

ADDRESSING TRAUMA AND ACHIEVING HEALTH EQUITY

HEALTH EQUITY is the absence of avoidable, unfair, or remediable differences among groups of people, whether those groups are defined socially, economically, demographically or geographically or by other means of stratification.



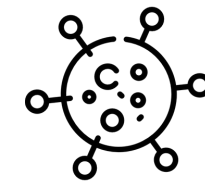
x 3,700 =

223.4 million people or 70% of adults in the U.S. that have experienced some type of traumatic event at least once in their lives.

Traumatic experiences have been linked to increased medical conditions such as high-risk behavior including:



HEART DISEASE



CANCER



EARLY DEATH

In addition to the chronic illnesses, trauma also has the potential to cause long-term emotional and mental health issues such as anxiety or depression.



BY ADDRESSING

HEALTH INEQUITY



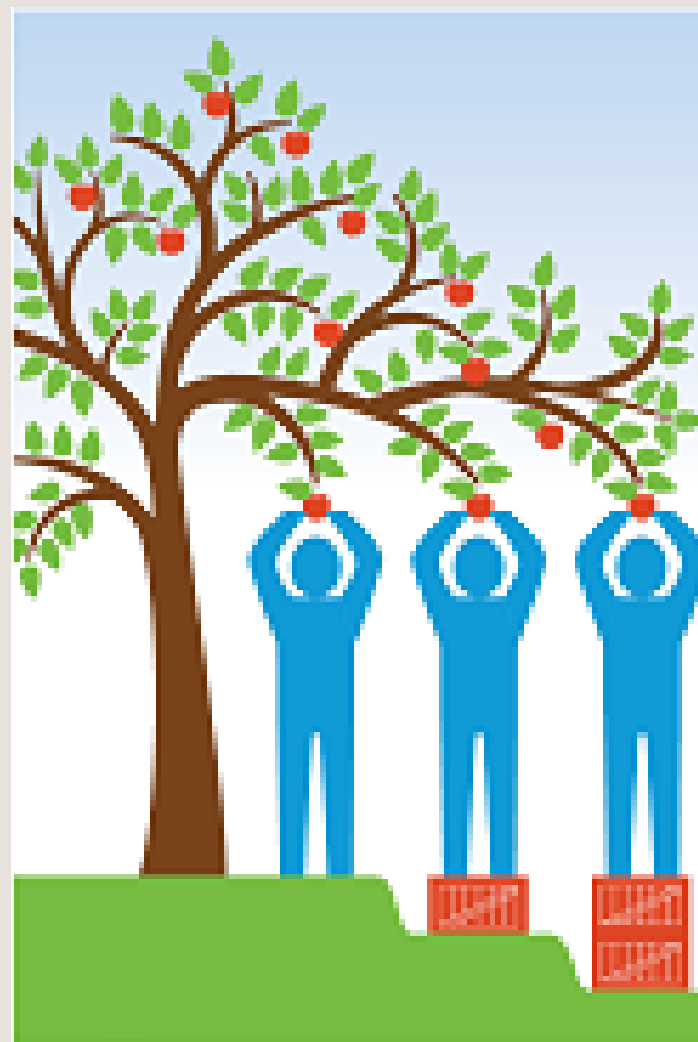
Unearned disadvantages that benefit some over others.

Examples:

- Exposure to racism
- Co-morbidities
- Intergenerational or historical trauma
- Adverse childhood experiences

WE ACHIEVE

HEALTH EQUITY



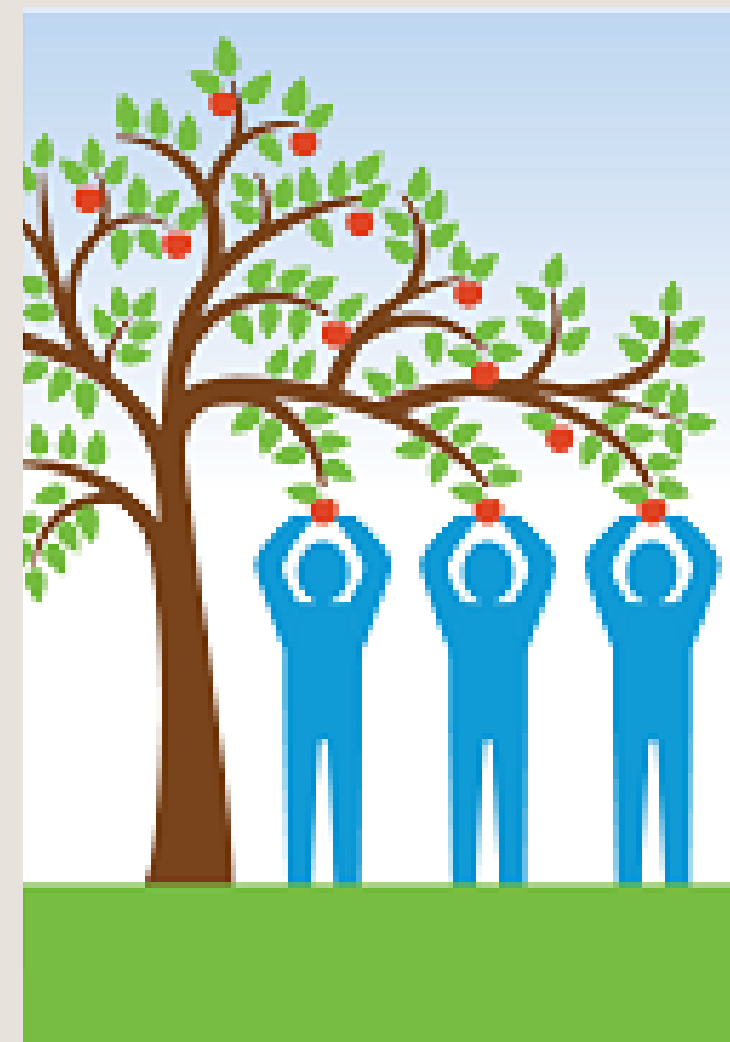
Everyone gets the support they need.

Examples:

- Comprehensive trauma-informed care
- Cultural competent care
- Accessibility to appropriate mental health resources

AND ENSURE

SOCIAL JUSTICE!



When everyone can live a healthy and just life without support because the inequity was addressed and barriers were removed.