



## 4-H Youth Development

# 4-H Goal Writing Worksheet

### What is a Goal?

A GOAL is ..... deciding what you want to do and learn in a 4-H project

A GOAL is ..... having a road map. It helps you decide how to get to where you want to go.

Goals have three parts that allow us to measure and check our progress. They are:

The Action - How are you going to do something?

The Result - What are you going to do?

The Timetable - When you are going to do it?

Use the examples and worksheet below to help you set your 4-H Project goals.

### Examples:

**Action**

I want to train

I want to make

**Result**

my 4-H beef heifer to lead

three nutritious snacks

**Timetable**

before county fair time

by the June meeting

### Now It's Your Turn - Worksheet

	ACTION (how)	RESULT (what)	TIMETABLE (when)
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____
I want to	_____	_____	_____

### Control Test?

Do your goals pass the control test? That is, do you have control over all parts of what happens? If you can answer "yes", you are ready to begin recordkeeping.

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