Discover Asia

Target Audience: Grades K-5

Description: “Discover Asia” is a curriculum designed to introduce youth to various countries, cultures and customs, throughout the continent of Asia.

Format: Each of the five sessions focuses on a different country and custom, and can be completed during a 45-60 minute class period. The curriculum includes facts on each country, as well as a full color map.

Sessions 1: China
Youth will learn various facts about China, practice writing Chinese characters, and do Tangram puzzles.

Session 2: Japan
Youth will learn various facts about Japan, read A Carp for Kimiko and make a carp streamer for Japan’s “Children’s Day.”

Session 3: Korea
Youth will learn the history of Korean kite making and create a Korean kite of their own.

Session 4: India
Youth will learn various facts about India, practice simple yoga, and work on solving math puzzles that originated in India.

Session 5: Vietnam
Youth will learn about the Vietnamese New Year celebration, Tet, create a paper dragon for Tet, and play “Pov Pob,” a Hmong ball-toss game.

The “Discover Asia” curriculum and the activity kit can be borrowed for one month.