4-H County Council
Aliza Woodford  Katie Nelson
Maggie Nelson  Olivia Lace
Joe Chapman  Lex Kassel
Grace Olesen  Lexi Brown
Cassidy Welker  Kayla Welker
Kenzie Hoffman  Rachel Miner
Claire Kassel  Laney Montag
Abi Schmidt  Landon Haack
Josie Reiman  Madisen Fay

Extension Council
John Banwart  Roberta Hersom
Diane Nelson  Sue Haack
Kim Hogensee  Nathan Hoffman
Lori Wickman  Scott Aniker
Jennifer Hurley

4-H Youth Committee
Debbie Kassel  Mary Woodford
Angie Joyce  Terri Sundall
Katrina Williams  Anita Fisher
Michelle Kogel  Colleen Kenyon
Charla Montag

Fair Board
Colin Hoppe  Jojo Moen
Amy Wesley  Dixie Marcellus
Brian Rouse  Phillip Schmitt
Bert Naig  Kristen Ruppert
Clyde Johnson  Alan Montag
Tracy Licht  Kyle Hurley
Autumn Patishall  Chris Soenen
Devona Perkins  Business Manager
Rebecca Licht & Rachel Miner (Y)

4-H Foundation
Ronia Kiockwyk  Deb Kibbie
Kim Hoffman  Carmen Moser
Ronda Olesen  Sara & Carl Gerber

Office Staff
Beth Frankenstein, Regional Director
Julie Naig, CYC
Jody Leuer, OA
Jamie Neff, Program/Office Coordinator
Logan Egland, Summer Assistant

Dates to Remember

September
Sept. 7  Office Closed for Labor Day
Sept. 15  4-H Shooting Sports Fall Organizational Mtg. – 6:30 PM @ office
Sept. 15  Record Books due to club leader or office
Sept. 15  Registration Deadline for Emmetsburg & Ruthven Clover Kids groups
Sept. 20  Pedal with Pete – Bike Ride for Cerebral Palsy – 2:00 PM @
          fairgrounds - registration from 1:30-2:00 PM
Sept. 20  4-H County Council Mtg. – following bike ride event @ fairgrounds
Sept. 24  No-sew T-shirt Bag Workshop – 5:30-7:30 PM in downstairs
          meeting room of the Extension Office
Sept. 29  Youth Committee Mtg. – 6:30 PM @ office – Awards
          Selection

October
Oct. 1  Clover Kids after school – Emmetsburg group K-1 – 3:45-5:00 PM
       in downstairs meeting room of the Extension Office
Oct. 4-10  National 4-H Week
Oct. 5  4-H Shooting Sports Mtg. – 6:30 PM in downstairs meeting room
        of the Extension Office
Oct. 6  WEAR 4-H T-SHIRT TO SCHOOL & PROMOTE 4-H!!!
Oct. 8  Clover Kids after school – Emmetsburg group 2-3 – 3:45-5:00 PM
       in downstairs meeting room of the Extension Office
Oct. 8  Salt Water Etched Tumbler Workshop – 5:30-7:30 PM in down-
       stairs meeting room of the Extension Office
Oct. 18  4-H County Council Mtg. – 6:30 PM in downstairs meeting room
        of the Extension Office
Oct. 29  Hanging Macrame Holder – 5:30-7:30 PM in downstairs meeting
        room of the Extension Office

*Watch for additional opportunities, workshops, updates, etc. in the Weekly Clover
Connect sent to your family email.

Thank You! Thank You!

I want to take this opportunity to send out a sincere thank you to all the exhibitors
and their families who participated in our “show & go” fair. Thank you for your
patience and understanding as ISU Extension & Outreach staff and the fairboard
worked towards trying to offer the opportunity for 4-Hers and FFA members to
showcase their exhibits and livestock/animals and still maintain a relatively safe
environment in the midst of a pandemic. I hope everyone who participated this
year will continue their involvement and generous support as we encourage others
to join in this opportunity. It is my hope that we can continue the “fair experience”
for the youth of Palo Alto County for many years to come!
REMINDER: For those of you who received a livestock premium please remember to send a thank you to the businesses/individuals listed in your accompanying letter. If you received a trophy or medallion you should also send a thank you to the donor (address is on the bottom or back of the award). We need to show our donors what great kids our 4-Hers are and how much we appreciate their generous support.

4-H Clothing Event Results

On Tuesday, July 7th, four 4-Hers competed in the county 4-H Clothing Selection/Fashion Revue/$15 Challenge Clothing Event at the Extension Office in Emmetsburg. Participants modeled outfits that they either constructed - Fashion Revue - or purchased - Clothing Selection or $15 Challenge - in front of a judge who then conducted an interview with each participant about the choices that they made in selection, construction, fit, style, color, cost, purpose, and the accessories they chose to complete the outfit. The $15 Challenge is a category that challenges participants to experience other shopping alternatives, such as garage sales, consignment stores, or retail shops such as Goodwill or Salvation Army, and not spend more than $15.00, not including shoes, accessories, or undergarments. Winners were chosen in each category. This year the event was judged by Julie Larsen from Titonka.

The results are as follows:
- Sr. Clothing Selection Champion: Maggie Nelson
- Sr. Clothing Selection Reserve Champion: Katie Nelson
- Sr. $15 Challenge Champion: Katie Nelson
- Sr. $15 Challenge Reserve Champion: Maggie Nelson
- Jr. Fashion Revue Champion: Tyra Schupbach
- Jr. $15 Challenge Champion: Mya Burns

All received blue ribbons for their entries. Congratulations to these girls for job well done!

Maggie and Katie Nelson went on to represent Palo Alto County in the virtual Iowa State Fair Awardrobe Clothing Event. Way to represent Palo Alto County!!!

The virtual runway images can be found here: https://www.facebook.com/iowa4h/posts/3520379857981092

2020 Communications Event Results

Congratulations to Katie Nelson, our Educational Presentation Champion! Her presentation was titled "Why is it so Hard to Finish a Story". She also represented us in 4-H Show Iowa, a virtual celebration which provided state level recognition to partially replace the communications event held annually at the Iowa State Fair. Katie received a Seal of Recognition in 4-H Show Iowa.

2020 Beef Carcass Results

Below are the results of the Palo Alto County Beef Carcass Contest held in conjunction with the 2020 "Show & Go" fair. Congratulations to all the winners!

1st: Katie Nelson
2nd: Katie Nelson
3rd: Josi Reiman
4th: Katie Nelson
5th: Maggie Nelson
6th: Cole Rouse
7th: Matt Berklund
8th: Owen Rouse
9th: Scarlett Olson
10th: Maggie Nelson

4-H Show Iowa Results

Congratulations to all who participated in the virtual 4-H Show Iowa experience! Palo Alto County 4-H was well-represented!
- Claire Kassel – Bucket of Junk Car Blue
- Lex Kassel – Bucket of Junk Dog Blue
- Maggie Nelson – Off-white floral dress w/ denim jacket Red
- Aliza Woodford – Brightening Our Kitchen poster & write-up Red
- Aliza Woodford – Photo of Kona Dog – mono colored Blue
- Aliza Woodford – Off Roading in Utah Project Blue
- Rebecca Licht – E-hawk T-shirt Quilt Red
- Rebecca Licht – Screen Printed T-shirt Logo Blue
With the fair over and the end of the 4-H year fast approaching it is time to think about updating your record book or record keeping system and applying for those highly deserved awards. We will again be awarding $50 to put towards a pizza party to the club that has the best percentage of its members completing some form of record keeping system. Encourage your fellow club members to help the club enjoy pizza on us!

All 4-H families should have received information in the mail about record keeping. Please read over before you begin. Members now have the flexibility to decide what materials are important enough to keep and how to organize them, whether it be in a 3-ring binder, file folder, or on a computer memory stick. We would still like members to complete a Yearly 4-H Summary and the Member Self-evaluation along with project records of their choice, as suggested in the “4-H Record Keeping: As Simple as 1, 2, 3!” sheet. Forms are available at our office or on our website at http://www.extension.iastate.edu/paloalto/4h (be sure to scroll down the page to find them).

For those members who have livestock/animals, we have a couple of additional forms. They are also available at our office or on the above website, scroll to near the bottom of the page. Use the market animal worksheet for market beef, market sheep, market meat goats, and market swine. Use the other animal worksheet for dairy, breeding animals, poultry, rabbit, dog, horse & pony, and pets. These are required if you plan to apply for an award in any livestock project area.

For members not applying for awards, please turn your record book/system to your club leader by Tuesday, September 15th. We will also accept them here at the office. We do keep track of everyone who turns one in and we want to strongly encourage everyone to complete something. It is part of being a responsible 4-H member. Remember, if you didn’t take any projects to the fair you can still do a record book – just write a paragraph about something you did do in 4-H and what you learned from that activity, event, project, workshop, etc. (We realize many events/activities were cancelled this year due to the pandemic but even a club meeting could be highlighted.)

Also enclosed in the mailing was information on applying for awards. We encourage everyone to apply for an award in some project area. Be sure to read the first paragraph carefully on the award application so you know what to do. You will need some supporting information (most likely a project record) for the area you are applying for an award in. Fair entry tags are not enough! Remember that record keeping systems and the award form need to be turned into the club leader or Extension Office no later than Tuesday, September 15th. The Youth Committee will meet shortly after that date to select the awards so your leader and the office needs this by the deadline so there is time to have everything ready for the selection process. You must follow this procedure to be considered for any of the awards, including the special awards for senior members.

If you have any questions, please feel free to stop in or
call the office at 712/852-2865. You may also email me at 
jaig@iastate.edu.

Community Service Club Award

Has your club completed a worthwhile community service project this year? If so, your club should apply for a Club Community Service Award. Leaders or a club officer just need to write up a one-page paper telling about their club’s project(s) and submit it with the record books. The Youth Committee will select the award winners.

Alumni/Honorary Awards

Anyone involved in the 4-H program has the opportunity to nominate any adult for the 4-H alumni or honorary member’s award. It is an excellent way to recognize them and show appreciation for their efforts on behalf of 4-H. Many adults in the county have done some wonderful things for 4-H and their community as well as their profession. Nominations can come from an individual or club. If you would like to nominate someone, please call the Extension office by Sept. 15th.

Clarification on 4-H Club Eligibility

Our current enrollment guidelines (4H-14) state, "The target audience for club membership is 4th through 12th grade youth." Age only comes into play with home-schooled youth. Youth in K-3 are eligible for the Clover Kid program.

Re-Enrollment for 2020

As some of you may have heard, Palo Alto County 4-H will be moving to an updated 4-H enrollment system - 4HOnline 2.0. Because it is not quite ready we are going to ask that families wait to enroll until it is ready (with the exception of new members who should turn in a paper copy to the office). As soon as the new program is open for enrollment I will send out an email to all our previously enrolled families so that we can get everyone enrolled as soon as possible. It will be important to get enrolled quick-ly so we have insurance coverage should anything happen at a club meeting or county 4-H event. Thanks for your patience with this transition.

Enrollment Fees for 2020-21

Enrollment fees for 4-H will stay the same for the 2020-2021 4-H year. MaxYield has agreed to continue to pay $10 for each 4-H member so we will continue to charge $20 per member to make our financial commitment to the State 4-H Office. If there is a family with multiple youth who feel this is too much of a financial burden, please don't hesitate to come talk to us. We will do our best not to exclude anyone because of financial reasons.

* Don't forget to thank MaxYield for their contribution the next time you do business with them!

2020 Fall SESS New Instructor Training

Registration Open

Registration for the September 11-12, 2020 New 4-H Shooting Sports Instructor Training is now open. Disciplines offered include: Archery, Rifle, Shotgun, and Wildlife. Training will be limited to 10 participants per discipline. Training will be held in Ames. More details coming soon. Let Julie know if you are interested in being an instructor for our Shooting Sports club or adding a discipline.

Fall Organizational Meeting for 4-H Shooting Sports Club

A fall organizational meeting for the 4-H Shooting Sports Club is scheduled for Tuesday, Sept. 15th at 6:30 PM in the downstairs meeting room of the Extension Office. This meeting is for all youth in grades 4-12 and parents interested in learning more about the 4-H Shooting Sports Club. Disciplines being offered this year will include archery, rifle, and shotgun. The shotgun discipline has an age requirement of 11 years of age. Youth will be asked to pick one discipline and stick with it for one year. We do have some attendance requirements so we need to know who is interested now so they can get their safety training done before we actually shoot in the spring and summer. For present members, record books will be collected at this meeting.

* The wearing of face masks will be strongly encouraged since we may not able to social distance in the meeting room.

Clover Kids for 2020-21

Ruthven-Ayrshire School - Due to the current situation Clover Kids for the Ruthven-Ayrshire group will not be held face-to-face for at least the first half of the school year. Instead it will consist of "Lesson to Go" bags that will be delivered to the school the first week of every month. More information and a registration form can be found here. Brochures will also be sent home from the school.

Emmetsburg Clover Kids - We will continue to hold face-to-face Clover Kids for the Emmetsburg group as long as school is doing in-person instruction. If our groups get to big we may need to add another group to enable us to social distance. Bussing to the office is still to be determined—hope to know more by the end of Sept.

Details:
Group A—K-1 grades  Group B—2-3 grades
(Parents with more than one child can choose the group that they want their children to be in so that they can attend together.)

Meeting Dates:
Thursday, Oct. 1 & 8  Thursday, Nov. 5 & 12
Thursday, Dec. 3 & 10  Thursday, Jan. 7 & 14
Thursday, Feb. 4 & 11  Thursday, Mar. 4 & 11
Thursday, April 8 & 15  Thursday, May 6 & 20
Time & Place — 3:45-5:00 PM in the downstairs meeting room of the Palo Alto County Extension Office.
*Dates are subject to change—email/postcard reminders will be sent before each meeting.

For more information and a registration form click here. Brochures will also be sent home from the schools.

West Bend & Graettinger Groups—watch for more details coming soon.

Remember: Being a 4-Her is not just a title that gives you the right to exhibit at the county fair. It means being an active member of an organization where learning, helping others, and building life skills is most important. Are you getting the most out of your 4-H experience???

PEDAL WITH PETE
Bike Ride for Cerebral Palsy

The 4-H Youth County Council is again organizing a bike ride to raise money for research for cerebral palsy. They would like to challenge ALL 4-Hers and their families to collect donations using the brochure included with this newsletter, dust off their bikes, and ride for this worthwhile cause.

The ride will take place Sunday afternoon, September 20, 2020. The ride will begin from the Palo Alto County Fairgrounds at 2:00 PM. Registration will be from 1:30 to 2:00 PM. Participants will be asked to ride on a designated route but will be able to ride as many of the miles as they would like. The complete route is 11 miles. Support vehicles will be available throughout the route.

All proceeds will go to the Pedal With Pete Foundation.

Refreshments will be served and prizes awarded after the completion of the ride. Come and join in on the fun!!!

November 12th—Coat Hanger Snowflake Workshop
December 17th—Lighted Christmas Burlap Garland

National 4-H Week
October 4-10, 2020

National 4-H Week is an excellent time to tell others about 4-H. 4-H has much to offer and this is a great time to invite others to share in its benefits. We encourage all clubs to do something special this week (an event, an activity, a promotion, etc.).

Here are some ideas you and your 4-H club can do to help celebrate National 4-H Week:

- Submit articles to your local newspaper or 4-H newsletter on "Why 4-H is important to you". Make it a club project.
- Make posters to put up in your local school and other community places.
- Deliver pre-packaged food to local 4-H supporters as a special "thank you". The Extension office can supply you with a list of supporters.
- Decorate a store window.
- Invite prospective members and parents to a meeting or special "fun" club event.

What you can do to promote 4-H in school and throughout the community would help make our 4-H program even stronger. Let them know you're out there!

*Remember to follow the Palo Alto 4-H Facebook page that week and answer trivia questions—and win some great prizes!!!

ATTENTION!!! We would like all 4-H members to proudly wear their 4-H T-shirts to school on Tuesday, October 6th. Join together and make a statement!!! Maybe you'll recruit some new members!

State Fair Champions Carcass Viewing Will Be Virtual

State fair champions carcass viewing will be provided virtually this year. Video recordings of the carcass measurements and explanations are being made and will be posted by September 1st on the 4-H Livestock webpage.

State Meat Judging Competition Will Be Virtual

State Meat Judging Competition will be held virtually on September 26. There will be a junior division (4-8 grades) and senior division (9-12 grades) as of January 1, 2020. This event will be conducted through Zoom and the scorecard will be completed online and scored electronically. More information is available on the Meat Judging webpage.

Newsletter prepared by Julie Naig, County Youth Coordinator. Email at jnaig@iastate.edu.
Fall 2020 4-H Workshops
“In-Person” or “Take & Make” Options

No-sew T-shirt Bag: Have a favorite T-shirt that no longer fits? Why not learn to make a T-shirt fringed bag out of that T-shirt. This is so simple to make and can have many uses. An in-person workshop will be held Thursday, Sept. 24th at 5:30 PM in the Extension Office meeting room. Don’t have a T-shirt? We have some of the old green 4-H fair exhibitor T-shirts that we can give you at no cost! The “Take & Make” option will include the directions and a 4-H T-shirt. This workshop is FREE!

Salt Water Etched Tumbler: Learn how to salt water etch your initials on a 30 oz. stainless steel tumbler—and learn the science behind it! Simple procedure that will make you want to do more! An in-person workshop will be held Thursday, Oct. 8th at 5:30 PM in the Extension Office meeting room. The Take & Make option will include directions, a tumbler, a stencil with your initials, and other experiment supplies. Cost is $15 for either option.

Hanging Macrame Holder: Macrame is coming back! Learn how to tie a simple knot out of macramé rope and make this wall hanging! Once you master this project the sky is the limit for what you can create! An in-person workshop will be held Thursday, Oct. 29th at 5:30 PM in the Extension Office meeting room. The Take & Make option will include directions, macramé rope, dowel, and jar. Cost is $15 for either option.

Coat Hanger Snowflake: Here is a simple decoration made only out of coat hangers and zip ties! Once completed it can be personalized with Christmas lights, glitter spray paint, etc. and can be displayed inside or outside. An in-person workshop will be held Thursday, Nov. 12th at 5:30 PM in the Extension Office meeting room. The Take & Make option will include directions, coat hangers, and zip ties. Cost is $10 for either option.

Lighted Christmas Burlap Garland: Make your own lighted garland with just burlap ribbon and a string of lights—perfect for other holidays, too! So simple to make that you will want to make them to give as gifts for others! An in-person workshop will be held Thursday, Dec. 17th at 5:30 PM in the Extension Office meeting room. The Take & Make option will include directions, strands of lights, and burlap ribbon. Cost is $15 for either option.

*Space will be limited for the “in-person” option due to physical distancing requirements. Registration due 2 weeks before each workshop so supplies can be ordered as needed.

Return to the Palo Alto County Extension Office. (2008 10th St., Emmetsburg, IA 50536)
Space will be limited for “in-person” option. All registrations taken on a first come, first served basis.

NAME: ___________________________ Grade: ______
PARENT CELL PHONE #: ______________ Family Email: ______________

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<th>Workshop</th>
<th>Date &amp; Time</th>
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<tr>
<td>No Sew T-shirt Bag</td>
<td>Sept. 24th @ 5:30 PM</td>
<td>In-Person “Take &amp; Make”</td>
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This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.
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**2020 PALO ALTO BIKE RIDE**

Pedal for a Cure

*SUNDAY*

September 20, 2020

Registration: 1:30-2:00 PM at Palo Alto Co. Fairgrounds

Ride: 2:00 PM (Refreshments following)

OPEN TO ALL AGES

Sponsored by the Palo Alto 4-H Youth County Council.

A CYCLING EVENT OF THE PEDAL WITH PETE FOUNDATION

A PHILANTHROPIC ORGANIZATION DEDICATED TO RAISING MONEY FOR THE PREVENTION AND CURE OF CEREBRAL PALSY
BIKE

• Others deserving of a special award
• The rider who raised the most money
• The youngest rider
• The oldest rider
• The Pedal with Pete Foundation: Special Prizes

I hereby waive all claims against the Pedal with Pete Foundation, sponsors, and organizers.

Signature

Parents’ Signature (If under 16 years old)

Phone

City

Address

Name

Emmettsburg, IA 50536
County Extension Office, 2008 10th St.

Donations may be sent to the Pedal with Pete Foundation.

BIKE

September 20, 2020

Get Donations!

How can you make a difference?

Collect:

• Your family
• Your friends
• Your neighbors
• Your place of worship
• Your employer and co-workers

Ask: Take your street to:

Pedal with Pete, Inc.

P.O. Box 123
Emmettsburg, IA 50536

Pedal with Pete Foundation

P.O. Box 123
Emmettsburg, IA 50536

Phone: 1-800-555-1234

What is Cerebral Palsy?

Cerebral palsy is a neurological condition.

Pedal with Pete, Inc.

Cerebral palsy is a neurological condition.

Cerebral palsy is a neurological condition.