **I LOVE MY PET!**
Story County Extension | 1:00-3:00 PM
Participants will explore the needs of pets, how to care for them, make a treat and toy for a pet, and learn what a visit to the vet might look like. Recommended for youth in grades K-3.

Fee: $10 per participant; $5 per 4-H/Clover Kid Member; $5 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu
April

11  **MONEY SENSE**  
Avila Bank, Ames | 1:00-4:00 PM  
Teens will explore the value of money! Participants will set goals and make choices to spend or save money, learn how to track their dollars, and the important role of a budget. They will also learn about account choices, credit, and more! Recommended for youth in 6-12 grades.

Fee: FREE

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

14  **EXPERIENCE SCIENCE**  
Collins Community Center | 8:00 AM-3:00 PM  
Youth in K-6 grades are invited to explore science through activities and what changes happen through experiments.

Fee: $25 per participant; $15 per 4-H/Clover Kid Member; $15 per additional sibling

For more information and registration contact Mary Wilkins at 515.337.1601 or mwilkins@iastate.edu

16  **PICK A BETTER SNACK SERIES**  
Reiman Gardens | Third Saturday of Every Month | 10:30-11:30 AM  
Discover fresh ideas for snack time that are tasty AND good for you through fun interactive lessons in our new Pick a Better Snack program in partnership with Reiman Gardens! Each class will include an extension activity tied to the Gardens, hands-on gardening activities, crafts, and a taste test of our featured fruit or vegetable of the month. Please come dressed for the weather, as we will be spending some of our time outdoors (weather permitting).

Great for youth K-3rd grade to participate accompanied by an adult. Preregistration with prepayment is required by the Thursday before each session. Register Here: https://www.reimangardens.com/events/

Fee:  
$2 Member, ISU Student Youth  
$2 Member, ISU Student Adult  
$8 General Public Youth  
$13 General Public Adult

18  **MAKER MONDAY**  
Story County Extension | 6:30-7:30 PM  
Third Monday of Every Month | January-May  
You never know what you can create till you try! All School Aged Youth are invited to join us for our next Maker Monday! We will use our ideas to design, create, and make things as they relate to science, energy, physics, art, and more!

Maker Mondays are FREE but please pre-register as space is limited! Email Mary at mwilkins@iastate.edu or call 515-337-1601.
ABOUT 4-H

4-H is a community of young people across America who are learning leadership, camps, overnight camps, after school, and other learning environments. 4-H gives kids and teens opportunities to experience life skills and to practice them in a safe environment with caring adults.

WHAT IS 4-H?

4-H is a place where you can make new friends in your community and across the state. Want to start earlier? Kids in Kindergarten designed to build life skills and foster new friendships. Check out 4-H and Clover Kids at https://www.extension.iastate.edu/story/page/join-4-h

WHO CAN JOIN?

For 4th through 12th graders, 4-H is a place where you can make new friends in your community and across the state. Want to start earlier? Kids in Kindergarten designed to build life skills and foster new friendships. Check out 4-H and Clover Kids at https://www.extension.iastate.edu/story/page/join-4-h

WHY JOIN 4-H?

We want to hear what you have to say. You have the ability to be a leader and to vision while inspiring others and improving our world! To learn more visit, https://www.extension.iastate.edu/story/page/join-4-h

GET STARTED

Pick What Interests You In 4-H, there are endless projects to explore. If you can create your own.

Choose a Club and Get Involved Contact the leader, visit a club meeting, and get acquainted with the 4-H members and leaders.

ENROLL TODAY

For Assistance contact the Story County 4-H Youth Coordinator, Jess Soderstrum. Call Jess at 515.337.1601 or email jlsoder@iastate.edu
Ames

Emerald Dragons
Renae and Stewart Damman
emeralddragons4h@gmail.com

Collins

Collins Clippers
Kyla Struthers
515-577-3675

Colo

Country Pioneers
Bob Jamison
641-377-2657
Ryan McKinney
641-377-2800

Nevada

Grant Guys and Gals
Jason Mortvedt
jasonmortvedt@hotmail.com

Happy Homebodies
Beth Chappell
winston_beth@yahoo.com

Richland Royals
Claire Hall
515-382-2488
Deanna Collins
515-460-2386

Gilbert

Franklin Happy-Go-Luckies
6DQG!*Rá
VWRNHVJR$HPDLOFRP
Delann Soenksen
joel.soensken@gmail.com
Jamie Melody
jamiemelody77@gmail.com

Huxley

Palestine Peppy Pushers
Christa Hartsook
515-460-5034

Maxwell

Indian Creek Circles
Gwen Pross
indiancreekcircles@gmail.com

Roland

Roland-Story LTS
Amy Faga
515-231-8638
Melea Licht
712-210-3481

Rabbit Hopping
Merinda Struthers
mers@netins.net

Culinary Club
Melinda Thach
mrstthach@yahoo.com
Kaitlyn Scheuermann
kromitti11@gmail.com

FIRST Tech Challenge (FTC)
Rease Morris
tkmorrishtwo@yahoo.com

Team Neutrino
Jeanne Paskach
515-268-9612
Brian and Stacia Steward
stewardgroup@gmail.com

CySTEM4Fun
Pranav Shrotriya
515-292-0869

Special Interest

Shooting Sports
Teri Jensen
515-290-7026
4-H YOUTH PROGRAMMING

STORY COUNTY 4-H CLOVER KIDS CLUB LISTING

Ames

Emerald Dragons Clover Kids
Renae and Stewart Damman
emeralddragons4h@gmail.com

Colo

Country Pioneers Clover Kids
Megan Jedlicka
641-895-2792

Nevada

Grant Guys and Gals Clover Kids
Jason Mortvedt
jasonmortvedt@hotmail.com

Happy Homebodies Clover Kids
Bridget Dirks
515-441-5940

Richland Mid-State Clover Kids
Beth Safranski- Derrick
bcderrick@gmail.com
515-382-4956

Rabbit Hopping Clover Kids
Merinda Struthers
515- 291-2552

Richland Royals Clover Kids
Claire Hall
515-382-2488

Gilbert

Franklin Happy-Go-Luckies Clover Kids
Aaron Ellensohn
aellensohn@gmail.com

Huxley

Palestine Peppy Pushers Clover Kids
Courtney Nobiling
cnobiling@ballard.k12.ia.us

Maxwell

Indian Creek Circles Clover Kids
Michelle Dunblazier
queenie08@hotmail.com
Tina Beavers
tinaketelsen@hotmail.com

Roland

Roland-Story LTS Clover Kids
Kendra Braucher
kendrabraucher@gmail.com

K-3rd Grade Youth

4-H CLOVER KIDS
January

18 AMES 4-H CLUB
Story County Extension | 6:00 PM - 7:30 PM
Join the brand new 4-H club in Ames! Youth in grades 4-12 are invited to join. 4-H youth will participate in club civic engagement, leadership, project area workshops, and more! Contact the Story County Extension office at 515.337.1601 or xstory@iastate.edu for more information on how you can become a 4-H member in the newest Story County 4-H Club! 4-H membership is required to join this club.

February

8 4-H COMMUNICATIONS WORKSHOP
Story County Extension | 5:30 PM - 6:30 PM
4-H youth in grades 4th-12th are invited to attend a workshop on the Communications project area! This will help prepare youth interested in exhibiting at the Communications contest. Activities will include practice poster making, public speaking exercises, and tips and tricks on good presentations. There is no fee for this workshop. Please pre-register by February 3rd by calling the Story County Extension office at 515.337.1601 or xstory@iastate.edu.
4-H YOUTH PROGRAMMING

March

10 4-H CLOTHING WORKSHOP
Story County Extension | 5:30 PM-6:30 PM
Youth interested in the Clothing project area and the upcoming Clothing Contest are invited to attend this workshop! Participants will learn about the Elements and Principles of Design, practice writing about their clothing, and have great opportunity to learn more about the clothing project and prepare for the Clothing Contest later in March. There is no fee for this workshop. Please pre-register by March 7th.

15 Ames 4-H Club
Story County Extension
6:00 PM-7:30 PM
Join the brand new 4-H club in Ames! Youth in grades 4-12 are invited to join others at the Story County Extension Office on the third Tuesday of each month. 4-H youth will participate in club civic engagement, leadership, project area workshops, and more! Contact the Story County Extension Office at 515.337.1601 for more information on how you can become a 4-H member in the newest Story County 4-H Club! 4-H membership is required to join this club.

18 YOUTH FOR THE QUALITY CARE OF ANIMALS
Story County Extension | 1:00 PM-3:00 PM
YQCALDUXTULUHGFHULWLDWLRQWWDHFKOYLH
exhibitor must complete annually! Remember, this FAWLDFDULQVUHTXLHGWREHHOLOJHEOHRH[KLI
Dairy Cattle, Meat Goats, Dairy Goats, Swine, Rabbits, and Poultry at the Story County Fair and the Iowa State Fair. Youth are invited to register for this online via LearnGrow for this course by March 15th There is no $3 fee for this FHLDFDULQEXWWKH6WRU&RXQW\{(WHQVLQQRHDW
you a coupon code to make it Free. Please call the Story &RXQW\{(WHQVLQQRHDW
April

**19 4H COMMUNICATIONS AND CLOTHING CONTEST**

4-Hers and Clover Kids are invited to enter the Communications and Clothing contest on March 26th! Classes available for entry are: Educational presentations, Extemporaneous Speaking, Working Exhibits, 4-H Poster, Fashion Revue, Clothing Selection, and $15 Challenge. Judging will be scheduled for each entry. For more information contact the Story County Extension office by calling 515.337.1601 or email xstory@iastate.edu. Youth must be enrolled in 4-H or Clover Kids program by February 1st to participate.

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**19 ADAMS 4H CLUB**

Story County Extension | 6:00 PM-7:30 PM

Join the brand new 4-H club in Ames! Youth in grades 4-12 are invited to join others at the Story County Extension office on the third Tuesday of each month. 4-H youth will participate in club civic engagement, leadership, project month. 4-H youth will participate in club civic engagement, leadership, project. Contact the Story County Extension office at 515.337.1601 or xstory@iastate.edu for more information on how you can become a 4-H member in the newest Story County 4-H Club! 4-H membership is required to join this club.

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**4H SWINE TAG-IN**

Story County Fairgrounds | TBD

4-Hers that plan to exhibit a swine project at the 2022 Story County Fair or the 2022 Iowa State Fair must attend the Swine Tag-in. All swine exhibits are required to have a USDA tag prior to the May 15th Animal ID Deadline. Swine exhibits bound for the Iowa State Fair must also have DNA collected and submitted to Wkh, RzD +RbH'1$ collection will cost $10/head. Please contact the Story County Extension office at 515.337.1601 or xstory@iastate.edu for any questions.

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THE FEES FOR ALL PROGRAM SERVICES IN THIS CATALOG WILL BE USED TO OFFSET DIRECT EXPENSES AND TO SUPPORT THE 4-H YOUTH DEVELOPMENT, AGRICULTURE AND NATURAL RESOURCES, AND HUMAN SCIENCES PROGRAMMING FOR THE STORY COUNTY EXTENSION PROGRAM.
Volunteer with Story County Extension........

VOLUNTEER OPPORTUNITIES
Through Story County Extension there are multiple volunteer opportunities in each of our four program areas; 4-H & Youth, Agriculture and Environment, Business and Community, and Families and Healthy Living. Some examples of these volunteering opportunities include:

- Youth Program Assistant
- Topical Expert
- 4-H Superintendent
- Office Support
- 4-H Leader
- Master Gardener

WHO CAN VOLUNTEER?
Men, Women, and Teens are invited to join our volunteering team!

BASIC EXPECTATIONS
- Willingness to provide for the community
- Support and educate in any of our four program areas
- All adults are asked to complete a background check

CONTACT STORY COUNTY EXTENSION:

515-337-1601
xstory@iastate.edu

Volunteer Now
Let us be........

#partofyourStory
Have a Question? Ask an Expert!

**Iowa Concern**
800-447-1985

- Financial questions, legal education, stress counseling, crisis/disaster resources and referral
- Phones are answered all hours, all days
- TTD (Telecommunications Device for Deaf Persons) available by calling 800-735-2942
- Multiple language interpretation available

**Teen Line**
800-443-8336

- Personal and health-related information and referral
- Phones are answered all hours, all days
- TTD (Telecommunications Device for Deaf Persons) available by calling 800-735-2942
- Multiple language interpretation available

**Iowa 2-1-1**
211

- Resource referral for housing, health, food, family, transportation, employment, education, and legal assistance
- Phones are answered all hours, all days TTD (Telecommunications Device for Deaf Persons) available by calling 800-735-2942
- Multiple language interpretation available

**AnswerLine**
Toll-free: 800-262-3804
Local: 515-296-5883

- Questions relating to home and family
- Hours are Monday through Friday from 9 a.m.-noon and 1-4 p.m.
- TTD (Telecommunications Device for Deaf Persons) available by calling 800-735-2942
- Multiple language interpretation available
- Email questions to answer@iastate.edu

**Iowa Healthy Families**
800-369-2229

- Health information and referral
- Phones are answered all hours, all days
- &RQGHQWLDQ
- TTD (Telecommunications Device for Deaf Persons) available by calling 800-735-2942
- Multiple language interpretation available

**Beginning Farmer Center**
877-BFC-1999

- Program to match beginning and retiring farmers
- Hours are Monday through Friday from 8 a.m. to 5 p.m.

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In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all programs.) Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA’s TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 800-877-8339. To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online at https://www.ocio.usda.gov/document/ad-3027, from any USDA office, by calling 866-632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: (1) Mail: U.S. Department of Agriculture, Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or (2) Fax: 833-256-1665 or 202-690-7442; or (3) Email: program.intake@usda.gov. This institution is an equal opportunity provider.

For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext)