To Request Help, Contact:
Cindy Hitchman, Blencoe, at 712/452-2249 or cinhitch@yahoo.com
OR
Geri Johnson, Onawa, at 712/433-2036 or cgjohnson@longlines.com

Contact Barb Dinelli, Siouxland Aging Services, at 800-798-6916 ext 18 or barbd@siouxlandaging.org
To report a need for local senior.

ELDER SENIORS: DO YOU NEED A HELPING HAND FROM TIME TO TIME?
HS SENIORS: ARE YOU LOOKING FOR WAYS TO ASSIST IN YOUR COMMUNITY?

http://www.westmonona.org/
**60+ Seniors:**
Do you need a helping hand from time to time?

**High School Seniors:**
Are you looking for ways to assist in your community? (and meet school community volunteer requirements?)

Monona County ISU Extension & Outreach sponsored study circles in communities to explore opportunities and challenges to enhance the quality of life of Iowans mid life and beyond.

These studies found a need for intergenerational connections.

West Monona School and ISU Extension and Outreach developed a website to make a Generation Connection. This website lists requests from 60+ seniors for assistance.

High school seniors can use the list to discover where help is needed and fulfill school service requirements.

Special thanks to Siouxland Aging Services for being a supporter of the Generation Connection Project.

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- Wash Car/Clean Interior
- Lawn Raking
- Yard Clean Up
- Washing Windows
- Windows and Storm Washing/Hanging
- Snow/Ice Removal
- Lifting Boxes/Putting Things Away
- Basic Computer Help
- Special Project
- Spending Time (talking, reading, games, puzzles, etc.)

Other: ___________________________
______________________________