We’re hoping you and your club will be able to squeeze one more thing into your June meeting agenda...

The Polk County 4-H Advisory Board is organizing a GIFT BASKET SILENT AUCTION to be held during the Polk County Fair. Proceeds from the Auction will be used by the Advisory Board in its work to grow our Polk County 4-H program. The baskets can be created by clubs, groups or individuals who would like to show their support for Polk County 4-H through their donations. Community businesses are welcome to join in the fun! Others of us will be able to show our support by bidding on the baskets of goodies during the fair!

Thanks so much for all you do!

Diana
Iowa 4-H Volunteer Development

State-required annual training topic –

Just a reminder – To remain certified as a club leader (organizational or project) by the State 4-H Office, you must complete the annual training session they provide. If you didn’t have a chance to attend the “live” training, at either the State Volunteer Retreat in Ankeny or at our office on Thursday, February 23, you can now access the training session and its accompanying handouts at http://www.extension.iastate.edu/polk/page/leader-trainings. The training explains the “Essential Elements” for a successful 4-H club. Please watch the video provided, read through the handouts available through the website, and return the completed “Evaluation” to me by FAX, email or mail as soon as possible.

Every club must have at least one leader who has completed this required training to be eligible to exhibit at the fair. All leaders (Organizational & Project) must complete this training before the end of August 2012 to remain as an “approved” 4-H Leader. If you have questions, please give Diana a call.

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2012 North Central Region Volunteer Forum – This October

Are you looking for a fun training and networking opportunity for 4-H volunteers and staff? The 2012 North Central Region Volunteer Forum is scheduled for October 11 to 14, 2012 in Wichita, Kansas. Over 400 4-H volunteers, youth, and staff from twelve states will gather to learn new and practical ideas to help their clubs through fun, hands on workshops. Iowa volunteers who have attended Forum tell us they return re-energized and with new skills and ideas to help them have a successful club year.

The Kansas Forum will feature 50 educational workshops, three pre-forum tours, three keynote speakers, sharing and some time to celebrate. Registration costs and dates are:

- Early Bird $200 May 1 – July 31
- Regular $250 August 1 – August 31
- Late $275 September 1 – September 21

Registration fee covers program costs, snacks and all meals October 12 and October 13. The above pricing is for all attendees age 14 and older and includes 3 meals each day.

Registration information and the workshop schedule are available at http://www.kansas4-h.org/p.aspx?tabid=314. Registration is available either online or hard copy registration form on the last page of the Registration and Information booklet. Scholarship money for the forum is available to those volunteers who attended either the 2011 or 2012 Iowa State 4-H Volunteer Retreat.

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Bullying – It’s a problem we all must solve...

Some resources:

How do I recognize the warning signs? When do I take action and how do I intervene? Check out the Stop Bullying website at www.stopbullying.gov.

Raising Resilience: How All Adults Can Help Kids to Rise above Bullying
The May webinar on Search Institute’s website features Dr. Doug Coatsworth and brings attention to the important ways adults can help children rise above bullying.

Through this one-hour webinar, participants will:
- **Discover the real definition of bullying**, and learn to recognize the difference between “bullying” and “conflict”.
- **Uncover why raising resilient kids** is essential to rising above bullying.
- **Learn how to nurture your child’s resilience characteristics**, like empowerment, empathy, and self-control.
- **Get empowered to activate schools and communities** to nurture resilience in ALL kids.


Pennsylvania Bullying Prevention Toolkit

www.safeschools.info/bp_toolkit.pdf

This toolkit is an excellent resource for parents, educators and professionals serving children, youth and families. The resource distinguishes between rough play, real fighting and bullying, includes the bystander continuum of courage, public school legal responsibilities, prevention strategies, cyber bullying, referral protocol for suspected bullying, sample letter from parent to school administrators expressing concern and other resources.

Additional resources for you as a 4-H Leader

The New Leader Letters have been updated and are posted on the state 4-H volunteer website at http://www.extension.iastate.edu/4h/Volunteers/. These “letters” provide excellent information for 4-H leaders, new and experienced. They can be found in the bottom left box under the heading Newsletters.
Reminders & New Info For Leaders –

*Leap into the Fair!*

The **Fair Book is now updated and online.** As we prepare for the **2012 Polk County Fair**, remember to reference it often!  
http://www.polkcountyfairiowa.com

Remember, all entry forms, rules, etc. are now able to be printed from this site. For those who cannot print their own, county fair entry packets are available at the Extension Office for $1 a packet.

And speaking of the Polk County Fair...

- **Update on our 4-H Band** – We are postponing the debut till 2013 to allow more 4-Hers, alums and parents to get involved. Our band director, Joann Tubbs, is interested in meeting with your 4-H club during the coming year to talk about the band and the 4-H music project area in general. More info to come soon!

- **4-H Uniforms – our History** – Do your 4-Hers have “club t-shirts?” If so, please give me a call.

- **Clothing Event – Saturday, July 14th** (competition)  
  **Saturday, July 21st** (Fashion Show & announcement of winners)  
  Will your club be represented? Where are our young men???

- **Communications Event – Thursday, July 19** – Who from your club will be participating? Please encourage members to enter one of the divisions of this competition.

*Leap into the Fair!*
Reminders for Your Members & Parents

New 4-H Family Workshops

Please remind your 4-H families, especially the newer ones, of this workshop series available to them. The last in this year’s series will be:

Thursday, June 14th, 6:30-8:00 PM – All about the Polk County Fair!

Polk County 4-H Project WORKSHOPS!

Please remind your 4-Hers about the county project workshops available to them. The current list of workshops, and information about each, can be found at: http://www.extension.iastate.edu/polk/4h.

Please ask your 4-Hers to contact Diana as soon as possible with their reservations because some fill quickly! We also need a minimum number of registrations or the workshop has to be canceled so it is very important that I know they are planning to come! And... please remind your 4-Hers to check our website frequently for updates. (Our website location changed recently so some old links you’ve saved may not work now.)

Last chance for workshops ...

- Babysitting Basics – Wednesday, June 6, 8:30 AM – 3:00 PM
- Woodworking Basics – Saturday, June 9, 1:00-3:00 PM
- Elements & Principles of Design – Thursday, June 14, 4:00 – 6:00 PM (Note: this precedes the New Families Workshop, which starts at 6:30)
- Christmas in June (Making Chocolates!) – Saturday, June 23, 1:00-3:00 PM
- Rabbit Showmanship Workshop – Sunday, June 24, 1:00-4:00 PM

(See “News Articles” on the Polk County 4-H website.)

Have you and your club thought about sponsoring a basket for the Silent Auction???

Help our 4-H Advisory Board grow our 4-H program by participating in this new event!
Ideas for Next Year’s Club Meetings

You don’t have to be a science or math whiz to help your club members bring science, math and technology into their 4-H learning. Here are some ideas...

National 4-H Camping Institute Resources to Share
Are you doing Day Camping, Camping, or Overnight programming of any kind? The Iowa 4-H Camping Team attended the National 4-H Camping Institute and has lots of new resources to share with you from the conference workshops. Just follow the links below: (Clover Bud = our Clover Kids)

- Science, Technology and Camping
- Nature Programming and Camping
- Games, Activities, Dances, Songs and Campfire
- Camp Management, Philosophy and Counselor Training
- Day Camping the Clover Bud Way
- Camp Crafts:
  - T-Shirt Scarf LEO Directions
  - Campfire Craft LEO Directions (MSWord)
  - Glue Decoupage Tile LEO (MSWord)
- West Virginia’s Learning By Camping: Classes for All CD

Do you remember Bill Nye “The Science Guy”?

You Can Change the World - Bill Nye "The Science Guy".
Get this on your calendars early. Fun night out and it's FREE.
Friday, September 21, 2012, 7:00 PM at Stephens Auditorium, Iowa State Center, Ames.

Bill Nye "The Science Guy" is known for making science entertaining and accessible for school-age children and adults as the host of a weekly television series on the Disney Channel. After earning a degree in mechanical engineering from Cornell University, Nye worked as an engineer at Boeing. He eventually combined his love of science with his flair for comedy as Bill Nye the Science Guy, guesting on Disney's Mickey Mouse Club and Late Night with David Letterman, and answering science-related questions on local and national radio programs. Nye has made a number of award-winning educational videos and is also the author of The Science Guy’s Big Blast of Science, an introductory science text. This event is part of Engineers Week 2012 on the Iowa State University campus.

Get SET!

www.extension.iastate.edu/4h/projects/set.htm
4-H On-line Enrollments

- Are all your club members listed as “Active” in 4hOnline?
  They can’t exhibit if you’re not enrolled for this 4-H year!

  If you don’t know how to see your club list in the online system, please give
  Phil (957-5771) or Amy (957-5763) a call right away.

- Are you and your project and activity leaders all enrolled/re-enrolled in
  4hOnline? To be covered by the 4-H insurance during events, you need
  to be listed as “active.” (No $30 needed for adults!)

Iowa State Fair – Livestock & Horticulture

Iowa State Fair livestock and horticulture entries must be entered by the 4-Her
(4-H family) in 4hOnline (iowa.4honline.com) by 11:59 PM, July 2. Any 4-H
member who has completed 5th grade can enter in these divisions at the state
fair. Do not turn in paper copies of state fair entries to the Extension
Office this year. A help sheet to walk you through the State Fair Entry Process
can be found at: http://www.extension.iastate.edu/4h/EnrollmentDocs/StateFairLivestockentry2012.pdf.

Entry fee payments are, however, still due to the Extension Office and
need to be hand delivered or postmarked no later than July 3rd. Checks should be
made out to the “Iowa State Fair.”

Be sure to read Clover Power for additional reminders for your club members
and their families AND

Watch your email throughout the month for additional announcements to pass
on to your club.

Just let us know how we can help!

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<tr>
<th>Diana Sosalla</th>
<th>Phil Heckman</th>
<th>Amy Marek</th>
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<tr>
<td>515-957-5772</td>
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