



P.A. P wer Pages



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Sept./Oct. 2017

4-H County Council

Anna Sorenson	Kristen Kassel
Mary Nelson	Emma Anderson
Sarah Brown	Abigail Hoffman
Morgan Schmidt	Lauren Kenyon
Betty Strohmman	Ian Montag
Thomas Woodford	Aliza Woodford
Morgan Hellyer	Lex Kassel
Maggie Nelson	Rebecca Licht
Joe Chapman	Delaney Joyce
Grace Olesen	

Extension Council

John Banwart	Roberta Hersom
Missy Hall	Sue Haack
Tim Naig	Nathan Hoffman
Paul Molitor	Scott Anliker
Jennifer Hurley	

4-H Youth Committee

Debbie Kassel	Mary Woodford
Angie Joyce	Terri Sundall
Lori Wickman	Anita Fisher
Michelle Kogel	Colleen Kenyon
Charla Montag	Denise Flaherty
Brandon Miner	

Fair Board

Colin Hoppe	Tyler Johnson
Dan Voigt	Denton Knobloch
Brian Rouse	Phillip Schmitt
Bert Naig	Jerry Joyce
Clyde Johnson	Alan Montag
Jon Sorenson	Tracy Licht
Scott Smith	Autumn Brown
Steve Pfaffle – FFA Adv.	
Devona Perkins – Business Manager	
Abi Hoffman & Lauren Kenyon (Y)	

4-H Foundation

Ronia Klootwyk	Deb Kibbie
Kim Hoffman	Carmen Moser
Jill Schany	Lynn Mogler
Ronda Olesen	

Office Staff

Bryan Whaley, Regional Director
Julie Naig, CYC
Jody Leuer, OA
Angie Strohmman, Program Educator

Dates to Remember

SEPTEMBER

Sept. 1	4HOnline open for Re-enrollments for 2017-2018
Sept. 4	Office Closed for Labor Day Holiday
Sept. 9-17	Clay County Fair
Sept. 10	Junior Clippers 4-H Club Mtg. – 3:30 PM @ office
Sept. 11	4-H Shooting Sports Fall Organizational Mtg. – 6:30 PM @ office
Sept. 15	Record Keeping Systems/Award Forms due to club Leaders
Sept. 15	Registration deadline for Emmetsburg & Ruthven Clover Kids groups
Sept. 17	Pedal with Pete – Bike Ride for Cerebral Palsy – meet @ fairgrounds at 2:00 PM
Sept. 17	4-H County Council Mtg. – following bike ride event @ fairgrounds
Sept. 19	Monte Thompson Progressive Ag Safety Day for 1 st & 2 nd graders @ fairgrounds
Sept. 21	Youth Committee Mtg. – 6:30 PM @ office – Awards Selection – record books must be in office by noon on this day to be eligible for awards

OCTOBER

Oct. 1-7	National 4-H Week
Oct. 1	Palo Alto 4-H Club Food Challenge – bring food to Exhibits Building between 1:30-2:00 PM to be weighed – winning club announced during Penny Carnival
Oct. 1	Penny Carnival @ fairgrounds (Exhibits Building) – 3:00-4:30 PM
Oct. 1	4-H Shooting Sports Mtg. following carnival in Exhibits Building
Oct. 3	Clover Kids after school – Ruthven group – 3:30-5:00 PM in lunchroom
Oct. 4	WEAR 4-H T-SHIRT TO SCHOOL & PROMOTE 4-H!!!
Oct. 5	Clover Kids after school – Emmetsburg group K-1 – 3:30-5:00 PM @ Extension Office – participants should

- Oct. 12 ride bus #14 which will stop @ office
Clover Kids after school – Emmetsburg group 2-3 – 3:30-5:00 PM @ Extension Office – participants should ride bus #14 which will stop @ office
- Oct. 14 Popcorn Workshop @ office from 9:00-2:00 – watch for more details in the weekly Clover Connect**
- Oct. 22 4-H County Council Mtg. – 6:30 PM @ office
- NOVEMBER
- Nov. 2 Clover Kids after school – Emmetsburg group K-1 – 3:30-5:00 PM @ Extension Office – participants should ride bus #14 which will stop @ office
- Nov. 5 Leaders Appreciation & Awards Banquet – VFW, Emmetsburg – 5:30 PM**
- Nov. 6 4-H Shooting Sports Mtg. – 6:30 PM @ office
- Nov. 7 Clover Kids after school – Ruthven group – 3:30-5:00 PM in lunchroom
- Nov. 9 Clover Kids after school – Emmetsburg group 2-3 – 3:30-5:00 PM @ Extension Office – participants should ride bus #14 which will stop @ office
- Nov. 11 Sewing Workshop @ office – more details in next newsletter**
- Nov. 19 4-H County Council Mtg. – 6:30 PM @ office
- Nov. 23-24 Thanksgiving Holiday – Office Closed

* Watch for additional opportunities, workshops, updates, etc. in the Weekly Clover Connect sent to your family email.

Thank You! Thank You!

There are countless people to thank when a fair comes to an end such as the Fair Board, fair superintendents, grounds crew, committee members, 4-Hers, FFA members, Clover Kids, leaders, parents, exhibit building hosts, the Kiwanis group, Cattlemen, food stand groups, ring help, community businesses, auction buyers, auctioneers, auction clerks, open class exhibitors, and I am sure I forgot some others. Even as a spectator, you play an important role in the success of a fair. Thank you and keep up the GREAT work! You really do help to “make the best better”!

Fair is not so much about winning as it is about life. Think of all the memories youth and their parents or grandparents make through working on fair entries together. Think of all the friendships made in the livestock barns and on the fairgrounds

that without 4-H or FFA might not have been made. 4-H offers wonderful opportunities to all who give it a chance and are willing to participate. I hope everyone involved will continue their involvement and generous support as we encourage others to join so we can continue the “fair experience” for the youth in Palo Alto County.

Livestock Input Meetings – Fair Review (Notice from the Palo Alto Co. Fair Board)

In response to concerns and questions over rules, procedures, and policies at the Palo Alto County Fair, an evening will be set aside for meetings involving our livestock/animal divisions. The purpose of the meetings will be to discuss rules, listen to concerns, and offer general comments and suggestions to the respective livestock superintendents to improve the quality of our animal shows at the fair. They will be open to all 4-H/FFA animal exhibitors and their families. Watch your weekly Clover Connect for more details (date & times) in the coming months.

No action will be taken at these meetings. All comments, questions, concerns, and recommendations will be referred to the Palo Alto County Fair Board, Youth Committee, and Extension staff for review and consideration. Adopted changes will be printed in the new fair book that will be coming out this spring.

REMINDER: Please remember to send a thank you to the buyer(s) of your animal(s). If you received a trophy or medallion you should also send a thank you to the donor (address is on the bottom or back of the award). We need to show them what great kids our 4-Hers are and how we appreciate their support.

4-H Clothing Event Results

On Tuesday, July 11th, four 4-Hers competed in the county 4-H Clothing Selection/Fashion Revue/\$15 Challenge Clothing Event at the Extension Office in Emmetsburg. Participants modeled outfits that they either constructed - Fashion Revue - or purchased - Clothing Selection or \$15 Challenge - in front of a judge who then conducted an interview with each participant about the choices that they made in selection, construction, fit, style, color, cost, purpose, and the accessories they chose to complete the outfit. The \$15 Challenge is a category that challenges participants to experience other shopping alternatives, such as garage sales, consignment stores, or retail shops such as Goodwill or Salvation Army, and not spend more than \$15.00, not including

shoes, accessories, or undergarments. Winners were chosen in each category. This year the event was judged by Michelle Howing of Wallingford.

The results are as follows:

- Sr. Clothing Selection Champion: Mary Nelson
- Sr. \$15 Challenge Champion: Mary Nelson
- Int. Clothing Selection Champion: Maggie Nelson
- Int. \$15 Challenge Champion: Maggie Nelson
- Jr. Clothing Selection Champion: Katie Nelson
- Jr. Clothing Selection Reserve Champion: Kourtney Nelson
- Jr. \$15 Challenge Champion: Kourtney Kogel
- Jr. \$15 Challenge Reserve Champion: Katie Nelson

All received blue ribbons for their entries.



2017 4-H Communications Results

Congratulations to all 4-Hers who participated in our communications program during the Palo Alto County Fair! Everyone did a super job! The judge was really impressed with the quality. A special thank you, also, to the parents and friends who watched and supported our 4-Hers.

4-H COMMUNICATIONS RESULTS

Educational Presentation:

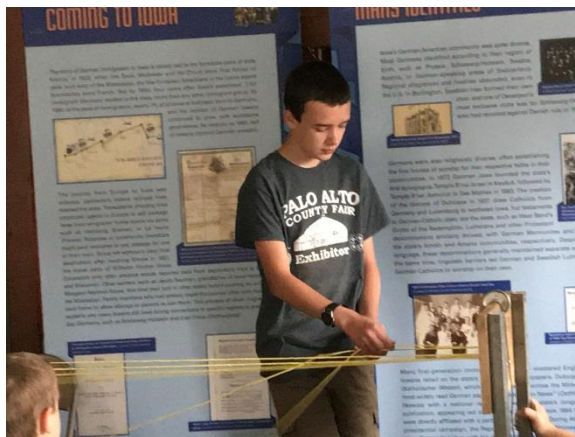
- Ben Hurley – “World War II” – Champion & Clay County Fair

Working Exhibits:

- John Hurley – “Rope Making” – Champion & Clay County Fair
- Ben Hurley – “Lego Mindstorms” – Reserve Champion & Clay County Fair

Share-the-Fun:

- Olivia Lace – flute solo – State Fair



2017 Beef Carcass Results

Below are the results of the Palo Alto County Beef Carcass Contest held in conjunction with the 2017 county fair. Congratulations to all the winners!

- | | |
|------------------|---------------------|
| 1 st | - Matt Berkland |
| 2 nd | - Emma Anderson |
| 3 rd | - Mary Nelson |
| 4 th | - Maggie Nelson |
| 5 th | - Mackenzie Hoffman |
| 6 th | - Katie Nelson |
| 7 th | - Matt Berkland |
| 8 th | - Matt Berkland |
| 9 th | - Emma Anderson |
| 10 th | - Katie Nelson |

Results from the 2017 Iowa State Fair

Congratulations to all our 4-Hers who had exhibits at the Iowa State Fair! Below is a list of the results:

Ag & Natural Resources

- Abigail Hoffman – Destination India Poster Board & Journal – Red
- Luke Hoffman – Learning to Care for my Rabbit Report – Blue

Creative Arts

Photography:

- Kayla Welter – White Daisy – Blue
- Ian Montag – Lily – Blue & PPI Gallery Considered
- Cassidy Welter – Baby Birds in Nest – Blue
- Ian Montag – Bleeding Heart Flower – Blue & PPI Gallery Considered

Visual Arts:

- Maggie Nelson – Piano Keys Drawing – Red
- Mary Nelson – Charcoal Violin Drawing – Red
- Eric Sundall – Painted Animal Skull – Red

Family & Consumer Sciences

Child Development:

Ian Montag – Sensory Board – Blue

Clothing & Fashion:

Kayla Welter – Blinged Shoes – Blue
Kourtney Kogel – Light Blue Denim Jumper – Blue

Consumer Management:

Kayla Welter – Beaded Bracelets Display – Blue

Food & Nutrition:

Kourtney Kogel – Chocolate Chip Cookie Comparison – Blue
Eric Sundall – Angel Food Cake – Blue
Luke Hoffman – Breakfast Sandwich Comparison – Blue

Home Improvement:

Kayla Welter – TV Console Dog Bed w/ Pillows – Blue
Cassidy Welter – Cat Tower – Blue
Megan Brown – Barn Board Corner Shelf – Blue
Madison Norris – Bench from Bed Head & Foot Boards – Red

Sewing & Needle Arts:

Megan Brown – Years in the Making T-shirt Quilt – Blue
Rachel Miner – Silk Flowered Scarf – Blue
Sarah Brown – Hopscotch Quilt – Red

Personal Development

Jaxon Zaugg – HBM Sign Board – Blue & Excellence in Iowa History

Science, Engineering, & Technology

Mechanics:

Landon Haack – Clay Pot Fountain – Blue

Woodworking:

Ben Saxton – Refinished Wood Office Chair – Blue
Kadin Norris – Bench w/ Steel Wagon Wheels – Red

Science, Engineering, & Technology:

Olivia Lace – Volcano Testing Display Board & Replica – Red

State Fair Livestock

Breeding Swine

Laney Montag – Commercial Gilt – Blue

Market Swine

Laney Montag – Market Barrow - Blue

State Fair Horticulture

Eric Sundall – Green beans – 2 reds
Eric Sundall – Cucumbers – 1 blue, 1 red
Eric Sundall – Kohlrabi – 1 purple, 1 blue
Eric Sundall – Cantaloupe – 2 blues
Eric Sundall – Red Onions – 2 whites
Eric Sundall – White Onions – 1 red, 1 white
Eric Sundall – Yellow Onions – 1 red, 1 blue
Eric Sundall – Peppers, Jalapeno – 2 reds
Eric Sundall – Potatoes, red – 2 whites
Eric Sundall – Potatoes, white – 1 red, 1 white
Eric Sundall – Squash – 1 white
Eric Sundall – Sweet Corn – 2 blues
Eric Sundall – Sweet Potatoes – 2 whites
Eric Sundall – Other – 1 blue, 1 red

2018 Palo Alto County Fair Dates

Tentative dates have been set for the 2018 Palo Alto County Fair so mark your calendars now! Plans are to run the fair from Thursday, July 19th through Sunday, July 22nd with the pre-fair judging day for all exhibits in the Exhibits Building to be judged on Tuesday, July 17th. Horticulture will again be judged on the first day of the fair. Clothing Event judging will be held on Tuesday, July 10th. Fair clean-up will be Saturday, July 14th. Livestock entries will be due on Friday, June 29th. Any changes to this will be posted in future newsletters.

Clay County Fair Dates

Sept. 9-17	Clay County Fair
Sept. 9 & 16	District Working Exhibits
Sept. 9	District Fashion Show/Runway Spotlight
Sept. 9	4-H/FFA Purebred Swine Show
Sept. 9	4-H/FFA Layers/Large Birds Poultry Show
Sept. 10	Judging of 4-H/FFA Breeding Heifers and Prospect Calves
Sept. 10	4-H/FFA Small Birds/Showmanship Poultry Show
Sept. 11	Judging of District Market Beef/ Beef Showmanship
Sept. 13	4-H Dog Show
Sept. 13-14	4-H/FFA District Horse Show
Sept. 14	Judging of District Market Lambs, Breeding Ewes, Lamb Showmanship
Sept. 14	Judging of District Market Swine
Sept. 15	Judging of District Commercial Gilts
Sept. 15	Rabbit Hopping
Sept. 16	District Rabbit Show & Showmanship
Sept. 16	District Educational Presentations
Sept. 17	District Meat Goat Show
Sept. 17	District Share-the-Fun

2017-2018 4-H County Council

During the Palo Alto County Fair installation of the 2017-2018 4-H Youth County Council took place. New members include Aliza Woodford, Lex Kassel, Maggie Nelson, Rebecca Licht, Joe Chapman, Delaney Joyce, and Grace Olesen. They will join present members Mary Nelson, Sarah Brown, Kristen Kassel, Anna Sorenson, Emma Anderson, Betty Strohmman, Abi Hoffman, Thomas Woodford, Lauren Kenyon, Morgan Hellyer, Morgan Schmidt, and Ian Montag. I look forward to working with all of them!

Record Book Workshop

A Record Book Workshop was held at the Palo Alto County Extension Office on Tuesday, August 15th from 8:30-4:00. Seven 4-Hers came through-out the day to work on their record books and award applications. They wrote, cut, pasted, and created pages to add to their books. They worked together and gave each other ideas which made the task a little more fun. Most of the participants went home with books finished or almost finished. Those attending were Jordan Anderson, Mackenzie Hoffman, Carson Hoffman, Jadyn Joyce, Noah and Caitlin Thorsbakken, and Thomas Woodford.



Record Keeping & Applying for Awards

With the fair over and the end of the 4-H year fast approaching it is time to think about updating your record book or record keeping system and applying for those highly deserved awards. We will again be awarding \$50 to put towards a pizza party to the club that has the best percentage of its members completing some form of record keeping system. Encourage your fellow club members to help the club enjoy pizza on us!

All 4-H families should have received information in the mail about record keeping. Please read over before you begin. A couple of years ago the Youth

Committee met a couple of times and discussed ways to make this process a little simpler but yet a meaningful learning experience. Members now have a little more flexibility to decide what materials are important enough to keep and how to organize them, whether it be in a 3-ring binder, file folder, or on a computer memory stick. We would still like members to complete a Yearly 4-H Summary and the Member Self-evaluation along with project records, as suggested in the "4-H Record Keeping: As Simple as 1, 2, 3!" sheet. Forms are available at our office or on our website at <http://www.extension.iastate.edu/paloalto/4h>.

For those members who have livestock/animals, those forms were also simplified. They are available at our office or on the above website, keep scrolling down. There is one for all market animals and one for all other animals. These are not required but are an easier way of keeping track of income and expenses than what we have used in the past. Use the market animal worksheet for market beef, market sheep, market meat goats, and market swine. Use the animal worksheet for dairy, breeding animals, poultry, rabbit, dog, horse & pony, and pets.

For members not applying for awards, please turn your record book/system to your club leader by **September 15th**. We will also accept them here at the office. We do keep track of everyone who turns one in and we want to strongly encourage everyone to complete something. It is part of being a responsible 4-H member. Remember, if you didn't take any projects to the fair you can still do a record book – just write a paragraph about something you did do in 4-H and what you learned from that activity, event, project, etc.

Also enclosed in the mailing was information on applying for awards. Be sure to read the application form carefully so you know what to do. Remember that record keeping systems and the award form need to be turned into the club leader **no later than September 15th**. The Youth Committee will meet Thursday evening, Sept. 21st to select the awards so your leader needs this by the deadline so he/she has time to complete his/her part and get everything turned into the Extension Office. You must follow this procedure to be considered for any of the awards.

If you have any questions, please feel free to stop in or call the office at 712/852-2865. You may also email me at jnaig@iastate.edu.

Challenge for next year: Start now for next year and plan on entering your record keeping system as a fair project! That way your "system" will be almost done a month before it is actually due and you'll get a fair premium, too! Just make sure it is up-to-date at fair time.

Community Service Club Award

Has your club completed a worthwhile community service project this year? If so, your club should apply for a Club Community Service Award. Leaders or a club officer just need to write up a one-page paper telling about their club's project(s) and submit it with the record books. The Youth Committee will select the award winners on Sept. 21st.

Alumni/Honorary Awards

Anyone involved in the 4-H program has the opportunity to nominate any adult for the 4-H alumni or honorary member's award. It is an excellent way to recognize them and show appreciation for their efforts on behalf of 4-H. Many adults in the county have done some tremendous things for 4-H and their community as well as their profession. Nominations can come from an individual or club. If you would like to nominate someone, please call the Extension office by Sept. 21st.

Clarification on 4-H Club Eligibility

Our current enrollment guidelines (4H-14) state, "The target audience for club membership is 4th through 12th grade youth." Age only comes into play with home-schooled youth. Youth in K-3 are eligible for the Clover Kid program.

Re-enroll in 4HOnline

On September 1st 4HOnline opened to take re-enrollments in 4-H or in our Clover Kid program. Remember that re-enrollments are due Dec. 31st for 4-Hers and Sept. 15th for Clover Kids in Emmetsburg and Ruthven, and Oct. 15th for Clover Kids in West Bend-Mallard. Members can re-enroll online by going to <https://ia.4honline.com>. Just select "I have a profile." (because if you are re-enrolling you are already in the system) and type in your family email and your password that you used this past year. Make sure "family" is selected for the "Role". If you forgot your password you will need to check "I forgot my password." and then click "Send My Password." A new temporary password will be sent to you in your email.

Once you are logged in you will be able to edit any records, complete health forms, and sign the Code of Ethics. Remember to verify your family address, too. Make sure you go through all the screens or your enrollment will show "incomplete" instead of "pending" on the first screen. The only thing you will need to do after you have completed this process is to pay the \$20/4-H member or \$15/Clover Kid enrollment fee. Your record will stay "pending" until I make it "active", which I will do as soon as I have your pay-

ment. If there is anyone who feels the payment is too much of a financial burden, please contact the Extension Office. The 4-H Foundation has set aside funds to help families with this.

*AGAIN for 2017-18 – Enrollment fees can be paid online with a credit card but we ask that Clover Kids fees be paid at the office since they are not accessed the same 4-H fee.

If you have any questions or problems, please be sure to call 712-852-2865 or email inaig@iastate.edu and I will walk you through it.

*Blank enrollment forms will still be available at our office for those who don't have internet capabilities.

*We will accept NEW enrollments on paper anytime from now until May 1st. If you know of someone who needs a form, have him/her stop at the office and pick one up or let us know and we will get one in the mail for them.

Enrollment Fees for 2017/18

Enrollment fees for 4-H will stay the same for the 2017-2018 4-H year. MaxYield has agreed to continue to pay \$10 for each 4-H member so we will continue to charge \$20 per member to make our financial commitment to the State 4-H Office. If there is a family with multiple youth who feel this is too much of a financial burden, please don't hesitate to come talk to us. We will do our best not to exclude anyone because of financial reasons.

*** Don't forget to thank MaxYield for their contribution the next time you do business with them!**

Search for 4-H Leaders

4-H club leaders are a precious commodity for maintaining a strong 4-H program in the county. We are always looking for new leaders to start a new club, take over a current club, or just to assist current club leaders as experienced leaders move on to other opportunities and adventures. The experience of being a 4-H leader can be very rewarding and we encourage parents, relatives, and friends of 4-Hers to get involved and consider this opportunity to help keep our 4-H program alive and vibrant. We really hate to see clubs fold due to lack of leadership. Many surrounding counties are even experimenting with adding some new specialized clubs, such as photography, lego, skateboarding, food & nutrition, horticulture, woodworking, welding, sewing, and fitness, just to name a few. If you or someone you know is interested in being a leader of a traditional club or a new specialty club, please contact the

Extension Office and let us know. We are always open to new ideas for clubs but sometimes just need someone to step up and take leadership with them.

Remember: Being a 4-Her is not just a title that gives you the right to exhibit at the county fair. It means being an active member of an organization where learning, helping others, and building life skills is most important. Are you getting the most out of your 4-H experience???

Clover Kids for 2017-18

Plans are underway for another year of Clover Kids in Palo Alto County! Clover Kids is open to all youth in grades K-3.

The Ruthven/Ayrshire group will begin on Tuesday, October 3rd. Plans are to hold their meetings on the first or second **Tuesday** of each month – October through May, in the school lunchroom. These meetings will take place after school, running from 3:30-5:00 PM. Any changes to this will be stated on the postcard reminder enrolled members will receive before each meeting.

Meetings for the Emmetsburg groups will be held the **first and second Thursdays** of each month with youth being divided into two groups – a K-1 grade group and a 2-3 grade group. The K-1 grade group will meet the 1st Thursday of every month and the 2-3 grade group will meet the second Thursday of every month. Again this year we will be meeting in the downstairs Extension Office meeting room. Participants will need to get on bus #14 which will make a stop at the office. All meetings will take place after school until 5:00 PM. Any changes to this will be stated on the postcard reminder enrolled members will receive before each meeting. Participants at the Catholic School will need to make other arrangements to get to the office since bus #14 does not stop at that school.

The West Bend-Mallard group will also be beginning before winter. More details and registration forms will be coming soon. Watch the weekly Clover Connect for updates on this opportunity for youth in grades K-3.

The Graettinger group will also be beginning soon. More details and registration forms will be coming soon. Watch the weekly Clover Connect for updates on this opportunity for youth in grades K-3.

Registration flyers are or will be available for all programs at the Extension office. Re-enrollments can be done in 4Honline (<https://ia.4honline.com>) or on paper forms. Cost is **\$15** – to be paid to the Palo Alto County Office (please do not pay Clover Kid fees

online with a credit card). Remember that you must re-enroll each year to be a member.

Please contact the office if you have a child interested or know of a child who might be interested in being a part of one of the groups. Pre-registration with a completed medical release is required in advance to attending a meeting.

[Clover Kids Registration Paperwork – Ruthven Group](#)
[Clover Kids Registration Paperwork – Emmetsburg Groups](#)

4-H Shooting Sports - Fall Organizational Meeting

Palo Alto County Extension is holding a fall organizational meeting on **Monday, September 11th** for all youth interested in becoming members of the 4-H Shooting Sports 4-H Club. The meeting will be held at the Palo Alto County Extension Office in Emmetsburg beginning at 6:30 PM. Parents are encouraged to attend with their children. Program objectives include:

- To enhance the physical, cognitive, social and emotional development of youth through safe, educational, and socially acceptable involvement in a shooting related activity.
- To teach safe and responsible use of firearms and archery equipment including sound decision-making, self-discipline, and concentration.
- To promote the highest standards of safety, sportsmanship, and ethical behavior.
- To encourage understanding of our natural resources and the development of a personal environmental stewardship ethic by young people through participation in shooting, hunting, and related activities.
- To strengthen families through life-long recreational activities.

Disciplines being offered this year will include rifle, shotgun, and archery. The shotgun discipline has an age requirement of 11 years of age. Youth will be asked to pick one discipline and stick with it for one year. If you are interested in becoming a member but can't attend the meeting, please contact the Palo Alto County Extension Office and let us know your intent. For more information contact the Palo Alto County Extension Office at 712-852-2865.

PEDAL WITH PETE Bike Ride for Cerebral Palsy

The 4-H Youth County Council is again organizing a bike ride to raise money for research for cerebral palsy. They would like to challenge **ALL** 4-Hers and their families to collect donations using the brochure

included with this newsletter, dust off their bikes, and ride for this worthwhile cause.

The ride will take place **Sunday afternoon, September 17, 2017**. The ride will begin from the Palo Alto County Fairgrounds at 2:00 PM. Registration will be from 1:30 to 2:00 PM. Participants will be asked to ride on a designated route but will be able to ride as many of the miles as they would like. The complete route is 11 miles. Support vehicles will be available throughout the route.

All proceeds will go to the Pedal With Pete Foundation.

Refreshments will be served and prizes awarded after the completion of the ride. Come and join in on the fun!!!



National 4-H Week October 1-7

National 4-H Week is an excellent time to tell others about 4-H. 4-H has much to offer and this is a great time to invite others to share in its benefits. We encourage all clubs to do something special this week (an event, an activity, a promotion, etc.).

Palo Alto County will begin National 4-H Week with our annual **Penny Carnival on Sunday, October 1st**, from 3:00-4:30 PM at the 4-H Exhibits Building at the fairgrounds in Emmetsburg. Bring your family and friends and have fun in the carnival type activities provided by the county 4-H clubs. The youth county council members will again provide concessions.

Here are some ideas you and your 4-H club can do to help celebrate National 4-H Week:

- Submit articles to your local newspaper or 4-H newsletter on "Why 4-H is important to you". Make it a club project.
- Make posters to put up in your local school and other community places.
- Deliver cookies or fruit to local 4-H supporters as a special "thank you". The Extension office can supply you with a list of supporters.
- Decorate a store window.
- Invite prospective members and parents to a meeting or special "fun" club event.
- Have a social hour after Sunday church services and serve rolls and juice.
- Visit 4th grade classrooms and invite students to join 4-H.

Whatever you can do to promote 4-H in school and throughout the community would help make our 4-H program even stronger. Let them know you're out there!

ATTENTION!!! We would like all 4-H members to proudly wear their 4-H T-shirts to school on Wednesday, October 4th. Join together and make a statement!!! Maybe you'll recruit some new members!



4-H Club Food Challenge – Oct. 1st

Each 4-H club in the county is challenged to collect as much food as they can from their community by Oct. 1st. All food collected will be given to Upper Des Moines to help stock their food pantry. All food needs to be delivered to the fairgrounds on Sunday, Oct. 1st between 1:30-2:00 PM to be weighed in before the Penny Carnival. Winning club will get a pizza party following the Penny Carnival! Click [here](#) for a flyer with a list of items needed.

IT'S CARNIVAL TIME

**NATIONAL
4-H WEEK**
OCTOBER 1-7, 2017

**Help us kick off National 4-H Week
Oct. 1-7 with the Palo Alto County
4-H Penny Carnival!!!**

When: Sunday, Oct. 1st - 3:00-4:30 PM
**Where: Palo Alto Co. Fairgrounds –
Exhibits Building**

* Carnival Games & Prizes
* Concession Stand
* King/Queen Contest for Junior 4-Hers
(grades 4-6)

BRING YOUR WHOLE FAMILY!

Palo Alto County Extension Website – Check it Out!

Check out our county web page at <http://www.extension.iastate.edu/paloalto/>! On the 4-H & Youth page I will be posting the 4-H newsletters, forms and documents, registration forms, fairbook, and links to other 4-H info. You just might find what you are looking for!!!

2017 Leaders Appreciation & Awards Banquet – Nov. 5th

Plans are underway for the 2017 Leaders Appreciation & Awards Banquet to be held on **Sunday, Nov. 5th, at 5:30 PM** at the VFW in Emmetsburg. Cost for attending the banquet will be \$9.00 per person with the exception of 4-H adult leaders who will eat for free. All 4-H leaders, members, committee members, and families are invited and encouraged to attend. Help us acknowledge our 4-Hers' accomplishments and show our appreciation to our adult volunteers! Reservations and payment should be made at the Extension office by noon on **Wednesday, Oct. 25th**.

The Prudential Spirit of Community Awards

If you've made a difference by volunteering in your community over the past year, you could win \$1,000 and a fabulous trip to Washington, D.C., by applying for a Prudential Spirit of Community Award! Even more importantly, you could win recognition that might inspire other young people to follow your example. These prestigious awards, sponsored by Prudential Financial and the National Association of Secondary School Principals, have honored tens of thousands of middle level and high school students over the past 18 years solely for their volunteer work.

Students in grades 5-12 who have volunteered in the past year are eligible for honors at the local, state and national level. Deadline to apply is November, 7, 2017.

[Apply now](#) for the 2017 Prudential Spirit of Community Awards.

Palo Alto County 4-H on Facebook

Check out the photos on the Palo Alto County 4-H Facebook page! Many pictures have been posted from our summer events. Feel free to download and use in your 4-H Record Book. Just do a search for "Palo Alto County 4-H" and click "like" to continue to get updates.

Iowa Wild 4-H Group Night Offer

Iowa 4-H members and groups, along with other youth organizations, are invited to the October 7 home opener of the Iowa Wild hockey team. The Iowa Wild is an American Hockey League franchise affiliated with the Minnesota Wild of the NHL and plays home games at Wells Fargo Arena in Des Moines. [Click here for discounted tickets available for 4-H groups.](#)



Congratulations to Denise Flaherty!!!

Denise Flaherty was inducted into the Iowa 4-H Hall of Fame during a ceremony at the 4-H Exhibits Building at the Iowa State Fair on Sunday, Aug. 20th.

Birthdays

Join us in wishing the following 4-Hers and Clover Kids *Happy Birthday!*

September

Ben Hurley
Anastasia Joyce
Grace Murphy
Lauren Rouse
Thad Banwart
Austin Lenz
Henry Miner
Lexi Brown
Samantha Davis
Zach Sorenson
Paizlea Treiber
Ryan Kenyon
Maddi Hall
Teagan Hanson
Chloe Schneider
Adeline Lowman
Morgan Hellyer
Hudson Williamson
Krayton Rutledge
Lucas Hoffman
Aden Montag
Miriam Hackbart-Morlock
Alexis Louwagie
Zoe Ohrtman
Kylie Jo Hoffman
Olivia Moen
Katie Nelson

October

Danie Riesenber
Katie Chapman
Madelyn Anderson
Jayson Akridge
Elizabeth Thoren
Cael Currans
Reese Taylor
Aylee Herke
Eric Sundall
Norah West
Brent Blake
Nick Saxton
Paula Licht
Lily Swift
Lauren Kenyon

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