



Heartland Hoofbeats Induction of Club Officers



# Scott Scoop

## Scott County 4-H Update

**Reminder to Re-Enroll Now: Returning 4-H Members have until December 1, 2023 at 11:59**

Register for the 2023-2024 Year in 4-H Online

- Log into [4-H Online](#) with your existing username & password
- Returning members can re-enroll until 11:59 pm on Dec 1st
- New members may enroll until May 15, 2024
- We are unable to accept late enrollments or late payments

Enrollment fee is \$45 . Clover Kids fee is still \$10.

### December 2023 What's Inside

- Club Re-Enrollment
- Scholarship Workshop
- Beef Weigh In
- County Award Applications
- Scholarships
- Beef Blast
- State Science and Technology Fair
- Project Resources
- Youth Well-Being
- CYC Message
- Calendar

### Scholarship Workshop

**We now have 7 local 4-H Scholarships for Scott County high school seniors**

**THURSDAY, DECEMBER 7  
AT 6:30 PM  
SCOTT COUNTY LIBRARY  
200 N 6TH AVE, ELDRIDGE**

- Boost your resume
- Get recommendations
- Organize your applications

**LEARN ANN'S TIPS FOR APPLYING FOR A 4-H FOUNDATION SCHOLARSHIP!**

Register here for the workshop.

Learn how to turn your interests and activities into an application that stands out.

Note the location:

Scott County Library in Eldridge.

# Beef Weigh-In Sunday December 17 at 8 am

All Scott County 4-Hers and FFA members wishing to exhibit Market Steers, Breed Steers, Dairy Steers, Market Heifers, and second year Market Bucket Calves at County and State Fair must attend this weigh in on this date. \$5 per head for tag and retinal scan

Alternate dates are available in other counties but prior arrangements must be made:

- December 9- Louisa County
- December 16- Cedar County 8:30 am- noon Cedar County Fairgrounds

If you plan to attend the weigh-in in another county, contact the CYC at that county extension office to let them know you will be coming.

4-Hers must be registered in 4-H online by December 1st to attend the weigh- in.



# Scott County Awards ✨

for Juniors, Intermediates, and Seniors

- Age appropriate applications available [here](#)
- Due Friday, January 12, 2024 at 11:59 pm
- Interview times Thursday, January 18 & Tuesday, January 23
- Award presentation at Family Fun Night on January 27, 2024

Awards available in the following categories:

## 1. Agriculture, Natural Resources, & Animals

Agronomy, Animal Science, Beef, Dairy Cattle, Dairy Goat, Dog, Entomology, Environment & Sustainability, Horse & Pony, Horticulture, Meat Goat, Outdoor Adventures, Pets, Poultry, Rabbit, Sheep, Shooting Sports, Swine Veterinary Medicine, & Wildlife

## 2. Communications & the Arts

Communication, Digital Storytelling, Music, Photography, & Visual Arts

## 3. Family & Consumer Sciences

Child Development, Clothing, Consumer Management, Food & Nutrition, Health, Home Improvement, & Sewing & Needle Arts

## 4. Leadership & Civic Engagement

Civic Engagement & Leadership

## 5. STEM

Aerospace, Computer Sciences, Mechanics, Automotive, Electric, Small Engine, Tractor, Welding, Woodworking, and Robotics

# I Dare You Award

for our Emerging 4-H Senior Leaders

The “I Dare You” Leadership Award recognizes senior 4-Hers who demonstrate personal integrity, lead well-rounded lives and are willing to assume responsibility.

The 4-Hers do not need to hold leadership positions currently but be recognized by peers and adults who work with them as emerging leaders.

The American Youth Foundation, who sponsors this award, believes that everyone can make a difference. This award is given to young adults who are ready to take the dare to see themselves as leaders.

Application in Recognitions on the [Extension website](#) before January 12, 2024.

State Science and  
Technology Fair

- April 4–5, 2024
- Jacob Hunter, our FFA educator, will organize State Science Fair participants
- Email [jamie@iastate.edu](mailto:jamie@iastate.edu) for more information



## Scott County 4-H Community Supports Your Education with 7 Scholarships

We are grateful for the generosity of the 4-H community. In addition to the two John Kundel Scholarships, the Boldt and Coussens families have added five new annual scholarship opportunities for Scott County 4-H seniors. Note the new scholarship for a student who will attend a trade school.

The questions are identical for all applications, so take a look at one now so you can be thinking about your 4-H story.

Sign up for the Scholarship Workshop on December 7th

- Coussens Family Foundation Scholarships: [Link to application](#)
- Gerald Boldt Memorial Scholarships: [Link to application](#)
- Gerald Boldt Memorial Trade School Scholarship: [Link to application](#)
- John Kundel Scholarships: [Link to application](#)





Winfield Whipperwills 4-H Club Service Project



County Wide Crochet Class with Leila

# Resources and Opportunities for Your 4-H Projects

## Consumer Management:

- Explore the differences between needs and wants
- Learn about advertising strategies
- Give money to a cause you believe in
- More ideas in the Consumer Management Project Area Guide (free download)

## Camera Corps:

- Because you can join anytime in 4-H Online Events
- More information here
- Follow monthly themes and contests on Facebook
- Photography Program Area Guide

## Food and Nutrition :

- Volunteer in a Food Pantry
- Food and Nutrition Project Area Guide (free download)
- Put knowledge to work in the community Civic Engagement Project Area Guide

# Youth Well-Being

**MENTAL HEALTH MATTERS!**  
HOW DO I ASK FOR HELP?



Iowa 4-H has free mental health resources for youth in the Mental Health Matters curriculum in the Extension “Store”.

This month, I would like to highlight the How Do I Ask for Help- Mental Health Matters resource from Iowa 4-H. It is a reminder for youth that asking for help when something is wrong is a sign of strength.

The Mental Health Matters activities can be done in a club setting or at home. They are easy to try and give youth and their adults an understanding of ways we can take care of our mental health, especially as we move into the winter months when the daylight is short and expectations are high.

Links to all of the Mental Health Matters activity pages are on the Extension Website under Club Resources. Go to the Meeting Activity Ideas/Plans and scroll to the Healthy Living drop down menu to find them.

“Remember, what is given from the heart reaches the heart.”

Patricia C. McKissack

Dear Families and Volunteers,

At the end of the year, I am thinking about how grateful I am to have connected with so many new people.

I am looking forward to meeting more of you at the Scholarship Workshop, Beef Weigh-In and at Family Fun Night next month.

Warm regards to all,

jamie@iastate.edu

work cell 563-275-2096



## CALENDAR

### December

- 1: 4-H Re-enrollment ends at 11:59pm
- 2: Beef Blast
- 7: Scholarship Workshop 6:30pm Eldridge
- 8: Nutcracker Ballet + STEM in Ames
- 17: Beef Weigh-In 8-10:30 am in DeWitt
- 25-27: Extension Office Closed

### January

- 1: Extension Office Closed
- 12: County Award Applications due
- 12: I Dare You Award due
- 18: County Award Interviews
- 23: County Award Interviews
- 27: Family Fun Night