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Contact Information:

Olivia Logue, 4-H and County Youth Coordinator
E: odlogue@iastate.edu P: (641)-732-5574 Ext. 13

Susan Ringhofer, Office Assistant and Clover Kids
E: sringhof@iastate.edu P: (641)-732-5574 Ext. 10

Darla Olson, Executive Director
E: daolson@iastate.edu P: (641)-732-5574 Ext. 12

Fair Entertainment Committee-

This is a new opportunity for youth in grades 4-12.
Youth will serve on a committee with adults to help increase the number of activities available to youth during the fair! Each youth or team will be responsible for planning and doing an activity at the 2019 fair. This is modeled after the Poweshiek County Committee.

Youth helped plan and execute several new activities at fair including:
Mini Golf
Car Show
Ma Calling
Small Business Fair
Celebrity Goat Show
And much, much more!

You will be expected to:
Work with adult and youth partners between February and July.
Attend monthly meetings
Attend the fair to help carry out activities!

Applications are included in the insert and are due February 1st to Olivia Logue. You may email or mail your applications.
Email: odlogue@iastate.edu
Mail: 315 Main St.
Osage, IA 50461
Workshops:

**Babysitting Clinic**— December 27th, 9 am - 3 pm @ United Church of Christ in Osage. Suggested for youth in grades 5-6. Participants will receive a babysitting manual, learn about different age groups of children and appropriate games, along with learn basic first aid and CPR. Please bring a sack lunch. Cost is $30, snack is included. **Registration deadline Dec. 14th**, please make checks payable to Mitchell County Extension. See insert for registration form and additional information. **Space is limited to 25, open to all youth in the community!**

**Sewing Workshop**— December 28th, 9 am – 1 pm @ Debbie’s Quilt Shop. We will be making Pillow Cases! This is a beginners class— if you have previous sewing experience we would love for you to come help! Cost is $10. **Registration deadline of December 21st**, please make checks payable to Mitchell County Extension. See insert for more information. **Space is limited to 8, this workshop is only open to 4-H members.**

**Food, Fun, and Fitness**— January 12, February 23, and March 16, 9 am– noon @ Cedar Valley Seminary. Do you like to cook, eat, and be active? This might be the right series for you! The cost is $35 for all three sessions. We encourage an adult to accompany the youth to help them implement what they learn at home. Registration deadline of January 4th, please make checks payable to Mitchell County Extension. See insert for registration information. **Space is limited, this series is open to all youth in the community!**

Livestock:

**Open Study Nights-** Sunday, December 16th and Sunday January 20th! Are you interested in learning about horses and playing games? Join us for open study nights at the Mitchell County Extension Office! You don’t have to own a horse or pony to horse around! Open to all youth in grades K-12, NOT Just 4-Hers.

- K-6 grade 6-7pm
- 7-12 grade 7-8pm

**RSVP to (641)-732-5574 or odlogue@iastate.edu by the Friday before each session!**

**Optional competition for youth 4th grade and older March 23-24th.**

**Beef Weigh in**— Saturday, January 19th 8 am– noon @ Mitchell County Fairgrounds. Snow date of January 26th! RSVP to (641)-732-5574 by January 14.

**2019 North Iowa Beef Conference—** Saturday January 26th 9 am– 3pm. $10 to participate lunch provided. This is a great opportunity to learn more about the beef industry and beef cattle! You can also become YQCA Certified for $3! **Registration deadline of January 18th.** Please see insert for more details.

**Swine Workshop**— Date is TBD, February. You will be taught the basics of choosing your pig projects for the 2019 Mitchell County Fair! More information to come!
**New Members:** New Member Night is scheduled for January 23rd, 6:30 pm @ the Milton Owen Conservation Center. All new 4-H members and their parents are invited to the 4-H New Member Night to learn more about what the Mitchell Co. 4-H program has to offer. You can bring your friends who haven’t joined 4-H too! We will cover the basics of 4-H and what to expect the rest of the calendar year. Bring any questions you may have. Pizza and beverages will be provided. Please RSVP by Jan. 22nd at 732-5574 or to odlogue@iastate.edu with the number attending today!

**Its never too early to start your fair projects and project records!** Join us on January 31st, 6pm @ the Mitchell County Extension Office to write your goals for the year. **RSVP by January 28th. Open to new and old members!**

**Intermediate Leadership League:** This is a group of middle school students between 7-9th grade who could be future County Councilors. Youth in this group will be doing a leadership curriculum and helping with a few county events throughout the year! Interested in joining? Please call (641)-732-5574 or email odlogue@iastate.edu.

**County Council:** This is a group that focuses on the fostering of youth leadership throughout the county! This group is open to young adults between 9th-12th grades. We meet on average once a month and plan and host several County Events.

Our next meeting is Dec. 9th, 3:30 pm @ the Mitchell County Extension office. We will be making tie blankets to donate as a community service project! If anyone else is interested in participating in this community service project please let Olivia know by December 7th. The County Council will be providing fabric. This is a great opportunity to visit with county councilors and see what the group is all about if you are thinking about joining!

**Club Reports:** Has your club recently done a project that you think other clubs might want to hear about? Do you want to do an activity or project but you aren’t sure you have enough youth in your club? Share it here! Chances are there are other youth who want to know what you are doing or might be interested in what other clubs are doing! Please share your club stories or activities with Olivia by January 22nd to be included in our February–March issue! Do you want Olivia to come to your club and do a specific workshop or need ideas? Contact her at (641)-732-5574 or odlogue@iastate.edu.
The Afterschool Clover Kids Program has started meeting at the Osage and St. Ansgar elementary schools.

This year’s theme is all about Iowa. More than 80 years ago, Blue Bunny set out to create delicious ice cream, and today Le Mars is known as “The Ice Cream Capital of the World.” Bring a pair of gloves to this session. Our hands will get cold because we are going to make ice cream!

If you know of others who want to sign up yet, they still can—have them contact the Extension office. There is a $20 program fee which includes five meetings and a t-shirt featuring a new design.

Also, if you are an adult or an older 4-H member looking for some leadership or citizenship experience and would like to help, please contact Susan Ringhofer at sringhof@iastate.edu or call (641)732-5574.

Volunteers:

We are always looking for new leaders or volunteers to help make everything we do possible! If you are interested in sharing what you know about a topic or becoming a leader please let Olivia know. You can call (641)-732-5574 or email her at odlogue@iastate.edu.

Our Annual Volunteer Training will be January 14th at the Extension office. We will be serving light refreshments at 5:30pm with our training starting at 6pm. Please RSVP by January 11th!

New Volunteer Training—February 16th, 9 noon at the Cerro Gordo 4-H Learning Center. For more information please visit: https://www.extension.iastate.edu/4h/volunteertraining

Looking Forward:

Senior Awards and Scholarships—Please visit the following website for more information!! https://www.iowa4hfoundation.org/en/funding_for_4hers/scholarships/ all applications due February 1st!! More than 90 scholarships are available ranging in value from $500 to $10,000.

Swine Workshop—TBD February, Learn the basics of choosing your 2019 Mitchell County Fair project! Swine weigh-in tentatively scheduled in April!

Equine Extravaganza—March 22-24th @ Ellsworth Community College. Numerous equine science activities and contests for youth to participate in!
Including:
Quiz Bowl - Friday
Hippology - Saturday
Public Speaking and Demonstrations - Sat.
Horseless Horse (Clothes/Crafts/Woodworking, Creative Writing, Digital Storytelling, Drawing, Photography, Painting - Sat.
Riding Clinic - Saturday
Horse Judging - Sunday
Model Horse - Sunday
For more information please visit: https://www.extension.iastate.edu/equine/equine-extravaganza-2019

YQCA Certification—dates to come for face to face certification, $3 per member. You may also complete the certification online using your 4-HOnline credentials for $12. Remember members showing animals that can go into the United States food chain must complete this annually!

Is there something you would like to see? Let us know! We are happy to do county wide and club activities at leaders/members request! We recently received the Food, Fun, and Fitness curriculum and are happy to bring it to club meetings and schools!
Celebrate:

Congratulations to all the youth who received awards at award night! Thank you to all our sponsors for the event, and all the volunteer and parent support. 4-H would not exist without you.

Receiving Senior Awards:

Brecken Huisman—Chicago Trip, Agriculture, Leadership

Hannah Koch—Agriculture and Citizenship

Garrett Meitner—Agriculture, Leadership, and I Dare You

Corin Johanns—Citizenship, Leadership, and I Dare You

Josiah Meier—4-H Experience and Citizenship

Noah Michels—Citizenship and Leadership

Sarah Phelps—Citizenship and Ak-Sar-Ben

Victoria Schwarting—Citizenship and 4-H Experience

Lauren Bork—Top Record Book, 4-H Experience, and Leadership

Andrew Thyer—4-H Experience, Leadership, 9th Overall National Shooting Sports Championship

Erik Gerdts—Top Senior Record Book

Azure Christensen—Top Record Book

Club Awards:

Banner 4-H Clubs in Mitchell Co.:
Osage Warhawks, St. Ansgar Believers, Stacyville Shooting Stars, and West Lincoln Blues

4-H’ers for 4-H Honor Clubs: Mitchell Co. Mighty Members, Osage Warhawks, St. Ansgar Believers, Washington Warriors, and West Lincoln Blues

Community Service Awards: Mitchell County Outlaws, Osage High Towers, Osage Warhawks, St. Ansgar Believers, Stacyville Shooting Stars, and West Lincoln Blues

Honorary 4-H Member: Dale Anderson

Special Congrats to:

Sarah Phelps and Hannah Koch for traveling and competing at the National Poultry and Egg Conference in Louisville, KY! Sarah placed 3rd in live poultry judging and 16th overall.

Andrew Thyer, National 4-H Shooting Sports!

Iowa State University Extension and Outreach does not discriminate on the basis of age, disability, ethnicity, gender identity, genetic information, marital status, national origin, pregnancy, race, religion, sex, sexual orientation, socioeconomic status, or status as a U.S. veteran. (Not all prohibited bases apply to all programs.) Inquiries regarding non-discrimination policies may be directed to Ross Wilburn, Diversity Officer, 2150 Beardshear Hall, 515 Morrill Road, Ames, Iowa 50011, 515-294-1482, wilburn@iastate.edu.
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1 Holiday Hoedown

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Citizenship Washington Focus

Trip

JUNE 14-22, 2019

Open to completed grades 9-12 at time of trip

REGISTRATION INFORMATION
WWW.EXTENSION.IASTATE.EDU/4H/CWF
DUE JANUARY 15, 2019

Celebrate 60 years of CWF in 2019!

Citizenship Washington Focus (CWF) is a 4-H leadership program for high school youth (completed grades 9-12 at time of trip).

Every summer teens from across the country gather at the National 4-H Conference Center, near Washington, D.C., to learn what it means to be a strong leader in their community, country, and world.

Teen Registration Deadline to register is January 15, 2019. Trip cost is $1850. This includes all lodging, travel, tours, and a majority of meals. 48 delegate spots are available. A $650 non-refundable deposit is due at time of registration. The remaining balance is two payments of $600 each due on March 1 and April 15, 2019. Visit the CWF webpage to find the online registration link & use a credit card for deposit payment. If you prefer, a PDF registration form is located on the site to complete and MAIL IN with your deposit.

The CWF website also has information on possible sources of financial assistance.

www.extension.iastate.edu/4h/cwf

Schedule Highlights

Friday: Travel from Iowa

Saturday: Flight 93 Memorial, Pennsylvania

Sunday: Gettysburg Battlefield, then arrival at CWF

Monday – Friday: CWF Program

Saturday: Travel back to Iowa

Our focus at the National 4-H Center will be workshops about issues, bill-writing, actively participating in committee meetings, and community action planning. The week’s field trips will tentatively include: Mount Vernon · Arlington National Cemetery · Capitol Hill visits with elected officials · daytime / nighttime visits to many monuments and memorials · Washington National Cathedral or National Zoo · “Grease” dinner theatre production · our own day to visit Smithsonian Museums and possibly the US Holocaust Memorial Museum. Please note that even as schedules are shared, they remain tentative as circumstances can change quickly in the DC area.

Adult Chaperones

To indicate interest in chaperoning, please return the chaperone application by January 15, 2019. Visit the CWF webpage www.extension.iastate.edu/4h/cwf to learn more about chaperone roles, responsibilities, and cost; as well as find the adult chaperone application. Why do I have to apply? Because we have so many terrific 4-H volunteers who are willing to spend a week with a group of

Questions? Please contact: Gail Castillo, CWF Trip Coordinator gail@iastate.edu or 641-425-6914.