



Scott Scoop

Scott County 4-H Update

Club Re-Enrollment is Open Until December 1 at 11:59

Register for the 2023–2024 Year in 4–H Online

- Log into 4-H Online to re enroll
- Use the same username and password as last year
- Returning members may re-enroll until December 1, 2023
- New members may enroll until May 15, 2024
- Scott County Extension is unable to accept late enrollments and/or late payment

Note: Iowa State has increased the 4–H Club enrollment fee to \$45. These fees cover resource development and supplies at the state level, state level salaries, and the \$5 4–H Online fee. Scott County 4–H does not receive any of the funds.

Clover Kids fee is still \$10.

If you need assistance paying for the increased amounts, please contact Scott County Extension Director Becky Bray at bbray@iastate.edu or call 563-359-7577.

November 2023 What's Inside

- Club Re-Enrollment
- Crochet Class at Extension
- County Award Applications
- Beef Weigh In
- Meat Judging
 Opportunity
- Beef Blast
- State Science and Technology Fair
- Project Resources
- Youth Well-Being
- CYC Message +
 Calendar



SCOTT COUNTY EXTENSION OFFICE SUNDAY, NOVEMBER 12 2-4 PM

LEARN TO CROCHET

Bring 1 skein of value yarn and a 5.5 mm crochet hook.

Some will be available if you are unable to purchase.

Call the Extension Office at 563-359-7577

for more information.

County Awards

Juniors, Intermediates, and Seniors Can Apply

- Link to the applications <u>here</u>
- Applications due on Friday, January 12, 2024 at 11:59
- Award presentation on Saturday, January 27, 2024 at Family Fun Night



4-H Meat Judging

- Jacob Hunter, one of our FFA Educators, can train 4-H members for the <u>State Meat Judging</u> Contest
- Competition is November 11, 2023
- jamie@iastate.edu for information

Beef Blast

- December 2,2023
- 9am 3:30
- FeedlotFundamentals
- More information here
- Register by
 November 24

State Science and Technology Fair

- April 4-5, 2024
- Jacob Hunter, our FFA educator, will organize State Science Fair participants
- Email
 jamie@iastate.edu for
 more information

Resources and Opportunities for Your 4-H Projects

Sewing and Needle Arts:

- Are you going to the crochet class at the extension office on November 12?
- Learning how to crochet simple projects is part of this project area
- <u>Sewing Project Area Guide</u> (free download)

Camera Corps: again!

- Because you can join anytime
- More information here
- Follow monthly themes and contests on Facebook
- Photography Program Area Guide

Health:

- Includes physical, emotional, social, financial, and environment well-being
- Health Project Area Guide (free dowload)
- Share what you've learned <u>Communication Project</u>
 <u>Area Guide</u> (free download)
- Put your new knowledge to work in the community
 <u>Civic Engagement Project Area Guide</u>

Youth Well-Being

Iowa 4-H has 8 different resources to take care of youth mental health in their Mental Health Matters! curriculum.

Topics include the connection between mental and physical health, asking for help, and dealing with grief and loss.

The activities can be done in a club setting or at home. Each page has a "Did You Know" section and a "Do"section.

They are easy to try and give youth and their adults an understanding of ways we can take care of our mental health, especially as we move into the winter months.

Here is the link to the Mental and Physical Health activity page. The only thing you need is a timer:)

"A thankful heart is not only the greatest virtue, but the parent of all the other virtues."

Cicero (106 BC- 43 BC)

Dear Families and Volunteers,

I recently spent 3 days in Ames with 4–H staff from all around the state.

I look forward to bringing ideas to you from other counties especially ideas for service projects like Family Activity Kits. Let me know if are interested:)

Kind regards,

jamie@iastate.edu/ work cell 563-275-2096

CALENDAR

November

11: Meat Judging Event in Ames 23–24: Extension closed for holiday

December

1: 4-H Re-enrollment ends at 11:59pm

2: Beef Blast

8: Nutcracker Ballet + STEM in Ames

17: Beef Weigh-In 8am to noon in DeWitt

January

17: County Award Applications due 27: Family Fun Night