

# WHAT WE WANT

# #STRONGIOWA

## 2019 IN SCOTT COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State University research and resources. We are working with the people of Scott County for what we all want: a strong Iowa.

### Scott County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

#### Extension Council Members

**Michael Ryan**  
*Extension Council  
Chair*

**Tom Monroe**  
*Council Member*

**John Conley**  
*Council Member*

**Joni Paaske**  
*Council Member*

**Alexandra Dirck**  
*Council Member*

**Scott Scarbrough**  
*Council Member*

**Gale Kraft**  
*Council Member*

**Suzy VenHorst**  
*Council Member*

### Economic Development

Small Change: Building Financial Security™ is a new game-based, personal financial management course for educators and other school personnel.

The blended course includes one in-person class followed by self-paced online learning to improve personal knowledge and skills while tailored to participant interests and needs.

Lessons include finance fundamentals, insurance, investing and retirement planning. Educators also can prepare themselves to teach financial literacy, a key component of the Iowa Core 21st Century Skills and Social Studies for grades K-12.

The course connects participants with vetted curricula, resources and school-based programs for elementary, middle and high school levels. Human Sciences Extension and Outreach offered the course three times in Scott County with a total attendance of 75.

### Health and Well-Being

Approximately 1.5 million Americans and 10 million people worldwide live with Parkinson's disease (PD), with approximately 60,000 people in the U.S. diagnosed with PD each year.

The number of people with PD will increase substantially in the next 20 years due to the aging of the population.

A Journey Through Parkinson's Disease is a Human Sciences Extension and Outreach program for adults interested in increasing their knowledge of Parkinson's disease.

Sessions were held at Senior Star at Elmore for residents and community members. In addition, Senior Star also offered a session for continuing education for staff. Evaluations showed that 88% had greater understanding of what to do if someone suspects PD and 80% learned that music made life better for those with PD.





## Food and Environment

Master Gardeners and members of the community planted a pollinator garden in partnership with the Putnam Museum in Davenport. The goal was to teach others about pollinators and how to encourage their presence.

The Garden was filled with butterflies and bees the entire season and there was no vandalism or damage to the garden. People often stopped to take photos of the plants and the pollinators and comment on the beauty of the area.

The Pollinator's Palooza involved local partners in providing education for the public at booths. In addition, the Master Gardeners offered a Hort Clinic to share answers to the public's questions. Held in conjunction with the Master Gardener plant sale, over 250 members of the public participated in the event.

## K-12 Youth Outreach

Scott County Extension is celebrating 20 years of partnership with Davenport Community Schools' out of school time programs, called Stepping Stones.

Stepping Stones provides before and after school and summer programs to kindergarten through fifth grade students across the District. Extension has been involved in project design and program implementation, as well as impact evaluation for many years.

We also provide over 40 hours of professional development for the Stepping Stones site staff and partners on youth development topics such as behavior management, experiential learning, communicating with parents, understanding high risk students, etc.

Extension staff members also provide direct delivery of high-quality enrichment programs throughout the year related to STEM topics, such as chemistry, environmental science, and engineering challenges.

Youth also enjoy cooking, cultural exploration and hands-on math programs. During the 2018-2019 program year, over 1,000 students participated in Stepping Stones, with most of them engaging 5 days per week.



Iowa State University Extension and Outreach of Scott County has partnered with North Scott Community School District's John Glenn Elementary to deliver Ricochet, a middle school leadership initiative, to their 6<sup>th</sup> grade students. For eight weeks, the Scott County 4-H Youth Program Specialist has facilitated the researched based, leadership curriculum with 36 youth. Through hands on, engaging activities, the youth have learned the five dimensions of leadership: Leadership Information, Leadership Attitudes, Communication, Decision Making and Stress Management.

Students put their leadership skills into practice by completing a service-learning project. The two 6<sup>th</sup> grade classes each selected their own project. One class collected toiletries and other personal items to make Blessing Bags to be distributed by North Scott Cares, an organization which provides support for families in the North Scott Community School District. The other class chose to support the King's Harvest Pet Rescue. Those students were able to give a financial contribution to this cause by selling gum to their classmates. The 6<sup>th</sup> graders planned, developed marketing materials, and carried out their mission with guidance from their teachers and the Youth Program Specialist.

Representatives from North Scott Cares and King's Harvest Pet Rescue attended an all school assembly to accept the donations for their organizations.



## ISU Extension and Outreach Scott County

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