



Page County Cloverleaf Express

October 2020



A letter from Lexy

Mark your calendars for the following dates.

October 1st: Leaders Meeting 6:30 PM

October 4th - 10th: National 4-H Week

October 12th :Sign up for On our own & OK!

October 15th: 4-H 2.0 (4honline) will be ready for enrollment and re-enrollment. Information on page 2 of the newsletter.

November 1st: County Council Meeting 2 PM at ISU Extension & Outreach Page County.

We are excited to celebrate National 4-H week October 4 -10th all week long! More than a century ago, the first "Head, Heart, Hands, Health" 4-H Clubs were formed to help improve farming practices and farm life. Jessie Field Shambaugh from Page County was one of the first founders of 4-H.

National 4-H week is a great time to showcase the incredible experiences that 4-H offers youth. Share your 4-H adventure with others and encourage others to come join 4-H. Be proud to be a 4-Her and share how 4-H has helped you grow.

I know personally, being a 4-Her taught me strong communication skills from the presentations I gave at club meetings and at state events. I learned leadership skills by being a club officer and serving on different club and county committees. I learned goal setting and record keeping from all the different projects I did as a 4-Her. I learned finances by keeping track of feed cost from the animals I showed.

We will have lots of activities going on during National 4-H week. You might even get "CLOVERED"! Please consider giving a donation to Give Grow Iowa, Page County on October 6th. All funds will remain in Page County for 4-H programming for our youth. See page 5 for more details!



Enrollment will be open October 15th!



One of our exciting changes for this year is 4-H Online 2.0. If you have been a part of the 4-H family for a while, 4honline as we know it has been around since 2009. In the world of technology, that is a long time! When re-enrolling make sure all contact information is up to date! This is our way of communicating with you. To re-enroll, sign up as a new member or as a volunteer. We have a new and improved website for enrolling in 4-H! <https://v2.4honline.com>

There are help sheets and more information on enrollment available at <https://extension.iastate.edu/4h/4honline-information-families-and-leaders>

New Members:

- Use the link <https://v2.4honline.com>
- Select “Don’t have an account”. This will allow you to **Create Your Account**. Select your state from the drop down menu, and then Iowa 4-H Youth Development, then Page County.
- Enter your e-mail and create a password. **Make sure your password is one you will remember.**
- You will then be asked to enter your address, demographic information, and Emergency Contact. Select the club you want to join and the project areas you want to enroll in.
- Then answer a few questions about your family and complete the health form section .
- Finally, consent form and confirm your information .

If you have any questions, or need assistance, call (712)542-5171

Current Members:

- Use the link <https://v2.4honline.com> to re-enroll. Your username and password are still the same. Do not use the old 4-H online link!!!
- Add family members on the **Add Member tab** at the top of the page. To enroll in a program click on the **Enroll Now** link under the program name.
- If it shows **Continue Enrolling** under a program, that means you have not completed enrollment, no worries, just click on the link to pick up where you left off.
- To navigate to a family member click on the **View Button** to the right of the name.
- When you are finished viewing the selected member click on the **Member List** link at the top of the menu.



Page County 4-H



IOWA STATE UNIVERSITY
Extension and Outreach

NATIONAL 4-H WEEK

OCTOBER 4-10, 2020



Monday, Oct. 5	Tuesday, Oct. 6	Wednesday, Oct. 7	Thursday, Oct. 8	Friday, Oct. 9
<p>Show your support for 4-H by posting a sign on your locker or door.</p> <p>Bonus points if you get a teacher to post at school.</p> <p>Download your sign on our Website!</p>  <p>Supports Page County 4-H!</p>	<p>Paint Rocks with Join 4-H Messaging</p> <p>And hide them In your community!</p> <p>Use this message on the back of your rocks:</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>Join Clover Kids or 4-H! Have your parents email: xpage@iastate.edu or call 712.542.5171</p> </div>	<p>Wear the</p>  <p>with pride!</p> <p>Make sure you get a photo with your other 4-H friends.</p> <p>Giving Day!</p>	<p>Post a photo on social media of your favorite 4-H memory.</p>  <p>Don't forget to tag @ISUPageCountyExtensionandOutreach or email it to xpage@iastate.edu</p>	<p>Bring treats for your teachers thanking them for supporting your education.</p> <p>OR</p> <p>Send a thank you to a 4-H leader or mentor who has helped you.</p> 

What are you doing to celebrate National 4-H Week?

What is your club doing?

Share your pictures and ideas with us! Tag us on Facebook, Twitter or Instagram!

Support Page county 4-H with a 4-H Grows Here sign.

Call 712-542-5171 or email xpage@iastate.edu to get a sign delivered for the month of October!

PAGE COUNTY 4-H

4-H GROWS HERE!



712-542-5171



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DO YOU WANT TO “CLOVER” SOMEONE?

What does it mean?

Obviously, someone thinks you are pretty amazing and would want to show your support for 4-H in Page County.

What can you do about it?

Here's how to make the clovers go away:

Take a picture and share it on social media!! Use

#cloveredinpageco in your post!

- * Post to Facebook and tag **@pagecounty4h**
- * Post to Twitter and tag **@PageCountyExt**
- * Post to Instagram and tag **@ISUExtensionPageCounty**

Donate to 4-H in Page County

Call our clover gardeners at 712.542.5171, and we'll collect your donation and the clovers. Or you can email xpage@iastate.edu. Any amount is appreciated.

Share the fun! Clover your friends!!

Call our clover gardeners at 712.542.5171 with the name of another deserving "victim", and we'll clover them!! We ask a \$25 donation to clover someone else. You can also reach us at xpage@iastate.edu.

You can always just call and ask us to remove the clovers (no donation is required). Our gardeners will come within 24-48 hours and remove the clovers. 712.542.5171 or xpage@iastate.edu.

DONATIONS may be made by check, payable to Page County Extension and Outreach, which can be picked up when the gardeners come to remove the clovers or mailed to 311 E Washington St. Clarinda, IA 51632.

Clovering funds will go to support 4-H and youth programs here in Page County. During the summer of 2020, over 3000 grab-and-go activity kits were distributed with the summer lunch programs in Clarinda, Essex, Shenandoah and South Page through 4-H program funding.

Your donation will be used to benefit youth in Page County.

THANK YOU FOR YOUR SUPPORT!

The Green Gardeners at Page County Extension and Outreach



#cloveredinpageco



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GIVE GROW IOWA 4-H

Why should you participate in Give. Grow. Iowa 4-H?

Give. Grow. Iowa 4-H is a 24-hour online giving day to support the Iowa 4-H Program! Join us to provide the financial support needed to help the 4-H Program continue their incredible work across the state of Iowa. Give a gift, large or small and be a part of a collective effort to strengthen your 4-H Program and better serve the youth of our state!

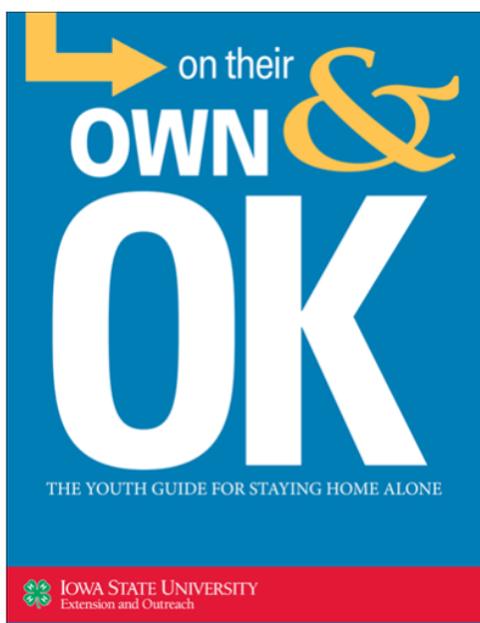
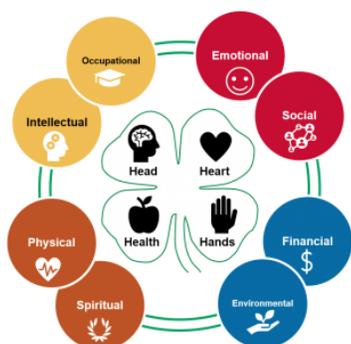


October 6, 2020 <https://www.iowa4hgivingday.org>

4-H HEALTHY LIVING CLUB CHALLENGE

The 4-H Healthy Living Club Challenge will start in September and run through June. This year we will be Winning With Wellness as we focus on the 8 dimensions of wellness: environmental, social, occupational, spiritual, physical, intellectual, financial, and emotional. Clubs will be challenged to incorporate healthy options such as offering and promoting water as a beverage, featuring fruit and or vegetable as a snack option, and incorporating movement activities. Leaders, sign your club up on the link below.

<https://www.extension.iastate.edu/4h/healthy-living-club-challenge>



On Their Own & OK is tailored for parents and children in fourth—sixth grade. These classes build skills in youth as well as incorporate ways for grownups in the home to support this step toward independence.

This four week program will begin October 22nd, and each week participants will receive directions via email for a hands on family learning experience using materials typically found at home. They will also receive a free parent guide to help support their children staying for short amount of time on their own.

To register for this hands-on learning experience please sign up by October 12th.

<https://form.jotform.com/202684836288064>



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COUNTY COUNCIL:

County Council will meet at ISU Extension & Outreach Page County
Sunday November 1st at 2 PM.

By serving on County Council, 4-H'ers are taking the initiative to become tomorrow's leaders!

WE WANT YOU TO SHARE YOUR NEWS, PHOTOS, AND STORIES WITH US!

We want you to be part of our monthly newsletter!

Clubs can share pictures and stories about what they are doing in their meetings and in the community.

Members can share stories, poems, photos, or artwork that they have done. Parents can share their 4-H memories or stories.

Send your contribution for our next newsletter to
xpage@iastate.edu
or bring it by our offices.

Dates to Remember

October 1st: Leaders Meeting 6:30 PM

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October 15th : Enrollment in 4-H

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Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran. (Not all prohibited bases apply to all programs.) Inquiries regarding non-discrimination policies may be directed to Ross Wilburn, Diversity Officer, 2150 Beardshear Hall, 515 Morrill Road, Ames, Iowa 50011, 515-294-1482, wilburn@iastate.edu.

We want to connect with you!

Let's be friends!

Follow our social media and tag us in things you think we would like!

Facebook-

@pagecounty4H

@ISUPageCountyExtensionandOutreach



Twitter-

@PageCountyExt

@iowa4h



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**Contact us with any questions,
comments, or concerns!**



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