For a full listing of parenting articles, visit the Iowa State University Extension and Outreach Store at https://store.extension.iastate.edu.

**Ages and Stages**

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**Living With Your Teenager**

Understanding Emotional Changes—Living With Your Teenager

Understanding Changes in Thinking—Living With Your Teenager

Understanding Physical Changes—Living With Your Teenager

The Changing Parent-Child Relationship—Living With Your Teenager
Parenting Young Teens
Parenting Young Teens: Young Teen Development

Parenting Young Teens: Using Consequences to Promoting Responsibility

Parenting Young Teens: Parenting in Stepfamilies

Parenting Young Teens: Effective Parenting

Parenting Young Teens: Teaching Responsibility to Young Teens

Parenting Young Teens: Keeping Young Teens Out of Trouble

Parenting Young Teens: Early Dating

10 Principles for Parenting Your Teen

English Version

Spanish Version

Divorce Matters
Coping with Stress and Change

Talking with Children

A Child’s View

Talking with Your Child’s Other Parent

Visitation Dos and Don’ts

Separating Your Finances

Managing Income and Expenses
Stress: Taking Charge
All About Stress

Helping Children Manage Stress

Common Stresses for Parents of Teens

Managing Stress in Young Families

Managing Stress in Midlife Families

Managing Stress in Later Life Families

Using What You Have to Get What You Want