

Your 4-H Record Book

All 4-H'ers in O'Brien County are encouraged to complete an Annual 4-H Club and Project Summary in order to receive their premium money from the fair.

What you need to do for **Premium money**.

- Annual 4-H Club and Project Summary
- Livestock Summary (if it applies)
- Turn your record book into your club leader

What you need to do for a **Complete Record Book**

- Annual 4-H Club and Project Summary
- Livestock Summary (if it applies)
- Goal Card
- Turn your record book into your club leader

What you need to do for **Project Awards**

- Goal Card for non-livestock
 - Fill out the award information (top right corner)
 - Evaluate post fair (back of goal card)
- Record book award summary sheet for livestock awards
- Livestock Summary (if it applies)
- Turn your record book into your club leader

Some helpful tips:

- Please have your **NAME and CLUB on the COVER of your record keeping system.**
- When planning your record book, think about the years ahead. It is ok to include your ribbons in your record book, however, by the time you have been in 4-H for 9 years, your book will have become pretty large! Consider keeping a separate "Scrap Book" along with your record book! This would be a place to keep ribbons, goal cards, stall cards, and other mementoes of your 4-H years. This information is NOT required to be included in your record book! A few pictures in your record book is ok!
- Remember this is your **only means of communication** with the record keeping judge so be very complete and accurate in your information. Give us details of your project!
- **Communication** ~ when using conference judging as a communication experience, explain what you and the judge discussed. **Not** just "conference judging at the fair". We want to know what you communicated to the people. This is very important and needs to be in great detail to qualify.
- Your book should reflect your **YEAR** in 4-H – not just the FAIR! The goals that you make and the things that you've accomplished can be anything you've done in that project area throughout the year – whether or not you exhibited anything at the fair!

- You may try to earn a PROJECT award. A **project** is a year-long plan in a particular area (beef, clothing, visual arts, etc.) which includes a variety of learning experiences related to a topic. All projects do NOT have to be exhibited!
- Income and Expense. Be specific on costs.
 - Food and Nutrition ~ itemize your cost of fair exhibits - Examples: eggs, flour, salt
 - Premium money is considered an **Income**
 - Entry fees, and materials used for your project area are **Expenses**
 - Photography ~ include: film, printing, matting costs
- Record keeping forms may be **written out by hand or done on the computer.** Forms are available on our county website –www.extension.iastate.edu/obrien. Junior 4-H'ers may use pencil if hand-writing forms. Intermediates and Seniors are encouraged to use the computer.

This is a listing of projects for which O'Brien County 4-H members may receive a Project Area Award in.

(Metal plates that go on a plaque)

Advanced Cattle Feeding	Dog	Poultry
Ag & Natural Resources	Electricity/Electronics	Rabbit
Aerospace	Entomology	Rocketry
Automotive	Environment	Safety
Beef	Fashion Revue	Science/Technology
Bottle/Bucket Calf	Flower Arranging	Self-Determined
Bicycle	Food & Nutrition	Safety/Education in
Camping	Forestry	Shooting Sports
Child Development	Goat	Sheep
Citizenship	Health	Small Engines
Clothing	Home Improvement	Sport Fishing
Clothing Selection	Horse and Pony	Swine
Communication	Horticulture	Tractor
Computer	Leadership	Veterinary Science
Conservation	Music	Visual Arts
Consumer Management	Pets	Welding
Crop Production	Photography	Wildlife
Dairy Cattle	Plant Science	Woodworking