

Cooperation Puzzle

Taken from Relationships and Communication Activities
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DO: Divide youth into groups of four or five members each. Give each group an envelope and tell them that their group needs to put the puzzle together according to the following rules:

- No talking
- No writing
- No player may take a puzzle piece from another player; that player must give the piece needed.

REFLECT: What problems did you encounter?
What skills did you use to be successful?

APPLY: When is the last time (prior to this activity) when you experienced frustration during communication?
What are appropriate ways to deal with this kind of frustration?
What are inappropriate ways to deal with this kind of frustration?