



# Polk County 4-H Clubs

## ANKENY

Get to know the clubs by reading through each description. Once you have an idea of a couple of clubs that may make a good fit for your family, it is recommended to set up a club visit. If you need assistance joining a club or have questions, please contact the Polk County Extension Office at 515-957-5760.

### Ankeny 4-H Club

**Leader:** Theresa and Eric Neddermeyer 515-231-4258 [theresanedd3@yahoo.com](mailto:theresanedd3@yahoo.com)

**Meeting:** 3rd Monday, 7 pm Holy Trinity Lutheran Church, Ankeny

**About:** We have a large club. Our meetings are at 7 pm one Monday a month. Every club member does one presentation throughout the year to share some knowledge with the club that they have learned about. We do community outreach activities throughout the year as well.

**History:** The Ankeny 4-H Club is one of the oldest clubs in Polk County. We are a Banner Club and do service projects in our community.

### Ankeny Clover Kids

**Leader:** Amanda Flotho  
Debra Regennitter

**Meeting:** 3rd Monday, 6-7 pm Holy Trinity Lutheran Church Ankeny

**Grades:** 4th-12th

**About:** We are a hands-on, activity based club. We introduce clover kids to different project areas while making friendships and having fun. Clover kids are kids grades Kindergarten - 3rd grade.

If interested in joining contact the extension office at [polk4h@iastate.edu](mailto:polk4h@iastate.edu) for contact information

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext)



IOWA STATE UNIVERSITY  
Extension and Outreach



# Polk County 4-H Clubs

## ANKENY

Get to know the clubs by reading through each description. Once you have an idea of a couple of clubs that may make a good fit for your family, it is recommended to set up a club visit. If you need assistance joining a club or have questions, please contact the Polk County Extension Office at 515-957-5760.

### Ankeny Trailblazers 4-H

**Leader:** Tammy Wood 515-975-5831 tammydawnwood@gmail.com  
Carrie Scheidel

**Meeting:** Ankeny Miracle Park and Zoom, times vary

**Grades:** 4th-12th

**About:** Our Club is in a larger city. We have youths from 4th to 10th grade currently. We enjoy volunteering in the winter months with Ginger Bread Lane and making holiday cards for a local nursing home. We have worked to assist A Helping Hand Ankeny with several outreach programs. Our group enjoys students sharing projects and leading learning experiences as well as having guest speakers join us on topics such as nutrition, photography, bee keeping, and horse care. (We are not an equestrian club.)

**History:** Trailblazers was founded in 2015 and Officers were installed in 2019. The club has been growing since and has become a proud part of Ankeny.

### Capitol City Clovers 4-H

**Leader:** Lisa Green 515-468-1411 Lisa.a.green727@gmail.com

**Meeting:** 1st Sunday, 3-4 pm Holy Trinity Lutheran Church

**Grades:** K-3rd

**About:** We are a club of first generation 4-Hers. Our youth really drive what we do and what we learn through our club. Past activities include sewing draw string backpacks, cooking, financial literacy, challenges in communication and working as a team, photography, and STEM activities like coding and making snow volcanoes. We are a diverse club that welcomes everyone.

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext)



IOWA STATE UNIVERSITY  
Extension and Outreach



# Polk County 4-H Clubs

## ANKENY

Get to know the clubs by reading through each description. Once you have an idea of a couple of clubs that may make a good fit for your family, it is recommended to set up a club visit. If you need assistance joining a club or have questions, please contact the Polk County Extension Office at 515-957-5760.

### Capitol City Cloverbuds

**Leader:** Lisa Green 515-468-1411 Lisa.a.green727@gmail.com

**Meeting:** 1st Sunday, 3-4 pm Holy Trinity Lutheran Church

**Grades:** 4th-12th

**About:** We are a club of first generation 4-Hers. Our youth really drive what we do and what we learn through our club. Past activities include sewing draw string backpacks, cooking, financial literacy, challenges in communication and working as a team, photography, and STEM activities like coding and making snow volcanoes. We are a diverse club that welcomes everyone.

### Everything Explorers

**Leader:** Rebecca Chiodo, 515-991-6647, 4HEverythingExplorers@gmail.com  
Annie Antelman

**Meeting:** TBD

**Grades:** 4th-12th

**About:** We are a homeschool-focused club. Our club encourages the love of learning through completing fair-ready projects, hosting guest speakers, volunteering, giving club presentations, attending field trips, and more. Member families all contribute with leading activities in their areas of expertise or interest.

### Freedom Riders

**Leader:** Jessica Boor 515-201-1661 freedomriders4hcloverkids@gmail.com  
Emily Spence 515-229-9561 ejs930@yahoo.com

**Meeting:** Saturdays, 10am-12 pm St. Luke's Catholic School

**Grades:** 4th-12th

**About:** A large group of kids that enjoy community service and agriculture! We also like to fun with group outings. We encourage each of our participants to explore one new project area.

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext)



IOWA STATE UNIVERSITY  
Extension and Outreach



# Polk County 4-H Clubs

## ANKENY

Get to know the clubs by reading through each description. Once you have an idea of a couple of clubs that may make a good fit for your family, it is recommended to set up a club visit. If you need assistance joining a club or have questions, please contact the Polk County Extension Office at 515-957-5760.

### Freedom Riders Clover Kids

**Leader:** Jessica Boor 515-201-1661 [freedomriders4hcloverkids@gmail.com](mailto:freedomriders4hcloverkids@gmail.com)  
Emily Spence 515-229-9561 [ejs930@yahoo.com](mailto:ejs930@yahoo.com)

**Meeting:** Saturdays, 9-10 am St. Luke's Catholic School

**Grades:** K-3rd

**About:** A large group of kids that enjoy community service and agriculture! We also like to fun with group outings. We encourage each of our participants to explore one new project area.

If you didn't find a club that fits your needs, we encourage you to start your own 4-H Club! If you are interested in becoming a 4-H volunteer, please contact Megan Freel, [meganmae@iastate.edu](mailto:meganmae@iastate.edu) 515-957-5763.

Sign up for 4-H:



Follow us on Facebook:



This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to [www.extension.iastate.edu/diversity/ext](http://www.extension.iastate.edu/diversity/ext)



IOWA STATE UNIVERSITY  
Extension and Outreach