



The Magic School Bus: The Body

Provided by:

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Information	Program Description
Kindergarten-4th Grade	Simple activities introduce students to the power of their heart and provide an opportunity to discuss ways to maintain a healthy heart.
Curriculum Format	Each lesson can be presented in 45-60 minutes. Teaching Guide with complete instructions is provided. Teaching Kit with materials needed to present lessons is provided. User may need to provide standard classroom supplies (pencils, scissors, glue). If a lesson requires perishable items (e.g. milk), user is responsible for these purchases.

Lesson	Overview
One: Your Heart	Students learn the heart is the strongest muscle in the body that pumps blood throughout the body and that blood carries oxygen and food that the body needs to live and grow.
Two: The Heart and Lungs	Students learn the lungs take in air when we inhale and push out air when we exhale and that we inhale oxygen and exhale carbon
Three: Digestion	Students learn that digestion is the process of breaking food down so the body can use it and that the digestive tract is 30 feet long.
Four: The Five Food Groups in the Right Amounts	Students learn about the five food groups, practice identifying foods for each category and make their own healthy meal.
Five: Inside Ralphie	Students learn about germs, how germs spread and healthy habits to reduce germs entering our bodies.
Six: Cells	Students learn how the human body works, specifically the functions of cells and how they operate.

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