



Polk County 4-H Clubs

WEST DES MOINES

Get to know the clubs by reading through each description. Once you have an idea of a couple of clubs that may make a good fit for your family, it is recommended to set up a club visit. If you need assistance joining a club or have questions, please contact the Polk County Extension Office at 515-957-5760.

Suburban Spirits

Leader: Sarah Sullivan Bigelow 515-473-8766 ssullivanbigelow@gmail.com
Betsy Blades 816-896-6260 betsy@betsyblades.com

Meeting: 2nd Sunday, 3 pm Hillside Elementary School

Grades: 4th-12th

About: This is a group of about 25 kids that enjoy crafts, service projects and learning from one another. We've done a lot of communications projects and enjoy getting outside.

History: This club was started in the 70's and has enjoyed many different activities and trends since then.

Suburban Spirits Clover Kids

Leader: Kelly Plummer 712-542-7984 kellydawn4isu@gmail.com

Meeting: 2nd Sunday, 3 pm Hillside Elementary School

Grades: K-3rd

About: Our club meets often in conjunction with the Suburban Spirits 4H club. We do lots of STEAM type activities, alternating between science focus, art focus, and engineering focus. This we are also looking into adding in outdoor physical activities such as biking or geocaching.

History: We, along with the Suburban Spirits 4-H, took 3rd for both decorating at county fair 2021.

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IOWA STATE UNIVERSITY
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Windsor Heights Wonders 4-H

Leader: Jill Cornell 515-314-1048 cornellgj@yahoo.com

Meeting: 1st Sunday, 3-5 pm Walnut Creek Church, Windsor Heights

Grades: 4th-12th

About: Windsor Heights Wonders focuses on home economics activities such as arts and crafts, cooking, sewing, photography, etc. We also do STEM activities throughout the year. We work on developing communication and goal setting skills and providing community service. Members give educational presentations each month and have opportunities to learn leadership skills.

History: Established in 2019

Windsor Heights Wonders Clover Kids

Leader: Jill Cornell 515-314-1048 cornellgj@yahoo.com

Meeting: 1st Sunday, 2-3 pm Walnut Creek Church, Windsor Heights

Grades: K-3rd

About: Windsor Heights Wonders Clover Kids is an introduction to 4-H for grades K-3rd. We focus on crafting, cooking and STEM activities. We also work on developing communication and goal setting skills and providing community service.

History: Established in 2019

If you didn't find a club that fits your needs, we encourage you to start your own 4-H Club! If you are interested in becoming a 4-H volunteer, please contact Megan Freeland, meganmae@iastate.edu 515-957-5763.

Sign up for 4-H:



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