

## Iowa Small Farms Conference – Ancient Grains Resources

---

The best resources for Ancient Grains are:

1. A series of three webinars available on eExtension

- **The "Ancient" Grains Einkorn, Emmer, and Spelt: What We Know and What We Need to Find Out**

<http://articles.extension.org/pages/66321/the-ancient-grains-einkorn-emmer-and-spelt:-what-we-know-and-what-we-need-to-find-out-webinar>

- **Dehulling Ancient Grains**

<http://articles.extension.org/pages/71272/dehulling-ancient-grains-webinar>

- **Dehulling Ancient Grains: Economic Considerations and Equipment**

<http://articles.extension.org/pages/73240/dehulling-ancient-grains:-economic-considerations-and-equipment>

2. The Organic Grain Grower: Small-Scale, Holistic Grain Production for the Home and Market Gardener (book)  
By Jake Lazor published 2013 by Green Press Initiative.