



MONONA COUNTY 4-H NEWS

4-H YOUTH COUNCIL

- Ronda MacClure, Whiting
- Andrew Christiansen, Ute
- Jenna Comes Mapleton
- Sandy Smith, Moorhead
- Amy Card, Onawa
- Leland Hathaway, Turin
- Shelbi Parr, Sloan
- Cody Rosburg, Soldier
- Brady Neubaum, Moorhead

EXTENSION COUNCIL

- Randy Stanislav, Blencoe
- Bruce Parker, Smithland
- Laura Neldeberg, Whiting
- Whitney Carrier, Blencoe
- Darla Lloyd, Mapleton
- Peg Ingram, Onawa
- Brian Hobbs, Whiting
- Leland Hathaway, Turin
- Bridget Wiebers, Hornick



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Calendar of Events

- April 1.....Club mini grants due
- April 13-18.....ISU Extension & Outreach Week
- June 1.....Livestock Identification Reports due in 4hOnline
(Later deadline - Must upload photo of tagged livestock)**
- June 1.....Clothing & Communication entry deadline**
- June 3.....Weekly Summer Garden Series Begins, Onawa 9am
- June 4-6.....Camp Wild, Regional 4-H Camp—**Cancelled**
- June 5.....Family Fishing Night
- June 8.....Babysitting Workshop 9:00 a.m.-3:30 pm
- June 9.....Swine & Poultry Workshop, ISU Research Farm, 9am-3:30 pm
- June 16.....4-H Clover Kids Camp, Onawa, 9am-3:30 pm
- June 26-27.....Junior 4-H Overnight Camp at Blue Lake, Onawa
- June 30-July 2.....4-H Youth Conference, Ames
- July 1.....Livestock entry deadline in Fair Entry**
- July 6.....Special Award applications due to leaders
- July 7.....Clothing and Communications Judging Day, Onawa
- July 14-19Monona County Fair

4-H At Home Resources:

<https://www.extension.iastate.edu/4h/4h-at-home-learning-resources>





COUNTY NEWS

Extension & 4-H Serving You Virtually

We take serving Iowans seriously, and we are prioritizing the health and safety of our community and staff. Due to the COVID-19 outbreak, our county office closed to the public on March 18, 2020.

We are all working remotely from home and can be reached via our cell phones and email. We can also make appointments at the office if you need to pick up livestock tags, pesticide manuals, land value rate sheets, or anything else. Staff contact information is listed at www.extension.iastate.edu/monona.

There are several useful Extension and 4-H resources posted on the homepage of our website. Please utilize these resources to support your family at this time.

Per policy of Iowa State University, there can be no in-person programming until at least June 1. This affects several county programs and 4-H club meetings. Face-to-face YQCA will hopefully be postponed to one date in June. The May 2 livestock showmanship workshop is cancelled.

4-H Clubs, project workshops, and learning opportunities with club leaders and members can not resume in person until at least June 1. Be creative with virtual options to get together.

We encourage you to be actively preparing your projects for the fair at this time. You have a lot of time at home to learn actively.

We're here to support our 4-H family and can't wait to see everyone in person soon!

COUNTY NEWS

Sewing Masks to Help Local Medical Staff

Monona County 4-H is leading a community service project to help our local nursing homes and first responders. People of all ages can sew face masks. No specific pattern is required. However, the local nursing homes would like elastic for over the ears with the 3 pleats made with 100% cotton, double thickness of material, with measurement of 4" or 5" by 7" finished product. You could use 2-8" pieces of fabric or an 8" by 14" piece folded and sewn using 2 pieces of ¼" wide elastic 6 ½" long for both sides. The hospital would like material ties on top and bottom as well as elastic.

Distribution: You can drop off masks at any of our local nursing homes by ringing in the front door and dropping off there. If you have some for the hospital, contact Nancy McGrain at 712-880-0150 to set an appointment to drop off at the Monona County Extension Office.

Please get a count on the # of masks you make and donate and call Nancy McGrain with that number.

COUNTY NEWS

Virtual Meetings Available to Leaders, Clubs

Clubs and groups have the ability to meet virtually so we can all have virtual time to "see" each other and interact. Several FREE platforms are available. Microsoft Teams, ZOOM, Google Classroom and more. Monona County Extension has free access to WebEx. It is a very simple program to use. Users don't have to establish their own account.

WebEx is also available as a free app for cell phones.

We also have a teleconferencing system for small groups.

If you want to set up a virtual meeting with WebEx or teleconference please contact Melissa. She can set it up for your club.

COUNTY NEWS

Animal U—Livestock Learning - for Weekly Prizes!

"Animal U" is a new and innovative online learning tool to engage 4-H youth in learning about the science behind livestock production. Currently, there are 87 lessons in beef, swine and careers.

<https://www.extension.iastate.edu/animalu/>

Complete each level for each species and you will receive a certificate. Send a copy or photo of your certificate to Melissa at mbeerman@iastate.edu or 515-231-9896 to be entered into a weekly drawing for prizes! Drawings will take place each Monday—beginning April 13.



COUNTY NEWS

Online Learning Opportunities for Youth

Monona County 4-H and 4-H in Iowa is still here and we want to continue to help your family grow and thrive in a time of uncertainty. Monona County staff, and staff across the state and country are working to continue to provide educational opportunities while our families are home staying and living a new reality.

We are creating [“At Home Learning Resources”](https://www.extension.iastate.edu/4h/4h-at-home-learning-resources). <https://www.extension.iastate.edu/4h/4h-at-home-learning-resources>. These will be delivered in many formats. Some will be activities youth can engage in

online, some will be interactive away from screen activities, and some may be local pieces led by your county staff. Youth can choose from weekly challenges including Visual Arts, Healthy Living, Civic Engagement, The NASA Iowa SPACE GRANT Consortium STEAM Academy and so much more.

Visit www.extension.iastate.edu/monona.

Follow us at facebook.com/mononacounty4h. We are very excited about these opportunities and we think this is a bit of 4-H positivity that our youth need in a stressful time. We will be sending out updates weekly both in email and on social media.

COUNTY NEWS

Science of Parenting. Support for COVID-19

Do you have parenting questions? Are you struggling on how to talk to your kids about COVID-19 concerns? Is the work/life balance while working from home a challenge? Iowa State University Extension and Outreach [Science of Parenting](https://www.extension.iastate.edu/scienceofparenting) has answers based on research and real-life experience. Human Sciences Extension and Outreach has been sharing the Science of Parenting for several years, but on March 12, they've added a new podcast to their collection of resources for helping parents make informed decisions for their families. The first season of the weekly podcast is available on Apple Podcasts, Spotify and other podcast platforms and releases on Thursdays, March 12 to May 28.

Once per month, the podcast hosts will appear on Facebook Live (noon to 12:45 p.m.); viewers can submit questions in advance to Facebook or Twitter @scienceofparent or by email to parenting@iastate.edu. The [Science of Parenting website, scienceofparenting.org](https://www.extension.iastate.edu/scienceofparenting), also will be relaunching with a new design. Blog posts and resource links provide additional parenting information.

The Science of Parenting continues to address today's hot topics in parenting and provides research-based information that fits your family.

COUNTY NEWS

Livestock I.D. Changes and Deadlines for Fair

As of today, all county weigh-ins for meat goats, sheep and/or swine are to be cancelled. This is for the health and safety of our 4-H families and staff. Unfortunately, that means county and State fairs that conduct rate of gain contests will not be able to do so for the 2020 fair season.

• **The May 15 livestock ID deadline will be moved back to June 1.** This applies to ALL livestock that are usually identified by May 15 including: Breeding Beef, Dairy Cattle, Dairy Goat, Dog, Horse, Meat Goat, Sheep and Swine. Rabbits and Poultry will remain at the July 1 deadline.

Tagging Procedures – Contact Melissa Beermann or Keith Baker at the Monona County Extension office to set an appointment to pick up your official 4-H livestock I.D. tags.

Additionally, for Identification purposes, **all tagged animals must be documented by photo that is uploaded to 4-H Online.** The Process will be outlined on the Monona County Extension website and questions can be directed to Keith Baker or Melissa Beermann.

Retinal Imaging – since 4-H sheep and meat goats are required to have retinal images collected for State Fair eligibility, we are hopeful there will be time to do so by June 1.

A Frequently Asked Questions document is being developed and will be posted on the 4-H Livestock website, <https://www.extension.iastate.edu/4h/projects/livestock>.



COUNTY NEWS

2020 YQCA Certification

Due to current social distancing restrictions, the spring face-to-face YQCA dates have been postponed. Only 1 date will be rescheduled for sometime in June. This is IF we are able to do so at that time. YQCA will still be required for every market animal exhibitor at the Monona County Fair.

Currently there is a flash sale for the month of April - the online course is \$9 instead of \$12. Login to YQCA online and take the course at your convenience. This is still REQUIRED to be completed by July 1 to be able to show market animals at the 2020 fair.

COUNTY NEWS

Dog Obedience Classes

Training your dog is very important! It is important to teach your dog basic commands such as sit, down, come, heeling beside you, and others. You should take time to train your dog so they are well behaved when guests come over to visit. Training your dog is a great bonding activity for you and your dog so they know that you are the owner and the boss!

We hope to begin dog obedience classes on Sundays in June @ 6 pm @ Gaukel Park in Onawa. Contact Megan Wimmer at (712) 880-1477 to register or if you have questions.

Watch for timely updates on IF we will be able to begin classes at that time.



COUNTY NEWS

4-H Cooking Club

The next club meeting was scheduled for May, but is unable to take place. Watch for details for potential future club meetings at the Catholic Church in Mapleton. Kids will explore new kitchen techniques, measuring skills, and new recipes, and so much more!

Contact Megan Wimmer at 712-880-1477 to enroll today! **Watch for timely updates on IF we will be able to meet in the upcoming months.**



COUNTY NEWS

4-H Livestock Club, Swine & Poultry Projects

Considering the current timeline with events and programming postponed until at least June 1, we can still take registrations for the 4-H Swine and Poultry projects. Please contact Melissa at 515-231-9896 to sign up ASAP. Poultry will be ordered by late April and swine have already been tagged and weighed.

We are posting some photos and videos on the Club Facebook page and through our group text.

Contact Melissa if you need added to the Facebook group or group text.

Stay Connected: www.extension.iastate.edu/monona

Facebook.com/mononacounty4h



COUNTY NEWS

4-H Summer Workshops & Camps & Fair

As of today, we are still planning to host all of our summer camps and workshops for youth. We are proceeding as normal for the 2020 Monona County Fair.

All the events are listed on the calendar on the first page.

Please plan to attend county camps as we are working hard to plan fun and educational events for our youth. Everyone will be ready for some much-needed interaction with their 4-H friends by June!

COUNTY NEWS

Club T-shirt Orders

If your club would like to order t-shirts, please turn in sizes and money in the drop box at the Extension Office by April 20. The cost of a green 4-H shirt is \$15. Email Keith at kwbaker@iastate.edu if you plan to order.



COUNTY NEWS

Fair Trophy Sponsors

Fair will be here before you know it and we are in need of some new sponsors for trophies. They are only \$15 a trophy.

Sponsors are recognized in show programs and by the announcers. If interested in sponsoring a trophy, please contact Keith at 712-490-2580

COUNTY NEWS

2020 Fair Sewing Challenge-Toiletries Bag

The annual Sewing Challenge is always a successful class, thanks to the hard work of 4-H'ers! The goal of the sewing challenge is to make something to give to others. It combines the Sewing and Needle Arts and Citizenship Projects into one fun event. The project this year is to supply toiletries bags for homeless.

Contact Nancy to inquire about sample patterns. Participants will receive ribbons and premium points. Bags will not be eligible for the State Fair because they will be donated locally.

COUNTY NEWS

Breeding Beef Identification Requirements

New Iowa State Veterinarian requirements for 2019 include updated I.D. information for breeding beef. All heifers must have a tattoo entered into 4hOnline by May 15. PLUS each breeding beef must also enter 1 of the following:

1. Registration # (purebred—and copies of that provided to Extension office)

or 2. Calfhood vaccination #

or 3. Official 4-H/USDA Ear Tag.

Again—both a tattoo and one of the other options are required for breeding beef identification by May 15. The fair veterinarian will be verifying these at livestock entry at the fair.



COUNTY NEWS

Count Your Clovers-Support 4-H'ers for 4-H

Every year the State 4-H Council sponsors the Iowa 4-H'ers for 4-H Campaign, which raises money to fund projects that benefit 4-H members throughout the state. This year marks the 35th anniversary of the 4-Hers for 4-H Campaign. We are continuing the Count Your Clovers theme with a goal to raise \$29,000! 4-H'ers investments contribute to:

- Providing financial assistance to help 4-H'ers attend 4-H camp or conference
- Helping members pay part of their annual 4-H program fee.

Each 4-H club in Iowa is asked to donate a minimum of \$3.00 per member to the campaign. All clubs that meet the \$3.00 per member goal will receive a special campaign certificate. The top contributing counties and region will be formally recognized at the 2020 State 4-H Youth Conference in June. Due to Extension Office by May 15.

COUNTY NEWS

No Livestock Entries Allowed after July 1

An updated policy will go into effect for the 2019 fair. All youth must enter preliminary information into 4hOnline by June 1, 2020. This includes all beef, sheep, goats, horses and swine. If the June 1 deadline is missed, it is possible (not guaranteed) for the 4-H'er to show IF they submit a written letter to the 4-H Youth Committee explaining why they missed the May 15 deadline. They will not receive premium money. **Those species MUST ALSO complete a fair entry prior to July 1. If the July 1st entry is missed, those animals will not be eligible to show.**

Dogs, pets, poultry and rabbits also need to enter for the 2020 fair no later than July 1. **If the July 1st entry is missed, those animals will not be eligible to show.**

We are using FAIR ENTRY software online, no paper copies will be accepted. If July 1st entry is missed, that animal or animals are not eligible to show and should not be brought to the Monona County fairgrounds.

If you have any questions or need clarification, contact Melissa.

COUNTY NEWS

Clothing & Communications Judging Day

Now is a great time to be preparing your Communications, Clothing Selection, Fashion Revue or \$15 challenge projects.

Entries are due by June 1 in Fair Entry online. Judging day will be July 7 in Onawa.

COUNTY NEWS

4-H Fruit Sales Successful

Monona County 4-H'ers shined in 2020 with \$32,000 worth of fruit sold! Distribution day was a "drive-through" pick-up. Boxes weren't opened, gloves were worn and a crew of 7 sorted and loaded the fruit. They were done in approximately 2 hours. Congratulations to the top sales members: Jenna Rosener of Mapleton Starspinner \$1261; Dena Nichols of Bobcats \$1077; Aubrey Yanke of Bobcats \$1072 and Taryn Clemon of East Monona Explorers

They all received \$30 for their outstanding efforts. Job well done! Money raised from this Fruit sales help fund scholarships to 4-H'ers for 4-H activities and camps and support 4-H events. 4-H Clubs also gain net proceeds to support their annual activities. Thanks to Nick Struble for letting us use his facilities and skid loader for the morning.



RECIPES FOR YOUTH TO TRY AT HOME

Crispy Granola

While you are at home with the kids, make some tasty granola.

Ingredients

- 2 egg whites
- 1/3 cup honey
- 1 teaspoon ground cinnamon
- 1 teaspoon vanilla
- 3 cups rolled oats, uncooked
- 1/2 cup chopped pecans, raisins, dried fruit, etc.

1. Preheat oven to 325 degrees F. Spray a large shallow baking pan with cooking spray.
2. Put egg whites in large bowl and use a whisk or fork to mix until frothy. Stir in honey, cinnamon, vanilla, and salt.
3. Add oats plus nuts or dried fruit. Stir until oats are coated with egg mixture. Spread oat mixture evenly on prepared baking sheet.
4. Bake about 25-30 minutes. Stir mixture every 5 or 6 minutes to prevent overbrowning.
5. Remove pan and cool completely until crispy and crunchy. Store in airtight container.

COUNTY NEWS

Oatmeal Pancakes

Pancakes are a fun breakfast idea. Make them with the kids!

Ingredients

- Pancake mix
- Oatmeal
- Water
- Chopped apples, peaches, strawberries, canned pumpkin, blueberries, (optional)



Directions

1. Follow the pancake mix recipe except substitute oatmeal for 1/2 the quantity of pancake mix \
 2. Stir in water
 3. Stir in optional ingredients.
 4. Make pancakes as directed on package. Use a 1/4 cup measure to make three inch pancakes.
- Pancakes can be frozen in freezer bags and reheated in the microwave or toaster.

COUNTY NEWS

Camp WILD—Cancelled for 2020

Camp WILD, a regional camp for youth in grades 5-7 was scheduled for June 4-6, 2020. The camp center and planning committee has cancelled this year's camp due to social distancing requirements and

Are not able to host training sessions for camp counselors. Everyone is disappointed but will be excited for next year's camp!

COUNTY NEWS

Design Dimensions June 21-26, 2020

Design Dimensions is our six-day, five-night summer camp with a day camp option for high school students. Design Dimensions focuses on 2D, 3D and 4D thinking across disciplines while providing hands-on experience with the latest design technology.

- ◆ For students entering 9th through 12th grades and 2019 high school graduates

- ◆ Stay in residence halls on campus and enjoy evening activities at Ames

- ◆ Engage in day programming offered at the

Cost

Traditional 5-night camp: \$545

Day camp (June 22-26): \$395

**State and County scholarships are available to help off-set the expenses.