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# 2020 PALO ALTO BIKE RIDE

## Pedal for a Cure



**SUNDAY**

**September 20, 2020**

Registration: 1:30-2:00 PM at Palo  
Alto Co. Fairgrounds

Ride: 2:00 PM (Refreshments following)  
OPEN TO ALL AGES

**Sponsored by the Palo Alto 4-H  
Youth County Council.**



A CYCLING EVENT OF THE PEDAL WITH  
PETE FOUNDATION

A PHILANTHROPIC ORGANIZATION  
DEDICATED TO RAISING MONEY FOR  
THE PREVENTION AND CURE OF  
CEREBRAL PALSY

## What is Cerebral Palsy?

Cerebral Palsy is a neurological condition that can begin during pregnancy, labor, or even after birth, damaging the central nervous system. There is no single cause, but some contributing factors include prenatal exposure to drugs and certain infections, birth complications, low birth weight, or trauma after birth.

CP is a condition, not a disease. It is not contagious or progressive. Persons with CP may experience speech and learning difficulties, hearing problems, problems walking and using their hands, visual impairments and a variety of other neurological symptoms.

Estimates indicate more than 600,000 persons in the United States have cerebral palsy, and another 5,800 babies are born with CP each year.

## PEDAL WITH PETE, INC.

**Pedal with Pete, Inc.** is a non-profit organization which raises money for medical research for cerebral palsy (CP). It devotes itself to staying on top of medical research being done to benefit persons with cerebral palsy, and acting as a clearinghouse for this information.

“Pete” was Peter Zeidner, the organization’s founder. Peter had CP. In 1991, he pedaled his specially designed bicycle around the State of Ohio to raise money and awareness for cerebral palsy. Through the help of Barnesville Elks Lodge, Peter raised \$10,000. The money was donated to Northwestern Ohio Universities College of Medicine for basic brain research.

## HOW CAN YOU MAKE A DIFFERENCE?

### GET DONATIONS!

People are uniting to help others...just ask. Take your sheet to:

- your employer and co-workers
- your place of worship
- your neighbors
- your friends
- your family

### COLLECT!

Collect donations and turn in the money at check-in. Sponsors can make their tax-deductible checks out to the Pedal with Pete Foundation. Special prizes will be awarded to recognize the following participants:

- The oldest rider
- The youngest rider
- The rider who raised the most money
- Others deserving of a special award

### BIKE!

Go the Palo Alto Co. Fairgrounds on Sunday, September 20, 2020 between 1:30 and 2:00 PM and check in. Rain or shine—we will bike!

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Donations may be sent to the Palo Alto County Extension Office, 2008 10<sup>th</sup> St., Emmetsburg, IA 50536.

SEPTEMBER 20, 2020

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_



I hereby waive all claims against the Pedal with Pete Foundation, sponsors, or any personnel for any injury I might suffer in this event.

Signature \_\_\_\_\_

Parent's Signature (If under 18 years old) \_\_\_\_\_

All riders are encouraged to wear helmets and must follow local traffic laws.

Questions: Call the Palo Alto County Extension Office at 712-852-2865.

