

TRAUMA-INFORMED POLICIES & PRACTICES

Improve Health



PTSD
symptom
prevalence
decreased
63%



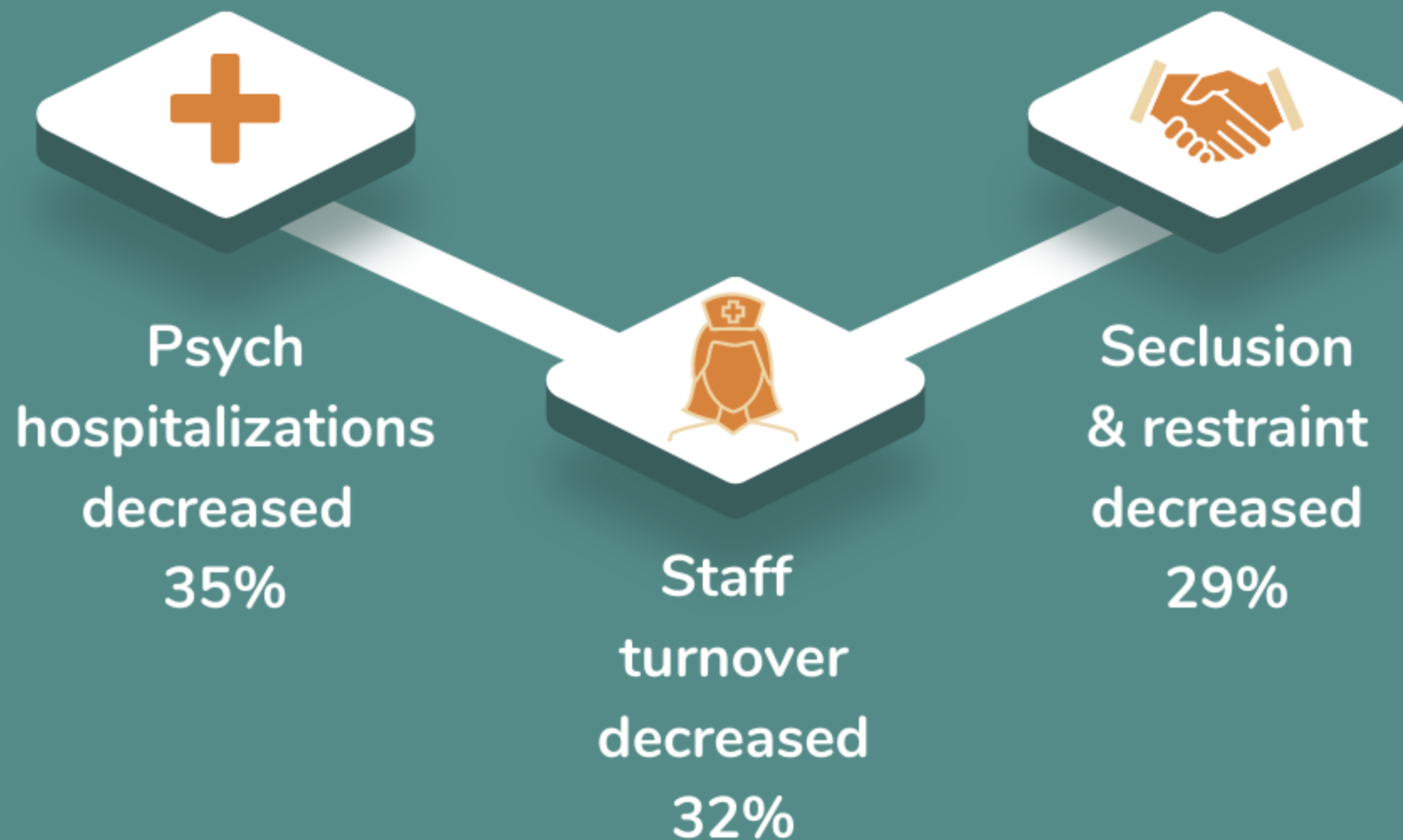
Physical
health
complaints
decreased
86%



Problematic
substance
abuse
decreased
65%

TRAUMA-INFORMED POLICIES & PRACTICES

Increase Well-Being



TRAUMA-INFORMED *Systems*



REALIZE the widespread impact of trauma + possible plans for recovery

RECOGNIZE the signs & symptoms of trauma



RESPOND by integrating trauma science + knowledge into policies & practices

RESIST re-traumatization by protecting against dynamics that may replicate trauma



PREVENTING ACES WOULD CREATE A SAFER, HEALTHIER, MORE RESILIENT AMERICA



TRAUMA-INFORMED
POLICIES & PRACTICES

Support Children



Foster care re-entry
decreased 18%



Child mental health
symptoms decreased 43%



Average time to re-unify
decreased 33%

TRAUMA-INFORMED POLICIES & PRACTICES

Improve School Environments



Expulsions decreased 31%



Suspensions decreased 40%



Behavioral referrals
decreased 83%

*\$748
Billion*

Annual cost to U.S. in
lost productivity and
healthcare attributable
to Adverse Childhood
Experiences (ACES)

*\$217
Billion*

Annual total the Federal
Government could save by
addressing & preventing ACEs

People with ACEs can be nearly twice as likely to be diagnosed with heart disease: **the #1 cause of death in America.**

ACEs are also associated with increased risks for:



STROKE
2.1x as likely



DEPRESSION
5.3x as likely



OBESITY
1.2x as likely



CANCER
1.4x as likely



CURRENT SMOKER
3.1x as likely



ASTHMA
2.2x as likely



KIDNEY DISEASE
1.7x as likely



HEAVY DRINKER
1.8x as likely



**HIGH SCHOOL
NON-COMPLETION**
1.4x as likely