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Iowa State University Extension in Story County provides relevant programs that support healthy people, healthy environments, and healthy economies. Read about some of the ways ISU Extension meets local needs, improves quality of life, and helps make Story County a better place to live.

Paul Teig

Extension Council Chair

Dave Andrews

County Extension Education Director

Extension Invests In The Wellbeing of Adult Caregivers



the Scheman Center on “Who Gets Grandma’s Yellow Pie Plate?”

A six session series of workshops, Powerful Tools for Caregivers, presented by Family Life Field Specialist, Beth Fleming provides ways to effectively manage stress in care giving while taking good care of oneself. Thinking through family decisions regarding non-titled property and communicating between generations is a topic important to seniors. Here is Beth addressing learners attending Senior Expo at

4-H Safety & Education In Shooting Sports (SESS) Provides a Healthy Environment for Youth.....



sportsmanship, and encouraging ethical environmental stewardship. 4-H Shooting Sports compliments existing safety and hunter education programs. Through participation, youth will develop personal self confidence, physical strength, and team sportsmanship.

Archers Katelynn Geisinger and Greg Lester competed at the National 4-H Shoot in Rapid City, South Dakota. 4-H Shooting Sports is fast becoming a popular 4-H Project in Story County. Disciplines include archery, air rifle, shotgun, muzzle loading, and wildlife skills. Objectives of the program include learning safe, responsible use of firearms and archery equipment, promoting safety and good

Area Fruit & Vegetable Growers Take Part in Workshop...



Sixteen fruit and vegetable growers from Story County took part in a February workshop at the Story County Extension office to discuss trends in fruit and vegetable production and new marketing opportunities. Local organic growers discussed the uncertainties in starting a new venture along with ways to meet current demand for fresh fruit and vegetables grown locally.

October 2007



Story County

Extension Council

Front Row (L-R): Mary Ann Gardner, Denise Carlson, Cathy Miller, Second Row (L-R): Jean Saveraid, Pam Niemeyer, Robert Finch, Paul Teig, Doug Sampson, (not pictured: Bob Nervig)

Every Iowa county has an elected Extension Council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Provide safe, positive, enriching environments for youth both urban and rural
- Build strong families through nutrition training & afterschool programs
- Focus on acreage owners and their need for information on transitioning to country life
- Work with local farmers and ag business to meet licensing and certification requirements for both livestock and value added crops
- Partner with local human service agencies to provide training for nonprofits
- Assist with educational efforts regarding the bio-economy and the opportunities for farmers and local economic development



We connect you to Iowa State University.

We are your local link to make connections for campus enrollment, continuing education, campus visits, campus exhibits, conferences, camps, and sporting events

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High School Youth Explore Opportunities at ISU.....

Forty-five 8th & 9th grade students from throughout Story County met with



representatives of five different colleges at Iowa State University to explore potential college majors and careers during an early June visit to the ISU campus. The overnight experience allowed students to spend the night in a dormitory and eat at a student dining facility. One parent remarked afterward, "my son talked about the fun time he had at ISU all

weekend" following the event. ISU Admissions met with the students and chaperones to encourage them to begin preparation by taking the right courses in high school and to make them aware of available scholarship and grant opportunities.

Nutrient Management Results in Economic Benefits for Producers.....



Kapil Arora, Agricultural Engineering Field Specialist, teaches stakeholders on conservation planning and nutrient management which are the two top priorities for improving Iowa's Water Quality. Stakeholders attending this Phosphorus - Index Workshop learn how they can harvest potential economic benefits in production agriculture while protecting water quality.

Family Nutrition Program Promotes Healthy Families.....



What we eat and how active we are affects how we feel, how much energy we have, if we sleep, and what kind of mood we are in. The Family Nutrition Program (FNP) reached forty-three limited resource families this past year. Topics include how to plan and prepare healthy meals, how to budget food dollars, making smart food choices, and creating a plan to stay active. In the attached photo, Nancy Henry, FNP Assistant works with a young family during a one on one session in their home.

Story County Extension Assists With Elementary School Tree Planting Project To Help Celebrate ISU's 150th Anniversary

Story County Extension staff and ISU alumni joined with students, parents, and teachers from Central Elementary School in Nevada to plant, mulch, and water trees at the newly remodeled school. ISU Extension staff provided 2nd, 3rd, and 4th grade students with instruction on how to select, plant, water, and mulch new trees and shrubs. ISU Extension initiated community service projects in every county to celebrate Iowa State University's 150 years.