Spring is on its way!

Hello all, I hope that you have all been keeping warm and enjoying some of the nice weather we have had his winter. Winter, I’m sure it has given you time to work on some fair projects or perhaps work on a communications project for the Communication event this summer in July. How have your club presentations been going? Maybe you could use one of them as an educational presentation, working exhibit or share the fun project.

WHAT’S INSIDE:

- Youth Opportunities
- 4-H Trips
- Livestock weigh-ins
- YQCA
- Bucket of junk
- 4-H Judge notes

Bucket of Junk! See page 3

Livestock Weigh-ins see page 5
Iowa 4-H Youth Conference

2020 Iowa 4-H Youth Conference will be held June 30-July 2, 2020.

If you've completed 8th grade, you're eligible to attend. You don't even have to be in 4-H to attend this conference! You will get to experience campus life and meet new people from across the state! You will be having fun while learning by doing, dancing the nights away, and serving the community. You will get to learn new things to take back to your community and school, and in the process you might even discover something new about yourself! There are opportunities for you to share your talents with the rest of the delegation through small group discussion, the Conference Chorus, and a Talent Show.

If you have a specific interest in animal science, you might want to look into becoming part of the ROUND-UP track! There are also workshop tracks that span all 3 days for certain topics if you'd like to study something in more depth. Or, you can choose different workshops each day to get more variety while you're on campus.

The annual 4-H and FFA rabbit and cavy workshop about raising rabbits and cavies will be held at the Jasper County Fairgrounds in Colfax, Iowa on Sunday, April 26, from 12:30 – 4 p.m. This workshop is sponsored by Iowa State University, South Central Rabbit Breeders, Cedar Rapids Rabbit Breeders, and Story Ag LLC. Check out the event flyer for more information or visit the Iowa 4-H rabbit webpage.

Monroe County will be hosting a Rabbit clinic at the fairgrounds on May 2nd from 10am to 12 pm

Please contact Dave Lippert with questions

MISSION STATEMENT
4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING
AND LEARNING IN PARTNERSHIP WITH CARING ADULTS
Bucket of Junk!

Do you love to weld? This year we are again having the bucket of junk team challenge for Monroe County 4-H and FFA members, to raise money for 4-H enrollment scholarships. Let’s see how creative you can be! The following are a few of the rules for the challenge. Each team will be made up of one 4-H / FFA member and one adult; Each team will get one bucket. Each bucket will have similar “junk.” There will be only 5 buckets in this year’s challenge. The goal is to use all the items in the bucket to create a sculpture or lawn art piece. You will be asked to name your creation when you turn in the finished project. You may clean, sand, weld, glue, cut, bolt, fasten, bend, shape paint or finish the items that you are provided. You may add your own items, but all items from the bucket must be used. Entries will be judged on artistic merit, technical merit and on the member’s exhibit write-up. All entries will be judged at the fairground’s 4-H exhibit building on Thursday, the day of regular 4-H/FFA judging. All entries must be completed and delivered to the Monroe County Fairgrounds on Wednesday July 29th. There will be a special Cash prize given to the top 3 challenge winners. These projects will not be eligible to advance to the State Fair.

The projects will be auctioned off on Sunday, family day, of Fair sometime during the day. Proceeds will go to Monroe County Enrollment scholarships. Buckets will need to be returned.

If you are interested in accepting this challenge or would like more information please contact the Extension Office at 641-932-5612.

Elements and Principles of Design Publication Update

Elements and Principles of Design Publication Update

The 4H 0634 Design: Exploring the Elements and Principles has been updated in the Extension store. Please download for free and use while you are creating your 4-H fair exhibits. go to https://store.extension.iastate.edu/product/464 to download your free copy for fair.
Empowering Families to Grow Together

As experts of your family life you may be on the lookout for ways to build on current communication levels within your family structure. Each family has a unique process of interaction but we all can benefit from introducing new and building upon current skills. Empowering Families to Grow Together (EFGT) is a result-based online program that introduces tools you can add to your skillset. It is open to families of youth who are either entering or are in 6th or 7th grade. There is no cost to participate.

Albia will be one of the first districts to use the tested materials of EFGT in an online format. This series includes 4 modules that are available to you to view on your own schedule. Each module is followed by a contact from a family coach who will review the information with you and find out if you have any questions or input for improvement. There is an award at the completion of the entire series.

You work at your own speed, one that is most effective and comfortable for your family. And it costs you nothing but fun times with your family! It is all online, so you can access it anytime you wish, even in your pjs! Sound good?? Have questions? Contact Sue Goode: sgoode@iastate.edu

Here is where you sign up: https://triples.ppsi.iastate.edu/signup

LIVESTOCK

4-H Animal Science Roundup

Roundup: June 30-July 2, 2020

2020 Species: Beef, Dairy Cattle, Horse, Poultry, Sheep, Swine, Goat (Meat and Dairy)

Apply Here!

Application deadline is April 15, 2020

June 30-July 2, 2020

ANIMAL SCIENCE ROUNDUP

All youth in 8-12th grades are invited to apply to attend this 3-day conference all about animal science.

Species you may choose from:
Beef, Dairy Cattle, Swine, Sheep, Horse, Poultry, Goat (Meat and Dairy)

Hands-on learning from the top scientists in the country.
Activities include:
Dissection, ration formulation, meats, reproduction, selection, careers, competitions and more!

For more information and application, visit:
extension.iastate.edu/4h/animalscienceroundup

Apply by April 15. Participants will be notified by May 1.
YQCA Testing

YQCA you will again be doing online. This can be done in the comfort of your own home, school, library or at the Extension Office. If you are planning on coming to the Extension Office please call me to set up a time. The course costs $12.00 a member, but thanks to some community partners the fee has been taken care of for you. Please take time to send them a thank you. If you are in 4th -12th grade and are exhibiting Livestock, large or small, at the County Fair you NEED to have a up-to-date certificate to be eligible to show at the fair this year. You can print a copy of your latest certificate on 4-H online. For Help sheet you can go to http://yqca.org/youth-parents/ Please stop by the Extension Office and pick up your coupon, NO codes will be given over the phone. Coupons are only good for one member so if you have more than one 4-H member in livestock you will need a code for each one. Then go to YQCA Youth Login log in using your 4-H online information. Please be sure to print off your certificate and give a copy to the Extension Office when you have completed your training. Please call if you have any questions. If you are in FFA as well as 4-H talk to your Adviser about face to face training possibilities. If you have any 4-H questions on YQCA training please call and talk to me.

POULTRY

There will be a Poultry Clinic held on April 18th at the fairgrounds starting at 5:00 pm. You are too bring all birds you plan on showing at fair to have pluram testing done. Contact Gareth Smith with questions.

LIVESTOCK

All animals must be ID’d online to exhibit at the 2020 Monroe County Fair and the Iowa State Fair. FFA livestock need to have their paper ID sheet to the Extension Office by May 15th 4:30 pm This is the exhibitors responsibility.

Swine Weigh-in will be...Saturday, April 4th, 2:00 pm to 4:00 pm ....Monroe County Fairgrounds in the Swine barn. All County and State Fair Swine must be weighed and identified at this event! First come first served this year. If you did not order State fair tags from me you may not get one unless I have extra. So now would be a great time to check with me.

Goat and Sheep- weigh-in will be held on Friday, May 1st from 5:30-7:00 pm in the swine barn at the Monroe County Fairgrounds. ALL market lambs and ALL goats (with the exception of the breading/dairy goats that were tagged last year at our weigh-in and are returning.) planning on showing at the 2020 fair must attend this weigh-in to be tagged by fair superintendents. ALL Goats and Sheep need scrapie tags. Again tis year If you are showing your does in the market Class they must be weighed at weigh-in. you DO NOT have to weigh your goats if you are showing breading doe of dairy, but YOU must enter them into 4thonline. Autumn only enters the Market Meat Goats.

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
4-H YOUTH & FAMILIES

4-H JUDGES NOTE

It's a strange winter we're going through, isn't it? I hope you've taken time to think about your 4-H projects for this year and what exhibits you might take to the fair to show your increasing knowledge in each project. You know, it's only about four months until the fair.

Perhaps your food and nutrition project has you investigating and trying different bread recipes to decide which are more nutritious and which you like better. Will you take some of your favorites to the fair, perhaps a loaf of white bread or a quick bread, or will you make a poster to show the cost of a loaf of regular wheat bread and a loaf of gluten-free bread? (Yes, I'm pushing the poster exhibit again.)

As you're working on those projects, have someone take pictures of you—or take some selfies. As a judge I enjoy seeing pictures of you working hard. I think it also helps you remember all your steps so you can talk about them.

As you're taking pictures, be sure to have them show you working safely. If there's any chance of an eye injury while you are woodworking (or doing anything else), be sure you have those safety glasses on and take other appropriate safety steps.

And, speaking of safety, if you are working on a photography project, be sure that you are in a safe situation. Don't lean off a cliff to get a picture of a bird's nest below, and don't stand on the railroad tracks or highway to get a picture of a train or truck approaching. We judges have instructions to send those photos back home.

I'm looking forward to summer and seeing all the exhibits at some area fairs, and especially those in Monroe County. See you there.

Horse Project Clinics

Horses Project information

The Outside Horse clinics have been set
They will be April 22 @ 6:00pm
May 7th @ 6:00 pm
May 26th @ 6:00 pm
All outside clinics will be held at the fairgrounds and not rain date are set.
Evening rides will start on Tuesday May 12 and will run every other Tuesday after that.
Please contact Deanna Keeton with questions.
All horse project youth must attend two clinic this year to exhibit at the 2020 fair. All outdoor clinics MUST be attended with your horse.

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
ID LIVESTOCK TAGS

If you need a 4-H ear tag for your Breeding Beef, bottle calf, or cow/calf project, you can stop in to the Extension Office and pick one up. All registration papers are due to the Extension Office by May 15. Registration papers must be on file by May 15 for an animal to be eligible to exhibit in a registered class. Be sure you go on to the 4Honline web page to ID your livestock projects before May 15th. No one will be allowed to ID after the May 15th deadline.

4-H PANCAKE FUNRAISER

The pancake fundraiser meeting will be March 19th. If you are showing rabbits and or poultry PLEASE plan on attending the meeting on the 19th starting at 6 pm, held at the Extension Office. The Pancake fundraiser will be held at the Gate Church Saturday April 11th. It is a free will donation. Pancakes will be served from 9-11 am.

Please come and help the Rabbit, Poultry and cavy project youth raise money for their cage upkeep and fair necessities.

4-H MYSTERY TRIP

The 2020 4-H Mystery Trip planning is under way! This is going to be another great trip. The Mystery Bus will leave at 7 am JUNE 10th It will be a great day of Mysteries!

The Mystery Trip is for members in 7-12 grade of the 2019-2020 school year.

The Junior trip is under planning as you read this. If you are in 4-6 grade from the 2019-2020 school year you can GO!

COOKING DAY EVENT

When.....Saturday, April 4th 2020
Monroe County Extension Office
8:00 a.m. - ??? Ready...Set...Cook
What will you be doing... Choose a recipe that is considered “inappropriate” as a fair exhibit from the following categories: Main Dish, Salad, Side Dish, Dessert, Snack, or Other. Decide on your main goal. What other items would you serve with your chosen dish? Food Safety Issue? Approximate cost to prepare chosen recipe? This will be a fun event for all involved! Please watch for more information or call the Extension Office to get registered.

DON’T FORGET

* Now; Dog Clinics outside start in April. (you have to do 4)
* Now; Horse Clinic
* April; 4-H Pancake Fundraiser
* April; Swine Weigh
* Cooking Day Event
* YQCA
* April; Poultry Clinic
* May; Seniors, your picture and sentence of what 4-H means to you.
* May; Rabbit Clinic
* June; Iowa 4-H State Conference
* June; Mystery Trip
* June; Animal Science Roundup
* July; Clothing and Communication Event
* July; Fair

CLASS 2020 SENIORS

2020 Graduating 4-H members, We are asking for your senior pictures to be turned into the Extension Office by April 22 so we can acknowledge you in the next 4-H Newsletter. It is hard to believe that your graduation is very near! If you like, you can scan and send by email or text message me one of your senior photos. You can also just drop one off at the Extension Office. That would be Great!

Congratulations on the conclusion of your High School education.
MYSTERY DAY TRIP
Appanoose, Davis, Jefferson, Lucas, Monroe, Van Buren, Wapello, and Wayne Counties

Book your seat for a one-day fun-filled Mystery Trip!
We will be traveling to a “mystery” town where you will get to visit 8 different exciting locations.
You won’t want to miss this fun, exciting, mysterious trip.
Put the puzzle pieces together and come along to see if you had it all put together correctly!
* Contact your County Youth Coordinator to register!

June 10, 2020 Cost is $100.00

*The fees for service will be used to offset direct expenses and to support the 4-H Youth Development County Extension Program."

This covers all meals and events for the day!
This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.
Ready...Set...Cook
Food & Nutrition Cooking Day 2020

When.....Saturday, April 4th ,
Monroe County Extension Office
219 B Ave West, Albia
8:00 a.m. - ???
Ready...Set...Cook

What will you be doing...
• Choose a recipe that is considered “inappropriate” as a fair exhibit
  from the following categories:
  Main Dish, Salad, Side Dish, Dessert, Snack, or Other
  • Decide on your main goal
  • What other items would you serve with your chosen dish?
  • Food Safety Issue?
  • Approximate cost to prepare chosen recipe
  • You may bring a maximum of 3 items already prepared (example
    grate carrots, chopped apples, boil eggs) These should be items that
    are time consuming.
  • Prepare your equipment in advance and bring with you!
  • Plan your stove and/or oven time period in advance
  • Give estimated time of preparation

  • SITE YOUR SOURCE AND PREPARE COPYRIGHT INFORMATION!
   This will be a fun event for all involved!

We will be providing basic kitchen appliances and equipment (stove,
oven, microwave, refrigerator, large mixer). We will provide basic
ingredients (flour, salt, sugar, milk, eggs and water). All other
ingredients/utensils/bowls must be brought from home.

Registration and more detailed information is available at the
Extension Office. Please sign up by March 25, and provide a copy of
your recipe so that adequate materials will be available.
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<td>2-3 clovers, Sew-Up-Some-Fun</td>
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<td>Jr. Youth Council Rabbit &amp; Poultry Pancake feed meeting</td>
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<td>Poultry Clinic Fairgrounds @ 5:00 pm</td>
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On February 19, members of the county extension council and 4-H members in Monroe County met with their legislators at the annual Iowa Extension Council Association Legislative Day and 4-H Public Leadership Experience held at the Capitol in Des Moines. Those attending included and representing Monroe County 4-H were Bailee Batterson of Albia, Brayton Striegel of Moravia and ISUEO Chairman Terry Maloy of Albia. Pictured are Bailee Batterson, Governor Kim Reynolds Brayton Striegel.
Would you like to be a club officer?
Have you recently been elected to an office in your club?
Do you want to learn more about that office?
Would you like some great “tips” to help you?
Do you want to spend a morning having FUN?
If you answered yes to any of the above then register today!

When: Friday, March 27th
Time: 5:00-7:00 p.m.
Where: Monroe County ISU Extension Office

Join in this fantastic leadership opportunity today and learn...

Leadership Activities/Events

Parts of a Meeting

Parliamentary Procedure

Officer’s Responsibilities

And More!!!