

MVF 4-H Dog Show and 4-H Communications Day



# Scott Scoop

## Scott County 4-H Update

I ❤️ 4-H! National 4-H Week is October 1-7  
Share what you ❤️ about 4-H with friends and family!



### Monday

- STEM Day
- Do an experiment with a buddy
- Here is an idea from InventSTEM



### Tuesday

- Creative Arts Day
- Write the first paragraph of your ideal book
- Read it to a family member, friend, or your pet:)

### Wednesday

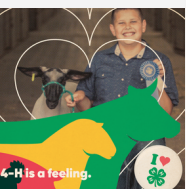
- Healthy Living Day
- Take a walk with a friend or family member

### Thursday

- 4-H Spirit Day
- Wear green (your 4-H tee shirt)
- Share your favorite 4-H memory with a friend

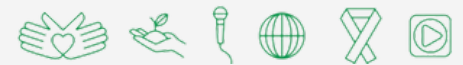
### Friday

- Animals and Agriculture Day
- Spend time with a pet or other favorite animal



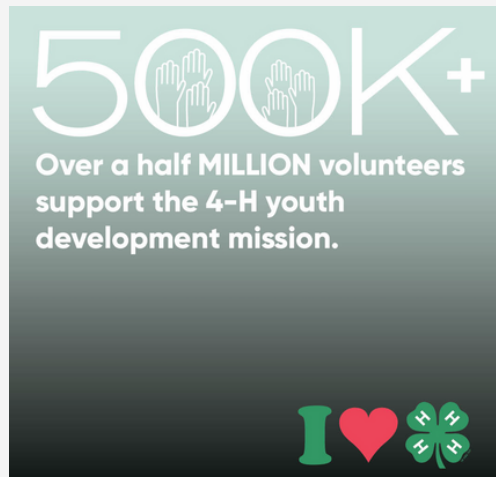
## October 2023 What's Inside

- National 4-H Week
- 4-H Day of Giving
- 4-H Re-enrollment
- 4-H Trophies
- Meat Judging Opportunity
- Horse Judging Opportunity
- Project Resources
- Youth Well-Being
- CYC Message + Calendar



## Scott County 4-H Day of Giving

All donations stay in Scott County. Matching funds are provided by the generous 4-H community. Donate here on October 3-4 from noon to noon.



## 4-H Club Re-Enrollment Is Open

Register for the 2023–2024 Year in 4-H!

- Log into [4-H Online](#) to re enroll.
- Use the same username and password as last year
- Returning members may enroll until December 1, 2023
- New members may enroll until May 15, 2024
- Scott County Extension is unable to accept late enrollments and/or late payments
- Helpful enrollment [video here](#)

Note: Iowa State has increased the 4-H Club enrollment fee to \$45. These fees cover resource development and supplies at the state level, state level salaries, and the \$5 4-H Online fee. Scott County 4-H does not receive any of the funds.

Clover Kids fee is still \$10.

If you need assistance paying for the increased amounts, please contact Scott County Extension Director Becky Bray at [bbray@iastate.edu](mailto:bbray@iastate.edu) or call 563–359–7577.

Champion  
Trophies can be  
picked up at the  
Extension Office,  
875 Tanglefoot  
Lane, Bettendorf  
Monday  
through  
Friday,  
8am–4:30pm.



### 4-H Meat Judging

Jacob Hunter, one of our FFA Educators, can train 4-H members for the [State Meat Judging Contest](#) held November 11, 2023 in Ames.

Please contact your 4-H Leader or [jamie@iastate.edu](mailto:jamie@iastate.edu) if you are interested in learning these skills.

Horse Judging Clinic  
Online 6 week introductory  
course for 7th – 12th graders.  
Sundays in October and  
November from 6–8 pm.  
Fee is \$35  
[Register](#) by October 13th.  
More information [here](#).

# Resources and Opportunities for Your 4-H Projects

## Mechanics:

- Are you interested in power, energy, and electricity?
- [Mechanics Program Area Guide](#)
- [State Science and Technology Fair of Iowa](#)
- Jacob Hunter, our FFA educator, will organize State Science Fair participants

## Camera Corps: again!

- Because you can join anytime
- More information [here](#)
- Follow monthly themes and contests on Facebook
- [Photography Program Area Guide](#)

## Leadership:

- Develop leadership skills
- Visit the [ISU 4-H Leadership page](#) for ideas
- [Leadership Project Area Guide](#) (free download)
- Leaders [use action verbs!](#) (free download)
- [Communication Project Area Guide](#) (free download)

## Clothing:

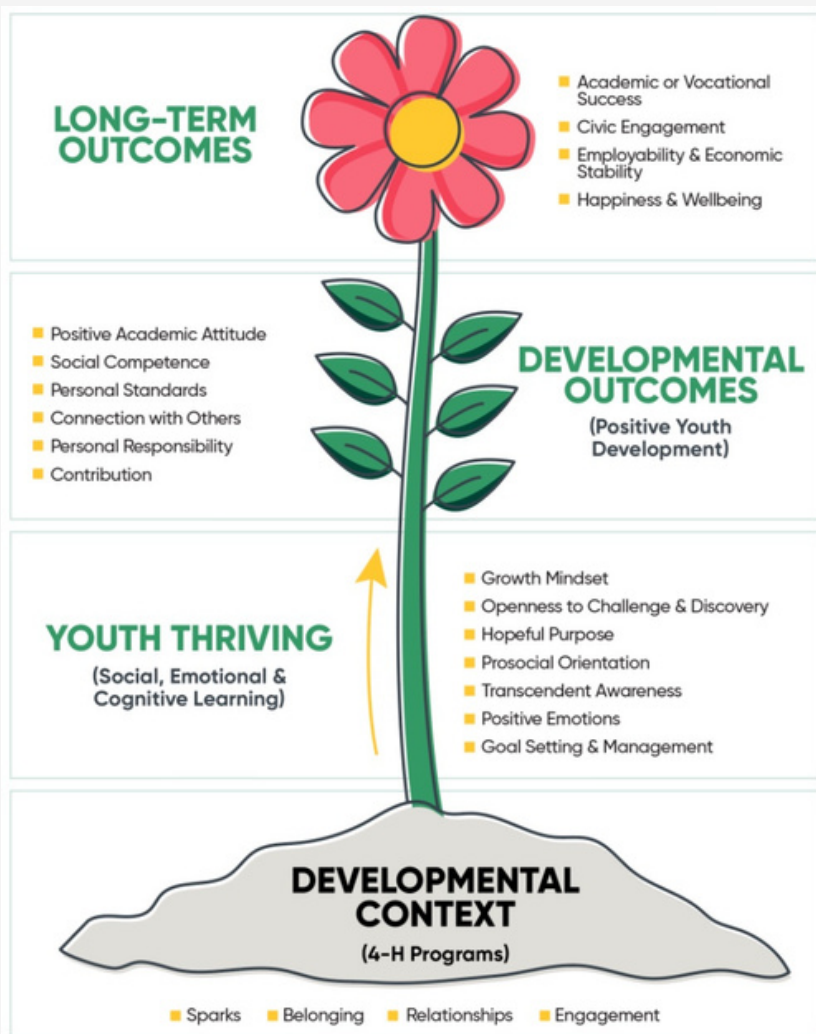
- Clothing Project [Ideas page](#)
- [Clothing Project Area Guide](#) (free download)
- [Sewing Project Area Guide](#) (free download)



# Youth Well-Being: Growth Mindset

The 4-H Thrive Model of Positive Youth Development is illustrated below. The concept of growth mindset is included on the stem of the diagram. A growth mindset (as opposed to a fixed mindset) is the belief that intelligence, talents, and abilities can be developed. Young people with this belief have an increased interest in learning, embracing challenges, persisting in the face of setbacks, learning from criticism, and finding inspiration in the success of others.

Developing these qualities is built into 4-H. We encourage the growth mindset in our young people when we praise their processes of learning: their effort, their focus, their perseverance, and their improvement. If you are interested in learning more about Carol Dweck's research on growth mindset, her short TED Talk is linked [here](#).



"I'm so glad I live in a world where there are Octobers."

Lucy Maude Montgomery,  
Ann of Green Gables

Dear Families and Volunteers,

Happy National 4-H Week!  
Enjoy the daily activities together:)

See if you can spend the week sharing your love for 4-H by personally connecting with friends, family, and your 4-H community.

Kind regards,

*Jamie*

jamie@iastate.edu  
work cell 563-275-2096

## CALENDAR

### October

1-7: National 4-H Week!  
4-5: Scott County 4-H Giving Day  
6-8: Statewide 4-H Connect Retreat  
31: Halloween

### November

11: Meat Judging Event in Ames  
23-24: Extension closed for holiday

### December

1: 4-H Re-enrollment ends at 11:59pm  
8: Nutcracker Ballet + STEM in Ames  
17: Beef Weigh-In 8am to noon in DeWitt