



# Poweshiek Post

January 2019



## Hello to Poweshiek County 4-H Families!

### Dates to Remember:

**Jan 1** - Youth Entertainment Application Deadline

**Jan 9** - Follow Up Meeting for 4-H Leaders and Fair Board

**Jan 10** - Healthy Living Challenge December Tracker Due

**Jan 14** - 2019 Fair Theme Ides Due to Fair Office

**Jan 15** - Deadline for the Citizenship Washington Focus Trip

**Jan 21** - Monte Nature Club

**Jan 22** - Grinnell Nature Club

**Jan 23** - BGM Nature Club

**Jan 30** - Pioneer Grant Applications Due

**Feb 1** - State 4-H Scholarship & Award Applications Due



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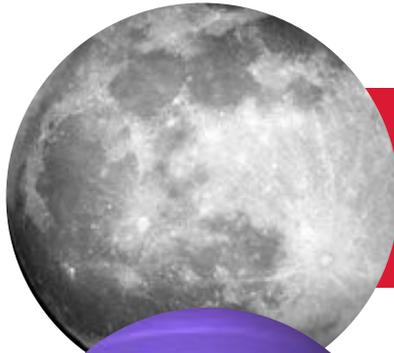
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LEARN MORE AT [WWW.EXTENSION.IASTATE.EDU/4H/POWESHIEK](http://WWW.EXTENSION.IASTATE.EDU/4H/POWESHIEK)

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# GENERAL INFORMATION



## FAR OUT DATES



14-15

Babysitting Basics | Grinnell

18

Babysitting Basics | Brooklyn



MARCH  
2019

8

Babysitting Basics | Montezuma



JUNE  
2019

25-27

State Youth Conference &  
Animal Science Round-Up | Ames

29

4-H Event Day



JULY  
2019

13

Indoor Exhibit Judging | Fairgrounds

18-22

Poweshiek County Fair | Fairgrounds



# REMINDERS

## Beef Weigh-In Verification

Following beef weigh-in, each individual animal was entered into 4honline by our Extension Office staff. Please login on 4honline by February 1<sup>st</sup> and verify that the information is correct for your animals! Please call the Extension Office if your information is incorrect.



## DuPont Grants

4-H clubs can apply for "seed money" from DuPont Pioneer in the form of grants up to \$500. These grants are to be used by 4-H clubs for community improvement projects. Applications are due to the state office by January 30<sup>th</sup>. For application materials, tips, and more go to <https://www.extension.iastate.edu/4h/pioneergrants>. For questions contact Haley Jones at [hjones@iastate.edu](mailto:hjones@iastate.edu).



## YQCA/FSQA

YQCA is an online livestock quality assurance education program for youth.

For 2019, all 4-H livestock exhibitors will be required to be YQCA certified for county and State Fair exhibition. This will be replacing FSQA. Youth can login to complete YQCA training through 4HOnline here: <https://yqca.learnrow.io/Account/Login>

Exhibitors for the following species will be required to have YQCA certification by July 1<sup>st</sup>, 2019:

- Beef
- Dairy Cattle/Dairy Goat
- Meat Goat
- Poultry
- Rabbit
- Sheep
- Swine

*Youth who completed the FSQA test-out option previously, will be granted certification through their respective expiration date!*

YQCA certification costs \$12 per test, with test-out options for first year Intermediates and Seniors. You will not be charged the fee until you pass your test. Financial assistance is available- please contact our office if you are in need.

For questions or more information about registering, please check out the state 4-H webpage ( <https://www.extension.iastate.edu/4h/yqca>) or contact our office.





# 4-H OPPORTUNITIES

## Hands on Photography Workshop



Want to practice your photography skills and learn more about your camera!? We will cover tips and tricks for all ages. Location will be in **Williamsburg, Iowa** from 2-5 pm on **March 13<sup>th</sup>**. Spots are limited, please sign up online at <https://form.iotform.com/83376670639974>.

## Horse Judging Team

Gather your friends for a Horse Judging team! We are excited to provide an opportunity to work alongside horse judges to train a team for the Equine Extravaganza March 22-24, 2019! Contact [xpoweshiek@iastate.edu](mailto:xpoweshiek@iastate.edu) or 641-623-5188 if you are interested. To be on a team, it is not necessary that you own a horse. More information will be coming soon.



## Beef Bonanza



**February 2<sup>nd</sup>** from 9:45 am – 3:00 pm at the Iowa Lakes Community College Campus in **Emmetsburg, IA**. This event will be an educational hands-on event all about beef. Participants will learn about calving with the ISU calving simulator, develop skills in judging and scoring cattle, and prepare beef safely. Spots are limited and registration deadline in January 24<sup>th</sup>.

Please contact Lisa Berkland at [lisaberk@iastate.edu](mailto:lisaberk@iastate.edu) with questions. More information and registration forms can be found here: <https://www.extension.iastate.edu/paloalto/news/2019-nw-iowa-beef-bonanza>

the 2019 Northwest Iowa Beef Bonanza on **Saturday,**



# 4-H OPPORTUNITIES

## Leadership Opportunity for High School Youth

Youth in grades 9th-12th can apply to be teen leaders for the National 4-H Native Bee Challenge. This is a great opportunity to gain leadership skills for youth interested in insects, agriculture, conservation, or horticulture. Youth just need to complete a short online application at [https://docs.google.com/forms/d/e/1FAIpQLSdc6\\_eONvqY3kgdyuJf0bs\\_OxOjl0mE9HymbDD\\_7D1TFyeGeA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdc6_eONvqY3kgdyuJf0bs_OxOjl0mE9HymbDD_7D1TFyeGeA/viewform)

Contact Maya Hayslett at [hayslett@iastate.edu](mailto:hayslett@iastate.edu) to get more information.



## Healthy Living Club Challenge: PowCo4H Edition

This year, the Poweshiek County Council is hosting a **county-wide competition** for the Healthy Living Club Challenge! Contest will run from January – May 2019, with winning clubs announced at the Community Awards night at the 2019 Poweshiek County Fair.

Competing in the Healthy Living Club Challenge is easy! Just follow these steps:

1. Register your club at <https://form.jotform.com/83022911015948>.
2. Earn miles by having water, fruits and vegetables, and doing physical activity at your club meetings!
3. Track your miles each month here: <https://www.extension.iastate.edu/4h/healthy-living-club-challenge>
4. Earn extra miles with the bonus challenges each month! The bonus challenge for January will be Personal Wellbeing.

The state competition has already begun, but there's still time to join the fun! The PowCo4H Edition begins with club meetings in January, so all our clubs are on the same page. Each month, the County Council will be posting the progress of each club as you race across Iowa.

Winning clubs will be announced at the Community Awards night at the 2019 Poweshiek County Fair. The top 3 clubs will receive plaques, along with these prizes *for each club member*:

- ⇒ 1<sup>st</sup> Place: T-Shirt and Water Bottle
- ⇒ 2<sup>nd</sup> Place: Water Bottle
- ⇒ 3<sup>rd</sup> Place: Reusable Tote Bag

Please contact Sam ([samasper@iastate.edu](mailto:samasper@iastate.edu)) or any of the County Council members if you have questions about the Healthy Living Club Challenge.



**4-H**   
**FUELS**  
**WELLNESS**





# POWESHIEK COUNTY

## WORKSHOP: PIZZA PALOOZA



Date: Thursday, January 24th | 6-8pm

Location: Community Hope Church | Montezuma

Project Area: Food & Nutrition

Create your own pizza from scratch! Learn about the science of dough, proper cooking techniques, and fun pizza facts!



**Register By January 21st!**

Poweshiek County Extension | 641-623-5188

samasper@iastate.edu



## 2018-2019 Clover Kids After School Program

### December's Clover Kids theme is **K-9 DOGS**

Participants will learn from Matt Maschmann. He will be bringing K-9 Simon with him to talk about what K-9 dogs are used for, how Simon is trained and the importance of police officers. Matt will help youth understand that Police Officers are their friends.

#### *Grinnell:*

- January 8 | 3:30-5:00 pm
- Bailey Park Elementary

#### *Montezuma:*

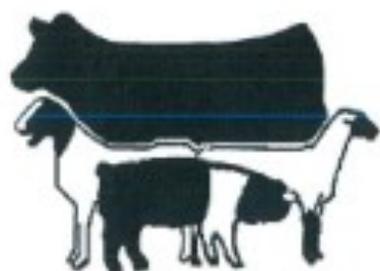
- January 14 | 3:30-5:00 pm
- Montezuma School

#### *BGM Group 1:*

- January 9 | 2:30-4:00 pm
- BGM School

#### *BGM Group 2:*

- January 16 | 2:30-4:00 pm
- BGM School



# 4-H Livestock Quiz Bowl Competition

Beef, Goat, Sheep & Swine

**April 13, 2019**

**Registration 10:30 a.m.**  
**Contest 11:00 a.m.**

**Lush Auditorium, Room 125 Kildee Hall, ISU  
Campus**

**Two divisions (Teams are 3-5 individuals)**

**Mixed Division:** ages 10-19 as of January 1

**\*Senior Division:** ages 14-19 as of January 1

**\*Winner of this division will represent Iowa at the National 4-H Contest held during Aksarben in Grand Island, Nebraska in September.**

**For complete rules and sample questions go to:**

**<https://www.extension.iastate.edu/4h/quiz-bowl>**



2018 Champion Senior Team

2018 Champion Mixed Division Team



**Contact Amy Powell**  
**[ampowell@iastate.edu](mailto:ampowell@iastate.edu)**  
**515-294-3441**