[DECEMBER 2021]

From Ann’s Desk...

We first want to welcome and introduce you to Darby Young. He is the new County Director in Plymouth County. Darby is quite familiar with ISU as he is a 3-time graduate from the university! Darby lives in Sioux City with his wife and two children. He is a Cyclones fan through and through – not a requirement of course – but should make for some fun!

As we conclude 2021, we also have members of the 4-H & Youth Committee whose terms are up and the Extension Council will be looking to fill those. If you know of anyone in the areas where those representatives live (listed on the left column), please have them request more information as well as a volunteer application packet from the Extension and Outreach Office. These must be returned by January 19. These will be reviewed by the Extension Council and then volunteers will be selected and approved.

The Plymouth County staff wish you all a very merry holiday season!

Ann Schoenrock
PLYMOUTH COUNTY FAIR WRAP UP

CHAMPION PHOTO DISPLAY
Plymouth County Farm Bureau is again sponsoring the photos in the traveling photo display of the 2021 Plymouth County Fair Grand Champions at various bank locations throughout the fall. The display will feature two digital screens the photos will scroll through. Each youth that received a champion will have one photo in the display. Those photos will be put in club mailboxes later this fall.
The schedule is as follows:
- December 6-10: Iowa State Bank – Le Mars
- December 13-17: Northwest Bank – Le Mars
- December 20-24: Primebank- Le Mars

4-H RECOGNITION EVENT
We are still working on getting everything pulled together for the annual 4-H Recognition Event. It will take place virtually again this year! The link will be posted on our YouTube channel as soon as it’s ready. All clubs will be recognized and awards will be announced! Clubs are encouraged to have “watch parties”. That might be part of your club’s Christmas party! It will be best to plan this for your January activity! Leaders will receive a “party basket” as well as the club awards to have on hand during the party! We would love to see photos of your watch parties! Be sure to post them on social media and tag us or email to xplymouth@iastate.edu!

COUNTY COUNCIL MEMBERS MONTHLY MEETING
There will not be a December County Council meeting. The next meeting will be January 23 at 1:30 p.m.

4-H ENROLLMENT IS OPEN!
All club member and leaders must enroll every year. If you’ve previously been in the system, all of your information is still there. You just need to complete the blanks or update any information and then submit. Make sure you use this website: https: v2.4honline.com
A help sheet is available on our website. If you still have any issues, let us know and we can try to walk you through this. **Whatever you do...please do NOT complete a new profile if you have already been in 4-H!!!!!
**
We already have 287 members enrolled! Thank you so much for getting this done! We are off to a good start, but have a ways to go to get all 400 completed!

IOWA 4-H SCHOLARSHIPS
Applications are now open for students to apply for college scholarships through the Iowa 4-H Foundation. You can find all the information, applications, and tips to filling it out at the Iowa 4-H Foundation website: https://www.iowa4hfoundation.org/en/funding_for_4hers/
Students only have to complete one application and check the boxes on all the scholarships they want to apply for. Applications are due by February 1 and do require two letters of recommendation. Submitted applications are then evaluated and selections are made by a committee on campus. Don’t forget to look for the Carol Schneider Scholarship that is for Plymouth County 4-H members!
STATE RECOGNITION

State 4-H Recognition is the process in which senior 4-H members in grades 9-12 can apply to be selected for special statewide opportunities such as awards and trips. The purpose of this event is to provide an avenue for youth recognition and to provide young people with an opportunity to practice and grow leadership, communications, and college and career readiness skills through application and interview activities.

State 4-H Recognition Opportunities Important Dates

- Applications open in 4HOnline on January 1.
- The application deadline every year is 11:59 PM on February 1.
- Interview selection and schedule are announced in the first week of March. Please review the interview times posted below. Time requests and preferences will only be available in 3-4 hour time blocks as listed.
- In-person interviews are available Saturday, March 26, 2022, 9 am-12 pm and 12 pm-3 pm.
- Video interviews will be available on Saturday, March 19, 8 am-12 pm, or Tuesday, March 22, 4 pm-7 pm.
- Awards are announced every year in mid-April.

2022 Recognition Preparation Statewide Workshops

Register in 4HOnline under "events"

- State and National Opportunities for Senior Level 4-H Members Tuesday, December 14, 4PM
- How to Write a State Recognition Application Wednesday, January 5, 4PM
- How to Write a One-Page Resume Thursday, January 13, 4PM
- How to Prepare for an Interview Tuesday, March 1, 4PM

MARKET BEEF WEIGH-IN

All Plymouth County 4-H and FFA members with a market beef animal (market steers or market heifers) will need to weigh and identify their market animals at the Plymouth County weigh-in site on Saturday, December 18, 2021 from 9:00 a.m.-11:30 p.m. at the Plymouth County Fairgrounds in the scale house east of the show arena. Please note that if any out of county exhibitors need to come they will be scheduled from 11:30 a.m. to 12:00 p.m. Plymouth County exhibitors will need to make arrangements to have their market beef projects weighed at the Plymouth County site. December 18th is when your project begins and you must have all market beef animals in your possession by this date. PLAN ACCORDINGLY...DON’T WAIT UNTIL THE LAST MINUTE TO GET THEM TRANSPORTED HOME. Each member may identify a maximum of ten head. Animals that will be exhibited at the Plymouth County Fair CANNOT be purchased after this weigh-in date. Also keep in mind that how you identify them (4-H or FFA project) at weigh-in cannot be changed after February 1.

We ask that families only come into the building when they have their cattle unloaded. It is much easier and efficient to help one family at a time rather than having multiple families trying to start paperwork.

4-H members will take a paper id form home and will then need to enter the date into their 4-H Online account by February 1 to have that animal properly identified and eligible to exhibit.

Cost for weigh-in:

$2.00 per tag

4-H members that want to nominate their animal to be eligible to exhibit at the Iowa State Fair will also need to have a retinal image taken. This cost is $5. So with a tag the grand total would be $7. State Fair animals will be tagged using an EID tag.

*FFA members choosing to nominate their animals for State Fair have a different procedure and will need to work with their advisors. Animals still need to come to weigh in if their want to exhibit at the county fair.

*ALL WEATHER RELATED ANNOUNCEMENTS WILL BE MADE ON OUR WEBSITE AND FACEBOOK AS WELL AS AN EMAIL SENT TO MEMBERS AND LEADERS.
ATTENDANCE POLICY
Plymouth County 4-H has a policy regarding how many meetings/activities a member must attend (September 1-Fair Entry deadline) in order to exhibit at the Plymouth County Fair.

1. Members must attend 3 of their enrolled club business meetings per year. (Community service projects, club parties, camps, workshops, or additional animal practice sessions are not counted as a club meeting unless a club business meeting is also a part of the event.)

2. Members must participate in at least 1 of their club’s events in the club they are enrolled in during the year. This would include activities such as bowling party, caroling, community service project, club tour, achievement show, field trip. If a business meeting is conducted with the event it can only count as one, not both a meeting and a club event.

3. All clubs agree to plan and hold a minimum of 8 business meetings per 4-H year. This will be submitted on the yearly club plan required to be turned into the Extension and Outreach Office by each club. A “business meeting” has been defined as one in which an actual business meeting occurs with a roll call, officer reports, old & new business, discussion, educational presentation(s), and a time for recreation, refreshments, etc. Getting together for a bowling party, caroling, community service project or other like event is not considered a club meeting unless a business meeting occurs along with the social event.

4. Club Attendance for the first part of the year will be collected from leaders in February.

5. Members will not be allowed to transfer clubs within the county after February 28. They must remain in the club they enrolled in (been active in) at the start of the 4-H year, following February 28.

REMINDER OF LIVESTOCK HOUSING POLICY
If you plan to have a livestock (beef, sheep, swine) project, please make sure you read and understand the livestock policy that is posted at: https://www.extension.iastate.edu/plymouth/4h
The bottom line is that if you live on a farm or acreage that has housing/water for animals, they will be expected to be housed there. Any circumstances that may come up or alternative locations that need to be determined, must first be approved by the 4-H & Youth Committee (prior to a deadline/weigh-in date). If an alternative location needs to be found, it must be within reasonable distance for daily care of the animal. If you need to request alternative housing approval or have any questions, please contact the Plymouth County Extension and Outreach Office at 712-546-7835.

Look for these fun activities to be coming your way this winter!
December
- Virtual Awards program—TBD
- Market Beef weigh-in (18th)
- Regional Swim/Skate day at All Seasons Center in Sioux Center (29th)

OFFICE WILL BE CLOSED ON FRIDAY, DECEMBER 17 –STAFF WILL BE AT A REGIONAL EVENT
OFFICE WILL BE CLOSED ON THURSDAY, DECEMBER 23—MONDAY, DECEMBER 27
OFFICE WILL BE CLOSED ON FRIDAY, DECEMBER 31
CONTACT US!

ADDRESS
251 12TH STREET SE
LE MARS, IA  51031

PHONE
712-546-7835

HOURS
Monday-Friday,
8:00 A.M.-12:00 P.M.
12:30 P.M.-4:30 P.M.

EMAIL
xplymouth@iastate.edu

WEBSITE
extension.iastate.edu/plymouth

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.

CONNECT WITH US ON FACEBOOK
ISU Extension and Outreach—Plymouth County

CONNECT WITH US ON YOUTUBE
ISU Extension and Outreach Plymouth County

PLYMOUTH COUNTY EXTENSION STAFF

ANN SCHOENROCK
PROGRAM & YOUTH COORDINATOR
schoenro@iastate.edu

LORRAINE DEJONG
CLOVER KIDS COORDINATOR
rldejong@iastate.edu

BETH BUNKERS
YOUTH PROGRAM SPECIALIST
bbunkers@iastate.edu

DARBY YOUNG
COUNTY DIRECTOR
darbyy@iastate.edu

MOLLY HEWITT
REGIONAL DIRECTOR
hewittm@iastate.edu

Extension and Outreach
Iowa State University

Le Mars, Iowa 51031
Permit No. 266
Postage and Fees Paid
Non Profit
4-H SWIM/SKATE PARTY

December 29
12:00 – 4:00 p.m.
All-Season Center
Sioux Center, Iowa

- Join other 4-H youth in grades 4-12 from around the area for a fun day of swimming, skating, food, friends and fun activities!
- Skating from 12:00-2:00 ~ Swimming from 1:00 – 4:00
- Registrations open to ALL 4-H Members and their friends!

Register at the DOOR with fee & waivers
- 4-Hers must be enrolled in 4HOnline for the 2021-2022 year.
- Non-4-Hers must bring a medical release form (enclosed).
- EVERYONE must bring a signed skating waiver (enclosed).

$10 cost includes:
swimming, skating during the skating time, games/activities, light lunch and snacks
“The fees will be used to offset direct expenses for this event - 4-H Youth Development, County Extension Program.”

For more information, contact your local ISU Extension and Outreach office.
PERMISSION AGREEMENT, RELEASE AND WAIVER OF LIABILITY
4-H Skiing, Snowboarding, Sledding, Ice skating and Other Winter Recreation Activities

You have asked to participate in a 4-H skiing, snowboarding, sledding, ice skating or other winter recreation activity. All winter recreation activities involve risks, and it is important for you to have information about your selected activity. This Permission Agreement and Release and Waiver of Liability must be read carefully and signed by each participant and the parent or legal guardian if the participant is under age 18.

PLEASE READ THIS AGREEMENT CAREFULLY. IT IS A LEGAL CONTRACT AND AFFECTS ANY RIGHTS YOU MAY HAVE IF YOU ARE INJURED OR OTHERWISE SUFFER DAMAGES WHILE PARTICIPATING IN A 4-H SKIING, SNOWBOARDING, SLEDDING, ICE SKATING OR OTHER WINTER RECREATION ACTIVITY.

In consideration of Iowa State University Extension and Outreach allowing me to participate in the 4-H Skiing, Snowboarding, Sledding, Ice skating and other Winter Recreation Activities at All Season Center - Sioux Center on December 29,2021, I understand and agree to the following:

**Nature of Winter Recreation Activities:** Winter recreation activities are strenuous and require educational information about the necessary skills involved before the activity can occur in the safest manner possible. Skiing, snowboarding, sledding, ice skating and other winter recreation activities can be dangerous. Fundamental knowledge of the activity and knowing your limitations when participating in winter recreation activities are essential to preventing injury.

**Inherent Risks and Dangers of Winter Recreation Activities:** I understand that there are inherent risks and dangers involved when participating in winter recreation activities. In addition to the risks inherent when participating in any physical activity, winter recreation activities may include, but are not limited to, hazards such as human error, collision with hazards on the ski slope (light poles, fences, other participants, etc.), physical effects of weather conditions (hypothermia, frostbite, sunburn, etc.), slippery or wet surfaces, and dehydration. Injuries may include, but are not limited to; fractured bones, muscle strains, head injuries and most often occur from falls, collisions, fatigue, poor technique, loss of control or equipment failure. I understand that these risks and dangers could result in property damage and personal injury, including death, and I agree to accept all risks associated with the recreation activities whether present or future, known or unknown, arising from, or as a result of my or my child’s voluntary participation in the winter recreation activities.

**Health Condition and Safety of the Participant:** Participants must be healthy and reasonably fit to safely participate in winter recreation activities. Participants in skiing, snowboarding, sledding, ice skating and other winter recreation activities are responsible for their own physical conditioning prior to the activity. By signing this Permission Agreement, you agree that the participant has the physical fitness and ability to participate safely in the winter recreation activity and that you are not aware of any disease or injury that would be aggravated or result in the participant being incapacitated or injured during participation. The participant must participate in the winter recreation activity within his or her appropriate ability and skill level.

*Additionally, the participant should:*

- Inform the club leader of any medication, ailment, condition or injury that may affect your performance in the activity.
- Obtain and use proper equipment. When renting equipment, allow venue staff to ensure participants are getting the appropriate equipment, as well as having the equipment adjusted for purposes of safety and proper performance.
- Drink plenty of water to avoid becoming dehydrated.
- Observe the weather conditions. There is additional risk with extremely low temperatures. Dress in layers and dress appropriately for weather conditions. Layering allows you to accommodate your body's constantly changing temperature.
- Consider wearing the recommended eye protection such as sunglasses or goggles (due to sun reflecting off the snow even on cloudy days). Especially when skiing and snowboarding, other safety equipment is encouraged to be used as an aid for preventing injury (e.g., helmet, elbow or knee pads, wrist guards, hip pads, etc.).
- Learn to ski and snowboard smoothly and in control; learn how to fall to prevent injury and to stop before becoming fatigued.
- Notify the club leader if the participant is inexperienced in the activities, specifically skiing and snowboarding. Inexperienced participants should seek out lessons or guidance from a qualified instructor upon arrival at the winter recreation area. The cost of the instruction is the responsibility of the participant and cost for this service should be considered prior to the trip.

The participant will read and follow all rules and regulations specified by Iowa State University Extension and Outreach/County Extension District staff and volunteers for safely participating in the 4-H Skiing, Snowboarding, Sledding, Ice skating and other Winter Recreation Activities. If the participant violates any of the rules and regulations, his or her participation in these activities may be terminated.

**PLEASE COMPLETE BOTH SIDES OF THIS DOCUMENT**
PERMISSION AGREEMENT, RELEASE AND WAIVER OF LIABILITY

4-H Skiing, Snowboarding, Sledding, Ice skating and Other Winter Recreation Activities

Participant Name: (print) 
Participant Age: 
Parent Name: (if participant is under 18) 
Club Name: Northwest Iowa 4-H - Multicounty Event 
Location of Activity: All Seasons Center - Sioux Center, Iowa 
Date of Activity: December 29, 2021

Release and Waiver of Liability

This 4-H Skiing, Snowboarding, Sledding, Ice skating and other Winter Activities Agreement and Release and Waiver of Liability shall be governed by and construed under the laws of the State of Iowa, which shall be the forum for any lawsuits arising from or incident to this Agreement.

I, ____________________________, (participant or parent or guardian if participant is under 18) hereby RELEASE FROM LIABILITY, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the State of Iowa, Board of Regents of the State of Iowa, Iowa State University, ISU Extension and Outreach and Ly-Sj-Ply-Osc-O'B-Ch____ County Agricultural Extension District, (name of entity controlling location of activity) All Season Center - Sioux Center, Iowa and any of the officers, servants, agents and employees of the above-mentioned entities (hereinafter referred to as RELEASEES) for any liability, claim and/or cause of action arising out of or related to any loss, damage or injury, including death, costs or other expenses or liabilities incurred by me or anyone accompanying me (including minors I am responsible for during this event), that occurs as a result of my or my child's voluntary participation in the above-described activities.

I agree to INDEMNIFY and HOLD HARMLESS the RELEASEES whether injury is caused by my negligence, the negligence of the RELEASEES or the negligence of any third party. I further agree that this Release and Waiver of Liability shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Release and Waiver of Liability shall be construed in accordance with the laws of the State of Iowa.

BY SIGNING THIS RELEASE AND WAIVER OF LIABILITY, I STATE THAT I HAVE READ AND UNDERSTAND THE CONDITIONS SET FORTH IN THIS RELEASE AND THAT I AGREE TO ALL CONDITIONS SET FORTH HEREIN, AND THAT I SIGN THIS VOLUNTARILY.

Date 
Participant Name (please print) 
Participant Signature 
Signature of Parent or Guardian (if Participant is under age 18)

NOTE: This Agreement and Release and Waiver of Liability must be signed by both the participant and the participant's legal guardian if the participant is not EIGHTEEN (18) YEARS OLD. I also understand all of the risks involved when participating in these winter recreation activities, and I hereby elect to allow my child to voluntarily participate.