



My Money, Myself

Grades 3-6

My Money, Myself is an educational program designed to help students understand personal and family resource management. As they participate in this activity based program students will learn the importance of managing income to reach goals. Students will make things to take home, develop and record their ideas, talk with other students in activity groups and play games, all based on the program goals. *My Money, Myself* encourages family participation to reinforce concepts taught in the program.

Program Objectives

- Better understanding of personal values
- Differentiation between needs and wants
- Identification of personal resources
- Exploration of using money as a tool
- Increased understanding of income, spending and savings
- Greater ability to make decisions
- Evaluation of consumer products
- Exploration of the influence of advertising

My Money, Myself can be borrowed for one month or purchased for \$8.00 each, plus postage.