Do-Reflect-Apply
In 4-H, we have a process called Do-Reflect-Apply. We reflect on what we have done, and then take what we learned from those reflections and apply changes to improve our program. I challenge you to not only reflect on this past year, but to also think of our 4-H future. What does the future of 4-H look like to you? Who are our future 4-H’ers? This is the perfect time to recruit new members. Be a spokesperson for 4-H and encourage your friends and family to join. You’ll be glad you did. Be proud to be green.

Below is a listing of each 4-H Club’s meeting location (if determined), time, and hosting duties for the month.

**4-H Flyers**—October 4, 6:30 p.m., Extension Office, Berger Family Hosting

**4-H Toppers**—October 10, 7:00 p.m., Town Hall, Troendle & Hagen Families Hosting

**Bear Creek Kids**—October 1, 1:00 p.m., Wiemerslage Home, Urell Family Hosting

**Big 4 Poststar**—October 10, 7:00 p.m., Turner Hall, Dehning Family Hosting

**Cherry Valley Chums**—October 16, afternoon, Bowling/Pizza

**Clover Chasers**—October 3, 6:00 p.m., Veterans Memorial Hospital, Family Night-Potluck

**Elon PMC**—October 11, 7:30 p.m., Extension Office, Stock Family Hosting

**Harpers Ferry Clover Kids**—October 8, 9:00 a.m., Harpers Ferry Community Bldg.

**Lansing Blackhaws**—October 3, 7:00 p.m., Button Factory, Wood Family Hosting

**Ludlow Future Farmers**—October 10, 7:30 p.m., Farmers & Merchants Community Room, Rubendall & Bolt Families Hosting

**River Valley Panthers**—October 3, 7:00 p.m., Farmers & Merchants Community Room, Family Night - Potluck

**West Ridge Riders**—TBD, Blake Stortz, Quandahl, Bieber & Bieber Families Hosting
To find out more visit the Iowa 4-H webpage at www.extension.iastate.edu/4h/.

4-H Online Your 4-H Re-enrollment

We are now accepting enrollment for Allamakee County 4-H online. Visit www.extension.iastate.edu/allamakee/news/re-enrollment.htm for more ‘how to’ information or see page 8. Comments from Allamakee County 4-H Families!
-“LOVE IT!!”
-“Super easy and fast.”
-“Took only 10 min.”
-“It was nice too since we have moved, so I was able to put in our new mailing address info.”

We will be hosting two more 4-H Online Open House Enrollment Nights on:
- **Thursday, October 13**, 4:00—7:00 p.m., Allamakee County Extension Office
- **Tuesday, October 25**, 4:00—7:00 p.m., Allamakee County Extension Office

Premium Checks

All fair exhibitors will be receiving a premium check from your club leader soon. Premiums are awarded to youth exhibiting both livestock and non-livestock exhibits. Please note, there is a limit of 5 exhibits per project area. You many notice the initials NP on your check stub. NP stands for No Premium.

RB Achievement Awards

Interviews will be held on **Tuesday, October 11** from 6:30 p.m. – 8:00 p.m. at the Extension Office for senior members applying for Overall Senior Achievement Awards. Lana will be calling to schedule an interview time. Please mark the awards you are applying for on the evaluation sheet. Record Books are due to the Extension Office by **October 1**.

LOCAL 4-H Events

Saturday Clover Kids

We are kicking off the new 4-H year with a Pizza Party! Join us for an afternoon of fun making new friends, creating works of art, doing science experiments, making pizza, and playing games on **Saturday, October 1**, 1:00 p.m.—3:00 p.m. Farm Bureau Building. The cost is $20 for the year. We will meet the first Saturday of each month from 1:00 –3:00 p.m.

**Returning Clover Kids** – you can re-enroll online now! Make plans to attend one of our 4-H Enrollment Open House events from 4:00 p.m. to 7:00 p.m. at the Extension Office on October 13 or October 25 to learn more.

Junior Halloween Party

Boys and girls in grades 4-6 are invited to the annual Halloween Party sponsored by the 4-H County Council on **Saturday, October 29** from 6:30-7:30 p.m. at the Fairgrounds Pavilion. Prizes will be awarded for best costumes. Please bring a can food item for admission. Join us for a night of fun, games, and a spooky good time!

Saturday Sewing Club

Join the Saturday Sewing Club! Learn and sew simple projects each month. Club members meet the first Saturday of the month, October—June from 10:00 a.m.-12:00 p.m. We start a new sewing project every month.
LOCAL 4-H Events

Citizenship Club

Youth currently in grades 7-11 are invited to join the Citizenship Club. The Club will meet the first Sunday of each month from 6:30 p.m.–7:30 p.m. at the Extension Office. The club was designed as a two year plan. This year, we will focus on local and state government and travel to the State Capital in Des Moines. Next year, youth learn about federal government and travel to Washington D.C. If you would like to travel to D.C. in 2013, please make plans to attend the this Citizenship Club meeting.

Family Trail Rides

- **Sunday, October 9**—Ride at Yellow River – day use area. Ride at noon, potluck after.

*Since these are a 4-H sponsored events, 4-H/FFA members who are 18 and younger must wear a helmet. Adults and those who are over 18 do not have to wear a helmet (unless they are still 4-H/FFA members). *Helmets will be provided for those needing one. Please call the Allamakee County Extension Office 563-568-6345 or email dahlstro@iastate.edu if you have any questions.

National 4-H Week & Recruiting New Members

National 4-H Week, October 2-8, is the kick-off week for recruiting new 4-H members. In 2006, the State 4-H Office set a goal that each county in Iowa increase their 4-H membership by 3 percent. What does that mean? In order for Allamakee County to meet its goal this year, we will need to enroll 28 new members. This assumes that we retain all our current members. How can you help? 4-H’ers, parents and leaders are our best spokespeople. Sharing your experiences with youth, letting them know 4-H is FUN, and inviting potential members to your next 4-H meeting is the first step (see below for more recruiting ideas). As a reminder—new members enrolled by October 31, 2011 are free!

- Put up display boards and posters about 4-H in schools, banks, and libraries.
- Display your 4-H member sign on a building, fence or in your porch window.
- Ask a business owner if you can decorate their storefront window with your club’s 4-H exhibits.
- Decorate your driveway. Make works of art with sidewalk chalk—show the world how proud you are to be a 4-H’er!
- Wear your 4-H shirt to school.
- Be a spokesperson—tell your friends at school about 4-H during your morning announcements or during half-time at the football or volleyball game.
- Prepare a 4-H presentation. Share it at school or a youth group that you attend.
- If you refer a friend to Allamakee 4-H and they join by October 31, you will receive 1 clover buck to be redeemed at the Clover store on, November 6. (Friend must indicate or tell Extension Staff who referred them to 4-H, to redeem clover buck.)

4-H Awards Program

Make plans to attend the 4-H Awards Program on **Sunday, November 6** at the Fairgrounds Pavilion at 7:30 p.m. in conjunction with the Soup Supper and RE-Wards Day. Overall Senior Achievement and Livestock Champion Awards, leader recognition certificates, and honorary awards to supporters will be presented during the program. Record book completion and project awards will be awarded at club meetings.

**MISSION STATEMENT**

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING AND LEARNING IN PARTNERSHIP WITH CARING ADULTS
10 Reasons Why.. 4-H & Food & Fitness are Great Partners!

1. The Iowa 4-H Youth Development Program provides opportunities for youth to develop skills they can use now and throughout their life.

2. Iowa 4-H builds upon a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities.

3. Iowa 4-H follows the principles of experiential learning. 4-H’ers — learn by doing.

4. 4-H’ers pledge their — Health to better living every time they meet.

5. 4-H programs are open to all young people from fourth grade through grade 12.

6. There is an ISU Extension and Outreach office in every county willing to support FFI youth teams and coaches.

7. Iowa 4-H draws on the knowledge base of Iowa State University and other institutions of higher education in cooperation with the United States Department of Agriculture.

8. The Iowa 4-H Program's vision and mission statements clearly view youth as partners working with caring adults, and as full participants in planning and working for individual and community change.

9. The Iowa 4-H program ensures that every youth will have the opportunity to participate in 4-H experiences that strengthen a young person’s sense of belonging, generosity, independence, and mastery.

10. Elected Extension Councils in northeast Iowa have committed funds and staffing to ensure FFI Youth Team success!

4-H Announcements

Beef Weigh—In

The 4-H/FFA Beef Weigh-In is Saturday, December 19 from 10:00 a.m. –12:00 p.m. at the Northeast Iowa Sales Commission. Calves that need to be weighed, tagged, and identified include market steers, market heifers, and dairy beef steers. Each person may identify a maximum of 6 calves. Calves must be a minimum of 350 pounds at weigh-in. Dairy beef should weigh about 800 pounds.

New 4-H’ers & Clover Kids

Saturday Clover Kids

See original newsletter

Purple Ribbon Sale

Sponsored by Allamakee County Cattlemen, November 5, 7:00 p.m. at the NEIA Sales Commission, Waukon. There will be a showmanship clinic from 4:00 p.m.-6:00 p.m. For more information contact Nick Tilleraas at 563-380-0573.

To find out more visit the Iowa 4-H webpage at www.extension.iastate.edu/4h/.
Leader’s Corner

What’s Due?

Oct. 1 — 4-H Club Yearly Summary. This form is used to record who completed the year and if the member is applying for a record book award.

Oct. 1 — 4-H Compliance Report. Leaders must return this form signed indicating that their club is in compliance with the Iowa 4-H Youth Development Program requirements.

Oct. 31 — New Member Enrollment/Medical Forms. These forms are due to the Extension Office in order for the annual enrollment fee to be waived.

Nov. 2 — Silent Auction Items. We would like each club to donate at least one item or basket for sale—more would be appreciated. The funds raised from the Silent Auction pay for a portion of the program fee. Bidding starts at $15 so plan accordingly. Our goal is to raise $4000.

Nov. 30 — All Club Programs and Officer Rosters. Copies of the club programs were handed out at the leaders meeting. Encourage your officers to help in the meeting planning and offer a variety of topics throughout the year and an opportunity for each 4-H’er to assume responsibility during club meetings.

Nov. 30 — Re-enrollments due on 4-H Online. New for 2011, all returning 4-H’ers are required to complete his/her re-enrollment online at https://iowa.4honline.com. Medical forms are due November 30 to the Extension Office. Medical forms are available at the Extension Office or http://www.extension.iastate.edu/allamakee/ Your enrollment will not be approved until we receive your medical form.

Installation Ceremonies

Installation ceremonies are an important part of 4-H. Some clubs follow traditional formats while others use theme ceremonies, such as the cookie or rainbow theme. If you would like help writing your installation ceremony, please talk to Kris at the Extension Office.

Record Books

Record Books — Leaders please read the record book information on your club shelf. As a reminder, you should be collecting record books from Junior and Intermediate members during your September meeting. Their books should be evaluated and their awards noted on your club’s Yearly Summary Form. The Summary Form along with the forms listed below are due to the Extension Office by October 1. Please note, Seniors are required to submit their completed record book to the Extension Office by October 1.

Club Programs

It’s time to start planning for the next 4-H year. It is a good idea for club officers to help in this planning. Keep in mind that everyone has different interests. It is important to offer a variety of topics and hands-on activities throughout the year. A copy of your club’s program from last year is available at the Extension Office to aid in planning. Please return updated club programs to the Extension Office by November 30. The office will run copies for your members. This program is important for the office to gather information and meeting dates.
October

1  Sr. Record Books, Jr. & Int. Co. Livestock Award, Club Yearly Summary & Officer Award materials DUE, Ext. Office
1  Sewing Club, 10 a.m. - 12 p.m., Farm Bureau Building
2  Clover Kids, 1:00 p.m.-3 p.m., Farm Bureau Building
2  Citizenship Meeting, 6:30 p.m., Extension Office
2  County Council Meeting, 7:30 p.m., Extension Office
2-8 National 4-H Week
9  4-H-FFA family trailride, ride at 12:00 p.m. potluck after, Yellow River
10 Youth Comm. Evaluate Record Books, 6:30 p.m. Youth Committee Meeting, 8 p.m., Small Conference Room at Veteran’s Memorial Hospital
13 4-H Online Open House Enrollment Night, 4:00 p.m.-7:00 p.m., Extension Office
25 4-H Online Open House Enrollment Night, 4:00 p.m.—7:00 p.m., Extension Office
29 Halloween Party/Dance, 6:30-7:30 p.m. at the Pavilion
31 Fees waived for new 4-H enrollments

November

1  Silent Auction Items Due, Extension Office
5  Sewing Club, 10:00 a.m.-12:00 p.m., Extension Office
5  Clover Kids, 1:00-3:00 p.m., TBD
6  Soup Supper/Auction, 4:00-8:00 p.m., Pavilion
6  Awards Program, 7:30 p.m., Pavilion
20 Co. Council Workday/Xmas Party, 1:00 p.m.
21 Holiday Parade, 6:00 p.m., Waukon
22 New Member/Family Workshop, 6:30 p.m., Extension Office
30 All Enrollments Due, Ext. Office
30 Club Programs & Officer Rosters Due, Extension Office

Business Meeting Agenda October 2011

1. Call Meeting to Order
2. Pledge of Allegiance
3. Roll Call & Introduction of Visitors
4. Minutes of Previous Meeting
5. Treasurer’s Report
6. Committee Reports
7. Unfinished and New Business
   ♦ National 4-H Week
   ♦ Recruiting New Members
   ♦ Soup Supper Silent Auction Basket
   ♦ Re-Wards Day
   ♦ 4-H Online Enrollment
8. Announcements & Leaders Report
9. Adjourn and 4-H Pledge
Coming November 6
RE-Wards Day

Allamakee County 4-H’ers will get to CHOOSE their RE-wards. Each 4-H member will earn Clover Bucks (check) to be redeemed for 4-H Source merchandise, including apparel, accessories, toys, member pins, etc. Your Clover Bucks can be redeemed at the Clover Store which will be open during the Annual 4-H Supper from 4:00-8:00 p.m. Limited merchandise will be displayed. Additional orders will be placed as requested. Clover Bucks must be redeemed by November 18, 2011. Clover Bucks will not carry over from year to year.

Start earning your Clover Bucks today!
The more activities you are involved in— the more Clover Bucks you will earn.

1 Buck Just for being a 4-H member
1 For attending RE-wards Day
1 For being enrolled by December 1
1 Buck for referring a new 4-H’er by October 31
1 Buck for attending a Project Club like Dog, Horse, Sewing Club, Chef’s Club
1 Buck for exhibiting livestock at the fair
1 Buck for participating in Conference Judging

2 Buck for completing a record book
2 Bucks for participating in Expressions Day or Food Challenge
2 For earning an Intermediate or Senior Project Award
2 For earning an Officer Award
2 For earning an Overall Sr. Achievement Award
2 For being a member of County Council

3 Bucks for being a Clover Kid
3 Bucks for attending an Area Camp
3 For applying for Area Awards
3 Bucks for attending a State Event like...
  • State 4-H Conference
  • Dairy Judging team
  • Livestock Judging team
  • State Fair exhibitor

4 For being a first year member

Clover Bucks will be redeemed at the Clover Store during the 4-H Soup Supper, November 6.
4-H Re-enrollment Online is easy! Here’s how:

→ Go to https://iowa.4honline.com (you might want to bookmark this page)

→ Logged in before: Select I have a Profile. Enter family email address and password

→ New User: Select: “I forgot my password” Check your email—you will have a password emailed to you—use that password on the login screen for 4-H Online (you will have to choose a new password)

→ Click “edit” next to name (under Member/Volunteer List).

→ Verify or edit personal information. Don’t forget to add your email and cell number.

→ Update Emergency Contact (someone other than yourself, if you can not be reached)

→ Click “Enroll for 2011-2012” to the 4-H member you are re-enrolling (bottom of page)

→ Follow the steps to update all information as it is presented to you on the following screens, selecting “continue” until the process is complete (or until you have selected projects)

→ When you are finished with all steps, select “Submit Enrollment”

(Important: Before your enrollment will be approved, your medical form must be turned into the Extension Office)

Your 4-H Online Log-in

In order to log-in to 4-H Online, you must use the email address you provided us.

Email: ________________________________

Family Password: ________________________

Questions??

Contact the Allamakee County Extension Office
(563) 568-6345 or email Lana at dahlstro@iastate.edu

Or visit our website at http://www.extension.iastate.edu/allamakee

4-H Online Works for YOU!
Get WHAT you need, WHEN you need it!

* 24/7 ACCESS
* FAST AND EASY
* CHECK YOUR ENROLLMENT FROM ANY INTERNET LOCATION
* NO SPECIAL SOFTWARE NEEDED
* PASSWORD SECURE
* Club leaders have read-only access to member information

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