

## **Ice Breaker Activity**

### **Two Truths and a Lie**

Supplies needed:

1. Small piece of paper and writing utensil for each person.

Instructions:

Each member of the group writes down two truths and one lie about themselves. The statements don't have to be intimate, life-revealing things—just simple hobbies, interests, or past experiences that make each person unique. The lie can be outrageous and wacky, or it can sound like a truth to make it harder for the other participants.

One at a time, each person shares their statements. The group has to guess which statements are true and which statement is the lie. You can keep score to see who correctly guesses the most lies, or just play for fun to get to know one another—it's up to your group.

After the activity, ask the group: "Did you learn anything new about someone in your club?"