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October 2022

SCOTT SCOOP

Scott County Information

National 4-H Week is almost here! Join us in celebrating the accomplishments of 4-Hers, October 2 – 8: *Opportunity4All*

During 4-H Week we also celebrate our amazing members, tireless volunteers, and dedicated professionals.

*4-H is a place for ALL kids to belong and succeed.

*4-H is creating a better tomorrow, today!

We hope you will consider celebrating 4-H week and sharing your 4-H story with your neighbors, family, and friends!



Scan here to support
Scott County 4-H!

OCTOBER 4-5 :: NOON TO NOON

IOWA4HGIVINGDAY.ORG

Iowa 4-H Giving Day October 4th – 5th

Donations matched October 4th – October 5th from Noon to Noon

The Iowa 4-H Foundation and Scott County 4-H is launching its annual special 24-hour event, Iowa 4-H Giving Day (www.iowa4hgivingday.org), on October 4th and 5th from Noon to Noon during National 4-H Week. Dollars raised on Iowa 4-H Giving Day go directly to the Scott County 4-H Program to provide enrichment opportunities to enhance the 4-H experience.

Scott County 4-H supporters can go directly to the county giving day page to make a gift at <https://www.iowa4hgivingday.org/organizations/scott-county-4-h>. A generous donor has offered to match up to \$500 in contributions.

Iowa 4-H Giving Day is proudly sponsored by Farm Bureau Financial Services.

875 Tanglefoot Lane Bettendorf, IA 52722 563-359-7577

LEARN MORE AT <http://www.extension.iastate.edu/scott/>

Re-enrollment

Re-enrollment is OPEN for 2022-2023 school year.

Log in to <https://v2.4honline.com/#/user/sign-in> to re-enroll for the new school year. You will use the same email and password as last year.

Below you will find the help sheet and a video on how to re-enroll.

[Help sheet](#) & [Help sheet video](#)

For returning members, you will have until December 1st, 2022 to enroll and pay the \$35 4-H fee or the \$10 Clovers Kids fee.

We do not accept any late enrollments or payments.

New members will have until May 16th, 2023 to enroll and pay the \$35 4-H fee or the \$10 Clover Kids fee.

We do not accept any late enrollments or payments.

How to pay

- when you enroll online with a debit/credit card
- after enrolling online, call the office at 563-359-7577 to pay with a debit/credit card or mail in a check to:
875 Tanglefoot Lane, Bettendorf, IA 52722

Scholarships are available.

Club Spotlight

Blue Grass Sunshine Workers volunteered at the QC Outreach Veterans Luncheon on September 10th. It was held at the Mississippi Valley Fairgrounds—Fair Center building. The 4-H'ers greeted, seated, and took the veterans their food with drinks, along with a thank you from the club.





Join our team of Hy-Vee dietitians for a 4-week virtual group nutrition program teaching your family how to prioritize health, find balance at every meal and snack, foster healthy relationships with food, and improve the quality and quantity of the family meals in your home.

Upcoming dates:

9/6, 9/13, 9/20, 9/27 @ 5:30 p.m.

9/19, 9/26, 10/3, 10/10 @ 4:30 p.m.

9/21, 9/28, 10/5, 10/12 @ 10:00 a.m.

On-demand options available, too!

Scan the QR code and use promo code **BEGIN4FAM22** to register for free! Usually a \$99 charge.



← Scan the QR code to register!
Begin 4 Families Live
On-Demand Begin 4 Families →



Piece of the Puzzle

Have you ever been puzzled by what Scott County Extension does? Each month, we will share a piece of the puzzle with you to help you become more aware of our work.



Answerline is a free place to call for questions on home, family, cleaning, food preparation and safety, nutrition, laundry and other things you might need to know about. Any question is ok. They've probably been asked the same question by someone else and reports are that you receive very kind help and suggestions. Are you wondering about something, give them a call! 1-800-262-3804

Livestock Judging

Are you interested in Livestock Judging? Interested in Horse, Dairy, Rabbit, Poultry or Meats judging?! Contact Cyntia Walker for a code to get a FREE account to <https://www.livestockjudging.com/code/> We are partnering with North Scott FFA to bring you this great platform to help hone your judging skills!

Email cyntra@iastate.edu for your code!

Trophy & Name plates

If you still need to pick up your Champion trophy and name plate, you can do so at the Extension Office. Located at 875 Tanglefoot Lane, Bettendorf, IA from Monday—Friday 8am-4:30pm.

Thanks!

Notes From Your 4-H Coordinator



Happy Fall Y'all! Harvest is in full swing at my house! This is your friendly reminder to slow down when you see tractors and combines on the road! I hope you all are enjoying the cooler weather and take some time to celebrate National 4-H week!

As always, if you ever have questions, do not hesitate to reach out!

ejlyon@iastate.edu | 563-359-7577

Emily Lyon

Scott County 4-H Coordinator

Clover Kids

Do you know someone who is interested in Clover Kids? Any K-3rd Grader is encouraged to sign-up with us!

Contact ejlyon@iastate.edu

Inspirational *Quotes* from Fictional Characters:

“Life doesn’t give us purpose. We give life purpose.”

—The Flash

“You are much stronger than you think you are. Trust me”

—Superman



4-H Calendar 2022

October

2-8: National 4-H Week:
Opportunity4all
4-5: *Iowa 4-H Giving Day*

November

4-6: 4-H Connect Retreat
12: New program for Meat Judg-
ing
24-25: Office closed/Holiday

December

1: Re-enrollment due for return-
ing members!
9: Nutcracker Ballet + STEM
23: Office Closed/Holiday
26: Office Closed/Holiday

State Information

Opportunities Beyond the County Bi-fold Brochure

Do you want your 4-H youth to take their 4-H experience to the next level? This brochure outlines several of the beyond the county opportunities that are available to youth. Several statewide and national opportunities are listed.

[Download here](#)

The 4-H Connect program is a three-day retreat that allows untapped and underserved youth participants to explore experiential learning opportunities in the 4-H five program priority areas of Agriculture and Natural Resources, Civic Engagement and Leadership, Healthy Living, Communication and the Arts, STEM in addition to college and career opportunities available through Iowa State University.

November 4-6, 2022

Boone Y-Camp

Arrive November 4 at 3PM and departure on November 6 at 12PM.

Cost: \$20

[Click here for more information and how to register!](#)

On November 12, 2022, 4-H and the Animal Science Department will host a new and exciting meat evaluation program and contest.

This is a redesign of our previous meat judging activity and will include a clinic to teach youth how to evaluate meat in addition to the competition.

All 4-H and FFA youth are invited to participate.

Registration is open and for more information, visit the [Meat Judging webpage](#).

The Nutcracker Ballet + STEM is back and better than ever!

The performance is on December 9 at 12:30 pm. In-person at Stephens Auditorium or online options available. STEAM lessons (with more coming soon) are available on the [Iowa 4-H webpage](#)

State 4-H Recognition Opportunities

State 4-H Recognition is the process in which senior 4-H members in grades 9-12 can apply to be selected for special statewide opportunities such as awards and trips. The purpose of this event is to provide an avenue for youth recognition and to provide young people with an opportunity to practice and grow leadership, communications, and college and career readiness skills through application and interview activities.

[More information here.](#)

Healthy Living Club Challenge

Healthy Living Club Challenge 2022-2023

"Healthy Communities, Healthy Future"



Healthy Living is one of the five program priorities in Iowa 4-H Youth Development. We pledge our "health to better living" and in order to learn, practice, and advocate for healthy choices we are challenging clubs, learning communities, volunteers, staff, and families to practice healthy choices during their meetings, events and daily lives.

The 4-H Healthy Living Club Challenge promotes simple modifications and educational opportunities during monthly club/group/team gatherings to explore our well-being while also building skills to help others through community wellness.

Each month, groups will be challenged to incorporate healthy options such as...

- Offering and promoting **water** as a beverage
- Featuring a **fruit and/or vegetable** as a snack option
- Incorporating time for a **movement**-based activity
- Completing the monthly **community health equity** activity

[Click here for more information and to register!](#)

Start a *FIRST* LEGO League (FLL) team with your Iowa 4-H Club! Youth ages 6 to 10 can be in FLL Explore, which encourages them to learn STEM concepts, programming, and teamwork while exploring a real-world theme. Those ages 9 to 14 can join FLL Challenge as a team. They build and program a LEGO robot, hone their research skills, and show their core values.

For more information, visit <https://www.firstlegoleague.org/>



Save the Date



It's a great time to start thinking about your State Science & Technology Fair of Iowa (SSTFI) research project! Prizes offered at both junior and senior high levels. Over \$80,000 awarded!

March 30-31, 2023

**2-day fair held at
Hilton Coliseum in Ames, IA**

Interested in learning
more about SSTFI?



**Registration deadline:
February 19, 2023**

*Eastern Regional Science Fair (EISEF)
March 16, 2023*

*Western Regional Science Fair (WISEF)
March 25, 2023*