



QUAD CITIES AREA

# Trauma-Informed CONSORTIUM 23-24

*A Community Resilience Initiative*

**A CONSORTIUM OF DEDICATED PEOPLE AND ORGANIZATIONS  
THAT ARE WORKING TOGETHER TO PROVIDE SOLUTIONS TO MAKE  
OUR COMMUNITY A HEALTHIER, MORE RESILIENT PLACE TO LIVE**

To continue to move forward in the implementation phase of Trauma-Informed Care in the Quad Cities Community, the 23-24 year of the Trauma-Informed Consortium will feature 3 different types of meetings. We will have speakers who share their **LIVED EXPERIENCES** (shown below in red) with trauma. Some speakers will provide **EDUCATIONAL CONTENT** (in orange) connecting their work to the TIC movement, and **PEER EDUCATION** (in green) from community members who have implemented TIC practices in their work or agency.

#### JOIN A MEETING



<https://iastate.webex.com/meet/lmmack>

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@QuadCitiesAreaTraumaInformedConsortium

**Meetings are the third Wednesday of the month  
9-10am via Webex**

## AUGUST 16TH

Tristi Stromquist, a Quad City community member and mental health advocate, will share her mother's story with mental health in the criminal justice system and the lasting impact on their family. This session is intended to provide perspective from individuals who have experienced the systems we work and live in, and how they impact those who come into contact with them. Moving towards a healing and trauma-informed community, we must listen and honor the voices that have these lived experiences.

*Content Warning: death of a parent*

## SEPTEMBER 20TH

Anne McNelis, Co-CEO & Clinical Director for Transitions Mental Health Services will discuss "The Connection Continuum: How our Professional Boundary-Setting Impacts our Effectiveness and Career Longevity." The ways in which we care for human beings can be influenced by how we perceive others, how we protect ourselves, and how we define the help and healing process. The concept of "effective compassion" refers to the most successful, impactful way we can care for and treat others in our work.

When we are practicing effective compassion, we are practicing all of the principles of being trauma-informed.



## OCTOBER 18TH

Judge McElyea has presided over the 7th Judicial District Problem Solving Courts - Drug Court and Mental Health Court - for several years. He will discuss the complexities of dealing with justice-involved clients who present with significant trauma histories. He will also discuss how these programs utilize Trauma-Informed Care practices to more effectively help those clients on their recovery journey and to promote public safety.

## NOVEMBER 15TH

Megan Winke is a LMSW who is certified in Palliative Care and Hospice who currently works as an outpatient social worker for Southeast Iowa Regional Health System Palliative Care. She will be sharing about services and supports offered through Hospice and Palliative care programs and the trauma that is experienced during serious illness for both patients and families.

## JANUARY 17TH

Sarah Harris, MOL and local systems expert on creating safe and supportive school environments for kids will join us to share how she has taken her adverse childhood experiences and turned them into her life's work of helping others to build inclusive environments to support kids with and without challenging behaviors to create resiliency factors.

## FEBRUARY 21ST

Alan Hartley, Principal at Bettendorf Middle School, will share his reflections on the trauma-informed journey BMS started in the 22-23 school year. After receiving a grant from the Department of Education focused on providing therapeutic services to students, BMS began a year-long journey into developing an evidence-based process for supporting these students. This included a multi-faceted approach to providing trauma-informed care to all students. Mr. Hartley will share successes, challenges, and takeaways from implementing TIC in a school setting from an administrative perspective.

## MARCH 20TH

Maggie Verdun is an Occupational Therapist, specializing in Pediatrics, and a graduate of the Trauma Informed Care Microcredential ('23). She will share how she has been able to implement what she learned in the TIC Microcredential to become a more trauma-informed OT, while also informing others in her field and becoming a TIC Champion in her agency. Maggie will discuss micro and macro practices that have changed in her agency, becoming more trauma-informed, because of her role in the Microcredential and as a TIC Champion.

## APRIL 17TH

Keith Donahue, a graduate of the 7th Judicial Mental Health Court program and now Peer Mentor, will join us to share his lived experience. Keith had multiple suicide attempts that led to hospital stays, and one attempt that led to him breaking the law. Keith then found himself in the mental health court program and on a road to recovery. After graduating from the program, Keith now mentors others going through mental health court.

*Content warning: suicide*

## MAY 15TH

Josh Stanger, a Community Treatment Coordinator at 7th Judicial District Department of Corrections, is a Trauma Informed Care Champion within his agency. He has been working with a team of colleagues and the Trauma Informed Care Systems Coordinator and Change Agent to implement trauma informed practices. He will share their journey to becoming more trauma-informed, as well as challenges and successes of implementing TIC principles and practices.