



# Communications...

# A Foundation of the

# 4H Program

Grab & Go Lesson  
For 4-H Club Meeting

**Objective:**

- **To build communication skills**
- **To develop self-confidence to present in a public setting**
- **To enhance social interaction and decision making skills**

**Supplies Needed:**

- **Theme bag for every small group (best if keep 3-4/group)**
- **Newsprint/poster board**
- **Makers**
- **Easel or tape**

**Do:**

- **Divide group into small groups and distribute theme bag per team to work together as a group to create a short skit/presentation using bag supplies. Allow 15-20 min. for planning/prep time.**
- **Everyone in the group should have a role in the skit.**
- **Each group create a poster(s) to support their skit/presentation**
- **At the end of plan/practice time groups take their turn and share with the larger group.**

**Reflect:/Peer Evaluation:**

- **What did you learn from these skits?**
- **What went well?**
- **What could have been done differently?**
- **If your group was to do this skit again for the county Communication's Day, what would you have done differently?**
- **Why is eye contact important?**
- **How do you pick a topic to present about?**

**Apply:**

**These skits/presentations are similar to doing a presentation for the club or even county competition. Helping youth build communication skills is a foundation of the 4H program. We work to help youth develop their self-confidence**

**Share 4-H Communication resources on how to organize a presentation.**

**Encourage youth to identify a topic of their choice and sign up to do a presentation or skit for future club meetings. Remind them they can do it alone or with another club members(s).**

## **How To Show A Giraffe**

Show stick (cane or yardstick)

Comb and Show Brush

Hair Spray

Lead Rope/Halter (optional) (or headband and string)

Ribbon

## **How To Wash An Elephant**

“Pooper Scooper” (small toy shovel)

Bath Bubbles

Wash Cloth

Soap

Hair Spray

Fingernail Polish

Powder

Hair Dryer

## **How To Give A Haircut**

Bowls (2 sizes)

Scissors (or other make-believe object)

Brush (optional)

Towel

Ruler

Comb

Spray bottle

## **How To Correctly & Incorrectly Crack An Egg**

Hammer

Screwdriver

Eggs

Bowl

## **How To Apply Make-up For A New Look**

Wash Cloth

Lotion

Foundation

Blush

Eye Shadow

Mascara

Lipstick

Body Glitter

Q-tips or cotton balls/pads

Bandana

## **How To Shave A Man's Face**

Toy Razor & Lather brush (or craftstick)

Balloon

Lots of Band-aids

Shaving Cream

Towel

Paper Towel

Marker

## **How To Prepare For A Trip To The Mall**

Beaded Necklace

Hair Accessories

Purse or Carry Bag

Radio

Nail Polish

Spray Bottle

Lipstick (2)

Comb

Toy Money

## **How To Start A Band**

Variety Toy Instruments

- accordion
- air guitar
- tambourine
- noisy stick
- clapper

Toy Phone

Tape Recorder

Clock

## **How To Teach A Dog To Play Cards**

Deck of playing cards

Treats or bell/whistle

Card holder (optional)

Leash (optional)