Congratulations Ellen, Lora, Julie and Brenda!
Years of Service Recognition at ISU Extension and Outreach Annual Conference

Ellen O’Loughlin – Calhoun Co. Office Manager/Comm. & Families Coordinator - 10 years.
Lora Wright – Sac Co. Office Assistant – 5 years.
Julie Hlas – ISU Extension and Outreach Advancement Specialist – 15 years.
Brenda Welch – ISU Extension and Outreach Youth Program Specialist – 20 years.

RICOCHET Training in Pocahontas

RICOCHET is a middle school leadership program that provides interactive opportunities for youth. The program uses trained facilitators to lead youth in a variety of leadership building activities.

Upcoming Professional Development Opportunities

- Mental Health First Aid – Individuals will learn how to identify, understand, and respond to those who are experiencing a mental health related problem or crisis.
  ➢ April 25th – 8:00 a.m. – 5:00 p.m. – Cass Co. Extension and Outreach Office, Atlantic
  ➢ September 26th – 8:00 a.m. – 5:00 p.m. – Buena Vista Co. Extension and Outreach Office, Storm Lake
- Creating Accessible Documents – Workshop designed to orient participants through new processes in working with Microsoft Office: Word, PowerPoint, Excel, Publisher and Outlook.
  ➢ April 16th – 1:00 p.m. – 5:00 p.m., or April 17th – 8:00 a.m. – 12:00 p.m. – Plymouth Co. Extension and Outreach Office
Girls Survive Through 4-H Wilderness Training

Travis and Misty Carrico, parents of Leia and Caroline, credit 4-H wilderness training in California for their survival. Read more at: https://www.cbsnews.com/news/missing-girls-found-california-sisters-describe-survival/

Soil Testing Option for Home Gardens

Garden soil management

ISU Extension and Outreach staff have an option for soil testing home gardens through Solum Labs in Ames. Final samples and testing fees are sent to: Solum Labs, 615 So. Bell Avenue, Ames, IA 50010. A publication of interest on this topic includes: Garden Soil Management (PM 802), Contact the County Extension office for more information.

Sewing at Sac Co. Mentoring Program

Clover Kids Program in Storm Lake

GRiT Leadership at Buena Vista University

Sac Co. Lock-in
Fruit Sales Fundraiser in Ida Co.

Beekeeping Workshop in Buena Vista Co.

4-H Leaders Training in Sac Co.

Buena Vista Master Gardener Project

Region 6 County Fair Dates

- Buena Vista Co. – July 5th – 8th
- Calhoun Co. – July 10th – 14th
- Cherokee Co. – July 18th – 21st
- Ida Co. – July 17th – 21st
- Pocahontas Co. – July 17th – 22nd
- Sac Co. – July 24th – 27th

Provided by Terry Janssen
Region 6 Extension Education Director