

What do participants *gain*?

- Skills to enhance your work with diverse audiences
- A solid foundation in intercultural communication theory and practice
- Opportunities to apply new learning in your work
- An opportunity to learn how you can be more welcoming in your daily life



Navigating Difference[®]

Cultural Competency Training

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext. ADV.21.15 April 2021

What is cultural competence?

Cultural competence is the ability to interact and communicate effectively with people from diverse cultures, including those of a different age, socioeconomic status, ethnicity, gender, sexual orientation, ability, race, and more.

What is Navigating Difference® cultural competence training?

Washington State University Extension developed Navigating Difference®. This program enables participants to create a safe and welcoming environment for all learners with activities that respect and support individual learning styles.

Learn how to

- become more aware of our personal and organizational cultures
- examine how these cultures both positively and negatively affect our ability to work across difference
- build skills to increase our cultural competencies as we work with others who are different from us

Navigating Difference® is not about specific cultural groups, trying to change your values, blaming or fault-finding, or creating guilt or angry situations.

The training covers five cultural competencies



Cultural Awareness



Cultural Understanding



Cultural Knowledge



Cultural Interaction



Cultural Sensitivity

How does Navigating Difference® training work?

Three trainers lead a combination of presentations, small group discussions, and small group interactive learning activities.

Training on all five competencies takes 18 hours, spread over two and a half days.

We also offer the training module by module, starting with Cultural Awareness.

Navigating Difference can be delivered now in an online educational format.

The cost varies depending upon which option your group chooses.

Contact for more information

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